

Correspondence Column
Helps for Home-Keepers
Recipes and Style Notes

A PAGE FOR WOMEN

Bright Articles Daily on
Women's Interests and
Activities Here and There

The Misses Chang of China in Real United States Garb



Miss Lily Chang (at left), and Miss Alice Chang, daughters of Chinese Minister Chang Yui Tang. They have surprised Washington by their quick manner of adopting the latest up-to-the-minute styles.

How to Get Fat Broilers for the Early Market

ABOUT three weeks before the time of killing my birds for the market I have them shut away by themselves. For this I have coops especially built. These coops are six feet long and two and a half wide. The yard to each coop is six feet by ten. In each coop I have placed from five to ten birds, never more. The roost in each coop is only one foot from the floor. The yard and floor of the coop are of firmly trampled earth, with no loose gravel, sand or any scratching material about. The object of this is to keep the birds as placid as possible. The less active they are the quicker they fatten.

Cookers of ten or twelve weeks of age plump up very quickly. These are known as "year round," instead of "spring chickens," for I raise them in succession for the market. I also fatten fowls that are a year old, for when these are properly prepared they make excellent roasting fowl.

At the three regular meals, morning, noon, and night, during the fattening process I feed my chickens mash. The reason for doing this is that mash is more easily digested and assimilated than whole corn.

The first ten days the mash consists of ground feed, one-third of a teaspoonful of salt, one pint of boiled and mashed carrots, potatoes or beets, mixed and moistened with skimmed milk.

The last ten days of the fattening to every quart of cornmeal I mix one dessertspoonful of powdered charcoal, one pound of potatoes and two onions. The vegetables are boiled and mashed before being added to the cornmeal. I mix this all together and make it quite soft with skimmed milk, in which a beef suet has been boiled. Suet is only about 6 cents a pound and I have found that the expenditure is worth while, for the suet aids in making the flesh of the chickens deliciously juicy and tender.

This mash I give to the birds as much as they will eat in a quarter of an hour. I do not allow it to stand before them continually or they will become fatigued.

Twenty-four hours before killing the birds I have them removed to individual coops. These are made a foot and a half square with wire netting sides. The floor is of slats half an inch apart. Each coop is set two feet high. The object of the open flooring and the elevated position is to permit the droppings to fall through and out of the coop, and the birds to have a fresh floor.

On the last day of the birds' confinement they are not fed. For the first twelve hours of the day before we kill them the birds live on milk. It is before them all the time. The last half of the day they receive nothing but water. This is to insure the crop being empty.

In Monday's paper Mrs. Saint Maux will conclude her poultry lessons by telling the class how to kill and dress chickens for the table or market.—Editor.

PROBLEMS OF THE FAIR SEX SOLVED BY CYNTHIA GREY

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a state time, as all letters have to be answered in turn as they are received. No letters can be answered privately.]

Going To Ask Us?

Dear Miss Grey—I am thinking of having a picnic in the woods this spring or summer, and asking some girls from the city. They are from 5 to 16 years old. Will have a few of my girl friends from around here also.

1. Ought I to pay their fare out and back (50 cents)?

2. What would be a nice lunch for a picnic?

3. Could you suggest some new games?

4. Should we meet them at the station with a rig, or could they walk one and a half miles?

5. Have dark brown hair, blue eyes, and medium complexion? What are my colors?

Hoping I have not tired you with my questions. BERNIE JEAN.

A—I do not think it would be expected of you. Guests usually pay their own railway fare.

2. You would want something substantial, as the girls, no doubt, will be hungry after their drive and tramp. Plenty of sandwiches of the plain, old-fashioned ham and salmon varieties, made with home-made bread, potato salad, home-made pickles, one or two kinds of plain cake, strawberries and cream, and lemonade to drink. Such would be a feast fit for the gods.

3. I do not think you need bother much about providing games for your guests. It is such a treat to the average city girl to get out into the woods that she is absolutely content to wander about at will and does not require to be entertained. Good games that take well with everybody are the old-fashioned ones, like Blind Man's Buff, Drop the Handkerchief, London Bridge, etc.

4. I think it would be necessary to meet them with rigs.

5. Browns, tans, king's blue, and rose tints, would probably be quite becoming.

Washing a Centipede.

Dear Miss Grey: 1. Will you kindly publish the meaning of the name Ethel?

2. Could you also inform me the proper way to wash a linen centipede that is embroidered with silk so that the silk will not turn yellow? By doing so you will greatly oblige me.

Thanking you in advance, I am one who appreciates your intelligent answers to the many questions sent to you. C. A. W.

A—I do not think it is possible to wash a centipede worked in white silk, but that the silk will turn yellow in time. Careful washing in the following way will be found as efficacious as any method I know: Shave

up a little castile soap, or any other good white soap, into cold water. When the water becomes quite cloudy remove any remaining bits of soap, dip in the centipede and wash between the hands, taking care not to rub soap on it. Rinse through clear water, then through thin starch containing a little is too hot this also helps to turn the blue. Roll up in a cotton cloth and iron at the end of half an hour. If your iron silk yellow.

Thanks for your kind remarks.

Kept Company Three Years.

My Dear Miss Grey—You seem to have a number of "Peggy" bothers, and I believe I'm one of the biggest. But I do so much desire your opinion on just this one question. I have been keeping company with a gentleman for nearly three years. He does not pay any attention to other girls whatever, but at the same time has never even mentioned love to me, let alone marriage? What do you think he means? Don't you think he soon ought to tell me his intentions? PEGGY.

A—Yes, I do think so, but how you can influence him to do so I am unable to say. You must have some idea as to whether he cares for you or not. The very fact that he pays attention to no other girl seems a pretty sure evidence that he is particularly interested in you. But I do not see that you can do anything except to "stand and wait."

Washing White Cap.

Dear Miss Grey—Would you kindly answer this question for me? I read your column every day, which proves to be a good help to me.

Hoping to see this in print soon, I remain, BLUE EYES.

A—Dissolve white soap and two tablespoonfuls of borax in a pail of hot water. While still quite warm dip in the cap and wash quickly; rinse through water of the same temperature twice. Then place between clean towels, and while drying, keep pulling the cap into shape, and stretching it continually.

Daily Healthgram

SUGGESTION creates symptoms. It does not create diseases. Deny yourself the self-indulgence of THINKING the first and you may double your resistance power to cope with the second.

The Poets' Corner

TAKING THE WORLD RIGHTLY.

Each day the world is born anew,
For him who takes it rightly:
Not fresher than which Adam knew,
Nor sweeter than whose moonlit dew
Entranced Arcadia nightly.

Rightly? That's simply: 'tis to see
Some substance casts these shadows
Which we call Life and History.
That aimless seem to chase and flee
Like wind gleams over meadows.

Simply? That's nobly: 'tis to know
That God may still be met with,
Nor growth nor death nor doth bestow
These senses fine, this brain aglow,
To grovel and forget with.

—JAMES RUSSELL LOWELL.

Benefits of Yawning

Yawning may be rude—especially in company—but it is a good thing for you to do.

For one thing, it ventilates the lungs. When you take an ordinary breath the lungs are not completely filled, nor are they thoroughly emptied by an ordinary respiration. There is a certain quantity of air left in the lungs always, which physiologists call "residual air."

This air in time becomes foul and affects the blood, and, through the blood, the nerve centres. Certain nerves get tickled as it were, and the result is a yawn, stretching the lungs to their fullest extent, filling them with clean, fresh air and driving the foul air out.

That's one reason why it is good to yawn. For another, yawning opens and stretches and ventilates all the various passages leading to the lungs. You will perhaps be surprised to know that yawning is even beneficial to your hearing.

The cracking sound which you so often hear when giving an extra big yawn is due to the stretching and opening of the Eustachian tubes. These tubes communicate between the ear and the back of the throat. If they are congested, which happens when you have a bad cold in the head, pain in the ear, or if you feel inclined to yawn, then do so. It is nature's way of cleaning out your lungs and air passages.—Pearson's Weekly.

The Birthday Calendar



IF THIS IS YOUR BIRTHDAY

Good fortune is yours and whatever you try to do will be possible for you to accomplish to your satisfaction. If in employ, you will see a chance to make yourself more useful. Some annoyance from writings is indicated.

Those born today will have cheerful dispositions and will be fond of company, but have steadfast purpose enough to keep them from being too dissipated. They will be successful in all positions where accuracy and executive ability are the first essentials.

THOSE TERRIBLE TYPISTS

A volume might be written, says a writer in the April Strand, on the blunders of clerks and typists. A recent one concerns a new employee of a Wall street broker, whose ideas of orthography were peculiar.

"I'm afraid this won't do at all. See how you've spelt sugar." He extended the dictated letter—there it was—"sugar."

"I'm sorry," said the newcomer, brightly; "it was a careless slip. I see I've left out the 'h.'"

On another occasion an employer was dictating a letter to a Russian friend: "My Dear Psgolskopselsky."

When the draft came to him it read: "My Dear Sir."

"How this," he asked, "I thought it best to spare the typewriter, sir. Those Russian names are a terrible strain on the machine."

Needlework Notes

A pretty touch may be given in this way to curtains of white checked cloth: Stitch to crinoline some bands of silkoline of an appropriate color and then simply baste these bands on the curtain. They will make the checked cloth hang gracefully, and may be removed without trouble when the curtains need washing.

Another way of working knot stitch and other raised designs has been invented by an ingenious manufacturer for the woman that is pressed for time. Embroidery cotton has been woven and mounted upon a curved wire covered to match the cotton, and this is to be laid upon the design and secured invisibly to the material.

A hint for those who make knit scarves or shawls: Make a chain with a crochet hook as close as the scarf is to be, then pick up the stitches on a knitting needle and see how much nicer your work will look and how much more quickly it may be accomplished.

BEDROOM VENTILATION.

A good method of ventilating a bedroom is that of procuring a piece of wood four inches in depth and of the same breadth as the window, and inserting this along the bottom of the window should then be lowered onto the strip of wood, fresh air entering the room in the centre between the two sashes.

CIRCULAR VANITY CASE.

Combination "vanity" and change cases, round of shape and of four-inch diameter, come in taupe, black, mahogany or mulberry morocco, and have nickel frames and link chair handles. Their fine kid-lined interiors are fitted at one side with compartments holding a circular mirror and a powder puff and at the other side with a purse having a securely fastened envelope flap.

Saturday, Last Day of 'Bargain Week'

Sample Hosiery

A BIG clearance of many different lines of Sample Hose at less than the cost to manufacturer. There is a big assortment of colors and patterns for you to choose from. The prices are, a pair 12½¢, 19¢, 29¢, 39¢

Staple Department's Bargain List

A CLEARANCE of Remnants, white and factory cottons, also of a number of ends of Print at less than the original cost price.

BED SPREADS.

Here are some bargains in Spreads which should help you in putting the finishing touches to your housecleaning Honeycomb Spreads, size 2x2½ yards, for \$1.39

American Mercerized Spreads, worth \$2.25, for \$1.89

Fine English Dimity Spreads, regular \$2.50 value, for \$2.00

GUEST TOWELS.

Pure Linen Guest Towels, with space for initial. Special, a pair 35¢

Misses' Suits, \$12.50

Misses' Smart Spring Suits, made of fine quality all-wool serge, in navy, tan and Balkan blue. Three-button, slightly cutaway style. Smart semi-fitting coats, lined with silk serge. Skirts are high waistline. This is a beautiful tailored suit, and just the thing for the young girl. Sizes 14, 16 and 18. Saturday \$12.50

Misses' Coats, \$8.75

Misses' Handsome Spring Coats, made of all-wool serges and broadcloths, in the popular cutaway style. These are all real smart garments, and are ideal for the young girl. Sizes 14, 16 and 18. Saturday \$8.75

Sample Vests

MANUFACTURERS' samples of Women's summer weight Underwear. These are of all qualities and kinds. There are a number of misses' sizes among these. The prices are less than the original cost to manufacture them, so get first choice Saturday morning. Prices are, garment 8¢, 12½¢, 19¢

AGENTS FOR THE LADIES' HOME JOURNAL PATTERNS. SUMMER STYLE BOOK 5c, BY MAIL 10c.

GRAY'S Drygoods, Millinery, Ladies' Ready-to-Wear Garments 'Phone 1182 150 Dundas

Ginghams at Less Than Wholesale Prices

THE GINGHAMS we have on sale are going fast. Many lines will be all gone by Saturday night. There is a big range of patterns, and the values surpass anything we have ever offered at the price. Canadian and Scotch Ginghams, worth regularly 12½¢, 19¢, 18¢, 20¢ and 25¢ yard. Clearing at a yard 10¢

Special Display

Black Suits and Coats

LADIES' BLACK SUITS, made of all whipcords, serges and a few Bedford Cords. The popular semi-fitting cutaway designs. Two and three button fronts. Coat is lined with twill silk. Skirts have raised waistline and side pleats. These suits are splendidly tailored and beautifully designed. Sizes range from 36 to 42. Regular \$15.00, \$16.50 and \$18.00, for \$12.50

LARGE SIZES IN LADIES' BLACK SUITS—Made of beautiful quality Bedford Cord. Coats are semi-fitting in style and lined with satin. Three buttons, square front style. Panel back skirt with side pleats and normal waistline. Material is properly shrunk and suits are strictly man-tailored and finished correctly. Regular \$25 value. Sizes 39 to 44, for \$18.50

CORDED SILK COATS, in black, only, for elderly people. These are just the wrap for spring and summer wear. Sizes 36 to 44. Special price. \$12.50

IMPORTED SATIN COAT—This is a very handsome coat in semi-fitting, three-quarter length. Has shawl collar and silk trimmings. Sizes 36 to 46, at each \$15.00

BLACK RAGLAN RAINCOATS—Made of silk-finished poplin with military collars. Light in weight but absolutely rainproof. Sizes 32 to 40 bust measure. Worth \$10, for \$7.50

BLACK PARAMATTA RAINPROOF COATS—Raglan and set-in sleeves, military collars, single-breasted, guaranteed rainproof. Sizes 32 to 40 bust measure. Exceptionally good values. \$5

Black Dress Goods, 59c Yard

Special Saturday Only.

FOUR patterns in fancy stripe Ondalines. Regular \$1 and \$1.25, for 59c

1 pattern in Crepoline, regular \$1.00, for 59c

5 patterns of Fancy Stripe Voiles, regular 75c and \$1.

Handbags, 89c

Leather Handbags with small change purse to match. These have long or short handles, and are worth from \$1.00 to \$2.00. Saturday for 89c

Gloves

LONG LISLE GLOVES, in suede, gray, tan, black and white, 2-dome fasteners, Saturday only, pair 33¢

A few Kid Gloves left in tans and black. Saturday will see the last of these go at pair 63¢

Large Colored Handkerchiefs, suitable for making aprons or verandah cushions for summer. Special 3 for 25¢

Lace Curtains

See the splendid values and patterns we have in Lace Curtains of all kinds, at from, pair 50¢ to \$5

Cream Whipcords

WE HAVE just placed in stock some Cream Whipcords. These materials are very scarce on account of their growing popularity.

42-inch Cream Whipcord, fine clean twill. Yard 75¢

50-inch Cream Whipcord. A splendid suiting weight, at yard \$1.00

54-inch Cream Whipcord, at yard \$1.00.

KATHERINE LESLIES HOME CHAT



Good Taste and Plain Effects.

This is what one of the most famous of Paris dress-makers has to say on the subject of trimming, and we would do well to keep it in mind in all our choosing of hats and frocks and blouses and skirts.

"Plain effects," he says, "are always best for anybody, and just now they are especially adaptable, since women wish to be tall and thin, and absence of trimming aids in this result. Clothes must be light, dainty, young and distinctive. By this last word is meant that they must not be loaded with ornamentation, which speaks of the parvenu in matters of dress as in matters of life. We, therefore, follow long plain lines with skirts, with jackets, or blouses, and the sleeves should be severely long and narrow."

That definition of the term distinguishes golden advice. The woman who can resist the temptation to over-ornament her clothes, who can restrain herself in the face of Fashion in the matter of color, who will not allow Fashion to override her taste,

her innate sense of fitness, of suitability, of becomingness, is she who will be singled out from amongst her fellows as being always well dressed.

In a riot of color such as Fashion gives us this season, when the gaily dressed pedestrians give to the streets all the appearance of a carnival, when everybody is wearing cerise and magenta, and that faded color, red-violet—faded because of its very popularity—when weird combinations of colors fairly scream from hats and gowns, the woman who has been discreet enough to choose black, navy, old blue, or softened violet for her suit, and dispenses with the loud and the popular in form and color for her hats, will have both refinement and distinction—two most enviable and rare qualities—for her portion. And later on white, in all its shades, will find favor in her eyes, for it is always one of the joys of summer wear, and nothing ever rivals it in daintiness and becomingness. The essential thing for the woman of limited income to do is to consider and weigh before she buys her spring and summer outfits. She, unlike the woman of wealth, cannot easily repair an indiscreet purchase in suit or hat. What she buys she must wear, and wear longer than her more moneyed sister. Wherefore it behooves her to take the advice of the great French dressmaker to heart and remember that "plain effects are best for everyone."

ROYAL YEAST
MAKES PERFECT BREAD

Pictorial Review for May is an ably edited and beautifully illustrated magazine for women. A stunning cover by Harrison Fisher, and a song "I am Living Dear, Just for You" are the first features of interest. The editorial "Why Men Dislike to Dress Up" gives an interesting treatment of a subject not frequently written upon. Fiction, too, is not neglected, and several stories of quick action, and first-class literary merit are found in the May number.

The home-making and household departments contain as usual articles that convey practical advice and useful hints to the housewife, among the attractive subjects being, "May Lunch Baskets," "Handy Things for the Home," "The Economical Housewife," and "The Baby's Nursery." Special articles of many interesting subjects also appear, including one of a series on the woman's suffrage question.

Besides all these, several pages are devoted to the younger readers of the Pictorial Review, and as usual, the fashion and fancy-work department show with bright illustrations, up-to-date fashions, and new suggestions for needle-work. Every woman will be delighted with the May number. In fact every member of the family will find something suited to his or her tastes in reading.

Hood's Pills

Best family physic. Do not gripe or cause pain. Purely vegetable, easy to take. 25c.

Vapo Cresolene

Cures Bronchitis

Used While You Sleep

FRY'S
Nut Milk Chocolate
MOST DELIGHTFUL OF ALL CANDY.

NA-DRU-CO
Toilet and Medicinal Preparation
are made and positively guaranteed by one of the largest wholesale drug firms in the world.

WILSON'S
INVALIDS' PORT WINE
(A la Quinta do Pôrto)

is a rational preparation that has the hearty support of the modern physician. It is a superb brain and nerve tonic that successfully combats the depressing effects of sudden and unseasonal changes in temperature which exhaust the most robust unaided organism. Doctors know!

Prepared from the rich juice of selected Oporto grapes and extract of the Peruvian Cinchona Bark—absolutely no alcohol or other harmful ingredients are added.

ASK YOUR DOCTOR
BIG BOTTLE ALL DRUGGISTS