

W. B. M. U.

Edited by Miss A. E. Johnstone.

Janie was always neatly but plainly dressed—more so than any of her school friends, and so she said very simply:

"I shall just love to deny myself something for the sake of those poor children." Mamma said she did not know what I could give up, but I told her I wanted to wear my old sack one winter more, and she says I may." Janie said this with such a look of real gladness that no one could doubt her sincerity. "And so," Janie went on, "you see my Self-denial Week will last all winter."

Everybody laughed then, and Russell Gray, who sometimes took liberties because his mother was lady director, cried out. "Hurrah for Janie!"

And how did it all come out? Beautifully. There were thirty-three members of the Band, and all but five fell in with the plan.

One girl begged to wear her old hat, another gave up a 'cute little muff that had been promised her; another asked to have her Christmas present (the money it would have cost) go to the Home, and still another begged her mamma to make the sash of her new winter dress from the goods, instead of buying the nice ribbon sash she had planned to buy.

The boys could not so well save on their clothes, but they too found ways in which to deny themselves. One little lover of good things ate neither cake, pie, nor butter for a whole week, and his mother gave him a dollar for the Home, another gave up his allowance of pocket-money for a whole month, and still another denied himself an hour of after-school play every day for a week, giving the hour to hard work, for which he received fifteen cents an hour.

When the outcome of that bright, blessed Self-denial Week all came into the treasury, the astonished and delighted Band counted up forty-three dollars and sixty-two cents. "And we never had such a good time in all our lives," said Russell enthusiastically. There are two sides to self-denial: the side that we look upon, and the side that God and the holy angels see. The work of the Bright vale Band looks very pleasant here; but how heavenly bright it may look over there, who can tell? And the spirit of self-denial did not stop with these little folks; the big folks caught it too, and every good work in the Brightvale Church prospered as never before.

And the Band well, it is not running down. M. V. M. in *Children's Supplement*

INDIA. In order that we may understand the life of our foreign missionaries, we should make a thorough study of the lands where they labor. Every member of every missionary society ought to know all that can be learned of India as to its physical features, climate, people, government, and religion. If your society has not made itself familiar with this foundation knowledge, have three-minute articles, or questions and answers on these subjects. Then study missions in India. Eusebius, the historian, says that one of the Apostles, Bartholomew, went to India. An old manuscript said to exist in South India, relates that the Apostle Thomas carried the Gospel there in A. D. 52, and that he made many converts. When the Portuguese arrived in 1497, they found a large number of professing Christians. Modern Protestant missions in India began with Bartholomew Ziegenbalg, a Lutheran missionary from Denmark who arrived at Tranquebar, July 9, 1706. Eighty-six years later, William Carey, the first English missionary, entered India. Twenty years after this (1812) the first American missionaries, Hall, Judson, Newell, Nott, and Rice, were sent out. *Lutheran Missionary Journal*

"Inasmuch as ye have done it unto one of the least of these, ye have done it unto me."

PRAYER SUBJECT FOR MARCH.—For the workers at Bimlipatam. That a mighty outpouring of the Holy Spirit may be vouchsafed them at once, and that as we pray we may expect the blessing.

GOD'S GIFTS TO US AND OUR GIFTS TO GOD.

BIBLE READING FOR W. A. SOCIETIES BY MRS. J. W. MANNING.

1st. God's gifts to us. "Thanks be unto God for His unspeakable gift." 2 Cor. ix. 15.

What is this unspeakable gift? "For God so loved the world that He gave His only begotten Son, that whosoever believeth in Him should not perish but have everlasting life." John iii. 16.

Jesus said, "My Father giveth you the true bread from heaven. For the bread of God is He which cometh down from heaven and giveth life unto the world. Then they said unto Him, Lord evermore give us this bread. And Jesus said unto them, I am the bread of life, he that cometh to Me shall never hunger; he that believeth on Me shall never thirst." John vi. 32-35.

What is included in this gift? "He that spareth not His own Son, but delivereth Him up for us all, how shall He not with Him freely give us all things?" Rom. viii. 32.

What are some of these all things?

1st. Forgiveness of sins. "In whom we have redemption through His blood, the forgiveness of sins according to the riches of His grace." Eph. i. 7.

2nd. Eternal life. "For the wages of sin is death, but the gift of God is eternal life through Jesus Christ our Lord." Rom. vi. 23.

"He that hath the Son, hath life—He that hath not the Son, hath not life, but the wrath of God abideth on him." 1 John v. 11.

3rd. The indwelling of the Holy Spirit. "I will pray the Father and He shall give you another Comforter, that He may abide with you forever." John xiv. 26.

"But the Comforter, which is the Holy Ghost, whom the Father will send in my name He shall teach you all things and bring all things to your remembrance, whatsoever I have said unto you." John xiv. 26.

4th. Rest of soul. "Come unto Me all ye that labor and are heavy laden, and I will give you rest. Take My yoke upon you, and learn of Me, and ye shall find rest to your soul." Matt. xi. 28, 29.

5th. Peace with God. "Peace I leave with you—My peace I give unto you, not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid." John xiv. 27.

"Thou shalt keep him in perfect peace whose mind is stayed on thee, because he trusteth in thee." Is.

6th. Wisdom. "If any of you lack wisdom let him ask of God who giveth to all men liberally, and upbraideth not, and it shall be given him." James. i. 5.

7th. Victory over death. "O death, where is thy sting. O grave, where is thy victory? Thanks be unto God which giveth us the victory through our Lord Jesus Christ." 1 Cor. xv. 55, 57.

8th. An incorruptible inheritance. "Blessed be the