

are also eaten in their raw state but are then of a windy nature, and some times cause a severe colic, which is not easy to relieve. I have known people to suffer very much after eating a moderate quantity. We take plenty of sturgeon, cat fish, lackaishe (gold-eyes), and other kinds peculiar to this river." Two days after he makes an entry which may be considered as closing his journal for that "trade year." He writes, "I set off on horseback for Portage

la Prairie, where I arrived at dusk and found all hands actually starving and not a mouthful to eat. I remained here until the first of June, when we embarked for the Grand Portage, in a light canoe, with eight men."

Henry's further experiences on the Red and Saskatchewan rivers and the Pacific Coast, of which I possess notes, must form the subject for papers at a future time.