THE QUIET HOUR.

Good habits are the soul's muscles-be more you use them the stronge hey grow.

Bomobody has well aid: "The best woman has alw.ys somewhat of a man's strength; the noble man a wo-man's sontlexes."

Tou cannot prevent the birds of sad-noss from flying over your head, bu-you may prevent them from stopping to build their nests in your hair.

The world lis out of tune, and out hearts are out of tune, and the more our souls vibrate to the music of Heaven, the more must they feel the discords of earth.

ment of rangion.—Lapince.

Let human love be strong as death,
complete, unalloyed, abandoned, utternost in its intimacy, an entire surrender, yet when God stares at us in the
cres we are alone with IIm.

God has made man, gracious prom-less to men, and to encourage almers to whent, assures them of pardon; but the nowhere promises time. That He reserves to Himself and His own dis-

obtains."

My Saviour! fill up the blurred and blotted sketch which my clumay hand has drawn of a Divine life, with the fulness of Thy perfect picture. I feel the beauty I cannot realize; robe me in Thine anutterable purity.

As the solder takes the sword, the painter the brush, the musician his instrument, the mechanic the tools of his trade, each to perfect himself in his art, so he who wishes to 'link must take the pen and do honest work.

atke the pen and do honest work.

There is a beautiful legend regarding the appellation "Venerable," which is always prefixed to the name of St. Bede. It is said that after his death one of his disciples was composing an epitaph to his memory, and had got as far as these words, "Hac sunt in fessa Bedee...ossa." A word was lacking to complete the measure, but none occurred to him. He retired for the night, and in the morning when he ress in found that in the vacuat space an angel hand had traced the word "Venerabilis."

hand had traced the word "Venerabilis."

Would I could add to this record those unknown heroes." greater than these who are known "--whose heroism lacks a human reward because they not only risked but lost their lives in the endeavour to save others. Would there were a roll of the unhonoured and unaung! The medal list is a long one, but the roll of the unhonoured and unaung! The medal list is a long one, but the roll of the perished longer. Occasionally a memorial like the Brokaw Field, at Princeton, which commemorates the heroism of Frederick Brokaw, the Princeton student who gave his life of Eve two servants from drowning, reminds us of one or another of these sacrifices. But far more frequently a grave in an unfrequented churchyard, or a proud pang of a woman's heaft, is the only memorial of the "unknown hero."

### THE JOKE CROP.

Well Framed.—"You're the very pic-ture of health." "Yes, and I'm in a contented frame of mind."

The Impossible in Society.— They re impossible persons!" "Yes?"
Yes, they have no ancestry what-

ever."

As Far as He Went.—"I asked you if I could sue on that claim," said the disappointed litigant to his lawyer, "and you said I could." "True," admitted the lawyer, "but I didn't say you could win."

you could win."
Local Prejudice.—"Denjamin Franklin sleeps in Philadelphia," remarked
the revorent tourist, "Well," answered the New York salesman, with the
plaid clothes, "what clse is there for
a man to do in Philadelphia?"

a man to do in Philadelphia?"

His Distinction.—"I'm sure I don't
know why the Rev. Mr. Fifthly calls
himself the boy preacher," said Mrs.
BRaggs. "He's 40 years old, if he's a
day." "Perhaps he's the oldest boy
preacher allve," explained Mr. Snaggs. vescoer anve," explained Mr. Snages.
Verdict as Rendered..." Centiemen
of the jury," asked the clerk of the
court, "have you agreed upon a verdict?" "We have," replied the forcman, "The verdict of the jury is that
the laywers have mixed this case up
to that wo don't know anything at
all about it."
"Yes monthly the county of the coun

n." "He must have imped painting."
"On the contrary, monsieur, he
illed boldly upright and with great
pity." "He must have been a
rivel of stoicism. Both these stoes

Parson Howlett.—"Mah tex' fo' dis becata's discose am foe be foun' in Pallippians, chapter ——" Deacon foods (arising and making for the feer)—"Sorry fo' toe cause talk, but I hears dis Philappines question six ays in de week, an' I doan sit fo' se hear it on Sundays nohow." (Bangs

\_\_\_\_

for raying sarcantic things," remarked the sad-eyed man. "What's the trouble?" "I've lost another friend. I complimented him on being the most cool-headed person I over saw. He took it as an allusion to the fact that he is totally bald."

"When Billord went West he told me that as soon as he had settled down and pulled himselt together he would write to me, but I have never heard from him." Billord was blown up in an explosion of dynamite three months ago. He may nave settled down, but I don't believe he has pulled himselt together yet."

More Diplomacy.—"I tell you my wife knows a thing or two. The people who inhabit the neighbourhood into which we have jurt moved look at us with awe." "How did she man age it?" "Engaged two of the biggest vans in town to move us, when all our goods might have been transported in a waggon without overloading it."

ing it.

The Trouble.—Hicks—" Why is it you are so hard on Wellington? He never dld you a bad turn or ever spoke ill of you." Wicks—" I know that, but the fact is the first time I saw Wellington, I thought he was somebody out of the ordinary, and I was as polite to him as I knew how to be. I never shall be able to forgive him for that mistake."

A Penalty of Knowledge.—" It seems to me," remarked the high-browed theorist, "that people positively resent education. A man who is more than ordinarily wise its usually left to himself as much as possible." "Perhaps you are right," answered Miss Cayenne "When a man knows such a very gread deal, he makes one apprehensive. There is no telling when he may be going to sit down and try to tell it all."

The Reason Why.—A secondary.

The Reason Why.—A schoolmaster in a village school had been in the habit of purchasing pork from parents of his pupils on the occasion of the killing of the pig. One day a small boy marched up to the master's desk, and enquired "if he would like a bit was they were going to I.ill. and enquired "if he would like a bit of pork, as they were going to lill their pig." The schoolmaster replied in the affirmative. Several days having clapsed, and hearing nothing of the pork, the master called the boy up to him, and enquired the regson he had not brought it. "Ch. please, sir." the boy replied, "the pig got better."

THE PLEASURES OF POETRY.

In a bright epigranmatic contribution to the August number of the "North American Review," which is in the form of a dialogue between an artist and hir wife, Max O'Roil celebrates "The Pleasures of Poverty," Monsieur is possessed with a desire for riches that his wife may live in luxury; Madame insists that they could nove be so happy in luxury as they was when their income was most contracted, and she has 'best of the argument, as is indicated in the following extract: "She-And do you also remember when, two years after we were married, our general suddenly gave notice, and left us alone to manage housekeping as best we could? And how you never endpoyed them better? Now, say it's true."

never enjoyed it's true.

"He—Perfectly true.
"She—And the house was gay, happy, ringing with our laughter all day long; so that, in a month, baby put on six pounds of thesh?

"I cleaned the knives?

x pounds of flesh?
"He—And how I cleaned the knives?
"She—Which holped your appetion
r breakfast.

"Bne-Which riped you appears
for breakfast.

"He-And the boots? 'Now, I did not
like cleaning the boots.

"She-Yee, you did, and they never
shone so beautifully.

"He-Whell, I flatter myself I was
able to make myself useful.

"He-And how pretty you looked
with a white apron on, and your sleeves
tucked up, showing your lovely arms?"

"She-Ah! and how you were once
turned out of the kitchen for kissing
the cook? You were sorry when I got
now servant.

"He-Upon my word, I believe I was.

THE NEW WINDOW CLEANER.

Here is a good story of a man-called William, who is engaged as a window-cleaner at a certain big hotel in London. One morning William, in-stead of doing his work, was amus-ing himself by reading the paper, and, as bad luck would have it, the man-

as bad luck would have it, the manager looked in.
"What's this t" he said. William was dumfounded. "Pack up your things and so," said the manager.
So poor William went to the office, drow the money which was owing to him, and then went upstairs to put on his Sunday clothes. Coming down, he went to say "Goodbye" to some of the older servants, and there he happened to run across bye" to some of the older serven-and there he happened to run across the manager, who did not recognize him in his best coat.

"Do you went a joo!" asked the manager.
"Yes, sir." said William.
"Yes, sir." olean windows?"
"You look like a handy sort of chap.
I noly gave the last man 22s, but I'll give you 25s."
"Thank you, sir." said William, and in half an hour he was back in title, as the same old room—cleaning the windows this time and not yeading the poper.—Til.-Billis.

A year's subscription to "Our Boys and Girls' Own," means or institution by all the foremost Cathe" writers and 500 to 550 fine ball tone illustrations. 75 cents in postage estamps, sent to Bensiger Brothers, 56 Barclay St., New York, is the castest way to pay for a year's subscription.

SAVED THE VASE.

The little sor, of a Manchester gentle-man, in mischievously playing with a vase, managed after several attempts to get his hand through the narrow neck, and was then unable to extricate inck, and was then unable to extricate
it. For half an hour or mer the
whole family and one or two friends
did their best to withdraw the fist of
the juckiess young offender, but in
valu. It was a very valuable vase, and
the father was leath to break it, but
the existing state of affairs could not ontline forever. At length, after a final attempt to draw forth the hand of the victim, the father gave up his efforts in despair, but tried a last sug-

oy. "Can't '?" demanded the father.

"Can't'" demanded the father. 'Why?"

"I've got my penny in my hand," came the astounding reply.

"Why, you young rascal," thundered his father, 'drop it at once!"
The penny rattled in the bottom of the vase, and out came the hand.—Tid-

INPLANMATORY RIBRUMATISM.—Mr. S. Ackerman, commerical travellor, Belleville, writes: "Some years ago I used Da. Throwas Ecacarine Out for Inflammatory rhoumatism, and three bottles effected a complete cure. I was the wilhout crutches, and overy movement caused excundating pains. I am now out on the road and expected to all kinds of weather, but have never been troubled with rhounatism. I, however, keep a bottle of Dr. Thomas Ecacornic Oit. on hand, and I always recommend it to others, as it did so much for me."

#### THE OULD LAD.

I mind myself a wee boy wi' no A

i mind myself a wee boy wi' no Alah talk,
An' standin' not the height of two peats.
There has things meself constated or the time that I could walk,
An' wan's to tell when wit an' children merts?
Twas the danies down in the low gress,
The first I knowed of a mother's face
Wi' the kind love in her eyes.
The kind love in her cyes.
Oh, och!

The kind love in face year.

I went the way of other lads that's nayther good nor bad, An' sill, d'ye see, a lad has far to go!

But the things meself consaled when I wasn't slek nor sad.

They're also told an' little use to "Twiss whites a boat on the say beyont,"

yont.
An' whiles a girl on the shore,
in' whiles a scrape o' the fiddle
strings,
Or maybe, no odd thing more,
In troth!
Maybe an odd thing more!

A man, they say, in spite of all, is better for a wife; In-under this ould roof I live me better for a will finunder this ould coof I live mo lone; I never see the woman yet I wanted all my life, Nor I nover made me pillow on a

Nor I nover made the phono on a "T stone" of the "T stone" of the reliable to the young:
An' fancy sticks to the young:
But a man of his years can do wt'
a pipe,
Can smoke an' hould his tongue.
D'ye mind,
Smoke an' hould his tongue.

Ye see me now an ould man, his work near done,
Sure the hair upon me head's all white:

Sure the halr upon me head's all white:
But the things meself consated 'or the time that I could run,
They're the nearest to me heart this night.
Just the daisles down in the low
They're the knewed of a mother's face
Wi the kind love in her eyes.

Och, och!
The kind love in her eyes.
Moira O'Neill, in Blackwood's.

Bickle's AntiConsumptive Symp stands at the head of the list for all diseases of the treat and many. It should like magic the stands and many in the like magic and the stands of the consumption of the chest is relieved, even the worst cast of consumption is relieved, even the worst cast of consumption is relieved, which in recent cases it may be said never to fail. It is a median prepared from the active principles or virtues of several medicinal herbs, and can be depended upon for all pulmonary complaints.

THE ORIGINAL FATHER O'FLYNN

The author of "Father O'Flynn," Mr. Arthur Perceval Graves, was born in Dublin in 1846, his father being the late Protestant Bishop of Limerick. "The young "Irishman," says a writer in a contemporary, "was always proud of his nationality, loyal to the traditions of his race, and manly enough to detare his sentiments. Two years after he had graduated, and while he was actiff as private secretary to Mr. Winterbotham, the Secretary of State for Ireland, Graves compased "Father O'Flynn" while walking across a park terbotham, the Secretary of State for Ireland, Graves compaged "Father O'Flyin" while walking across a park to the Homo Office. He says that a lively tune, to which he often longed as n boy, was filling his ears and his mind, and do what he could he could hor get rid of it. The tune was "The Top of Cork Road." Over and over again he sang it, mentally, until suddenly the words of "Father O'Flyinn" aprang into being of themsolves, and all he had to do when he reached his office was to write them down on paper. Soon after this, Chairles Santley got hold of the song, and it is what it is clear, the control of the song, and it is what it is clear, Graves has frequently been asked to declare who the original was. But he has recorded that his verses were meant to give a picture of a type rather than that of an individual. He has said, however, that an old friend of his father the Bishop, a priest, the

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ntetanding provident L. P. OLARKE, M.P., Provident E. MARSHALL, Secretary S. M. EENNEY, Ma

Kilcrohan, Kerry, Inspired the balled and may be called its prototype. This piptest was exceedingly charitable, wit ty, brilliant, a famous story-teller, and the kindest heart in all Kerry, Such is the story of "Father O'Flynn." The

### STOOD HIS GROUND.

Can you hollowgrind this razor :

sided over by a hard-headed main who bristling hair, and an aggressive look on his face.

"You want me to hollowground it, I suppose?" he said.

"No, sit," rejoined the other, "I want you to hollowgraind it."

"If it's ground brillow, ain't it hollowground, sit?"

"If you grind it hollow, don't you hollowgraind it, sr.?"

"Do you think you can come in here and teach me anthing about my business? I've been 'sllowgrounding rasors for twenty-five years —"

"No, you haven't; you've been hollowgrinding them."
"Do you recken I don't know what I do for a living?"

"I don't care whither you do or not.""

"I don't care whither you do or not."

I do for a living ?"
"I don't care whether you do or not.
Will you hollowgrind this razor?"
"No, sir. I wort! I 'Il hollowground
It, or I won't touch it."
The customer reflected a moment.
"See here, friend," he said. "Can
I have it ground hollow here?"
"Certainty!"
And they compromised on that basis,
each feeling that he was a little
'thead.—Youth's Companiou.

As Parmelee's Vegeiable Fills contain Mandrake and Dandellon, they oure Liver and Ridney Complaints with unering certainty. They also coatein Roots and Herbs which have specific virtues truly wonderful in their action on the stomach and bowels. Mr. E. A. Claimoroes. Shakespeare, writes: "I consider Parmelce's Fills an excellent remedy for Billouspeess and Deragement of the Liver, having used them myself for some time."

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