

Health First—
Pleasure Follows

Grape-Nuts

is a scientifically made pure food.

Contains all the nutrition of wheat and barley, including the natural phosphates grown in the grains, easily digested and delicious to taste.

The food for those who value health is Grape-Nuts—

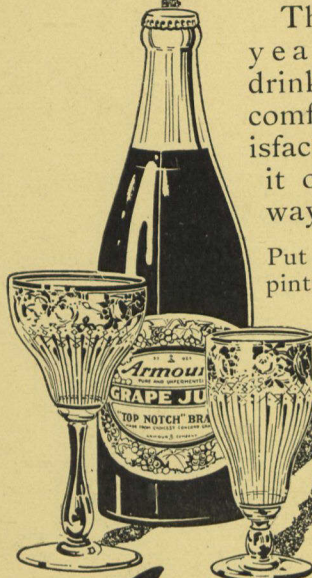
“There’s a Reason”

Read “The Road to Wellville,” in packages.

The all-the-year-'round drink for health, comfort and satisfaction. Keep it on hand always.

Put up in quarts, pints and splits.

Armour & Company
Dept. A-24
Chicago



Armour's GRAPE JUICE

Cleans the Woodwork

Makes it hygienically clean—preserves the varnish and adds to the life of the furniture.

O-Cedar Polish

the varnish food. Gives a hard, dry, durable lustre. A cleaner—not a coating or veneer.

Use O-Cedar Polish the O-Cedar Polish Way

Pour a few drops of O-Cedar Polish on a damp cheese cloth. Clean the furniture and polish with a dry cloth. Cleaner, brighter and prettier furniture is the result.

Buy a 25c bottle as a test, use it the O-Cedar way. Your money back if you are not delighted.

25c to \$3.00 sizes
at all Dealers.



Channell Chemical Co., Ltd., Toronto
Channell Chemical Co., Chicago

A better
Talc Powder
ALL talcum
powders
are not
alike.



There is just the right proportion of that mild and efficient antiseptic, boric acid and other sanative ingredients in

COLGATE'S TALC POWDER

A wide choice of perfumes insures the satisfaction of all preferences. Our new “Baby Talc” is a joy for mother and babe. Trial size sent for 4c. in stamps.

COLGATE & CO., Dept. P., Drummond Bldg., Montreal
W. G. M. Shepherd, Montreal,
Sole Agent for Canada.