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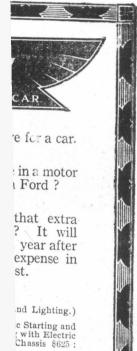
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VERONA, ONT. with Rheumatism and severe Pains in my Side and Back, caused by strains and heavy lifting.

When I had given up hope of ever being well again, a friend recommended 'Fruit-a-tives' to me and after using the first box I felt so much better that I continued to take them; and now I am enjoying the best of health, thanks to your

wonderful fruit medicine":

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"Fruit-a-tives" are sold by all
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CRAND TRUNK SALLWAY

TIME TABLE

Trains leave Watford Station as follows GOING WEST Accommodation, 75.....8 44 a.m. Chicago Express.13..... 1 16 p.m. Accommodation, 6 44 p.m.

GOING EAST Accommodation, 80...... 7 38 a.m.
New York Express, 6....11 16 a.m.
New York Express, 18..... 2 57 p.m.
Accommodation, 112... 4 56 p.m.
C. Vail, Agent, Watford

KILL ROADSIDE WEEDS

Cultivation Stores Water in Soil for Crops.

Grasshoppers Cheaply and Quickly Destroyed by Treating With the Poisoned Bran Mixture.

(Contributed by Ontario Department of Agriculture, Toronto.)

STITCH in time saves nine." This is especially true in the case of weeds. When one considers that a single specimen of many kinds of weeds may produce over 10,000 seeds, and that many of such seeds may be blown far and wide by the wind, one begins to realize just what a source of contamination is a weedy roadside, a fence corner or a waste

In Ontario it is too common a sight in the fall of the year to see a farmer busy with his fall cultivation, attempting to clean his field and preparing a good seed bed for next year's crop. At the same time on the roadside near the field or in the fence corners or some waste place near it such weeds as Perennial Sow Thistle, Canada Thistle, Milkweed and Wild Lettuce are maturing seeds by the thousands, to be blown on to his well tilled field and reseed it with

his well tilled field and reseed it with enough filth to markedly lessen his crop and increase his labor next year. When labor is so scarce and when the maximum quantity of grain should be produced from every acre under cultivation, no man can afford to allow weeds to seed anywhere in the neighborhood of his farm. A few hours spent now and again during the summer cutting weeds on road-sides, in waste places and fence corners is a good investment for the future, which will pay handsome dividends in labor saved and increased crop.—Prof. J. E. Howitt, Ontario Agricultural College. Agricultural College.

Conserve the Soil Moisture.

Moisture is the most important soil property. Without it a crop is absolutely impossible, no matter how much fertility may be present. With the proper amount large crops are obtained, while on the other hand if moisture is excessive or deficient the moisture is excessive or deficient the yield is diminished according as the excess or deficiency increases. If all the water necessary for the production of a full crop could be collected on the surface of the ground at one time, it would be from 18 inches to 24 inches deep, depending on the crop and the season! During the growing season only 10 or 12 inches of rain falls in Ontario, and this is only half the amount required by the crops. Hence it becomes necessary to store up in the soil as much of the to store up in the soil as much of the winter and spring rains as possible, while at the same time guarding

against excess. The amount of water a soil may contain depends on the pore space in the soil. Sands have least pore space, loams and mucks most, and a coarse sand is about 35 per cent., of a loam or muck about 50 per cent., and of a heavy clay about 45 per cent. From these figures it will be seen that a soil may contain near-ly as much water as soil grains. Since the plant roots require air it is not desirable to have all the soil pores filled with water; some free air space must be left, hence drain-

air space must be left, hence drainage becomes necessary.

There are three ways that water may be lost; first by run-off, secondly by drainage, and thirdly by evaporation. Of these three the greatest is evaporation. It may amount to half the total rainfall. As long as the soil is wet in the spring we want half the total rainfall. As long as the soil is wet in the spring we want all these at work, but as soon as the soil is dry enough for cultivation we want the losses cut off. And cultivation is the only direct means by which this can be done in summer. Cultivation should begin just as early as the soil is dry enough. To delay one week may cause the loss of as much as 134 inches of water, and this is as much as falls in the month of April, a very serious matter when the needs are so great and the supply so limited. In the fall of the year cultivation should be deep to increase absorption and retention of water; in the spring shallow, in order to produce a dry layer of soil on the surface to cut off evaporation.—Prof. W. H. Day, Ontario Agricultural College.

A Cheap and Efficient Method of Controlling Grasshoppers.

Grasshoppers may be easily and cheaply controlled by poisoning with the bran mixture, which is made as follows: 20 lbs. bran, 1 lb. Paris green, ½ gal. molasses, 2 gals. water, 2 or 3 lemons.

The bran and Paris green should be mixed thoroughly together when dry. This should be done the night dry. This should be done the night before using. In the morning squeeze the juice of the lemons into the water, run the pulp and rind through a meat chopper and add this and the molasses to the water. Stir well and then pour the liquid on the poisoned bran and mix so thoroughly that every part is moist and will fall like sawdust through the fingers. The mash should be applied early in the morning between five and seven o'clock, by scattering thinly over the infested field, in the fence corners and on roadsides where the insects

ed Nervous Mothers

Should Profit by the Experience of These Two Women

Buffalo, N. Y.—"I am the mother of four children, and for nearly three years I suffered from a female trouble with pains in my back and side, and a general weakness. I had professional attendance most of that time but did not seem to t well. As a last resort I decided to try Lydia R. Pinkham's Vegetable Compound which I had seen advertised in the newspapers, and in two weeks noticed a marked improvement. I continued its use and am now free from pain and able to do all my housework."—Mrs. B. B. ZIELINSKA, 202 Weiss Street, Buffalo, N. Y.

Portland, Ind.—"I had a displacement and suffered so badly from it at times I could not be on my feet at all. I was all run down and so weak I could not do my housework, was nervous and could not lie down at night. I took treatments from a physician but they did not help me. My Aunt recommended Lydia E. Pinkham's Vegetable Compound. I tried it and now I am strong and well again and do my own work and I give Lydia E. Pinkham's Compound the credit."— Mrs. JOSEPHINE KIMBLE, 935 West Race Street, Portland, Ind.

Every Sick Woman Should Try

DIA E. PINKHAM'S

FURNACE easy to manage; a furnace that is A economical of fuel; a furnace that will heat your home comfortably.

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McClary's heating experts will plan a heating system for you without charge—a heating system that they guarantee will heat your home comfortably.

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Ask about the LITTLE DRAFT.



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amount will suffice for four or five acres. It will be well to make an inspection three or four days later, and if there are many survivors to

make a second application.

It is important to attend to this matter as early in the season as the young grasshoppers are noticed, and not to wait till they grow big and

have caused a considerable amount of damage.

The same means may be employed for the control of cutworms, making the application wherever the worms are observed just before dark in the evening.—L. Caesar, B.S.A., Provincial Entomologist.

To Remove Mildew.

It is best to get at mildew stain right away before it has injured. First, try this mild treatment: Soak the stains overnight in sour milk and then place in the sun without rinsing. Repeat the treatment several times if necessary. If this does not remove them all, try lemon, moistening the stains with lemon juice and allow it to remain in the sun. If the stains are very persistent go to the druggist and ask for a few crystals of potassium permanganate. Dissolve one teaspoonful in a pint of water and apply a little of this to the stains with a medicine dropper or a clean cork and allow it to remain in five minutes. Remove any pink stain left by this chemical with a little oxalic acid. If used with care permanganate does not as a rule take out color, but try it first on an unexposed portion of the skirt.

Quotations. "Do you approve of quotations in

speeches?" "Decidedly. Most speeches would be improved by introducing more quotations and leaving out all the original material."

Worms in children work havoc. These pests attack the tender lining of the intestines and, if left to pursue their ravages undisturbed, will ultimately perforate the wall, because these worms are of the hook variety that cling to and feed upon interior surfaces. Miller's Worm Powders will not only exterminate these worms, of whatever variety, but will serve to repair the injury they have done.

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