Vertical or Slant Handwriting?

A Consideration of the Reasons For Adopting the Upright System-What Experience Has Shown to be the Result.

downward and sideward for a consider, the earlier protection of the Romans of arapid running style, the characters used become strained and the sight somewhat the work and become strained and the sight somewhat the sight somewhat the some strained and the sight somewhat the sight somewhat the some strained and the sight somewhat the sight somewhat the some strained and the sight somewhat the sight somewhat the some strained and somewhat the some strained and the sight somewhat the sight somewhat the some strained and stores still closers of the some strained and the sight somewhat the some strained and stores still closers of the sight somewhat the some strained and stores still closers of the sight somewhat the some strained and stores and stores and some strained and stores and some strained and the sight somewhat the some strained and the sight somewhat the sign some strained and the sight somewhat the sign some strained a

but gaining in the power of enduring fatigue and worry, and at the close of Lent I had gained 10 pounds-in weight, had a clearer eye and color, a better appetite and digestion than for many months before.

"My vigor, both physical and mental, has been pronounced ever since. I feel the nervous strain much less, my duties no longer worry me, because I am able to systematize them as only one with a thoroughly rested and vigorous brain can, so that they are more quickly performed, giving me more time for rest, reading and recreation." Name given by Postum Co., Battle Cresk, Mich.
"There's a reason," Read the little book, "The Road to Wellville," in plays.

A few days ago the Hamilton Spec-ator in the course of some remarks on the vertical system of writing, against thich it has been fulminating as being by the Government. Dr. Brooks thus de-

feod, says:

"As Lent approached last year, I found appreciate a run-down condition that I seriously hesitated upon the advisability of abstaining from flesh food, attending early services, etc., during the penitents season.

cent. of vertical writers who are so afflicted. And it must be borne in mind that the vertical system had been only a few years in use, and the problems of desks and position had not been fully solved. And they are matters of great solved.

desks and position had not been fully solved. And they are matters of great importance.

"I was very nervous and suffering from a severe mental shock, and felt that I needed all the strengthening properties that my usual large meat breakfasts and hot lunches could give me. And yet I was anxious to keep an exemplary Lent, not only in a spiritual sense, but by also practicing self-denial.

"After thinking it over I concluded to try Grape-Nuts food in place of meat, determined, however, that at the first symptom of increased weakness or distress I would drop it and go back to my old diet. I began on Ash Wednesday to use Grape-Nuts instead of my pre-Lenten meat breakfasts. I at the food dry followed by a cup of cocoa or glass of milk. For lucheon I again took Grape-Nuts, but this time in the shape of pudding, boiled or baked. My dinner was of the usual character.

"To my great joy, I found I had solved that I was not only holding my own, but gaining in the power of enduring fatigue and worry, and at the close of Lent I had gained 10 pounds-in weight, had a clearer eye and color, a better appetite and digestion than for many months before.

"Movigor, both physical and mental has been proposured west." The arguments for upright writing are incontestably strengthened by some as the same and simulative the author deals with the effect of sloping lines on the astigmatic eye. He says:

"The wrong to the child begun with the beginnings of pedagogy," says Dr. Gould. Prior to this hand not the beginnings of pedagogy," says Dr. Gould. Prior to this handwriting was usually vertical, because without a powerfully dominating necessity no adults, much less the shrewd monks, would have effully dominating necessity no adults, much less the shrewd monks, would have effully dominating necessity no adults, much less the shrewd monks, would have effully dominating necessity no adults, much less the shrewd monks, would have effully dominating necessity no adults, much less the shrewd monks, would have effully dominating necessity no adu

which it has been fulminating as being a "fad," declared that vertical writing "has been dropped in most of the places in which it has been tried."

This statement is not only an exaggeration, with the object of discrediting the system, against which it can bring no valid charge that can be made good, but it is the very reverse of true.

Vertical writing is not a 'fad." It is the original and scientifically correct method of writing, from which we for a time deviated, to our loss, and to which we return at the teachings of science and experience, after thorough consideration of the ments of the respective systems and their uses and effects. The slant writing fad has had its day, and educators have proved it wanting.

Look into the matter.

A Sixteenth Century Fad.

Slanting writing is a fad of the 16th century origin. The eminent education of the Public School system of Philadeiphia, says the vertical system was almost invariably practised by the ancient forms and during the Middle Agos, lather the carrier practice of the Romans of a rappid running style, the characters used were vertical and unconnected for easier legibility.

Isolated the provided through to the subject. One of the leavest made for a number of years to detect the cause of the subject of the subject of the investigation, the great many and other parts of Europe. As a result of the investigation, the great many and of the mention of the position at the desk, which it can be made good, but it is the very reverse of true.

Still Another Expert.

Still Another Expert.

Still Another Expert.

Still Another Expert.

Still Another in the vertical or the pupil which the farm and shoulder are nearly always unsupported. These conditions prevailing is one shoulder usually higher than the other, but the head is turn is head, the twenty position. But one does not have been a factor in causing deformity. A better posture can be taken in the vertical or straight writing, for the pupil which the

HYGIENIC REASONS

Why the Return to the Vertical Has

HYGIENIC REASONS

Why the Return to the Vertical Has

HERE to Let the reader ask himself if the showing is not strongly in favor of the vertical system. The table gives the percentage of children in the schools named who suffer from spinal curvature:

One of the most entertaining and in-Why the Return to the Vertical Has Been, so General.

The reform of vertical writing instead

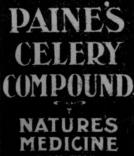
LENTEN DIET.

**Food More Powerful Than Meat.*

A devout Catholic lady, of aWshington, anxious to comply with the requirements of the Church as to diet during lent and not suffer from insufficient theod, says:

"As Lent approached last year, I found the contents of the church approached last year, I found the contents of the church as to diet during lent and not suffer from insufficient theod, says:

"As Lent approached last year, I found the church approached last year approached last year, I found the church approached last year, I found the church approached last year approached las



TOR THE WEAK AND SUFFERING. IT MAKES SICK PEOPLE

WELL. RECOMMENDED THOUSANDS OF PHYSICIANS

Natural Gas Stoves

Gas Stoves and Ranges

NO DUST, NO SMOKE, NO DIRT, NO DELAY

kinds, such as Fittings, Valves, Regulators, Pipes from quarter inch to eight inch, Portable Lamps, Chandeliers, Incandescent Manties, Globes, Chim-

KERLIN BROS. COMPANY

20 SOUTH JOHN ST., HAMILTON



Nine Acts Again.

Although the nine act bill at the Star this week is not better than the excellent performances of last week, the show is well up to the standard, and contains several features. The greatest of these is the eight Cornellas, a celebrated troupe, and the best acrobats and tumblers ever seen at the local house. They have no trapeze, bars, rings, etc., but twirl each other wonderfully. One little and clever young lady is tossed like a rubber ball without a slip. They have appeared here before, but their fearless feats of skill are certainly astonishing. The musical Bartletts rank with the best. They feature mouth instruments, and, with the bright comedy they throw in, made a decided hit. The Hamlins, in a comedy dancing creation, repeat their success of last week. Their songs are new and their dance is better. This is a great vaudeville team. Tom Davies, the local song illustrator, makes his annual appearance, and he receives

MUSIC AND

**DRAMA*

Three new songs, especially "Starlight," are very pretty. The Magnieys, aerial artists, on the flying trapeze, are noted for their feats of strength with teeth, jaws and neck. There is nothing sensational done, penhaps, with one exception, that of the lady swinging on a rope holding by her teeth. Tasker and Hall, colored singers; Jessie Clifton, another, and their forthcoming concert here, on Feb. 16, at the Grand Opera House, is one of the first sopranos in America to-day. Although a young artist, the critics and conductors are unanimous in conceding ber undeniably great talent, the musical numbers in The Duke of the musical numbers in The Duke of

to-day. Although a young artist, the crities and conductors are unanimous in conceding ber undeniably great talent, and an extraordinarily beautiful voice. At the Mendelssohn Choir concerts in Massey Hall, Toronto, last year, and at the Cenetnary choir concert in this city, she made a very great impression in Gound's Gallia. At the Bach festival she received the highest eulogies of any soprano who has ever appeared at these famous concerts. Speaking of her in this respect, one critic said, "Nothing for a soprano has ever been heard here to excel this solo, and the ethereal beauty of the singer's voice accorded most lovingly with the divine aweetness of the music."

Nine Acts Again.

Although the nine act bill at the Starthis week is not better than the excellent performances of last week, the show is well up to the standard, and

row night.

Embassy Ball.

As a writer of clean-out, refined and delightful comedy America has never produced a playwright more versatile and entertaining than Augustus Thomas. He is the author of The Embassy Ball, in which Daniel Frohman is presenting Mr. Lawrence D'Orsay, the well known and popular English actor. The Embassy Ball is reputed to be a most interesting comedy. It will be seen here at the Grand on Feb. 14.

Uncle Tom's Cabin

Uncle Tom's Cabin.

Protector Perfectly straight selvedge For Sale Everywhere.

The Home Needlework is a magazine that every lady should tale times a year, 96 pages beautifully Illustrated, 50 cts per year. Write for sample sending 15 cents. Corticelli Silk Co., Ltd., St. John's, P.Q.

STANLEY MILLS & CO., Limited

Tuesday, February 6th, 1906.

Home Industry Week

As already announced, we will hold a

Home Industry Sale

From Thursday, Feb. 8th to Feb. 15th

All manner of goods, Made-in-Canada and more particularly those Made-in-Hamilton will have special attention from us during this week.

Many special features and attractions have been arranged for to add entertainment to the event.

New Spring Cloths

Interesting hints about the latest arrivals in Suitings and dress materials.

Light Grey Tweeds—A fine German make. Light, grey wool with an almost invisible stripe. Will make up into very smart street costumes. Width 54 inches. One of our special spring

up prettily in the new Eton and princess Suits. Navys, greens, browns, plum, old rose and black in 40 inch width at only Fancy Cream Lustres—For evening wear, for separate waists or shirt waist suits. Figured and checked. Very dainty dressy goods. Width 42 inches. Special value at 350 yard

Odd Lines in

Golf Jackets Women's

Clearing at \$1.75 To-morrow

Regular \$2.50 lines. Plain cardinal, cardinal and white and brown and white. Nicely made of fine soft wool with full sleeves and blouse fronts. Cosey to slip under a coat on an extra cold day. Comfortable to skate in. Clearing while they last to-morrow, \$1.75

The New Curtains Are Here

Full shipment for the spring season now on display.

Direct from the manufacturers have come the largest purchases of lace curtains this store has ever made.

All makes are represented in this showing and include Nottingham, Cable Cord, Swiss, Brussels, etc., in the newest and most at-

tractive designs for the present season.

Buying in such large quantities brings values that we have

never duplicated in any previous season.

Don't wait for the rush of spring to make your selections. Choose Now.

STANLEY MILLS & CO., LIMITED

Big Sale of Good Towels One Quarter to One Third Off Reg-

ular Price

We are clearing our entire stock of We are clearing our entire stock of Linen Towels at from one quarter to one-third off our regular prices and the largest stock of good qualities anywhere in Hamilton to choose from Don't miss the bargains going and come early. They are selling quickly. Prices 4c to 50c.

Comfort in Flannelette Sheeting

One piece each only, extra fine and soft quality, white English Flanuelette Sheeting, 2½ and 2½ yards wide, being extra in size, special reduced price per yard, 45c and 50c.

And in grey only in the 1% size, at \$1.25. Early Buyers, New Dress Goods are Showing Here. Make Your Selections Now.

If you are an early buyer of Dress Goods here are some of the new styles that should interest you.

All wool homespun Suitings in light greys for early spring wear in the clouded mixtures and shadow checks. 54 inches wide at per yard \$1 and \$1.25.

All wool light grey Chiffon Worsteds, 52 inches wide, special for shirt-waist suits at per yard \$1. Fine English Mohair Alpacas in new greens, browns, navy and black, 56 inches wide, in plain and fancy efect at per yard \$1.25.

Black Watch All Wool Tartans and other Scotch Clans at per yard 75c.

Black Clans at per yard 75c.

Low Prices for Good Blankets Sharp reduction to make quick selling in good Blankets.

English White Wool Unshrinkable Blankets in medium sizes and fast colors, borders, regular \$3.25, at \$2.39

English pure wool unshrinkable Blankets, finished same on both sides and to be used singly, pale blue bor-ders and in large sizes, the best Blankets you can buy, regular \$6.00, at \$4.95. Pure Wool Silver Grey Canadian

Blankets, extra size and heavy, regu Study your comfort and health and buy good Blankets and buy them here

This store has been known for years as a good hosiery store, no better anywhere within your reach in Hamilton but it is a particularly good one this February, many lines of the best make in hosiery selling off at these great

price savings. Women's all Wool English Cash Hosiery in the medium and wide ribb makes, spliced heel and toe and fashioned throughout regular 40 and 45c special per pair 35c, or 3 pairs for

Women's extra fine quality English Cashmere Hosiery in the fine ribb makes, extra spliced throughout, regular 75c, special at per pair 50c.

PLACATING CHINA. United States Likely to Modify Exclu-

washington, D. C., Feb. 5.—Secretary Metcaffe, of the Department of Commerce and Labor, to-day took most important action, which is expected to considerably ameliorate the friction between the United States and China and perhaps cause the abandonment of the anti-American boycott, when the approved the report of the special committee providing for a radical revision of the existing conditions under which Chinese may enter and reside in the United States.

The commission's report touches by way of either excision or amendment 24 of the existing regulations, all of the changes being made in the direction of liberalization. Besides certain alterations that promise to avoid delay in landing Chinese who apply for admission other alterations have been made sion Laws.

where possible with a view to avoiding any action that would seem offensive, provided that the object intended by such regulations could be accomplished otherwise.

London, Feb. 5.—Christopher Holland, the Toronto bookkeeper arrested at Bristol, and charged with stealing \$13,500, was brought before the extradition court at Bow street to-day, and remanded to Brixton Prison until Saturday next.

