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Every sleeping ward shall be provided with at least three vessels, viz., a urinal, an earth closet, and an earth reservoir with wooden scoop.

The urinal, loosely filled with dry earth, is only to be used for the reception of urine. Not less than one maund or eighty pounds of dry earth is to be allowed for forty uses. If urine appear on the surface in the morning it is an indication of insufficiency of earth in the vessel. It is an essential condition for success that the earth should absorb all the urine.

The earth closet is any suitable vessel containing a layer of dry earth into which the inmates of a sleeping ward or hospital can defæcate, a scoopful of earth from the earth reservoir being immediately thrown over the recently voided excreta. Every prisoner is to be made to throw at least one seer or two pounds over his excreta immediately after using the earth closet. The earth closet is to be solely for the purpose it is intended for; if used as an urinal failure will result, for it is an essential condition of success that the earth applied to the faeces shall be capable of absorbing their moisture, which damp earth can do imperfectly and wet earth not at all. Ablution should be performed over the urinal.

To prevent nuisances around the urinal and earth closet a night light is to be kept burning in their immediate neighbourhood.

At 3 o'clock p. m. the night vessels shall be put in their proper places in every sleeping ward, and care shall be taken that they are placed on, and surrounded by, a thick layer of dry sifted earth, to protect the floor from being accidentally soiled by excreta. If any effluvium remain after the removal of the night vessels and the earth it is a sure sign that there has not been a sufficiency of the latter.

Immediately after the prisoners vacate the sleeping wards in the morning, the vessels used as night urinals and earth closets shall be removed to the garden, their content disposed of in the manner prescribed for sewage generally, and the vessels themselves thoroughly cleaned and scrubbed with dry earth and exposed to the sun until replaced at three o'clock p. m. for night use, when the urinals should be filled with dry sifted earth, and the earth closets furnished with a thick layer of it.

(Note.) The Inspector General of Prisons in Bengal states that the dry earth system works successfully. He adds two cautions derived from experience in the Bengal prisons, viz., (i) that the earth used must not be clay, and should contain much organic matter; (ii) that if less than the prescribed quantity of earth is used, or if earth once used is used again without having been sufficiently dried, or if too much of the saturated earth is used in grounds adjoining the prison, there is much danger of disease.