

## SICK ROOM COOKERY.

## OYSTER COUFFLÉ.

1 oz. butter, 1½ oz. flour, 1 gill milk or cream, pepper, salt, 1 doz. oysters, blanched and bearded, 2 yolks and 3 whites of eggs. Melt the butter, add yolks one at a time, and oysters, whip whites swiftly then add them and other ingredients and steam in a buttered tin, 50 or 60 minutes or use several smaller tins then steam 20 minutes. Serve with cream sauce thickened with flour.

## SCRAMBLED EGGS.

1 tablespoonful of cream, (stock, tomatoes or beef tea may be used instead) 1 egg, pepper, salt, 1 piece of buttered toast. Make the cream hot in a stew pan, add the egg, pepper and salt, stir till quite curdled then lay neatly on the toast, serve very hot.

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