

* * * PERSONAL MEDICAL RECORD * * *

This paper cancels T.C.S. O.I. 57-16 dated 13 September 57

1. Service in some countries abroad may entail, because of different standards of living, hygiene and sanitation, some risk to the health of F.S.O.'s, F.S.E.'s and their dependents. This risk should be recognized and minimized by careful attention to personal health (the subject of a separate guidance paper) and the maintenance of an accurate medical history record.
2. In order to compile the latter an arrangement has been made with the Department of National Health and Welfare whereby foreign service personnel may send direct to that Department a statement of illnesses to which they or their dependents have been subject while abroad. As an appendix to this paper is a suggested form (FOREIGN SERVICE MEDICAL REPORT FORM) for the presentation of pertinent information. Full size copies of this form are available on requisition.
3. It is emphasized that the submission of this information is voluntary. It is, however, recommended in the interests of protecting the health of foreign service personnel and their dependents. Note that the information is to be sent direct to the Chief, Civil Service Health Division, Department of National Health and Welfare. It is, of course, understood that any charge for completing these forms would be a personal responsibility.

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