TORONTO Y. M. C. A.

Sunday Afternoon Bible Class,

SHAFTESBURY HALL, 3 O'CLOCK.

YOU

ARE CORDIALLY INVITED.

No man can take less pains than to hold his tongue. Hear much and speak little; for the tongue is the instrument of the greatest good and greatest evil that is done in the world.—*Sir Walter Raleigh.*

Be punctual in the fulfilment of duty; prompt in the settlement of your obligations and earnest in your every day business, and then you have ground work for the substantial man. Be devoted, consistent, prayerful and humble in your walk as a christian, and you have the stamp of your high calling ever open to the eyes of your Creator, and a shining light to those around you.

TORONTO Y. M. C. A.

Young Men's Meeting,

SATURDAY EVENING, 8 O'CLOCK.

YOU

ARE CORDIALLY INVITED.

From the Harrisburg, Pa., *Bulletin* we clip the following:

"We acknowledge the kindness of some of our lady friends in sending flowers for use in the Rooms. It will add greatly to their attractiveness throughout the summer if they can be kept supplied with fresh flowers."

It will give us pleasure to make similar acknowlegment in our *Shaftesbury Hall Bulletin*, and hope our lady friends may give us the opportunity for so doing. *A word to the wise, etc.*

Don't neglect your religious duties in the hot weather. The Devil don't neglect his work.

Bulletin for Week Commencing July 19th, 1880.

MONDAY	July 19 ..	12.00 M.	Praise Meeting—Genesis xv. Alf. Sandham.
		8.00 P.M.	Young Men's Bible Class. H. A. Bruton.
TUESDAY	" 20 ..	12.00 M.	Noonday Prayer. The Saviour and the Centurion.—Luke vii. 1-10. Rev. Joshua Denovan.
WEDNESDAY..	" 21 ..	12.00 M.	Noonday Prayer. Blessings of a Godly Ancestry.—2 Tim. i. 3-5; iii. 14-15. Rev. John Hogg.
THURSDAY.....	" 22 ..	12.00 M.	Bible Reading. S. R. Briggs.
FRIDAY	" 23 ..	12.00 M.	Noonday Prayer. God's Protection Real though Unseen.—2 Kings vi. 8-17. W. E. Burford.
		8.00 P.M.	Boys' Meeting. Charles Edwards.
SATURDAY	" 24 ..	12.00 M.	Noonday Prayer. Daily Mercies.—Lam. iii. 22-26. J. Ardill.
		4.00 P.M.	Teacher's Bible Class. Rev. H. M. Parsons.
		8.00 P.M.	Young Men's Meeting. Geo. T. Fergusson.
SUNDAY.....	" 25 ..	9.30 A.M.	Workers' Meeting for Prayer and Bible Study. R. Anderson.
		3.00 P.M.	Evangelistic Bible Class. S. R Briggs.
		8.30 P.M.	Gospel and Song Service. A. D. Stewart.

OPEN TO ALL, with exception of the Monday and Saturday Evening Meetings, which are exclusively for young men. A cordial invitation is extended. Requests for prayers may be addressed to the Secretary.

Railroad Men's Meetings.

SABBATH, JULY 25, 3.00 P.M —At Union Station—HON. J. McMURRICH AND REV. G. M. MILLIGAN, M.A.
" " " At Nipissing Station—Messrs. W. E. BURFORD AND JOS. GREENE.

COTTAGE MEETINGS are also held every MONDAY 8 P.M.—30 Mercer Street. Thursday 8 P.M.—6 Sackville Street.

Noon Meeting every Wednesday. 12.30 to 1—Toronto Grey & Bruce Reading Rooms.

FEEDING UPON CHRIST.

"But how are we to feed upon him?" some may ask. We reply the Written Word reveals Him, and the Holy Ghost given unto us testifies of Him. Thus, pondering the Holy Scriptures in dependence on the Holy Ghost, and receiving God's thoughts in faith, we enter into the Divine testimony of Jesus the Son of God—His personal glories, His finished work, what he was and is to God, what He is to us and for us; thus our hearts are gladdened, and our inner man strengthened. In this way we shall be so attracted to Him, so taken up with His perfections, that in one measure we shall be able to say, "We beheld His *glory, the glory as of the only begotten of the Father,* full of grace and truth." And, being occupied with Him, He will be to us the attractive, absorbing, commanding, and satisfying object of our hearts. We thus obtain strength for service. It is communion, entering into the love and power of Christ, and finding satisfaction and delight in that same object which perfectly satisfies and delights the heart of the Father.—*H. H. Snell.*

Ye will not come to me that ye might have life.—John v. 40.

TORONTO Y. M. C. A.

BIBLE READING,

EVERY THURSDAY NOON,

YOU

ARE CORDIALLY INVITED.

TORONTO Y. M. C. A.

Gospel and Song Service,

SABBATH EVENING, 8 30.

YOU

ARE CORDIALLY INVITED.