

## IN RELIGION

disasters finished him. He was now scarcely able to do his day's work, and he foresaw that he would soon be rejected by his employer. Could any cycle of defeat be more complete?"

The doctor's analysis showed that the patient had misinterpreted biological facts. The evil self was not an evil self, but a natural instinct branded with guilt. "No real harm had been done his health. More harm had been done by his anxious efforts to get well. As soon as the cause of his fear was dissipated, the palpitation and the hypertension disappeared. He saw that he could realize his ideal. He no longer hesitated to become engaged. He left the tight rope on which he had been balancing, and he found that on solid ground his released energy was sufficient to do his work with. As his health improved, he obtained admission to the aviation service. He wrote me, from an aviation camp, a letter full of strength and confidence. Fear of a demon that was ruining his health had done all the damage."

I might fill a volume with reports of such cases as these from Doctor X's practice; for this conflict with the evil self is an incredibly common cause of ill health and unhappiness. Let me add only one more—