

T. J. EDENS,
151 Duckworth St. and 112 Military Road.

By S.S. "Nascope,"
50 tons No. 1 TIMOTHY HAY.
300 bags WHITE OATS.
200 bags P. E. I. BLACK OATS.
Due by "City of Sydney."

500 bags No. 1 Bran, \$1.35 bag.

200 bags HOMINY FEED.
250 bags CORN MEAL.
100 bags WHOLE CORN.
100 bags CRUSHED CORN.

T. J. EDENS,
Duckworth Street and Military Road.

J. J. ST. JOHN.

CHEAPEST IN THE CITY.

Royal Household Flour, Five Roses Flour,
Windsor Patent Flour, Verbena Flour,
Lakewood Flour, Ceres Flour,
American Beauty Flour.

Ham Butt, Fat Back and Heavy Mess Pork,
Boneless and Plate Beef.
Punchons, Tierces and Brs. Molasses.
Cases and Brs. Kero Oil, Oats, Bran, Cattle Feed
and Corn Meal.

oct 29, 11 **J. J. ST. JOHN.**

Cabbage, Sausages, etc.

1,000 boxes DIGBY HERRING.
10 kegs HALIFAX SAUSAGES.
30 brs. LARGE CABBAGE.
100 brs. APPLES, assorted.
125 sacks ONIONS.

Phone 469.

HY. BROWNRIGG.

The New Humphrey
Intensified Incandescent Gas Lamp.
Using Ordinary Gas Pressure.

The excellent results obtained with the above lamp are worthy the consideration of all business men who desire to obtain the most light at the least cost.

A good example of this system of lighting may now be seen at the West End premises of the Hon. George Knowling, where the new lamps have recently been installed.

We invite comparison, and will be glad of the opportunity to prove the merits of the "Humphrey" Lamp, which we will instal free of charge on trial.

ST. JOHN'S GAS LIGHT COMPANY.

Lumber and Builders' Supplies

Our stocks were never more complete than they are now. Everything from

SILL TO SADDLE
IS OUR MOTTO.

Horwood Lumber Co'y, Ltd.

Suggestions for Wedding Presents.

BY RUTH CAMERON.

picture which she disliked for a mirror. "You get tired of the best pictures," her mother said, "but you'll never get tired of that."

Vases appeal to me as an especially attractive gift.

If you like something quaint and a bit different, see what the Japanese stores have to offer.

For an inexpensive wedding present I know of nothing that makes a better showing than half a dozen frappe glasses. As all kinds of desserts can be served in them, they are extremely useful, and they can be bought for \$3 a dozen, up. Several brides have told me that they have enjoyed their frappe glasses more than any other gift.

A table mirror for the center of the table is another inexpensive but very acceptable present.

Remember that the value of a gift is practically doubled when it is just what the recipient wants. And if you are sufficiently well acquainted, ask the bride's mother or sisters, or intimate friends, for suggestions.

Don't be afraid to give something that represents labor instead of money. People are doing that every year: No woman can fall to be delighted with a piece of embroidery; a very pretty shoe-case made of cretonne to match her bedroom hangings, pleased one bride as much as anything she had; a dozen tumblers of home-made jelly, accompanied by a little note saying "Silver and gold have I none, but such as I have give I unto thee" deeply touched and pleased another bride.

Truly the price tag isn't the only thing about a wedding present that interests the recipient,—cynics to the contrary.

I know one bride who exchanged a

A BLOOD MEDICINE WITHOUT ALCOHOL.

Recently it has been definitely proven by experiments on animals that alcohol lowers the germicidal power of the body and that alcohol paralyzes the white corpuscles of the blood and renders them unable to take up and destroy disease germs. Disease germs cause the death of over one-half of the human race.

A blood medicine, made entirely without alcohol, which is a pure glyceric extract of roots, such as Bloodroot, Queen's root, Golden Seal root, Mandrake and Stone root, has been extensively sold by druggists for the past forty years as Dr. Pierce's Golden Medical Discovery. The refreshing influence of this extract is like Nature's influence—the blood is bathed in the tonic which gives life to the blood—the vital fires of the body burn brighter and their increased activity consumes the tissue rubbish which has accumulated during the winter.

Dr. R. V. Pierce, the founder of the Invalids' Hotel and Surgical Institute, and a physician of large experience and practice, was the first to make up an Alternative Extract of roots, without a particle of alcohol or narcotic.

"It is with the greatest pleasure, that I write to you to know of the great benefit I received from the use of your medicine and self-treatment at home. Mr. E. H. Evans, of Ladysmith, B. C., I suffered for three years from a running sore. Consulted four doctors but they failed to mend or give relief. Finally I was told I was in consumption and would have to consult a specialist concerning my ear, that the dead bone must be cut out before the wound would heal. A kind friend advised me to write to Dr. Pierce, which I did, and after seven months' use of the treatment the sore is healed, and I enjoy better health than I ever did. I dressed the wound with Dr. Pierce's All-Healing Salve and took the Golden Medical Discovery and Pleasant Pellets for my troubles. I shall always recommend your medicines."

Mrs. Evans.
Dr. Pierce's Pleasant Pellets regulate liver and bowels.

Household Notes.

Don't scour white enameled tubs and sinks with soap or power. Dip a cloth in gasoline instead.

In packing a trunk, it is a good idea to line it with a steamer rug or something thick, so that if the trunk should break, nothing will spill out.

Pearls and pearl trimmings are best cared for laid in a box with powdered magnesia, just thick enough to cover the pearls.

To find out if a gas pipe leaks, mix soap and water and apply with a brush to the pipe. If there is a leak, it will bubble.

Clean gold braid with powdered fluting and bread crumbs mixed; rub with fannel and brush well. Polish with red velvet.

Fried apples make a delicious luncheon dish. Pare and cut in thin slices, then drop into hot fat. Serve lightly sprinkled with sugar.

Add one-half teaspoonful of baking powder to the milk put into potatoes, if you would have them fluffy.

A good rule for the size of thread in making buttonholes is to have it 20 coarser than that used for making the garments.

Some people like a coffee flavor to their meat gravy. Add two teaspoon-

HEALED A RUNNING SORE.
Where Other Remedies Failed.

One of the most difficult things in the world to get rid of is a running sore, either in man or beast.

Mr. Chas. Fells, of Philadelphia, Jefferson Co., N.Y., was beginning to think the running sore on his horse could not be healed, until he started to use Egyptian Liniment. He tells the result:

"I had a horse afflicted with a running sore for over a year. I tried every remedy I could hear of, but none of them seemed to have any effect, and every one told me the sore could not be healed. I then determined to give Douglas' Egyptian Liniment a trial, and am pleased to say that a few applications entirely healed the sore."

The way Douglas' Egyptian Liniment removes all unhealthy matter from sores, burns and festering wounds, and restores sound healthy flesh is simply wonderful. Keeps a bottle handy. 25c at all Dealers. Free sample on request. Douglas & Co., Napanee, Ont.

Get a Ten Cent Box of Cascarets.

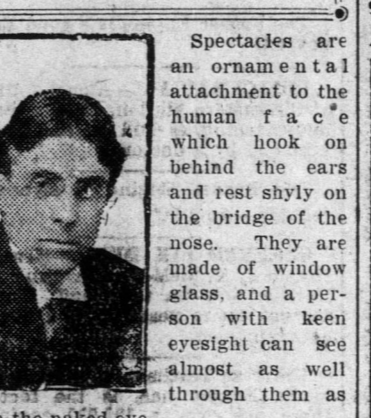
Insures you for months against a Sick Headache, Biliousness, Constipation, or a Bad Stomach.

Put aside—just once—the Salts, Cathartic Pills, Castor Oils or purgative waters which merely force a passageway through the bowels, but do not thoroughly cleanse, freshen and purify these drainage or ailment organs, and have no effect whatever upon the liver and stomach.

Keep your inside organs pure and fresh with Cascarets, which thoroughly cleanse the stomach, remove the undigested, sour and fermenting food and foul gases, take the excess bile from the liver and carry out of the system all the constipated waste matter and poisons in the intestines and bowels.

A Cascaret to-night will make you feel great by morning. They work while you sleep—never gripe, sicken and cost only 10 cents a box from your druggist. Millions of men and women take a Cascaret now and then and never have Headache, Biliousness, coated tongue, Indigestion, Sour Stomach or Constipated bowels. Cascarets belong in every household. Children just love to take them.

Spectacles.
BY H. L. RANN.



Spectacles are an ornamental attachment to the human face which hook on behind the ears and rest shyly on the bridge of the nose. They are made of window glass and a person with keen eyesight can see almost as well through them as with the naked eye.

Spectacles are always recommended by some high-priced optician who makes his own glasses and sells them at an altitude of 9,000 feet above sea level. The patient's eyes are first tested by leading him into a dark room, throwing a blanket over his head and ordering him to read fine print at a distance of 80 rods from the target. If he is unable to do this, the optician discovers at once that he has nearsighted astigmatism, with symptoms of nostalgia, locomotor ataxia and hay fever. The more symptoms an optician discovers, the more expensive it is to secure a good fit.

Spectacles do not add to the beauty of the male, and are worn mostly by husbands who have no rheumatic tendency to keep their trousers creased. An industrious pair of spectacles will drive away the headache, and in some cases will impart a look of real intelligence to the features. As an investment for this purpose, however, they are frequently a melancholy failure.

The society brand of spectacles is called nose glasses. These are graceful but uneasy, variety which have to be replaced about twice a week, as they slide from their perch every little while and have to be caught in a frantic leap with the bare hand. A pair of nose glasses never falls to the ground without breaking both legs.

Some people circumvent the hurdling nose glass by attaching it to a chain and spring, which interrupt it in the middle of a high dive and thus thwart the local optician, who prescribes a new \$10 lens every time a fracture occurs. Other people wear a chain lopped over the right ear, which allows the glasses to dangle to and fro and produces a coy effect.

Spectacles should be worn by everybody whose eyes do not track. They are also a fairly good substitute for intellect, and will provide everything but the conversation.

A BROKEN-DOWN SYSTEM.
This is a condition for which doctors give many names, but which few of them really understand. It is simply weakness—break-down, as it were, of the vital forces that sustain the system. No matter what may be its causes (for they are almost numberless), its symptoms are much the same: the more prominent being sleeplessness, sense of prostration or weakness, depression of spirits and want of energy for all the ordinary affairs of life. Now, what is absolutely essential in all such cases is increased vitality—vigour.

VITAL STRENGTH & ENERGY
to throw off these morbid feelings, and experience proves that as night succeeds the day, this may be more certainly secured by a course of the celebrated life-reviving tonic.

THE RAPION No. 3
that by its timely use, restores the system. So sure as it is taken in accordance with the printed directions, accompanying it, will the shattered health be restored.

THE EXPIRING LAMP OF LIFE LIGHTED UP AFRESH.
and a new radiance imparted in place of what had so lately seemed worn-out, "used up" and valueless. This wonderful medicine is purely vegetable and innocuous, is agreeable to the taste—suitable for all constitutions and conditions, in either sex; and it is difficult to imagine a case of disease or derangement, whose main features are those of debility, that will not be speedily and permanently benefited by this new-falling recuperative essence, which is destined to cast into oblivion everything that had preceded it. For this wide-spread and numerous class of human ailments.

THERAPIAN is sold by Chemists throughout the world. Solely in England, U.S.A. and Canada, by Messrs. J. B. Rose & Co., Ltd., 10, Abchurch Lane, London, E.C. 4. "THERAPIAN" appears on British Government Stamp in white letters on a red ground; and to every package by order of His Majesty's Home, Commissioners, and without which it is a forgery.

Therapien may now also be obtained in Prague (Tausche's) form.

Crisco!

A scientific discovery which will affect every home in Newfoundland.

Use in cooking wherever you would use lard or butter.

Crisco is an absolutely wholesome and delicious material made under hygienic conditions from vegetable oils, and contains no animal fats.

It is crisp, flaky—just the proper consistency to make it ideal for creaming in cake or for working into pastry.

Put up in attractive airtight 1½ pound tins with a book of recipes on top of each tin.

BUY A TIN TO-DAY.

Well secured, Ample and increasing earnings of Company.

Company's business an absolute necessity.

Bonds easily marketed.

Bonds yield a good interest return considering class.

The bonds we have in mind are the

Offered at 107 and accrued interest, yielding 5.50 per cent. on money invested.

Bonds with all the features of a Good Investment

Maritime Telegraph & Telephone Co. 6's.

F. B. McCURDY @ CO.,
Members Montreal Stock Exchange.
C. A. C. BRUCE, Manager,
St. John's

nov 5, 11

IN THE YEAR 1932

how much will you have accumulated at your present rate of saving? Most men will have little or nothing saved if conditions are at all similar to those of to-day.

Every prominent young man appreciates the wisdom of accumulating for his own benefit at least, and looks forward to an old age of comfort and enjoyment relieved from want and worry. And every thoughtful man endowed with manhood feels that a duty rests upon him to make some provision for others dependent upon him.

The safest, simplest and most profitable way to accomplish all this, and to be sure of a snug competency by the year 1932, is by investing in a Canada Life Endowment Policy for \$5,000 or \$10,000, according to your means and requirements. The policy can be bought on easy instalments and facilities are provided to assist in carrying and enjoying the insurance.

Send in your name and age and let us submit to you a good proposition.

Canada Life Assurance Co.
C. A. C. BRUCE, Manager. St. John's.

Dainty Shirt Waists!

We are now showing some very attractive designs in Ladies' Silk, Lawn and Muslin Waists, all beautifully made and trimmed.

The newest and latest styles are to be found in this magnificent display. A full range of sizes. From 95c. to \$6.50.

U. S. PICTURE & PORTRAIT CO.