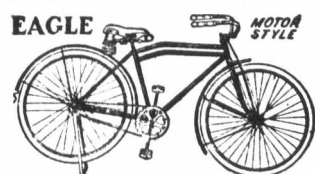




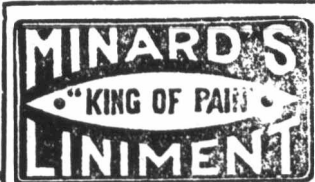
FROST BITES
Mr. W. T. Charlton of Waterville, P. Q., restored his frozen feet to health after doctors had advised him to have them amputated because mortification had set in. Use Egyptian Liniment also for Cuts, Burns, Scalds, Bruises, Chilblains, Sore Throat and Chills, Neuralgia, etc.

DOUGLAS' EGYPTIAN 35 BOTTLE LINIMENT
DOUGLAS & CO. MANUFACTURERS, WARRICK, ONT.



EAGLE MOTOR CYCLES
Write today for our big FREE CATALOGUE showing our full line of Bicycles for Men and Women, Boys and Girls.

MOTOR ATTACHMENTS
Tires, Coaster Brakes, Wheels, Inner Tubes, Lamps, Bells, Cyclometers, Saddles, Equipment and Parts of Bicycles. You can buy your supplies from us at wholesale prices.
T. W. BOYD & SON,
27 Notre Dame Street West, Montreal.



MINARD'S LINIMENT
Extract from a letter of a Canadian soldier in France.

To MRS. R. D. BAMBRICK:
The Rectory, Yarmouth, N.S.

Dear Mother:—
I am keeping well, have good food and well protected from the weather, but have some difficulty keeping uninvited guests from visiting me.

Have you any patriotic druggists that would give something for a gift overseas—if so do you know something that is good for everything? I do—Old MINARD'S Liniment.

Your affectionate son,
Rob.
Manufactured by the
Minard's Liniment Co. Ltd.
Yarmouth, N.S.

Quit Laxatives, Purges; Try NR
MR Tonight—Tomorrow Feel Right

It is a mistake to continually dose yourself with so-called laxative pills, calomel, oil, purges and cathartics and force bowel action. It weakens the bowels and liver and makes constant dosing necessary.

Why don't you begin right today to overcome your constipation and get your system in such shape that daily purging will be unnecessary? You can do so if you get a 25c box of Nature's Remedy (NR Tablets) and take one each night for a week or so. NR Tablets do much more than merely cause pleasant easy bowel action. This medicine acts upon the digestive as well as eliminative organs—promotes good digestion, causes the body to get the nourishment from all the food you eat, gives you a good hearty appetite, strengthens the liver, overcomes biliousness, regulates kidney and bowel action and gives the whole body a thorough cleaning out. This accomplished you will not have to take medicine every day. An occasional NR tablet will keep your body in condition and you can always feel your best. Try Nature's Remedy (NR Tablets) and prove this. It is the best bowel medicine that you can use and costs only 25c per box, containing enough to last twenty-five days. Nature's Remedy (NR Tablets) is sold, guaranteed and recommended by your druggist.

Nature's Remedy
NR TABLETS—NR
Better than Pills GET A
For Liver Ills 25c Box

Export Lumber Trade Must be Regulated

Although the Board of Commerce has not yet taken any action with respect to the complaints arriving from all parts of Canada, as to the scarcity and high prices of lumber in Canada, it has been represented to the commissioners that the situation calls for the application to the export lumber trade of similar regulations to those governing the export of paper. It is urged that measures should be taken, in co-operation with the lumber manufacturers, the lumber merchants, the wood users and the builders, to ascertain from year to year the estimated needs of every kind of wood, and to divide among the various saw mills the job of filling this demand, making it obligatory for each mill to make its quota for the domestic market in order to gain permission to export the surplus. It is suggested that the various mills might be permitted to agree among themselves which mills would supply the home needs, and which the foreign, according to advantages of location. This plan, however, was tried in New Zealand where it led to a traffic in export privileges among the mills, those assigned to the home trade demanding money for giving up export privileges even if they had never exported lumber.

Imports From U. S.
Canada's situation differs from that of New Zealand in that she has for a neighbor a great and prosperous republic needing lumber in great quantities. The situation is further complicated by the fact that though we export on the average nearly fifty million dollars worth of lumber we also import and mainly from the United States, about eighteen million dollars worth of which one-third is made up of boards, planks and deals.

Take hard pine, for instance, of which the whole supply is from the United States. It is absolutely necessary for building construction, car construction, keels and stringers of boats, bowling alleys, stove boxes, churn frames, derricks, electrical apparatus, beams and supports of elevator, extension and step ladders, running boards of locomotives, mill construction, wood casing of oil tanks, for pulp mills, pump rods, and a hundred other purposes. On the agricultural implement industries, for example, draw almost as much hard wood from the United States as from Canada. It is obvious, then, that an export embargo would not help, but it is argued that export restriction such as the United States has at certain times put on coal, and Canada now puts on paper, would be of great advantage to the building industry, while an investigation by the Board of Commerce might settle the question of price.

Price Will Increase
It is stated here that lumber will be one-third higher in price this season than last year. About this time last year certain American buyers from North Tonawanda purchased the entire output of some Canadian mills at an average price of \$40 per thousand for white pine. This year contracts have already been closed by American buyers of the entire output of some mills at \$60 per thousand. Laths which are now costing the public \$21 to \$25 per thousand, were sold originally and at a good profit for from \$150 to \$250 per thousand.

There is a shortage because the Americans are willing to pay these prices or more. It is represented that it is more important for Canada to get its commercial fabric in running order than not to do this and get higher prices from the United States for the lumber. Many building men do not buy at present prices, and they are anxious to prevent the country being depleted of supplies.

SUCCESSOR TO LANSING AS SECRETARY OF STATE

Washington, Feb. 25.—Bainbridge Colby, of New York, who was one of the leaders in the Progressive party under Theodore Roosevelt, will succeed Robert Lansing as secretary of state.

The Vanishing School Teacher

The United States, like some parts of our own Dominion is confronted by a very serious situation in the growing scarcity of teachers—especially male teachers—for the common schools. Quite recently the news papers of New York reported that there were not enough teachers by five thousand to sit at the desks provided for them in the schoolhouses of the state. In other states teachers are quite as scarce, and where large towns are rare and where the rural school abounds they are even scarcer. The chief reason given is the low salaries paid to teachers. "Now a day's anyone who has the brains to be a teacher can make an excellent living at some other occupation and naturally prefers prosperity to penury and schoolteaching. Men, except the few who feel irresistibly called to the profession, have long since ceased to consider teaching as a life work. And now that a wide field of well-paid service is open to women, they, too, are beginning to abandon the vocation that they used to claim proudly as especially their own." Not only, says the paper from which we quote, does the profession of teaching stand in danger; "what is more serious is that the community itself stands in danger. Hundreds of rural schools are closed this winter because there are no teachers to be had. The limited supply is all drained off to the larger centres. If the situation continues and grows worse, those schools will close permanently. Children in the country will have to go uneducated or, at best, scantily educated. That means that families of ambition and substance will not stay in the country, where they must sacrifice the future of their children. The drift to the cities will gather volume and speed. Only the shiftless and the indifferent remain in the country, and that can mean nothing except national decay." The school problem may not be so exaggerated in Canada as in some parts of the United States, but conditions here are certainly very similar. Men are turning away from the teaching profession. Few ladies think of it as more than a temporary stepping-stone to some thing better. If the efficiency of our schools is not to be suffered to decline, the teaching profession must be raised to a higher plane. "The teacher must be so convinced of the value and dignity of his service that he will not lightly abandon it for some occupation that offers more ease or excitement or money. And on the other hand the public must stop being niggardly. It must tax itself more heavily for schools than it has been in the habit of doing; and it must pay salaries that do not degrade the teacher in the eye of the community. Wherever else a town must skimp, let it not skimp its schools."

How Does Canadian Grown Root Compare With Imported?
It is commonly conceded that, for some reason or other, European-grown seed of field roots is superior in respect to root crop producing ability, to seed raised in Canada. In order to investigate this assertion which, were it true, naturally would prevent Canada from becoming a root seed growing country of importance, several experiments have been under taken during the last few years. In 1916, seed of a few varieties of mangels and Swede turnips raised the previous year by the Dominion Experimental Farms' System was tested in comparison with seed of the same varieties obtained commercially. The results of the experiments strongly indicated that the Canadian grown seed was fully capable of competing with the commercial seed, which later had been imported from Europe, in respect to crop producing power. In fact in some instances the Canadian-grown seed proved decidedly superior. In 1919, a very large number of varieties of field roots were tested. The majority were grown from ordinary



Feet That Never Touch the Floor

A worn floor spoils the look of your home and is impossible to repair, but if you keep your floors painted, feet cannot touch them. Let the paint wear but save the wood. Save the Surface and you Save all.

SENOUR'S Floor Paint

is easy to use, dries very hard with a high lustre and will withstand a great amount of hard wear. No skill is required in using SENOUR'S FLOOR PAINT. Anyone can apply it. The result will greatly enhance the beauty of your home and much labor will be saved for the floors will be very easy to keep clean.

Come in and let us give you full particulars. We have a full range of shades in this and every other MARTIN-SENOUR Product. There is a MARTIN-SENOUR Paint or Varnish for every need. We will be glad to advise you.

Stothart Mercantile Co.
Newcastle, N. B.

MARBLE-ITE FLOOR FINISH

If your floors are hardwood, Use Marble-It

The Floor finish with a money-back guarantee. It wears and wears and wears. It will not mar or scratch white and is not affected by water.

"Save the surface and you save all—Paint & Varnish"



10 CENT "CASCARETS" FOR LIVER AND BOWELS

Cure Sick Headache, Constipation, Bilio-ness, Sour Stomach, Bad Breath—Candy Cathartic.

No one how bad your liver, stomach or bowels; how much your head aches, how miserable you are from constipation, indigestion, biliousness and sluggish bowels—you always get relief with Cascarets. They immediately cleanse and regulate the stomach, remove the sour, fermenting food and foul gases; take the excess bile from the liver and carry off the constipated waste matter and poison from the intestines and bowels. A 10-cent box from your druggist will keep your liver and bowels clean; stomach sweet and head clear for months. They work while you sleep.

seed of commerce, and the balance from seed produced at the Experimental Farm in 1918.

Although complete reports, at the time of writing, have not been received, a few remarks on the comparative value in general of the Canadian grown and the imported seed may be offered, particularly as the results obtained clearly demonstrate on what the crop producing value of root seed largely depends.

Most of the crops from the commercial, i. e. imported seed, proved rather unsatisfactory in as much as the roots were greatly lacking in uniformity and smoothness. In a large number of cases the so-called varieties were composed of all kinds of types, in fact often to such a degree that the type which a certain variety was supposed to represent could hardly be recognized.

The crops from the Canadian-grown seed were on the whole better. Outstandingly good were the crops grown from seed which had been raised by the Dominion Experimental Farm from roots representing improved varieties, i. e. varieties which for a few years have been subjected to a rigorous selection. In other words, the importance of selection was unmistakably demonstrated. Applying the results to practical root seed growing, it follows, then, that, in order to gain a reputation as a reliable seed producer, the grower must base his seed growing business on very careful selection. Growing of seed from ordinary root crops without careful selection will never lead to profitable results. On the contrary, it will result in the placing on the market of varieties apt to prove inferior. Seed grown without careful and intelligent selection of the seed roots must therefore by all means be discouraged. On the other hand, it is a comparatively easy matter for any one who takes the trouble to select only the very best roots, uniform in shape and colour, to develop a variety superior to the ordinary commercial variety from which the selection is being made. Seed produced from such roots will prove very much superior from a crop producing standpoint.

Flour! Flour!

I keep in stock and offer for sale the most reliable brands of Canadian Flour—A few of the brands in stock

Five Roses
Beaver
C of the West

Purity
Snow Drift
Star

A Full Stock of

FEEDS for Horses, Cows, Hogs and Poultry.

Molasses in Puncheons and Barrels
Sold Wholesale and Retail at bottom prices

P. HENNESSY

Reduced to Clear

—We have a limited quantity of—

**Ladies Coats
Mens and Boys
Mackinaws**

which we have greatly reduced in price to clear. These are of exceptional good quality, and the price which we ask for them will insure their quick sale

A. J. BELL & CO.

no 163

Newcastle, N. B.

A CLERGYMAN'S RECOMMENDATION

The Zam-Buk Co.
Dear Sirs:

Appreciating what your balm has done for me, I should like an opportunity of recommending it to others who may be similarly afflicted. For the last forty years I have had a patch of eczema on my right hand. I tried in every possible way to get rid of it—had treatment from several doctors and tried innumerable remedies, but received no lasting benefit. If a remedy eased it or cured it for a time, it always returned as bad as ever. One of my friends is a great believer in Zam-Buk, so I decided to give it a trial and sent first for a sample. You can imagine my amazement when even this small quantity brought me more relief than anything I had ever before used. I continued the use of Zam-Buk for two weeks, by which time the eczema, although of forty years standing, had entirely disappeared. That was one year ago, and there has been no return of it.

Yours sincerely,

(Name of clergyman, from whom the above letter was received, will be given upon request.)

ZAM-BUK FREE BOX