#### FROM OLD SCOTLAND

NOTES OF INTEREST FROM HEB BANKS AND BRAES.

What is Going On in the Highland and Lowlands of Auld Scotia.

Hon. Patrick R. Cadell, son of Colonel Cadell, of Cockenzie, has been appointed Food Controller of

Lieut.-Col. Robert G. Finlayson, C.M.G., R.A., has been made a Com-mander of the Order of the Star of. Roumania. he death in action has been an-

neanced of Captain John Maxwell Edgar, nephew of Miss Edgar, Craiglea, light Lieut, Maxwell H. Findlay,

who has been awarded the D.S.C. a son of George Findlay, Glasslaw, farmers of Kincardineshire

have broken up 9,000 additional acres of land for the purpose of further food production.

Alexander Wallace, solicitor, Kirk-

caldy, has been appointed burgh pro-secutor in succession to the late The Military Medal has been awarded to Corporal Rowat McLellan, Sea-forths, son of Mr. and Mrs. McLellan,

Tongland Bridge. The death took place at Forfar recently of David Binny, who had been for many years agent of the Bank of

Scotland at Forfar. The Marquis of Breadalbane has presented the medal of the O.B.E. to Coast Watcher Robt, McRae, for rendering assistance to one of his

ships. The Military Cross has been awarded to John S. McGregor, a lieutenant in the Royal Scots, and son of John

McGregor, Kinress.

John Brown, of Redhall, has presented to the nation the estate of Garicehsford, for the settlement of soldiers and sailors on the land.

A. Glendinning, in his eightieth year, has read the Bible through 32 times, and knew all the Psalms by heart. Rev. R Boyd, U.F. Church, Glenber-vie, has been notified of the death in of his son. Lieut. John Bain

Boyd, Gordon Highlanders A scheme is on foot to introduce shipbuilding on a larger scale into Fifeshire, and a company has been

formed for that purpose.

The Military Cross has been awarded to Corporal James Jardine Leitch, son of Archibald Leitch, Glenboig

Farm, near Killearn.
It is proposed to institute a caree in commerce in the Glasgow

A free gift sale on behalf of the Nairn War Dressing Depot realized over £400

John Carmichael, recently Toronto, Dept. W. awarded the Victoria Cross, is a native of Glenmavis.

death is announced of Hon. Lady Collville, second daughter of the

Dr. James Whiteford, the doyen of medical practitioners in Greenock, has

eums have been visited by 763,603

H. Thompson, of Glencos

Lieut. James Slorach, Hamilton, has been appointed to look after the in-terests of disabled soldiers in Lanark-

Lieut.-General Sir Frederick W. N. the Order of Leopold and the Croix

The Military Cross has been awarded to Captain Adam A. Turner, son of the late Mr. Turner, Cairnton.

CROPS FAIL IN RUMANIA.

### Germany's Hopes of Food Supply Are Said to Be Doomed.

Rumania's peasant population is in a more precarious condtion from lack of food and clothing than at any time since Rumania entered the war, says a Paris despatch. Reports reaching the Associated Press from authoritasources indicate that all crops

this year are failures What little food there was has been requisitioned by the Germans. The bread ration has been reduced further and amounts to less than half a pound

The crops in Bessarabia are in almost as poor a condition as in Ru-mania. Owing partly to neglect and partly to lack of labor, seeds and rain, the greater part of these countries, which once teemed with agricultural

products, are now barren wastes If the Germans expect any food from this territory, the reports conclude, they can have only the slender hope of better crops next year.

Till September 1st, wheat for over-After next harvest wheat for

"Conceit is the most incurable dis-ease that is known to the human soul."—Henry Ward Beecher. Canada Food Board License

#### Seasonable Designs



This is an adorable romper for the McCall Pattern No. 8410, tiny tot. McCall Pat Child's Dress Romper. Price, 10 cents.



Quite refreshingly cool is this de-lightful frock of figured chiffon. Mc-Call Pattern No. 8394, Ladies' Semi-Fitted Dress. In 6 sibust. Price, 20 cents. In 6 sizes, 34 to 44

These patterns may be obtained from your local McCall dealer, or from the McCall Co., 70 Bond St.,

Dr. James Whiteford, the doyen of medical practitioners in Greenock, has passed away at the age of 85.

Lieut. Ian Keith Mackintosh. Black Watch, recently killed in action, was laird of Usan estate, near Montrose.

Forty yards of the quay wall on the Forty yards of the quay wall on the German submarine from which it res-The construction of the new British defenses—rallways play a prominent part—have been marvelously complete, and have been appointed to a similar position in Aidrie Academy.

During the past year, the Glasgow Corporation Art Galleries and Mussers British seamen tied up as prisoners.

The construction of the new British defenses—rallways play a prominent part—have been marvelously complete, and have been so rapid that before the Huns could take breath for another stage of attacks on this Northern section the fabric of a fort ress faced them, and grew into such British seamen tied up as prisoners.
"The Germans," the lecturer added,

## Combine The Grains That's what is done in making Grape Nuts food — barley and other grains are used with wheat. This adds to food value and flavor, and the sum total requires less wheat. The malted barley in Grape Nuts also helps digest other foods. For an economical, nourishing and delicious food, urape:Nuts

# STRONG SYSTEM

FRONT IN FRANCE.

Defences in Which Railways

Have Prominent Part. the loss of those lines we had to abandon and destroy in our retirement.

"The dear gir!," he begins affection-ately, "was named Razzle-Dazzle. She de the Nord Canal practically every was very young, having been in service

line that causes the Huns to hesitate on this sector.

Little French villages that never hoped for steel links with the larger cities have now become, as if by the rubbing of some magic Aladdin's Lamp, great junctions where trained the structure of the structur omper for the Lamp, great junctions where traintern No. 8410, loads of supplies come and go every
In 4 sizes, 6 part of an hour. The new lines run
tirce, 10 cents.
through the fertile fields of growing
crops, and careful building has saved
the Frenchman his harvest, but for the necessary strip of permanent way, drafted at an hour's notice to replace.

There are alternate routes around her captain, towns which the Hun might shell, and day by day stores, of carefully contowns which the Hun might shell, and day by day stores of carefully concealed ammunition dumps (grow up, which are fed by the strips of steel.

It was an investing." Captain Fallon relates.

CROP PROSPECTS GOOD.

"My crew consisted of seven men—five of whom were well experienced—Railway Official's Conclusions Fol-Stronger Than on the Somme.

Speaking from a strategical point civilian built lines, which would tediously round the country by indirect routes, we now have a military system which takes out supplies in the they are needed. The latest German thrust gave us the first test of the system, and divisions were shifted with a speed that must have sur-

camouflaged from the prying eyes of Hun airmen.

New Defences Powerful.

New Defences Fower 13.

From the new railheads, many of which have been christened with have been christened with Canadian names, there start freshly I gave orders accordingly. But the concerned, Mr. McPherson said that the roads in the west had never done TAPPINGS SAVED PRISONERS. constructed light railway systems that TAPPINGS SAVED PRISONERS.

Constructed light railway systems that wind their way through little valleys the distress.

Rescued Crew of Hun Submarine will screened from the enemy to the fine new reserve trenches, which have the said.

Razzle-Dazzle's chauffeur looked at me the roads in the west had during the present year.

"The steering gear's off, sir, he said.

British seamen tied up as prisoners, ress faced them, and grew into such menacing shape that he hesitated. Now, if he takes another fling at the The Distinguished Conduct Medal lows to be hurled into eternity after middle road to the coast he will have has been awarded to Sergt. Robert their own lives had been saved."

Now, it no takes another ming at the middle road to the coast he will have to pay the same great price in blood. to pay the same great price in blood. The "army behind the army" has done and built well- even better

made a number of people sick. Bemade a number of people sick. Be-sides no white bread, there is no cream or sugar or butter desserts of any kind except stewed and fresh cream or sugar or butter desserts of any kind except stewed and fresh fruits served in any hotel or restaurant; and no cheese is served if the cost of the meal exceeds a dollar and twenty cents. Imagine sitting down to the early French breakfast at a hotel like the Ritz, in Paris, and being served sour war bread and this miser able French coffee which tastes like chicory and soft soap, and then being told that you could not have butter for your bread, nor sugar nor cream for your coffee?"

Eggs should be gathered at least twice a day now. This will prevent heating and reduce percentage of "dirties."

#### WHEN RAZZLE-OF RAILROADS DAZZLE RAN AWAY

HAS GROWN UP AT NEW BATTLE EXPLOIT OF A ERITISH TANK IN FRANCE.

Canadians Worked Untiringly at New Captain Failon and the Crew of Sever Men Escaped but Where

Was Jeffre? Behind the new fighting line since the Huns' advance in April there has grown up a network of strategic rall-inside stories of their exploits are few. ways, making a formidable system So much the more interesting is Capt. Which more than compensates us for David Fallon's account of his adven-

battalion of Canadian railway troops has been working unceasingly at the task, some units acting as pioneers in the construction of the great defence you call the dear little woman pretty

and a black cat. Although she was a lady cat, she had been named Joffre. She was very friendly and insisted on

to messes of steel spaghetti and smashed through his trenches, throwing up the earth ahead in chocolate showers of spray, as if the ground we rode over were an angry sea of mud.

and went swaving toward the refinery.

"He made several frantic motions

"'I can't stop her, either.'
"And the Razzle-Dazzle carried out-The construction of the new British her own idea of attack. She banged ters of the door; she knocked against Plane-Tree a Disseminator of Disease

crushed and smothered all the artillerymen beneath it. "On the way through, the big, powerful old girl bucked and rocked and reared until we men and the black cat inside her were thrown again and than it destroyed in the sombre days at the end of March.

again into a jumble, the cat scratch liberated through the breaking up of ing us like a devil in her frenzy of the fruit balls.

SOUR AND CLAMMY BREAD. but disaster awaited her in a huge culiar power of attracting lightning. Letter Tells of Food Conditions in wallowed to the bottom, but could not billed by lightning in the British Isles for the harvest, and harvest time will Letter Tells of Food Conditions in Paris at the Present Time.

Following is an extract from a recent letter from Paris: "As you may know, no white bread is to be bought in Paris, and I am told that in some parts of the provinces conditions are even worse—that bread of any sort is difficult to get. The quality of the bread in Paris is very poor. It is mixed with many substitutes which do not seem to respond to the yeast. It is generally sour and clammy, and has made a number of people sick. Bewilden in the substitute of the providing the probably also survived. Capt. Fallon, forgiving her his seratches, magnanism and a greatches of the provinces conditions are even worse—that bread of any sort is difficult to get. The quality of the bread in Paris is very poor. It is generally sour and clammy, and has made a number of people sick. Bewilden to work the product of the provinces conditions are even worse—that bread of any sort is difficult to get. The quality of the bread in Paris is very poor. It is generally sour and clammy, and has made a number of people sick. Bewilden to the product of the provinces conditions are even worse—that bread that is now to be bought and a great flare of blazing oil she met her fate. Capt. Fallon and the crew returned in safety to the British lists owe their death to having taken shell ther under these trees.

Elm trees are particularly dangerous owe their death to having taken shell the product of the province treating. The British Isles owe their death to having taken shell ther under these trees.

Elm trees are particularly dangerous owe their death to having taken shell ther under these trees.

Elm trees are particularly dangerous owe their death to having taken shell the manner in which heir limbs snap, often on a quiet dangerous owing to the manner in which heir limbs anap, often on a quiet dangerous owing to the manner in which heir limbs anap, often on a quiet dangerous owing to the manner in which heir limbs anap, often on a quiet dangerous owing to the manner in which heir

"Foresight is very wise, but fore-sorrow is very foolish; and castles are at any rate better than dungens in

sorrow is very foolish; and castles are at any rate better than dungeons in the air."—Sir John Lubbock.

Take all odds and ends of soap, tie them up tightly in a piece of soft flannel and dip them in boiling water until soft. Then piace in cold water until soft. Then piace in cold water until firm and hard. Remove the flannel and you have a nice ball of soap ready for immediate use,

WOMEN! IT IS MAGIC!

corns or calluses off with fingers-no pain.

Just think! You can

lift off any corn or cal lus' without pain or A Cincinnati man discovered this ether com-pound and named it Any druggist will sell a tiny bottle of freezone, like here shown, for very little You apply a few tender corn or callus Instantly the soreness disappears, then short-ly you will find the corn then shortor callus so loose that you can lift it right

Freezone is wonderful. It dries instantly. It doesn't eat away the

wards. If your druggist freezone, tell him to order a small bot- strength.-C.L. tle for you from his wholesale drug

lowing Western Tour.

After an extended tour through the "Speaking from a strategical power of view," said a railway staff officer, sitting either on my knee or shoulder "we are in a better position to-day from the moment I seated myself and than we were on the Somme. The my men in the tank.

"When the order came to advance, bundreds of miles of new track have "When the order came to advance, and other the C.P.R. and other unemistics to whiten the sold west, both over the C.P.R. and other unemistics; to whiten the sold and the sold into crop prospects, I think it is safe the hidden beauty? But lemon juice to conclude that, with the increased alone is acid, therefore irritating, and hundreds of miles of new track have "When the order came to advance," Western shoulder lines, during which I looked carefully bring out the roses, the freshness and into crop prospects, I think it is safe to conclude that, with the increased alone is acid, therefore irritating, and hundreds of miles of new track have "When the order came to advance," "When been built specially for military use, and conform with the fighting front. All possibilities have been considered. Where, previously, we had to rely on which would be meanly barbed wire land, crushed the enemy's barbed wire continue as favorable as they are at the sum of th

with a speed that must have surwith a speed that must have surof the Huns."

Ing and yelling with the excitement
of the thing, and we were tossed up
against each other like loosened peas
of the harvest very learns and hands it should help to
against each other like loosened peas
against each other like loosened peas dian auxiliary troops have been work in a pod. Only Joffre remarked pering untiringly in the gun spurs behind fectly cool. Somehow she maintained the new front, off which the big howit a firm seat on my swaying shoulder, a few weeks ago there was little in ounces of orchard white at very little zers pound the enemy positions. One battery from the middle West has the record of construction, twelve of these daintily wiping her face. . We have a cleverly rocked and plowed out of the trenches the was cleverly rocked and plowed out of the trenches the record of construction twelve of these daintily wiping her face. . We have the province had during recent the province had the province tion. Mr. McPherson said the pros-They had seen us coming, and every pects were particularly good, with a window facing us exhibited a working largely increased area of wheat acre-

Stop her, then, and we'll let them McPherson said it was too early to make any predictions, but the pros-pects pointed to at least as good a season as-last year, while the number of visitors to the Rocky Mountain resorts was well up to the average.

SOME TREES DANGEROUS

-Limes Attract Lightning.

The plane-tree, of which many fine examples may be seen in the London parks, is a disseminator of disease. In the spring of the year this tree is responsible for an increase in bronchitis, catarrhal irritation, and severe chitis, catarrhal irritation, and severe post-nasal catarrhs, the result of in-haling the tiny spicules which are

Lime trees, although not dangerous So far, the runaway had triumphed; in themselves, appear to have a pe-

That anyway trusts her shade. The dangerous nature of the labur-num is not as well known as it should num is not as well known as it should be. The leaves, seeds, flowers, and even bark, of this tree are all poison carry basis, writes: "I saved exactly

our lives."-Phillips Brooks.

SPRUCE USED FOR AIRPLANES.

Increased Demand Causes Allies Turn to This Species.

So great is the demand for airplane spruce by the Allies that eastern as well as Sitka spruce is now being used. Canada has large resources of eastern spruce, which has hitherto been used mostly for the manufacture ing to secure in eastern Canada as large an amount as possible of the grades suitable for airplane manufac-

Eastern spruce has for some time been used for airplane construction in the United States, although only a very small percentage of this timber is sufficiently clear for this purpose. Tests made by the United States and Canadian governments show where material of suitable quality can be found, this species serves admir-ably for airplane construction and may be expected to supplement the pacific Coast, which are only now be-ginning to approach adequate propor. Greenbury, how am I going to get ginning to approach adequate propor-

The timber for use in airplanes has corn or callus, but shrivels it up without even irritating the surrounding skin.

Hard, soft or corns between the toes, as well as painful calluses, lift right off. There is no pain before or after-wards.

If your druggist hasn't knots and possessing a marinum of the standed the profits of the bark, in stead of parallel to the axis of the log, as is done for lumber. In this own satisfaction.

"Oh, jest shet yer eyes and was read to be a parallel to the bark, in stead of parallel to the axis of the low statisfaction.

"Oh, jest shet yer eyes and was parallel to the axis of the low statisfaction.

"Oh, jest shet yer eyes and was parallel to the axis of the low statisfaction.

"Oh, jest shet yer eyes and was parallel to the axis of the low statisfaction.

"Oh, jest shet yer eyes and was parallel to the axis of the low statisfaction. hasn't knots and possessing a maximum of

LEMONS MAKE SKIN

Make this beauty lotion for a few cents and see for yourself.

What girl or woman hasn't heard of \*\*After an extended tour through the lemon juice to remove complexion west, both over the C.P.R. and other blemishes; to whiten the skin and to present." This was the statement you have a whole quarter pint of skin made on July 15th by Mr. C. E. Mc- and complexion lotion at about the ing up the earth ahead in chocolate showers of spray, as if the ground we rode over were an angry sea of mud.

16 Guns Blazed At Us.

"Every man in the tank was shout parts of Alberta and Saskatchewan remain pure and fresh for months."

The power of producing wealth is therefore infinitely more important than wealth itself; it insures not only the possession and the increase of

replacement of what has been This is still more the case with entire nations (who cannot live out of mere rentals) than with private individuals. Germany has been devastated in every century by pestilence, by famine, or by civil or foreign wars; she has nevertheless, always retained a great portion of her powers of production, and has thus quickly re-attained some degree of prosperity.

This is to certify that fourteen years ago I got the cords of my left wrist nearly severed, and was for shout nine months that I had no use of my hand, and tried other Lini-ments, also doctors, and was receiving no benefit. By a persuasion from a friend I got MINARD'S LINIMENT and used one bottle which completely out it.

ISAAC E. MANN.

Farm Help at Right Time. The Canadian farmer does not

"Cash and Carry" Pays.

four dollars and eighty-seven cents last month, buying in "The Groce-teria." I bought the usual amount of goods because I wanted to prove for "It is not what stays in our memories, but what has passed into our character, that is the possession of field that it pays; besides I had no not be a complying." Phillips Production worries about the delivery.



BREAD

MADE IN CANADA

Young Edgar was spending summer on the farm, and sought assist Mr. Greenbury.

ably for airplane construction and may be expected to supplement the supplies of Sitka spruce from the after finishing a high haystack Edgar

The old farmer studied the problem a minute and finally solved it to his

own satisfaction.

"Oh, jest shet yer eyes and walk

MONEY ORDERS. Buy your out-of-town supplies with Dominion Express Money Orders. Five WHITE, SOFT, CLEAR Dollars costs three cents

A little cross in Flanders, Black under sunset sky Stands where slim, swaying grass heads

Bend as the breeze skims by,

O, rich-sown field o' Flanders, Beneath one rude-framed cross Lies some heart's sole-sought treasure, All joy, all hope, all—loss.

Nearly 2000 Canadian soldiers are now buried in England, nearly every grave having a cross above it, says a London cable. Mrs. Astor has laid out a beautiful cemear.
Canadian hospital. Every man is ly two thirds of the Canadians in hospital in England are now in the hospitals. Every man is Canadian hospitals. Every man is regularly visited by a Canadian chap

WEEKLY NEWSPAPER FOR SALB in New Ontario. Owner going to France, Will sell \$2,000. Worth double that amount. Apply J. H., c/o Wilson Publishing Co., Limited, Toronto. WELL EQUIPPED NEWSPAPER and job printing plant in Eastern Ontario, Insurance carried \$1.500. Will go for \$1.200 on quick sale. Box 69, Wilson Putlishing Co. Ltd., Toronto.

MISCELLANEOUS

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Soothes and Heals Quickly— amed cuts, bruises, burns, scalds, blins, piles, abscesses, boils and other ters, piles, abscesses, boils a inflammations. At dealers, or HIRST REMEDY COMPANY, Ha

THICK, SWOLLEN GLANDS

that make a horse Wheeze, Roar, have Thick Wind or Choke-down, can be reduced with ABSORBINE

also other Bunches or Swellings. No blister, no hair gone, and horse kept at work. Economical—only a few drops required at an application. \$2.50 per bottle delivered. 800k 3 fires. ASSORBHE, JR., the antiseptic liniment for mankind, reduces Cysts, Wens, Painful, Swollen Veins and Ulcers. \$1.25 a bottle at dealers of delivered. Book "Evidence" free.

W. F., YOUNG, P. D. F., 15t Iymans 1862. Montreal. Canada. also other Bunches or Swellings. Nob

