The Proof is in the Eating.

People have been talked to so much about what they should eat for breakfast that mere words have lost their value. The real test of a food is found in the numbers who continue to use it after they have given it a fair test.

Malta-Vita

is so deliciously appetizing that one single trial is all that is asked for it. The people have found out that it is easier to digest than the raw meal foods insufficiently cooked, that it makes one feel brighter and more ready for work, and that it is more convenient to use.

No Work—No Heat—Just Cream—Then Eat

and after that—well, all other breakfast foods are forgotten.

CANADA AND FRANCE

German Surtax Helps Trade Between the Two Countries.

Ottawa, June 30. — Amatole Poindren, Canadian commercial agent in France, writes that much interest is taken there in the surtax which Canada has imposed on German goods.

The French exporters are writing for copies of the Canadian customs regulations, and hope to profit by the higher rate which German wares will now have to pay. He also says that there is a big market in France this season for Canadian small fruits, owing to the failure of crops.

GERMAN RETALIATION

Teuton's Anxious to Have Better Trade Relations With Canada.

London, June 30. — The fact that the end of the current year terminates the politico-commercial agreement, under which Great Britain and Germany accord each other most-favored-nation treatment, gives a certain urgency to Mr. Chamberlain's proposals. The German mercantile community, which is the most progressive and enlightened section of the nation, desires Germany's commercial relations with Canada to be put on a mutually satisfactory footing before the British treaty lapses, lest a worse evil befall them. The Financial News says the symptoms of Germany's repentance come too late. The British consul-general at Hamburg reports that during the past five years Canada's trade with Germany through Hamburg has diminished 30 per cent, while Germany's exports to Canada have increased 20 per cent. The Financial News says: "We shall remember this important fact when our Teuton friends begin to pourparler for a renewal of the existing commercial treaty."

Sir Gilbert Parker, M. P., has summoned a meeting of his supporters at Gravesend to discuss Mr. Chamberlain's fiscal proposals. He says he has decided entirel yto indorse Mr. Chamberlain: "Firstly, because the binding of the colonies to the motherland would be of mutual advantage; secondly, because it is absolutely essential to prevent the inroads of foreign manufacturers, and save the homeland from industrial decline."

Sir William Vernon-Harcourt, M. P., ex-leader of the Liberal party, says: "Mr. Chamberlain's proposals are a financial kite likely to descend on the head of the foremost. The loyalty and contentment of the colonies is the result of the self-government granted by English Liberals." He believes that a policy of mutual, non-interference is best in the interests of the empire.

JUST ONE MORE

Remarkable Cure of Dropsy in Montreal—Dodd's Kidney Pills Again.

Montreal, June 29. — One more remarkable cure of Dropsy by Dodd's Kidney Pills has been given to the public. George Robertson, 392 James street, this city, is the man cured and his case was a bad one—so bad that he had to be tapped. Speaking of his cure Mr. Robertson says:

"I was a total wreck before I started to use Dodd's Kidney Pills. When I got out of bed in the morning I could hardly put my foot to the floor they were swollen so much from Dropsy. My arms used to swell at times so that I could not put my coat on. Before I had taken two boxes of Dodd's Kidney Pills I felt greatly relieved. Seven boxes cured me completely. I don't know what it is to be sick since."

Killed By a Boy.

Chicago, June 30.—Resenting the jeers of a crowd of newsboys, which were directed at his women companions, Arthur J. Weber, 22 years old, was shot and instantly killed by one of the boys last night.

The shooting took place in the presence of a large crowd of Lincoln Park visitors.

It caused great excitement, and during the conflict the boys escaped.

MORGAN AND THE CUNARDS

The Atlantic Merger Meets to Discuss the Recent Withdrawal.

New York, June 30. — A special meeting of the board of directors of the International Marine Company has been called for today to consider the position of the various lines in the shipping merger, and the conditions brought about by the forthcoming withdrawal of the Cunard Line from the trans-Atlantic rate agreement. The Cunard Line's notice of withdrawal does not go into effect until July 2.

TWO PICNICKERS KILLED

Fatal Trolley Car Accident in Chicago Suburbs.

Chicago, June 30.—Crowded with home-bound passengers, an Archer avenue trolley car crashed into a belt line freight train at Archer avenue and Forty-Seventh street, early yesterday. Two passengers were killed and many were seriously injured.

Witnesses to the accident say the trolley car brakes refused to work. The passengers had no time to jump before the accident. Nearly all were returning from pinics and were asleep in the car.

The motorman, John Sloan, stuck to his post and was badly injured. The passengers were thrown from their seats and several were buried in the debris of the wrecked car.

U. S. POSTAL SCANDAL

Additional Indictments Issued Against Machen & Groff Bros.

Washington, June 30. — The grand jury today reported additional indictments against August W. Machem and Groff Bros., in the case of Machen, for receiving a bribe, and in the case of Groff Bros. for giving a bribe. These indictments are brought in to cover three additional counts, and to put the first indictment on the same footing as the second, which latter involved the Lorenzs, of Toledo, Ohio, on the charge of conspiracy to defraud. The defendants will be arraigned this week.

Cloran For Senate.

Ottawa, June 30.—It is as good as settled that Mr. H. J. Cloran will be called to the Upper House in succession to the late Senator O'Brien.

Tried the Molly Maguires.

Pottsville, Pa., June 30. — Former Judge Cyrus L. Pershing died here on Monday. He was presiding judge of the Schuylkill county courts during the trial of the Molly Maguires.

Chamberlain vs. Chamberlain.

London, June 30. — Arthur Chamberlain, the eldest brother of the Colonial Secretary, has created a sensation by declaring himself against the Chamberlain tariff policy. He says: "We must consider our own affairs, especially temperance, before considering the uttermost parts of the empire."

Ammon Gets Four Years.

New York, June 30. — Col. Robert A. Ammon, who was convicted two weeks ago of receiving stolen goods in connection with the Franklin syndicate, was yesterday sentenced to not less than four years or more than four years and six month in states prison. The maximum penalty for the offense is five years.

The Donahue Estate.

San Francisco, June 30. — Richard Burke, of Limerick, Ireland, who married into the Donahue family, has arrived here from Ireland to take part in the proceedings involving the guardianship of the person and estate of the demented capitalist, Peter J. Donahue, now left vacant by the death of Cardinal Vaughan, who was appointed by the London courts this year. Peter Donahue's estate is said to be worth in the neighborhood of $1,500,000.

Old Folk and Blue Ribbon Tea

Elderly people appreciate good tea. They're usually connoisseurs and know the most delicious—that's why

Blue Ribbon Ceylon Tea

is particularly old folk's tea. It suits their exacting tastes and solaces them with its fragrance and soothing power. 404

Ask for the Red Label — Forty Cents Should be Fifty — Black, Mixed Ceylon Green

Letters to the Editor.

A STOCK PHRASE.

To the Editor of The Advertiser:

In a recent issue of your paper the following paragraph appeared: "Andrew Carnegie's fortune is in United States Steel Trust bonds, and when he says that the Canadian steel industry is a mirage, the wish is father to the thought."

Would you kindly explain through the columns of your paper: The meaning of "the wish is father to the thought," and also explain the difference between eastern or standard time and local time?

A SUBSCRIBER.

London, June 28.

The expression occurs in Shakespeare's King Henry the Fourth. In one scene the king is apparently dead Prince Harry enters, puts on his father's crown and walks out. The king awakens and calls for the prince, who is brought back. "I never thought to hear you speak again," exclaims the prince. "Thy wish was father, Harry, to that thought," the king rejoins. Perhaps Subscriber will now understand the reference to Carnegie. He has good reasons for wishing that the Canadian steel industry may prove a mirage and not an active rival of the steel trust.

Western standard time, used on roads out of Detroit and Chicago, is one hour slower than eastern standard or London time. Eastern standard time includes all places east of Detroit River to New York.

SHAKY NERVES

Sufferers From Nervous Troubles Are in a State of Continuous Torture—Suggestions as to How the Trouble Can Be Overcome

When your nerves are shaky your self-control is shattered—your will power is broken. Sudden sounds startle you; your temper is irritable, your hands tremble; there is a weakness in your knees; your skin is pale and parched; you are restless at night, and tired when you wake. It all comes from nervous exhaustion, perhaps due to overwork and worry, late hours, hot days, and want of blood. Dr. Williams' Pink Pills are the only cure. They make new, rich, red blood. They brace up jangled nerves and strengthen tired backs. They give health and energy to dull, weary, despondent men and women. Strong proof is offered in the case of Mrs Wm. Westcott, of Seaforth, Ont., who says: "For a long time my health was in a bad state. I was subject to headaches, dizziness and nervous exhaustion. My appetite was poor, and I was so badly run down I could not stand the least exertion. I tried several medicines and consulted different doctors, but they did not help me any. One of my neighbors strongly urged me to try Dr. Williams' Pink Pills, and before the second box was finished the turning point for the better had been reached, and by the time I had used a half dozen boxes, to the surprise of my friends and neighbors I was again enjoying good health, and have since been strong and well. I do not know anything to equal Dr. Williams' Pink Pills when the system is run down."

What the pills have done for others they will do for you, if you will give them a fair trial. Sold by all medicine dealers, or sent postpaid at 50 cents a box, or six boxes for $2 50, by addressing the Dr. Williams Medicine Co., Brockville, Ont.

100 BODIES RECOVERED

Dead in Spanish Railway Wreck Will Approach 200.

Madrid, June 30.—By midnight yesterday one hundred bodies had been extricated from the wreck of the Bilbao train which was overturned Saturday night from a bridge into the Nejerilla River, and it is estimated that 70 corpses remain in the wreckage. The bodies are horribly mutilated, heads and limbs being separated from the trunks.

REFUSES TO DISSOLVE

Row Reported Between Roblin Government and Lieut.-Governor.

Winnipeg, Man., June 30.—It is reported that a difference has arisen between the Lieut.-Governor and the Roblin Government on the question of the dissolution of the Legislature. It is said that the Lieut.-Governor has refused to dissolve the House at the date requested, as the law was being violated in respect to the time which should elapse between the preparation of the voters' lists and the contests.

OPINION OF THE NATION

The Fiscal Question Debated in the House of Lords.

London, June 30.—The fiscal question was again the subject of debate in the House of Lords last night and brought out a statement from Earl of Selborne, first lord of the admiralty, that an inquiry would first be conducted by the cabinet for its own information, but that finally there must be an inquest of the opinion of the nation.

The discussion was brought up by the Earl of Portsmouth, and the question whether the Government would table its proposals to induce Germany to modify her tariff regulations respecting Canada. Taking occasion to condemn Mr. Chamberlain's policy the Speaker said that hitherto it had been Great Britain's policy to allow the colonies to fight their own fiscal battles.

Foreign Secretary Lord Lansdowne, in replying, said that papers on this question would be tabled soon. The question was one of great importance, and some means must be found of protecting British industries against unfair competition.

Lord Rosebery ridiculed the Government's attitude, and suggested that the proposed inquiry was only intended as a mechanism to keep the cabinet together.

The Duke of Devonshire said that there would have to be a public discussion, but he declined to say definitely whether the Government intended to announce its plans before the autumn campaign opened.

Soldiers Kill Peasants.

Vietnna, June 30.—One thousand peasants at Kopreinitz, Croatia, where Friday's disturbances took place, on Saturday attacked the troops quartered there. The soldiers fired on the mob, killing five persons and wounding several others. A number of persons were arrested, and a battalion of infantry has been sent thither.

Both Were Killed.

Montreal, Q., June 30.—A carriage, driven by George Lamontagne, a hackman, in which was Mrs. Decarre, a French-Canadian lady, aged about 60, was struck by an incoming Grand Trunk train at the Cote street crossing last night. The rig was smashed to pieces and both the carter and the woman were killed.

WHEN YOUR COSTLY WATCH

is out of order you have it regulated; you don't at once throw it aside. Why, then, when your **bowels** are out of order, do you treat them as useless?

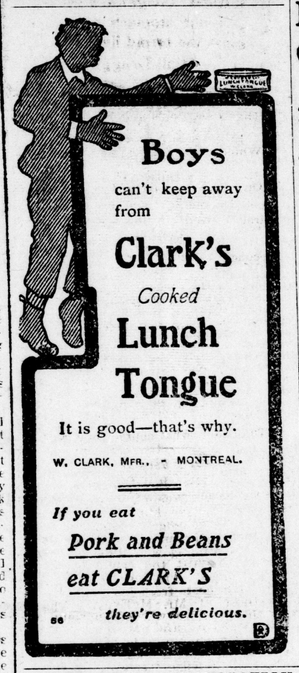
That is precisely what it means to take violent cathartics. They do not **regulate** the bowels, but take their work away from them, debilitate them, and make you more constipated than ever.

You had far better throw away your good watch than treat your bowels roughly. You can get another watch, but you cannot renew your intestines.

The only **cure** for Constipation is a gentle laxative with tonic action.

IRON-OX TABLETS

Are the Perfect Tonic Laxative



Boys can't keep away from **Clark's** *Cooked* **Lunch Tongue**

It is good—that's why.

W. CLARK, MFR., - MONTREAL.

If you eat **Pork and Beans** *eat* **CLARK'S** *they're delicious.*

RAILWAYS AND NAVIGATION.

MICHIGAN CENTRAL

"The Niagara Falls Route."

Dominion Day

Wednesday, July 1, 1903,

Excursion tickets will be sold at

SINGLE FARE FOR THE ROUND TRIP

to all stations in Canada, and to Detroit and Buffalo, going June 30 and July 1, good for return until July 2.

Boston and Return.

June 25, 26, and 27.....$14 35
July 2, 3 and 4.....$16 35

All information at the city ticket office, 395 Richmond street. Telephone 205.

O. W. RUGGLES, G. P. and T. A. — JOHN PAUL, City Pass. Agt.

CANADIAN PACIFIC

TORONTO HOMECOMERS' FESTIVAL

$3.40

London to Toronto & Return.

Tickets good going June 30, July 1; valid for return until July 6, 1903.

"IMPERIAL LIMITED"—Fast tri-weekly transcontinental service between Toronto, Montreal and Vancouver, about 97 hours from Toronto to Vancouver; leaves Toronto at 1:45 p.m. Sunday, Wednesday and Friday.

Upper Lake Steamships leave Owen Sound at 5:30 p.m., on arrival of Steamship Express, leaving Toronto at 1:30 p.m., Tuesday, Thursday and Saturday, for Soo, Port Arthur; connection for Winnipeg, Calgary, Banff and Pacific Coast points.

W. FULTON, C. P. and T. A., London; A. H. NOTMAN, assistant general passenger agent, Toronto.

Quebec Steamship Co., Limited,

River and Gulf of St. Lawrence. Summer Cruises in Cool Latitudes.

The twin-screw iron steamship Campana, 1,700 tons, with electric lights and bells, and all modern comforts, leaves Montreal on Mondays, at 2 p.m., 1st, 15th and 29th June; 13th and 27th July; 10th and 24th August, and 7th and 21st September, for Pictou, N. S., calling at Quebec, Father Point, Gaspe, Mal Bay, Perce, Cape Cove, Grand River, Summerside, P.E.I., and Charlottetown, P.E.I. The finest trip of the season for health and comfort. For full particulars apply to EDWARD DE LA HOOKE or W. FULTON, London, or ARTHUR AHERN, Secretary, Quebec. tyw

GRAND TRUNK RAILWAY SYSTEM

Dominion Day Return Tickets will be issued at

SINGLE FIRST-CLASS FARE

between all stations in Canada, also to Buffalo, Suspension Bridge, N.Y., Detroit, Port Huron, Mich., etc., good going June 30 and July 1, valid returning from destination on or before July 2, 1903.

HOMECOMERS' FESTIVAL

Toronto, July 1st to 4th, 1903.

Return tickets will be issued at SINGLE FIRST CLASS FARE to Toronto, good going June 30 and July 1, valid returning from Toronto on or before July 6, 1903.

Summer Resorts.

Muskoka Lakes, Lake of Bays, Georgian Bay, Lake Nipissing, Kawartha Lakes, all reached by the Grand Trunk. Healthy climate, up-to-date hotels. For tickets and all information apply to E. DE LA HOOKE, C. P. and T. A.; C. E. HORNING, depot ticket agent, London.

Excellent train service for holiday trip to Muskoka Lakes, making direct connection with steamers at Muskoka Wharf for "Royal Muskoka" Hotel and other ports on lakes.

DEPRECATES AGITATION

The Lord Mayor of London Speaks on Kisheneff Massacres.

London, June 30. — Lord Mayor Samuel, in a speech at the prize distribution of the religious classes at one of London's synagogues, said it was quite useless to bring agitation to bear in the hope of influencing Russia in regard to the treatment of the Jews. Their brethren in Australia, animated by the most generous feelings, had sent money and had passed a resolution, which it became his duty to submit to the foreign office. In following their wishes he was aware what the result would be. Therefore, he was not surprised when assured that this was an international matter, and that the foreign office could do nothing.

The Jews of this country, the lord mayor continued, desired for their brethren in Russia religious equality, and he believed he was right in saying the Czar was most anxious that the boon should be extended to his Hebrew subjects. But there were other difficulties to overcome. The case was different from that of Roumania, where treaty rights were. Russia was under no treaty obligations and was free to manage her international affairs as she thought best. It was only by appealing to the better side of the Russian nation that they could hope to awaken that sense of right, which he was convinced no amount of agitation could bring about.

DO NOT DELAY in getting relief for the little folks. Mother Graves' Worm Exterminator is a pleasant and sure cure. If you love your child, why do you let it suffer when a remedy is so near at hand.

RAILWAYS AND NAVIGATION.

Denver and California.

On June 30 to July 10, inclusive,

The WABASH

will sell round trip tickets to Denver, Colorado Springs or Pueblo, Col., at the lowest rates ever made from Canada. All tickets good to return until Aug. 31, 1903.

On July 1 to 10, inclusive, special low rate excursions to San Francisco, Los Angeles and San Diego, Cal., good to return any time before August 31; tickets good to stop over for thirty days west of first Colorado point. This will be the grandest opportunity ever given passengers to visit Colorado and California. Diverse routes going and returning.

All tickets should read via Detroit and over the great Wabash line. For full particulars address any Wabash agent, or J. A. RICHARDSON, district passenger agent, northeast corner King and Yonge streets, Toronto.

ALLAN LINE

ROYAL MAIL STEAMSHIPS.

From ST. JOHN, N.B., every Saturday, and from HALIFAX, N.S., every Monday, to Liverpool, via Moville.

First cabin, $65 and upwards; second cabin, $37 50 and $40; and third class, to Liverpool, Derry, Belfast, Glasgow and London, $25 and $26. Through tickets to South Africa.

London Agents—E. De La Hooke, W. Fulton, F. B. Clarke.

RICHELIEU & ONTARIO NAV. CO.

E. de La Hooke, G. T. R. Ticket Office.
W. Fulton, C. P. R. Ticket Office.

Hamilton, Toronto & Montreal Line.

Steamers leave Hamilton 1 p.m., Toronto 7 p.m., Tuesdays, Thursday and Saturdays, for Bay of Quinte points, Thousand Islands, Brockville, Prescott, Montreal and intermediate ports.

Toronto and Montreal Line.

Steamers leave Toronto 4 p.m. daily, except Sunday, for Rochester, Thousand Islands, Rapids to Montreal, Quebec and Saguenay River.

H. FOSTER CHAFFEE, Western Passenger Agent, Toronto.

Lake Erie & Detroit River Ry.

Dominion Day, JULY 1st 1903.

For above return tickets will be issued to all station at

SINGLE FARE,

good going June 30 and July 1, valid for return until July 2, 1903.

Port Stanley and Return, 30 Cents.

Good for July 1 only. Trains leave London at 6 a.m., 9:45 a.m., 11 a.m., 2:30 p.m., 5 p.m. and 6:30 p.m.; returning leave Port Stanley at 7:55 a.m., 12:40 p.m., 3:45 p.m., 7 p.m. and 9:40 p.m.

Ticket office, G. T. R. depot.

H. F. MOELLER, G.P.A., Walkerton. — R. J. TAIT, Agent, London.

INTERCOLONIAL RAILWAY

5 New Publications.

Intercolonial "Fishing and Hunting."

Intercolonial "Tours to Summer Haunts."

Intercolonial "Maritime Express."

Intercolonial "Salmon Fishing."

Via the Intercolonial for "A Week in the Woods."

WRITE—

General Passenger Department, MONCTON, N.B.

FOR FREE COPIES.

WHITE STAR LINE

United States and Royal Mail Steamers.

New York, Queenstown and Liverpool

*ARMENIAN.....JUNE 30, 10 A.M.
OCEANIC.....JULY 1, 11 A.M.
CYMRIC.....JULY 3, NOON.
TEUTONIC.....JULY 8, NOON.
ARABIC.....JULY 10, 6 A.M.
GERMANIC.....JULY 15, NOON.

*Liverpool direct, $40 and up, second class only.

Saloon rates from $75 up. Second saloon from $45 up, according to steamer and accommodation. Third class rates to Liverpool, London, Glasgow and Derry, $28 and $29 50.

Accommodations for all classes of passengers unexcelled.

E. DE LA HOOKE, CLOCK CORNER, Sole Agent for London.

Sunlight Soap is made from the purest and sweetest oils and fats. It is especially adapted for any kind of delicate and dainty fabric. Mothers who like their baby's clothes spotlessly clean should wash them with Sunlight Soap. It is the best and purest soap made.

SUNLIGHT SOAP

ASK FOR THE OCTAGON BAR

Sunlight Soap washes the clothes white and won't injure the hands.

LEVER BROTHERS LIMITED, TORONTO. 17a

Uniform Heat

Reading comfortably on the ground floor,
Bathing baby comfortably on the second floor,
Writing comfortably on the third floor,
This, in short, is the story of every house heated with a

"Sunshine" Furnace.

The Regulators that divide the warm air are so constructed, and the pipes which carry it to the different registers so arranged, that any quantity of heat desired can be forced to the different rooms or flats of a house.

The "Sunshine" is the only furnace made in which hot-air pipes to first floor do not rob second and third floor pipes.

Burns coal, coke and wood equally well.

Sold by all enterprising dealers.

Write for free illustrated booklet.

McClary's

Makers of the "Famous Active" Range and "Cornwall" Steel Range,

London, Winnipeg, Toronto, Vancouver, Montreal, St. John, N.B.

WM. STEVELY & SON, Sole Agents.

WHISKARD'S 3 Busy Stores, 228, 230 and 232 Dundas Street.

OUR GREAT REDUCING STOCK SALE

HAS unlimited opportunities for everyone who wants the best grades of seasonable merchandise at economical prices. Nowhere else in London can you get the lines of goods that we are selling at the prices we are asking for them, we are not particular about profits just now. Our aim is to reduce our stock and to do this we are selling many lines less than cost.

We are selling some 10c and 12½c Prints at, yard 5c

See our large window for Special Cut Prices in Ginghams and Chambrays.

MERCERIZED SATEEN, FANCY PRINTS, special at 15c, sale price, yard 8c

Linen Department. Cut Prices Here.

Fine Linen Crash Skirting, 36-inch wide, regular 15c, sale price, yard 10c
60-INCH TABLE LINEN, fine pattern, special at 30c, sale price, yard 25c
Special line of Bath Towels, regular 10c, sale price, each .. 7c
Linen Towels, large size, regular 18c, sale price, each 12½c
Special value in Toweling, at, yard 5c, 6c, 7c and 9c
Good size Huck Towels, regular 8c, sale price, yard 5c

Ladies' Handkerchiefs

Worth 75c dozen, selling at, per dozen 40c

Lace and Ribbon Department

WHITE COTTON WORK APPLIQUES, at about half their worth, yard, 5c, 8c and 10c
FINE VALENCIENNES LACE, Laces worth 3c and 5c yard, selling, for, 12 yards, 15c, 20c, and 25c
WHITE WIDE VALENCIENNES LACES, regular 10c, sale price, just half, yard 5c
WHITE ALLOVER LACES, special prices in Allover Laces, fine patterns, yard, 25c, 35c, 39c and 50c
RIBBONS LESS THAN HALF-PRICE — Wide Silk Taffeta Ribbons, very fine goods, in pink, pale blue and black, regular 50c, sale price, yard 19c

Dress Goods Department.

A beautiful lot of Black Figured Lusters, 50c, reduced to, yard 25c
Special Finish Plaids, new goods, some of these lines were 50c, reduced to, yard 15c

OUR BIG REDUCTION CURTAIN SALE

Is still moving and many lines of Lace Curtains are moving out. Have you bought a pair yet? See our Window.

Ladies' Veils.

Ladies' Chiffon Veils, 1½ yards long, hemstitched, chenille spot, regular 50c, sale price, just half, each 25c

Underwear Department, Cut Prices.

Infants' Natural Wool Vests, long sleeves, regular 35c, reduced price, each 15c
Infants' Fine White Wool Vests, long sleeves, regular 25c, reduced price, each 19c
Infants' Natural and White Wool Vests, buttoned front, worth 50c, for, each 25c
5 only Children's Night Gowns, embroidery and insertion trimmed, regular 75c, to clear, each 40c
5 only, Ladies' Lace Flounce Underskirts, beautiful goods, were $4 50, reduced to each, ... $3 00
2 only Ladies' Fine Emroidery and Insertion Trimmed Underskirts, were $3 00, reduced to, each $1 75
Ladies' Night Gowns, were 90c, sale price, each 59c
Ladies Night Gowns, were $1 59, now, each $1 00