### POOR DOCUMENT





search, has found ways to fight that film. One acts to

Pepsadent

removed in

a moment -

Thanks to SPIRITS—Wherever you find a paint; oil, varnish or grease spot on fabrics, glass, etc., just rub with cloth saturated with SPIRITS—and instantly

A product of

CANADIAN INDUSTRIAL ALCOHOL COMPANY,

MADIFIFAF

ILLC LEVI

THE PEPSODENT COMPANY,
Dept. L., 191 George St., Toronto, Can
Mail 10-Day Tube of Pepsodent to The New-Day Dentifrice

A scientific tooth paste based on modern research, now advised by leading dentists the world over.

important to for-

10-Day Tube Free Can.

Only one tube to a family.

with a couple of rolls, is an ideal lunch at any time. Don't



If you cannot feed your baby Nature's way-Glaxo, the super-milk, is the only

alternative.

Corns Hurt Less

If you polish your shoes well with Black-O shoe polish immediately before you wear them. This glycerine polish softens the leather which yields to the foot's pressure and much discomfort is avoided.

Black-O gives a wonderful black, soft lustre to the shoe without much rubbing.

Tan-O is the polish to use for tan boots.

Throughout Nova Scotia dealers recommend it.

Boston Blacking Company MONTREAL

"Shine the Surface and Save the Shoe"

Many thousands who would come from your who would be some who would be impressed by opportunities for investment, and this would further benefit the province. When yould spend each year would aggregate a very large amount.

Mr. Allison has found that more and more business men are talking about the Natural History Society. They consist of a set of five types of coolies dieveloping this great asset. They are found not only in St. John, but in many parts of the province. The rape found not only in St. John, but in many parts of the province. The rape found not only in St. John, but in many parts of the province. The rape found not only in St. John, but in many parts of the province. The rape found not only in St. John, but in many parts of the province. The rape found not only in St. John, but in many parts of the province. The rape found not only in St. John, but in many parts of the province. The rape found not only in St. John, but in many parts of the province. The rape found not only in St. John, but in many parts of the province. The rape found not only in St. John, but in many parts of the province. The rape found not only in St. John, but in many parts of the province where the safety of the verification of the province where the safety of the verification of the business Mr. Allison maintains, sold men still retained the art of making the models of the verification of the business Mr. Allison maintains, seed many the safety of the province where th

has hair that is silver grey. There are two women, one old and the other young, and three men, one seated with his legs crossed. The models are nine inches high.

Free Test

and delete yes

The Control of the Contr





fresh in doubly sealed cans.

## Keep cool

for the warm days by eating nourishing, easily digested foods that do not heat the blood or tax the digestion. The ideal Summer diet is Shredded Wheat Biscuit with fresh fruits and vegetables. Shredded Wheat is the whole wheat ready-cooked and ready-to-eat-no kitchen worry or work. A delicious, nour-ishing meal can be prepared with it in a few moments. Children love the crisp baked shreds of whole wheat in Summer after the heavy foods in Winter. It supplies all the bran you need to stimulate bowel exercise.



TRISCUIT

is the Shredded Wheat cracker a real whole wheat toast eaten with butter, soft cheese or mar-

The Canadian Shredded Wheat Company, Ltd.

# hredded

Food for the hot days

Sausages and Mustard

forget the mustard. It adds zest and aids digestion.

but it must be Colman's



ing held at the Armouries by the A.M.
E. in the Maritime Provinces is proving a great success. The exhibits show a great deal of interest and ability along the lines displayed and all who have visited the exhibition are speaking in complimentary terms of the effort. Today those in charge will set out to sell 1,000 tickets for the special concert to be given in the evening. Lower Canada College C. S. Fosbery, M. A.,

Head Master Term Commences Sept. 12th, at 9 a. m.

RUHR REFUGEES TO FIND HOMES IN PROUD CASTLES

Berlin, Aug. 14.—The spirit of de-mocracy has begun to seep through the walls of the musty old castles of

the walls of the musty old castles of Germany.

Much interest has been aroused by the announcement of the Duke of Anhalt, former ruler of the Duchy of Anhalt, that his castle would be turned over to the government for the use of the Ruhr and Rhineland refugees. The enormous structure is to be divided into apartments and there will be a stovepipe protruding from every other window.

Owners of other castles are to follow

Owners of other castles are to follow

ART EXHIBITION.

The art and industrial exhibition being held at the Armouries by the A.M.