The look, the air, that frets thy sight, May be a token, that below
The soul has closed in deadly fight
With some infernal, fiery foe;
Whose glance would scorch thy smi And cast thee, shuddering, on thy face ! The fall thou darest to despise,—
May be the angel's slackening hand
Has suffered it, that he may rise
And take a firmer, surer stand;

Or trusting less to earthly things, May henceforth learn to use his wings And judge not lost; but wait and see, With hopeful pity, not disdain; The depth of the abyss may be The measures of the height of pain And love and glory that may rais This soul to God in after days!

A Page From a Boy's History. "No, you can't; I don't see any use your going. Go out and don't bother me. I looked up from the paper I was reading to see Joe's disappointed face as he walked slowly out of the door. His lip quivered,

but he made no reply. "He is always bothering about some thing," the mother said, as a sort of apology for having refused her boy's request as sh

"I heard his father tell him the sam thing this morning when he asked to go with him down to the store. And you refused him much in the same manner last night when he asked you if he might pop some corn over the kitchen stove. Does he go ou on the streets to play without permission? "Oh, no, he will stay about the yard somewhere."

Just then she went to the door and called "Joe, I wish you would bring some coal." He came slowly in, picked up the bucket and brought the coal for his mother without

"It must be a great satisfaction to have such an obedient boy," I remarked. Yes," she replied. "his father has always aught him to go at once to do what he is told. I suppose," she continued, eyeing me suspiciously, "you think I should have let him go to see the train leave." What reason had you for refusing?"

"Oh, nothing in particular, only what was the use?" replied the busy mother pettishly. "Why could he not go with his father this morning? He is old enough to take care of himself there."

"Why-well, I suppose his father didn't want to be bothered." "I heard you tell him to take his blocks and tools out of here a little while ago. Has

he a tool-house or workshop?" No, I meant for him to put them away." "Why couldn't he pop corn last night?" was my next query, following up the advantage I had gained, for I saw the mother | died in bed. was thinking, and I had little Joe's cause at

"Oh, it's such a bother to have him around the stove," she answered, "and what's the

With apparent indifference I inquired "Couldn't you get him a place in an orphanage or some other public institution?" What do you mean?" she said with some

"Well, there don't seem to be any room too bad you are so worried with him, and besides, it must be rather discouraging to | Emperor in 1873 and another in 1878. Joe. He feels that he is in the way quite as much as you do."

Atter a few moments of meditative silence Mrs. Long asked: "Do you think we are pursuing a wrong course with Joe? His successful attempts on his life had been made father has often complained that he was dull in St. Petersburg in 1866 and in Paris in and sullen. I have scolded him for his ways a great many times, but it does no good." "Do you pinch the tiny flower buds off your roses and geraniums when you find them | died on September 19.

peeping up among the leaves?" No, of course not. I let them bloom, for that is what I want them to do. But | 1894.

what has that to do with Joe?" "Just this. You have refused nearly every | France on June 13, 1897. request for some boyish pastime that he has made in the three days I have been here, and thies went out to the boy, for you and his

just as he pleases, would you?"

"By no means," I replied, "but I should of it and to save coal. manly and thoughtful, and will seem contented and cheerful. Under your present course he may grow sullen, indifferent and | call "shiftless." selfish, for the boy needs warmth and sunshine from the heart centre just as much as warmth and light from the great centre of the universe, for their perfect growth."

An Erect Position. lowing good advice: An erect position is positively necessary for good digestion and perfect health. It can only be seed to be practice of economy, waiting for a time when it will be easier for him to deprive himself of certain pet luxuries. hensive talk on the structure of the body and | man. the composition of the bones. Impress upon erect posture now, while their bodies are Teach them in walking to hold up the chin and to look square ahead.

Never Despair. The most perilous hour of a person's life is when he is tempted to despond. The man that loses his courage loses all. There is no more hope for him than a dead man. But it matters not how poor he may be, how much pushed by circumstances, how much desert-ed by friends, how much lost to the world, if he only keeps his courage, holds up his head and with unconquerable will determines be well. It is nothing outside of him that kills. It is what is within that makes or not

"An Empty Sack Can not Stand Upright. "An Empty Sack Can not Stand Upright."
Neither can poor, weak, thin blood nourish and sustain the physical system. For strength of nerves and muscles there must be pure, rich, vigorous blood. Hood's Sarsaparilla is the standard preparation for the blood and its many remarkable cures and the fact that it does everybody good who takes it prove it is just what you need if you are weak and languid.

Hood's Pills do not gripe. All druggis s, 25c.

Imagination and Disease

In "A Journalist's Note-Book " Frank F. Moore tells an amusing and significant story of the influence of imagination upon health. A young civil servant in India, feeling fagged from the excessive heat and from long hours of work, consulted the best doctor within his heart and lungs, and then said gravely : I will write you to-morrow."

The next day the young man received a letter telling him that his left lung was gone and his heart seriously affected, and advising him to lose no time in adjusting his business affairs. "Of course you may live for weeks," important matters undecided." Naturally the young official was dismayed

was seized with an acute pain in the region that his servant sent for the doctor. "What on earth have you been doing to

you yesterday." "It is my heart, I suppose," weakly an tioned, or ye may pass the bounds of moder swered the patient.
"Your heart!" repeated the doctor 'Your heart was all right yesterday."

" My lungs, then."

"What is the matter with you, man? You don't seem to have been drinking." "Your letter!" gasped the patient. said I had only a few weeks to live." "Are you crazy?" said the doctor. wrote you to take a few weeks' vacation in the hills and you would be all right." For reply the patient drew the letter from

under the bedclothes and gave it to the glanced at it. "This was meant for another man. My assistant misplaced the letters." The young man at once sat up ... bed and

made a rapid becovery. And what of the patient for whom the direful prognosis was intended? Delighted with the report that a sojourn in the hills would set him right, he started at once, and five years later was alive and in fair health. - Youth's Companion. Assassinations of Nation's Rulers.

From 1848 to 1878 there were twenty eight attempts, many of them successful, on the lives of royal personages and rulers.

Pietro Acciarito tried to kill King Humbert on April 22, 1897. Four attempts were made to assassinate he great Napoleon.

Queen Victoria's life has been attempted Two efforts were made to kill the Prince Napoleon III. was frequently shot at but

The King of Prussia was twice fired at in 1851, but escaped injury.
King Victor Emanuel of Italy narrowly King Ferdinand of Naples was stabbed by

soldier in 1856. Fuentes in 1856.

dent in 1862. Abraham Lincoln, President of the United for the boy about here, indoors or out," I states, died on April 15, 1865 from a bullet aid, not noticing her flushed face. "It is fired by Wilkes Booth the night before. wall. The habit of shying when once One attempt on the life of the German King Alphonso of Spain was shot at in

Alexander II. of Russia was assassinated on March 13, 1881 in St. Petersburg. Un-

President James Garfield was shot by President Arnot of France was stabled to death by Caserio Santo in Paris, June 24,

A bomb was thrown at President Faure of

Must Keep up With the Procession. One day last December I went through one of the great packing houses in Chicago father have blindly pinched back nearly where 175 beeves an hour were killed and every bud that would have blossomed into worked up. My attendant, a very intelligent childish pleasure, filling your home with its man, explained every detail as we went blooming fragrance, and have roused him to along through every one of the departments. mental as well as physical activity. Instead Of the 1,750 big steers killed in the ten hours of bright and new and happy thoughts, his mind is taken up with trying to bear his Hoofs, hair, bones tendons, intestines appointments." everything was saved. Even the undigested hay in the paunch was run through rollers,

certainly never refuse what he asks without considering whether there were sufficient ing taken out of a print mill in Lowell. reason for doing so. Never say 'no' when "Why do you throw away new machinery I could say 'yes,' as well, for what looks like that"? said I to the superintendent such a little thing to us may mean much to "Got to do it. What we put in to take the child. By showing him that you respect its place will save us one-tenth of a cent a his wishes and are dealing justly with him, | yard on every yard of calico we made. We you will win his regard as well as insure obedience. He will have more regard for We prided ourselves upon being good farthe wishes of his parents, will grow more mers, but when it comes to practicing little economies so essential to success in other callings we are what Miss Ophelia would

The Spendthrift.

By most men the rosy dreams of youth are never realized. The workmen must always far out number the employers, more deep breathings, strong chest muscles and a where he can demand of the present that it vigorous exercise of the will power; but a shall help provide for his future. Among vigorous will is of the most benefit when all the acquaintances I have had in the last supported by a clear understanding. There- 40 years, not one spendthrift among then fore, give your children a simple yet compre- has retired from business a successful

Possibly you may look upon that word their minds the great need of keeping an "spendthrift" as one that cannot be applied to you. You may think it applies only to one growing. Teach them-and not only teach | who foolishly throws away a fortune. If them, but prove to them by actual exercises | you will turn to your dictionary you will -how much more easily and gracefully the body fords itself together when we stoop to pick anything up or when we sit, and how equal force to the man earning \$10 a week nnecessary it is to bend the shoulders at all. and to him who has thousands.—Saturday Eveniug Post.

Exaggerated sensitiveness is a foe to hapiness and the direct source of melanchol In its earliest stage it is amendable to self treatment. Many a restoration to happines has occurred by the revelation to one's sel that by undue sensitiveness he has been mak ing life intolerable to himself and to hi friends.



A Scotch parson once preached a long ser mon against dram drinking, a vice very | Ngami is its name, and a map, drawn in 1508, prevalent in his parish, and from which re- shows that it was then one of the conspicuo port said he was not himself freely exempt; 'Whatever ye do, bretheren,' said he, "do however, vieited it on July 28, 1849, he found it in moderation, and aboon all, be moderate that its water was slowly disappearing, reach. The doctor looked him over, sounded in dram drinking. When you get up in the that its banks were being covered with rank some, I fear, take ane after which is no so | must be bored to a considerable depth. the letter said, "but you had best not leave very blameable, but dinna be always be

by so dark a prognosis—nothing less than a brought in an' after its ta'en awa'; and one ed up about thirty-two kilometres north of death warrant. Within 24 hours he was or perhaps twa in the course of the afternoon Nagmi. During the last ten or twelve years having difficulty with his respiration, and to keep ye from drowsying and snoozling the water has disappeared very rapidly, and of the heart. He took to his bed with the tea and after tea it's no more than right of the river was gradually filled with the feeling that he should never arise from it. and good; but let me caution ye, bretheren, thousands of small floats or rafts on which During the night he became so much worse | no to be always dram drinking. Just when | the natives are wont to take their yearly pop into't and perhaps when you wake in the | maintain water found itself powerless againyourself?" demanded the doctor. "There night to take a dram is no more than a christ st an obstacle like this, the result being were no indications of this sort when I saw tian may lawfully do, but brethren, let me that the river and lake have become dry, caution you not to drink more than I've men and that what was once a fertile agricultur-

> The most awful experience of my life, said a gray-baired man, was something that happened in my boyhood. I was one of an excursion party on a wrecked steamer, and a number of us escaped to the shore in small boats. Ours held all that it could carry, out as we made our way through the water filled with human beings struggling for their lives, hands grasped our boat, almost sink ing it, and had to be beaten off before they would release their hold. It is necessary or our own safety, no doubt, but boy though I was, the horror of knocking away those

ever since.
Yet we are often guilty of something akin to a deed like that, where there is no ques ion of our own safety. Beaten and wounded by life's rough waves, our fellow mortals are continually turning toward us for help, sympathy, or strength, and too often we imiently push back the outstretched hands. We are too busy to give thoughtful consideration to selfishly engrossed to learn the meaning of the sad eyes that look pleadingly into urs. We cannot see the struggle of the onely, sinking soul, and so we carelessly push aside many a mute plea for pity, many a trembling hand that might gain strength if

Shying Horses. Horses often have what is called the vice rustle of a leaf or a piece of paper or at the approach of any object which they are not accustomed. Clearly this is the remnant of an instinct inherited from their wild progenitors in the steppes or prairies, where the sudden rustling of a leaf might indicate the presence of a wolf and where everything It is idle as well as cruel to beat a horse duce him to the state of terror in which h seem to lose not only their heads, but their almost always be prevented by such con

Charles J. Guiteau on July 2, 1881, and | years people are disposed to let children

persistently through all the years up to manhood and womanhood. At the age should insist on its having what it absolut deterioration in both mind and body, and exhaustion; excitability and intellectual dis orders are gradually taking the place of the spirit of initiative. - [Family Doctor.

Truant London Children. children reported by the parents as being

this way:

-A huge guessing scheme has been started by some people in Detroit. Twenty-five thousand dollars are to be given in prizes to those who make the best guesses as to the population of the United States as shall be shown by the census now being taken. The best three guesses are to be rewarded respectively with prizes of fiftoen thousand five thousand and one thousand dollars. From these enticing figures the prizes drop rapidly in value to insignificant amounts t be divided among many. Coupons issued at ten cents entitle the holders to one guess each. The coupons are being circulated by newspapers as subscription premiums. Some very respectable and some very devout news papers are lending themselves by this process to the promotion of an enterprise which is practically a pure lottery of a very bad type indeed, even supposing it to be con-

Never forget that women are made out of girls and that men are made out of boys: that if you are a worthless girl you will be a worthless woman, and if you are a worthless boy you will be a worthless man; and the

elucated men and women once did not

know "A B C"; that all the things which

ou are learning had to be learned by them

hat the efforts spent in making others hap

6 W Grove

A great lake has vanished in South Africa RHEUMATISM

morning, indeed, ye may take a dram and vegetation. To-day there is no water in the anither just before breakfast and perhaps lake, its place being occupied by a spacious anither after; but dinna be always dram- morass, which quickly swallows any one drinking. If ye are out in the morn, ye | who is so adventurous as to set foot onit. Be may just brace yourself up with a dram, and neath this morass is still some water, but in perhaps tak anither before luncheon, and order to bring it to the surface the groun The river Tauche formerly flowed into this dram-drinking. Naebody can scruple for lake, but now the tributaries that led to the ane just before dinner and when dessert in lake are dry, and the river itself is also chokbut dinna be always dram-drinking; afore the reason apparently is because the mouth ye start for bed and when ye are ready to | tribute of corn to Denokana, and travellers

What Has Become of This African Lakes

al region is now bleak and barren. Formerly there were several villages nes the lake, but now these, too, have vanished, and only a few cattle kraals are to be seen And it will be impossible to restore the lake, says S. Passarge, who visited the place re eently, since in its present condition it would require more water than the river could give Lake Ngami is gone forever. - New York

Minard's Liniment cures Dandruff.

Headache Is often a warning that the liver is torpid or inactive. More serious troubles may follow. For a prompt, efficient cure of Headache and all

**Hood's Pills** 

in air-tight 1-lb. tins.

Far Superior to the ordinary

paper box package, which

is exposed to the air and too often

adulterated.

Price. 25c. per lb.

-AT-

S. N. WEARE, Proprietor.

Scythes, Snaths,

Rakes, Forks,

Whet Stones,

Fork Handles, &c.,

Just arrived and for sale

at bottom prices.

Flour, Meal & Feed

Delight, White Coat

At Market Prices.

CLOTHING

CLOTHING

Men's Black Serge Suits, \$10.00. Other Suits from \$5.00 to \$12.00.

Men's Pants from \$1.00 to \$3.00.

Overalls, Jumpers, Top Shirts,

small lot of New Orleans Molasse

WANTED: Salt Pork, Oats and Fresh Eggs.

JOSEPH I. FOSTER

June 27th, 1900. - Bridgetown.

EXECUTOR'S NOTICE.

ALL persons having legal demands against the estate of JAMES WILSON, late of Centreville, in the County of Annapolis, farmer, deceased, are hereby required to render the same, duly attested, within twelve months from the date hereof, and all persons indebted to said estate are requested to make immediate payment to

EXECUTORS' NOTICE

EDGAR BENT. NORMAN LONGLEY. Executors.

NOTICE

Paradise, Aug. 1st, 1899.

Clarence, July 18th, 1900, -3m

Underclothing, &c.

Tilson's Pilgrim,

Tilson's Pride,

and Puritan,

Five Roses, Hungarian,

PURE PARIS Saturday..... Express for Halifax, Saturday & Monday..... GREEN

"Prince Arthur," 2,400 Gross Tonnage; 7,000 Horse Power

far the finest and fastest steamers plying tof Boston, leave Yarmouth, N.S., Tuesda

Leaves Digby...... Arrives in St. John . Buffet Parlor Cars run each way daily or Express trains between Halifax and Yar S. S. Evangeline makes daily trips be

P. GIFKINS, Gen'l Manager, Kentville, N. S

CREAM

WANTED At Scott's Creamery, In Halifax.

Farmers keeping cows within five miles of any railway station in Nova Scotia will find it to their advantage to send cream to

Separator Cream is preferred, but I will Where 15 or 20 farmers will agree to fur-ish the milk of 100 cows I will put in a kimming station with a separator and other Prices paid for buter fat until the end of e year as follows:

September, 18c per lb. October, 19c per lb. November, 20c per lb. December, 22c per lb. Winter prices made known later. I am opening a salesroom at 14 Bucking-nam St., with a general store in connection. Consignment of farm produce solicited.
All kinds of farm produce bought and sold.

Correspondence requested. EDGAR SCOTT. Creamery: 141 Longard Road, Telephone 1275.

MRS. RUTH BEALS

Executrix

Tupperville, Annapolis County, N. S.

April 3rd, 1900.

NOTICE ALL persons having legal demands against the estate of EDWARD E. BENT, late of Bentrille, in the County of Annapolis, farmer, decased, are requested to render the same duly attested, within twelve months from the date hereof; and all persons indebted to the ANNIE C. BENT, Administratrix.

Is the baby too thin? Does he increase too slowly in weight?

Sufferers from Rheuma rism have found great benefit from using

Puttner's Emulsion the Cod Liver Oil contained in it being one of the most effective remedies in this disease.

Always get Puttner's, it is the Original and Best.



Steamship Lines St. John via Digby

Boston via Yarmouth. Land of Evangeline" Route

On and after MONDAY, JUNE 25TH 1900, the Steamship and Train Service of this Railway will be as follows (Sunday expected).

Trains will Arrive at Bridgetown: Express from Halifax.... Express from Yarmouth. ..... 11.14 a.m om. from Annapolis...... ress from Halifax, Friday & 8.08 p.m

Saturday... Express from Annapolis, Saturday and Monday.... Trains will Leave Bridgetown: Express for Yarmouth...
Express for Halifax
Accom. for Halifax.
Accom. for Annapolis.
Express for Annapolis, Friday &
Saturday. 8 08 p.m

> BOSTON SERVICE: S. "Prince George" and

Royal Mail S. S. 'Prince Rupert. ,200 Gross Tonnage; 3,000 Horse Power. ST. JOHN and DICBY, Daily Service (Sunday excepted.

ween Kingsport and Parrsboro. Trains and Steamers are run on Easters Standard Time.

Also Milk and Cream. We will make a specialty of Lunches at all lours, consisting of Baked Beans and Brown Bread at 10c. Satisfaction guaranteed, and aways traines Ice Cream served every Saturday evening. J. M. KENDALL. TAREMEMBER THE PLACE: Two doors orth of Iron Foundry. J. M. K.

A. BENSON UNDERTAKER

and Funeral Director. Caskets of all grades, and a full line of eral furnishings constantly on hand. Cabinet Work also attended to.

Warerooms at J. H. HICKS & SON'S factory. PALFREY'S CARRIAGE SHOP

-AND-REPAIR ROOMS. Corner Queen and Water Sts. THE subscriber is prepared to furnish the public with all kinds of Carriages and Buggies, Sleighs and Pungs that may be desired. lestred.

Best of Stock used in all classes of work.

Painting, Repairing and Vanishing execuna first-class manner.

ARTHUR PALFREY. Bridgehown, Och. 22nd. 1890. OYSTER and LUNCH COUNTER Halifax, N. S SERVED AT ALL HOURS.

Oysters sold by the peck or half peck, or on of the milk or other liquid food. BREAD, CAKES and BISCUIT fresh from T. J. EAGLESON, QUEEN ST., BRIDGETOWN WANTED

Old brass Andirons, Candlesticks, Trays and Snuffers; old Mahogany Furniture. Also old Postage Stamps used before 1870 — worth most on the envelopes; old blue Dishes and China. Granfather clocks. Good prices paid.

Address

W. A. KAIN,
116 Germain Street,
tf St. John, N. S. VALUABLE FARM FOR SALE

That well known and valuable farm situate near Bridgetown and formerly owned and occupied by the late T. W. CHESLEY. A portion of the purchase money may remain on mortgage. For terms, etc., apply on the premises to Mrs. Shaw.

49 t N. E. CHUTE, Licensed Auctioneer BRIDGETOWN, N. S.

The Rousehold.

Prairie Farmer. They guessed at the temper

ature, for there were no thermometers in

metimes the butter would come in a few

minutes and be yellow and nice. Again I

meantime adding cold or hot water as she

ound more than others were getting.

ng sweept. Dust injures the voice.

Don't hang the bird in a window.

dry its plumage.

you want his best songs.

Don't fail to change the water in the cup

on, but it ought not to exclude every oth-

er interest. There can be no happiness for a

Work in Season.

ended to and weeds must be attended to, no

Something About Butter Making. When I was a boy, nearly every one guest Are you in constant fear ed at everything, says W. L. Camp in the

that part of the country. They guessed at Give him more power to the time of night and day, for no one had a resist disease. He certainly clock or watch. When I was very young I worked by the month for well to do farm needs a fat-forming food. ers and had a great deal of churning to do. Scott's Emulsion is just that food. It will make the baby plump; increase the weight; bring color to the cheeks, and prosperity to the how to make butter so it would always come whole body. Thin children in about the same length of time and always

take to it as naturally as they do to their milk.

50c. and \$1.00, all druggists.
SCOTT & BOWNE, Chemists, Toronto. sidered the result of good luck. A good September 12 to 20 this way at the present time. Later in my life it became necessary for me to again do **NOVA SCOTIA** 

\$17,000 IN PRIZES

Greatest display of products of farm, for est, sea and mine ever gathered together in

Lowest excursion rates.
Four days racing. Purses of \$1,500 Special attractions unsurpassed, inclu e great spectacular production of the Battle of Paardeberg. nowing the famous charge on the Borenches by the gallant Canadians.

Wonderful display of Fireworks.

Accommodation for everyone.

team or damp air. Don't give figs, sugar or candy For prize lists, speed programmes and all J. E. WOOD.

Manager & Secretary.

We are showing for the from which a bird drinks every day, and dur-ing hot weather several times a day. first time TWO LINES OF

DOWN CUSHIONS!

mind will regain their balance, all her pow ers will be systematized, her tired head wil e rested, and her good sense and judgment Size 20x20 inch, at 75c and 90c. Size 22x22 inch, at 95c and \$1.15. will regain their empire, and peace will keeper knows the truth of his words. The

Feather Pillows at \$3 50, \$4 50, \$5.00, \$5 25 and \$5 50. Wool and Fibre Pillows made to order.

**MATTRESSES** Cotton Top, \$3 50, cotton tick. Cotton Top and Bottom, \$4 50, satin tick. XXX Cotton Filled, \$5.50, linen tick.

family as well as to herself. The least companionable wife is the one wholly occupied by household cares, as all men know in their Wool. Fibre and Hair Mattresses, Also agents for the celebrated Ostermoor's Patent Elastic Perennials, after blossoming, may be di Felt Mattresses: vided, and have a change of position if neces sary. They are better moved now than in

REED BROS. growth. Hunting for slugs and beetles is (Successors to H S Reed) NEW BAKERY

he life from the plants. Dahlias must be tied to stakes, as the stalks are so brittle COURT STREET. they will suffer in a high wind. Roses should be pruned back when they The subscriber offers for sale at the nevhave done blooming. Then the new wood, if stimulated by a fertilizer dug into the soil, Choie Home-made Bread. Biscuits, Pastry, &c. in hybrid perpetuals.

will send out flowering shoots for late bloom -If people who regularly use powder ould only realize how destructive the prac-

tice is to the skin, and how exceedingly nasty the results are, they would gladly do. Many dollars worth of rouge and powder can be outdone by a plentiful use of pure water if only sensibly applied. In the summer, when the complexion is

owder puff, try dabbing the face over with soft linen cloth wet in equal parts of eau cologne and water. When it dries in, rub the face with a clean piece of chamois. Cologne is both refreshing and cleansing in its effects, but if used too strong will make

the skin red in spots for several hours.

So many cooks spoil corn in cooking that I would like to say, green corn will cook in minister compromised his prayers between the Queen and the residents. "O Lord," takes a generous kettle of water for green bern, and this should be boiling briskly, and Republics in this country, and as for this a good fire kept under the kettle after the corn is added, as it cools the water very much. but has ruled over us so well, please take he Have the corn husked and the silks removed, to Thyself, where she may live and reign for put into the water and cook as described. Serve at once with little pats of well salted utter. Corn is sweeter served on the cob

than in any other way, but it is very good Soak a tablespoonful of barley over night n enough cold water to cover it. In the morning drain this off, and put the barley over the fire in a pint of water. Boil this for five or six hours, filling up the saucepan as the water boils away, and keeping always a pint of water in the pot. Strain it off and set aside to cool. It will probably form a

of two teaspoonfuls of the barley to a cupful -Exercise is a powerful factor in the development of the voice. It should be taken | ye bail me out fo' Sunday, 'case I'se got a in the open air. Children, like caged birds lose their song. Exercise is born of the free dis'pint my con'gashun." fields and pastoral hills. A loud shout mean a long breath, a rapid race, many deep ones. It is a fact that people reared in the country

jelly and should be used in the proportion

city-bred. -For a cold on the chest there is no bet ter specific for most persons than well boiled or roasted onions both for a cough and for the clogging of the bronchial tubes, which That well-known and valuable farm situate near Bridgetown and formerly owned and freely at the couset of a cold, they will break freely at the outset of a cold, they will break

up even a serious attack. -Don't let your politeness be always for "have blue grapes gone out of style?" the visitor. An agreeable speech a tender word, a compliment now and then is much appreciated, even by your own family, softening the roads in life and making an encouragement when needed.

Minard's Liniment relieves Neuralgia.

Joker's Carner.

his busy old fellow, too busy was he o linger at breakfast, at dinner or tea, or the merry small chatter of children

wife,
But led in his marriage a bachelor life;
Too busy for kisses, too busy to play,
No time to be loving, no time to be gay,
No time to replenish his vanishing healt!
No time to enjoy his swift-gathering wer
But he found time to die—
Oh. ves!

Enterprise Adopted by an Unengaging of valuable instructions. I was told the value of a thermometer, how to feed and to tide me over for the time being. A few to tide me over for the time being.

'Nope,' said he, 'mos' the mans have ene shirtee wear, one shirtee wash. Want laundly qulick.' Since then I have had a Don't allow the bird to fly about the room Yale lock put on my door, and unless my

Mongolian friend gets a jimmy I hope to hang on to my belongings.

home with the idea of spending four weeks ommuning with nature.
"The old farmer with whom we stayed emed to be good natured and took to the children, teaching them how to weed onions, stock. He offered to teach me how to hoe care of the home may be a delightful occupacabbages, but I declined with thanks. When I think of it now I see that the old man was not as big a fool as he looked and that he woman with brain and imagination in a life succeeded in getting his city boarders to do

> and it awoke the memory of my youth when I did the same thing myself, and I joined with them just to show them that I hadn't "'I'll show you where they are !' I shout-

over so small a thing as hunting eggs. "'I've found one!' I shouted a moment "Just then my foot slipped and I slid down the hay head first into a hay chute and

to break every bone in my body. "While I lay there wondering whether I as dead or alive the old farmer rushed up, and with a voice that thrilled with emotion he gasped: "'Did you break the egg?" - Detroit Free

What He Could Do Best. who are never happy unles

objection to singing papers: What can you do best?" "Well," replied the convict, with a grin, 'if you give me a week's practice on your

A good story has reached a Cape paper showing how a Dutch Reformed Church ever and ever."

A few days afterwards the reply was in

up a purse in High Street requests the loser o call at his house." -Old Pete, a darkey preacher, was put in ail for beating his wife. One day he was visited by a gentleman who had often be-

-It is said of a certain French marquie that as he was riding out one day he passed have clearer and ampler voices than those an old priest trotting along contentedly on a quiet jackass. "Ha! ha!" exclaimed the marquis. "How

> "On horseback, my son; on horseback," replied the priest. -At Marjorie's house they had been having Concord grapes through the fall, but with the holidays came some white grapes. Mar-

"Oh mum, she sung beautiful, just as if

she was a gargling."

Oh, yes!
He found time to die.

-Anonymous.

would churn an hour, the housewife in the judged necessary. I remember thinking "One meets with some strange adventures that there ought to be some way of knowing in boarding house life," said a young profes into a new establishment, where most of the look the same instead of coming white and lodgers are semi-bohemian in their habits soft one time and the next time perhaps hard and the prevailing ethics are delightfully and yellow. There was a great deal of good free and easy. On the second day I returned to my room to find that every particle of my linen had disappeared-shirts, collars, hand nany of the farmers make butter in just kerchiefs; everything. Somebody had been there in my absence and made a clean sweep. I hunted up the landlady, who said, languid the butter making. At this time I sent ly, that she didn't know a thing about it, omewhere in the east for dairy information. one where in the east for using interest and not caring to impage and not caring to impage and not caring to impage was forced to let and not caring to impugn the honesty of my

care for my cows, how to milk, how and days afterward I was awakened in the mornwhere to set the milk, when to skim and the ing by a curious, droning chant, something importance of stirring the cream when new like this: cream was added. I learned what ripening "'Whey lis my wanlding boy to-night? neant and the importance of doing it right, "I opened my eyes and saw a fat Chine ow to churn and when to stop, how to salt man of the mission Sunday School brand and work the butter. It is inexcusable for sitting in my rocking chair singing, with his utter makers not to know these things at pudgy hands crossed over his stomach. 'Good heavens,' said I, 'is this a Boxer raid? present time. I made \$55 worth of buter that winter and sold it for 5 cents a What d'y' want, you moon-eyed pagan?' 'Me bling your clothes,' he replied, smiling blandly. 'Clothes,' I repeated, in amaze-Canary piece. It you wish to keep your 'what clothes?' 'You laundly,' he pet bird in good health and song the follow explained, and went on singing. Then a ng hints from the "Gentlewoman" will be light dawned upon me. 'Did you take my linen, you plump pirate?' I enquired. 'Yep,' Don't leave a bird in a room which is behe said, nodding sagaciously. 'Me clum long, nobody inside; me catchee laundly. Such enterprise deserved reward, and I got Don't hang the bird in the sunshine exup and paid the bill. 'Do you do that with etp just after the bath, and only long enough very body here?' I asked. 'Yep,' he replied. 'Well, don't they ever kick?' said , surprised at such go as-you please system. raughts, or in a kitchen where there is

Don't feed mustard or turnip seed instead f sweet rape; they look like good rape, but are bitter, and as fit for a bird as sawdust is -" Yes, I'm back," snapped Grumply. "Went away for a month's vacation and got enough of it in a week. Allowed myself to who advertised all the comforts of home at reasonable rates. My wife thought it would -A Frenchman said recently, "Let every do the children a world of good to get a taste woman have two hours a day of serious mentle of the country, so we left our comfortabl ccupation, during which the faculties of her

that limits her to mere domestic drudgery.

Every housekeeper should study herself and
"One day the children were hunting eggs, learn her "one talent" - for she surely has one

and turn to its development as a relief. By so doing she brings added happiness to the ed as I climbed into the hay mow. 'Just

keep your eyes on your dad and get a few "I never thought I could get so excited autumn, as it gives an opportunity for root

t very pleasant work, but it must be atbrought up a moment later in one of the nangers below with a jar that threatened atter how hot the weather, or they will take

While there are some governors of prisons their names to every official document they can obtain, there are others who look upon signing official documents as altogether outside what their duty ought to be. One of of new prisoners into prison, said to a man, who happened to be a forger, and who, on a former conviction, had learnt the governor's

signature, I'll sign your official papers for

he cried, "do Thou bless the heads of the Gracious Lady who wants more territory, -Among the advertisements in a London paper there recently appeared the follow-

money in the High Street is requested to forward it to the address of the loser, as he "The recognized gentleman who picked

"Oh, Mass Mason," exclaimed Pete, "can't 'pintmunt ter preach, and I doan want ter

goes the ass, good father?"

jorie was puzzled. "Mamma," said she, ening, "and what did you think of it ?"

Minard's Liniment cures Burns, etc.

he will be ill? Then give him more flesh.

pleading, clinging hands has haunted me

we steadied it but a little. of shying-that is of starting suddenly at the

scaped death at an assassin's hand in 1853. | that was strange was therefore suspicious. for shying, says Our Animal Friends. That Queen Isabella of Spain was attacked by only increases his alarm and may easily re The Queen of Greece was shot by a stu- loses his head entirely. Horses in that state perceptive senses, and a horse in that consistent kindness of treatment as to overpo-

er the inherited instinct of instant flight from possible danger in which the habi Amount of Sleep Required. A healthy infant sleeps most of the time during the first few weeks, and in the early sleep as they will. But when six or seven years old, when school begins, this sensible policy comes to an end, and sleep is put off ten and eleven the child is allowed to sleep only eight or nine hours, when the parents ly needs, which is ten or eleven hours at least. Up to twenty a youth needs nine hours sleep, and an adult eight. Insufficient sleep is one of the crying evils of the day. The want of proper rest and normal con ditions of the nervous system, and especially the brain, produces a lamentable condition,

love of work, general well-being and th Monkeys are very amusing creatures, but one hardly thinks of them as useful in educational work. However, their aid has lately been sought by the London school officers with admirable results. It seems that in one of the school districts there were not as many school age as the officers knew there ought

to be; so, ascertaining the real number, they called in the monkeys to help them, is Two monkeys were gayly dressed, put in a wagon, and, accompanied by a brass band were carried through the streets of the district. At once crowds of children made their appearance. The procession was stopped in a park, and the school officers began their work; distributing sweets to youngsters, they took their names and addresses They found out that sixty parents kept their children from school. This ingenious method

brought to school about 200 boys and girls.

ducted with honesty.

ess; that a life of usefulness and helpfulnes is worth many times more than a life of pleas