ism do not provide for any regular day of worship or religious instruction, all days, outside of the special faast days and anniversaries of departed friends, being alike in the temples. It is, therefore, no easy thing for a man or woman who becomes a Christian to begin at once an observance of the Lord's Day as taught in God's Word. To their non-Christian friends there is neither right nor reason in the closing of shops or stopping of work on this one day more than on others, and not until the Christian himself comes to realize something of the privileges and blessing which come to him personally through the keeping of the Sabbath do we find it kept in the spirit. much we who have had our homes in a Christian land, owe to the land of our birth, and to our Christian parentage and training, we cannot fully realize until we come to a land where even for the Christian pastors Sunday has none of the hallowed associations that from childhood made it so much to us.

The fact that Sunday is a holiday in the schools is a great help in maintaining Sunday Schools, as otherwise it would be difficult to get any children to attend outside of our own work. The next generation of Japanese Christians will, we hope, have richer memories of the Sabbath than the present Christians can have, and we can only pray that before a second generation has grown up, Japan as a land may have come to know a Christian Sabbath, and with it

the "Righteousness that exalteth a nation."

I would like now to carry you briefly through one of our Sundays in Azabu, that you may see somewhat of the contrast that it would present to a girl coming from a heathen home into the atmosphere of one of these Christian schools. The day is shortened a little at each end, for an extra half-hour on Sunday morning seems to be as welcome here as at home, and there being no special morning duties for the girls as on other days, no hurry is caused by the extra nap, so the rising bell, which rings at 6 o'clock on other mornings does not disturb us until 6.30 on Sundays. Breakfast is at 7.30, and prayers, which come at 8 on school mornings are held at 8.45 on Sundays, when all assemble for Sunday School, the Japanese teachers as well