# UPDATE CALENDAR

## COMPLIMENTS OF M.K.O BRIEN PHARMACY 6199 COBURG ROAD

429-3232

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UPDATE CALENDAR is brought to the pages of the Dalhousie Gazette with the compliments of M.K. O'Brien Pharmacy of 6199 Coburg Road, Telephone 429-3232. The Calendar is compiled by the Communications Office of the Dalhousie Student Union. To enter your notice in the Calendar please send a printed notice to the Communications Secretary, Dalhousie Student Union Building, University Avenue, Halifax. Notices must be received by the Wednesday, eight days before the publication of the newspaper. We reserve the right to refuse publication of the notices.

#### GENERAL NOTICES

THE INTER-VARSITY CHRISTIAN FELLOWSHIP holds small group bible studies on Fridays at 7:30 p.m. The studies are held at St. Andrew's United Church Recreational Centre on the corner of Coburg and Robie. On Tuesdays at 12:30 p.m. the Fellowship sponsors "Food for Thought and Time for Prayer" in the SUB. For further information contact Allen or June Penney at 429-3855.

Volunteers are urgently needed to teach HANDICAPPED CHILDREN to swim, skate and bowl. Take a little of your time for a very worthwhile cause and call Mrs. Baker at 426-6750.

THE UNIVERSITY OMBUDSMEN announce a CHANGE in their hours. The new hours are as follows: Monday, Tuesday, Wednesday and Friday; 9:30-11:30 a.m. and 12:00-2:00 p.m.; Thursdays, 9:30-11:30 a.m. and 12:00-1:00 p.m.

PREGNANT? There are alternatives to abortion. Trained volunteers offer counselling, referrals for medical, legal and social aid, free pregnancy tests and assistance with employment and housing. These services are confidential. Call BIRTHRIGHT 422-4408.

### COMMUTERS, WANDERERS, WAYFARERS....SAVE MONEY, SHARE COMPANY, TRAVEL IN

SHARE COMPANY, TRAVEL IN STYLE.... The SUB "Rides Board", located just inside the main doors of the SUB to the left, can help you find others going your way - across the city - across the province - across the country. A service of SUB Communications.

#### YOGA AT DALHOUSIE

Dal now has excellent courses in Yoga, relaxation, breathing excercises, meditation and weight reducing courses on our campus for students, faculty, staff and their family members.

This course is taught by Atlantic Yoga Centre's instructors and you will really enjoy - no matter what your physical condition is. Very helpful to control your weight, to tone up, for tension, headaches, back problems, to gain self confidence, for asthma, arthritis and many other physical/mental conditions.

WHERE: Life Science Bldg.
Room 2895
Mon.- January 12th from 12:30
p.m. - 1:30 p.m.
Faculty and Staff.
WHERE: Arts Centre Rebecca
Cohn Auditorium Room 121
Stu. Staff and Faculty
Wednesday January 14th 12:30 - 1:30 p.m.

-WHERE: Life Science Bldg Room 3895

Thursday January 15th 7-8 p.m. Beginners

8-9 p.m. Intermediate
WHERE: Necombe Lounge Shir-

Tues. January 13th 9:30 - 10:30

Students - Faculty and Staff.

reff Hall.

Registration and information at the class or phone 424-3372 or 434-6339. Fee for students only \$10 plus the cost of study materials. For all others \$20.00 including all the study materials.

Course will include Yoga exercises, relaxiation, breathing exercises, weight reducing program and meditation sytems.



An experimental course in Beginner Ballet to give people the opportunity to express themselves in motion to music, to slim and condition the body with a good workout, and to teach people the basics of ballet is now being offered at Dalhousie.

The classes will be taught every Tuesday beginning January 13th through to March 23rd inclusive in the Arts Centre, Studio II. The fee for the class will be \$15.00.

Interested parties may register at the Intramural Office in the Dalhousie Gymnasium Building. Effective Jan. 5, 1975 Recreation Ice Times will be as follows:

Monday 12:30-2 p.m. Free Skating - no pucks or sticks

3:30-4:30 p.m. Open Tuesday 9:30-11 a.m. Open 1:30-2:30 p.m. Open

8:30-10 p.m. Student Skating (ID required) Wednesday 9:30-11 a.m. Open 12:30-2 p.m. Free Skating - no

pucks or sticks Thursday 9:30-11 a.m. Open 1:30-2:30 p.m. Open

8:30-10 p.m. Public Skating (Dal Students with ID -free) Friday 3:30-5:30 p.m. Open

Saturday 2:30-4:30 p.m. Public Skating (Dal Students with ID - free)

Dalhousie Recreation Services are offering a course in bartending to all faculty, staff, and students.

The instructor for this course will be Leonard Cochrane and it will be taught at the Faculty Club on the following days and times:

The total fee for this course is \$15.00, registration will he held at the Faculty Club 3:00 p.m. Saturday Jan. 17th, 1976.

#### ART/EXHIBITS

MANUGE GALLERIES LIMITED, 1674 Hollis St., (Adjacent to The Halifax Club), works by Canadian Masters, 19th & 20th century, including: Group of Seven, Paul Peel, G.H. Hughes, Molly Lamb and Bruno Bobak, Goodridge Roberts, John Lyman, etc. Two fine marine paintings by Montague Dawson and John O'Brien. Gallery hours 9 a.m. to 5:30 p.m., Monday to Saturday inclusive.



### John Mills-Cockell

Dalhousie Cultural Activities and the Dalhousie Student Union are once again collaborating to bring an exciting evening of music to the Rebecca Cohn Auditorium. On January 19 the John Mills-Cockell Band will be appearing for one performance at 8:30 p.m.

John Mills-Cockell, the driving force behind the group, was formerly leader and principle composer for the rock band "Syrinx", best known for the

best-selling "Tillicum" theme of the T.V. series, "Here Come the Seventies". The winner of several music awards, John Mills-Cockell recently represented the pop portion of World Music Week in Toronto concerts. The band has also performed their original music in collaboration with the Anna Wyman Dance Theatre for a production called "Neon Accelandro." This multi-media show will be featured at the '76 Olympics in Montreal.

### This stinks

Sex, alcohol, perversion, and Winter Carnival.

What do these things have in common, you may ask. Well actually nothing, however, if you consider the hypothetical analysis of the perverted conversion of the eliptical course of the moon, in conjunctive opposition with Venus. you will arrive upon the enlightened discovery, somewhat to that of Clumbus, but somewhat not, that they are all fun. However, this hypothesis can be found to be somewhat deleterious or full of holes, not pot holes, or manholes, but regular ovoid holes as found in contracts as the one with Scorpio, not the constellation, the Dude with the moogsynthesizers in the Mc-Innis Room Fri. Jan. 30. Now all this many seem rather looney you say, but please consider this abberation further, for looner infers crazy, sometimes allocated to the position of cookoos, kept in Mad Houses, or is it nests, whichever Madhouse, theater that is seems to

deem it necessary that is essential to participate in all the craziness from Jan. 27-29 and if this verbal affrontation is not clear in your conscious perspective, wait until they get a hold of you, maybe at one of the balls, well no, because they won't be there, that is, there existence at Winter Carnival will have ceased that is terminated or been eleminated, at this period in the time continuing. Now for all those English students who have realized my excessive mastication, masterb....., or is it mutilation of the English language, Winter Carnival would like to apologise. But our regular writer, that famous 3rd grader who likes to rub his stomach up against famous T.V. personalities, came down with a sudden case of puberty and was not available as he had locked himself in the bathroom. But he guarentees us that he will be at Winter Carnival.

Will you?

**GAZETTE** needs staff