



**For POTS and PANS and SINKS**

Hard water injures the hands. "Snowflake" softens water, dissolves grease and quickly cleans greasy kitchen utensils. There's nothing to equal "Snowflake" for keeping the kitchen sink clean.

3 places for Snowflake  
Kitchen, Bathroom, Laundry



**Snowflake**  
Softens Water - Removes Grease

At all grocers 10c large package

## LANDMARKS STILL RETAIN EARLY NAMES

### Les Mille Roches and the Thousand Islands Were Known to Voyageurs.

Two landmarks of the voyageur as he paddled up the St. Lawrence river were "Les Mille Roches," a rapid above Cornwall and "Les Mille Îles,"

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**TAYLOR-FORBES**


**Tree Pruners**

For every purpose in the orchard, cutting limbs up to 14 inches. Handles—4, 6, 8, 10 and 12 feet.

Your Hardware Dealer knows the quality

Our descriptive circular sent to any address on request.

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GUELPH, ONT.



**Springtime begins**

the moment you board a Santa Fe train for **California**

on your way a sunny, scenic wonderland -

**Fred Harvey dining service—another exclusive Santa Fe feature**

Enjoy the out-of-doors this winter—take your family

California hotel rates are reasonable

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above Brockville. The first name means "The Thousand Rocks," the second "The Thousand Islands." Both are in use to-day, the former in the original French form as the name of a village, the latter in the English form. And just as the word "Thousand" is used in the one case to designate the numerous rocks in the river at this point, so it is to be understood in the second case as indicating that there are 1,000 islands, more or less, but only a large number. Modern usage applies the name to the islands, small and large, on the stretch of the river between Brockville and Kingston, but the name signified, originally, the smaller islands on the shorter stretch between Brockville and Gananoque.

The first reference to the Thousand Islands on maps in the collection of the Geographic Board of Canada is one by de Lery dated 1727, where "Les Mil Isles" are indicated. Few of the islands possessed names before the war of 1812-14 with the United States. After the war Captain Wm. Fitzwilliam Owen (1774-1857) surveyed lake Ontario for the Admiralty in 1815 and 1816, following this up in 1818 with a survey of the St. Lawrence river between lake Ontario and Cornwall. The results of his survey of the river appear on a chart in five sheets, published in 1828, which shows that he had thought out an ingenious scheme of nomenclature for the islands, the result of which was the entwining of the history of the war with the geography of the region.

The group of seventeen or more islands at Brockville named about 1812 after Major General Sir Isaac Brock, he called the Brock group, giving to the individual islands names of various officers who had seen service in the war, such as Cockburn, Conran, de Rottenburg, de Watteville, Everest, Shaffe, Sparrow, Stovin, and Skelton.

Higher up came the Hydrographer group of some nine islands, in which those commemorated include Owen himself and his assistant, Bayfield. The Indian group includes Tecumseh Island. Another group was called the Old Friends and another the Amateur islands.

In the neighborhood of Gananoque, Owen named the Admiralty group, the Lake Fleet group and the Navy islands. In the Admiralty group are commemorated various members of the governing body of the British navy at the time, including Viscount Melville and Charles Philip Yorke. Islands in the Lake Fleet group were given the names of the vessels that had formed part of the British fleet on the Great Lakes, such as Aspinia, Astondor, Belabourer, Bicodetter, and Death-dealer, while the Navy islands were named after naval officers, including Downie, Collier, Mulcaster, Fisher, Popham, and Spilsbury.

**IF COUGHS AND COLDS INTERFERE WITH BUSINESS**

Stop them with **GRAY'S SYRUP OF RED SPRUCE GUM**

A Vegetable Preparation that gives quick results without drugging the system

Manufactured by D. WATSON & CO. New York

## Builders.

Every great office-building, school, temple, museum, library or bridge that is reared means much more than a structure made by hand and machine to serve the varied concerns of human beings. Each is an object lesson in the difference between creating and destroying. Each has meant co-operation; each has mobilized an army of those who were bent not on slaughter and seizure but on planting a durable edifice, a landmark of human progress.

The builders, as compared with the destroyers, are entitled to their own bestitude. The race has seen enough of those who for the sake of power, in the love of triumph, have not hesitated to condemn masses of people to serfdom, to plunge whole nations into fratricidal strife, to carry a red besom of destruction overland through populous regions where they might have brought a healing and a blessing. To-day mankind is ready to hail as benefactors its Pastors rather than its Napoleons. It asks the price of glory.

To be a builder does not mean that one must be the commanding spirit in an enterprise of magnificent dimensions. One who fashions a little house as well as one who rears a stately palace, is a builder; all who labor with conscience for a product of beauty confer a benefit, though the thing they make may be diminutive. Seen from the vast arches of heaven, the works we deem stupendous are no larger than the mounds that are made by falling ants. The work we do will not be regarded and valued, now or afterward, by the mere size of it. The celestial scale of values takes account of the spirit wrought by the builder, rich or poor, mighty or lowly, into the fabric of character and life as well as into the things we touch and see.

## HOW TO RELIEVE CHILDREN'S COLDS

Avoid Serious Results by Using Baby's Own Tablets.

When a child shows the first symptoms of a cold, such as sneezing, redness of the eyes, clogged or running nose, prompt measures for relief may avert serious results. Mothers should always have on hand some simple, safe and effective remedy for immediate use.

Baby's Own Tablets act quickly, contain no opiates or narcotics, are tasteless and harmless. Mrs. Joseph Cadieux, Holyoke, Mass., says: "I have used Baby's Own Tablets for my children and find them a very satisfactory medicine. When my little boy had a cold I gave him the Tablets at night and he was well next day. I give them to the children for colds and they always do good. I think Baby's Own Tablets are much easier to give a child than liquid medicine. I recommend the Tablets to all mothers who have small children and believe they should always be kept on hand."

Baby's Own Tablets are sold by all medicine dealers or will be sent by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

## When London Starved.

Annually during the early part of October there takes place at the Mansion House a curious civic ceremony which recalls the ancient privileges of London's Lord Mayors.

It consists of the presentation by the Master of the Fruiterers' Company of sundry baskets of choice English-grown fruit.

At one time the Lord Mayor claimed the right to receive a portion of every load of fruit which entered the City, and the presentation is an acknowledgement of this ancient claim. There is also a tradition to the effect that the ceremony commemorates the part which the City fruiterers took in provisioning London during a famine in days long gone by.

## Earth's Dimensions.

An American scientist has determined the earth's dimensions so accurately that his figures have been adopted by all countries. Director John P. Hayford, head of Northwestern University College of Engineering at Chicago, is responsible for this triumph. The diameter is 7,926,678 miles at the equator, while the diameter from pole to pole is 7,929,694 miles, proving the earth to be a large, here flattened at the poles. Director Hayford's figures will be the basis of every boundary survey in the world in the future.

We should use an economic spirit-level and set about the inequalities in costs between producer and consumer.

## Daily Bread.

Thank God for little common things, Small, lovely things of every day—Grass that is green beside the door And dandelions across the way, Candles that flicker in the dusk And firelit rooms where shadows play.

For silver fingers of the rain Stroking a young tree's bending head, For stars that prick through drifting clouds And down that flame in gold and red.

Thank God for common, lovely things That are the spirit's daily bread!—Eleanor Hammond in Youth's Companion.

## HEALTH BROKE DOWN

Could Not Get Sleep for Hours After Going to Bed.

"It is not natural for me to sit down and write a letter in praise of a proprietary medicine as I had always been skeptical as to their virtues." Thus writes Mr. Arthur Seguin, Storvick, Sask., who further says: "But three years ago I opened a general store here in Storvick and placed on my shelves a few lines of the best known proprietary medicines. Among these, naturally, were Dr. Williams' Pink Pills. As there were three of my customers who were obtaining good results from taking the pills, and as I was in need of a medicine, I decided to try them myself.

"I had been suffering from catarrh for years, and my inside work had completely broken down my health. I was coughing all day, suffered from indigestion, and could not sleep until three or four hours after retiring. I started the pills, not with any great confidence, but by the time I had finished the second box I marked much improvement. At the fourth box I felt quite recovered, but continued them for some further time. My cough has left me, the indigestion has disappeared and I now fall asleep almost as soon as I am in bed. In my store now I do not hesitate to recommend Dr. Williams' Pink Pills to any who are feeling run-down or without energy, as I think they are a blessing to mankind."

If others who may feel skeptical will give Dr. Williams' Pink Pills a fair trial they will be convinced as was Mr. Seguin. You can get the pills from your druggist, or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.



And He Was Taken A-back. He—"I just hate to think of my thirtieth birthday." She (trifle bored)—"Can you still remember what happened on that day?"

Keep Minard's Liniment handy.

## What Names! What Names!

How inexplicable is the taste in names that some people display! We are led to make that reflection by an item that we find in the Manchester Guardian.

The appearance of a witness in a divorce court who, when sworn, had to admit that his rightful name was Jolly Death makes one wonder how children, thus burdened, can be expected to honor their parents. The registers of Somerset House contain other appalling entries, such as: Bodica Basher, Happy Jiggins, Haystack Brown, Anno Domino Davis, Judas Iscariot Burton, Ananias Cutting, Odious Ieaton, Bovril Simpson, Sardine Box, Joscoe Ann Reynolds, River Jordan, Not Wanted Smith, and One-too-many Simpson.

There are all English examples, but no doubt as many queer combinations could be found in the birth registers of Toronto, Montreal and Winnipeg.

Clergyman 101 Years Old. The Rev. Christopher Cook, rector of the little country parish of Mamhead, near Pontypool, was 101 recently.

When melting chocolate for cooking purposes, prevent waste by greasing the sides of the pan to keep the chocolate from adhering.

## WE WANT CHURNING CREAM

We supply cans and pay express charges. We pay daily by express money orders, which can be cashed anywhere without any charge. To obtain the top price, Cream must be free from bad flavors and contain not less than 30 per cent. Butter Fat.

**Bowes Company Limited, Toronto**

For references—Head Office, Toronto, Bank of Montreal, or your local banker. Established for over thirty years.

Perhaps you are using good tea. "Red Rose" extra good. Won't you?

**RED ROSE TEA** "is good tea"

The same good tea for 30 years.

## Surnames and Their Origin

**WINTER**  
Variation—Winters.  
Racial Origin—English.  
Source—An occupation.

If you jump at the apparent conclusion that the origin of this family name is connected in some manner with the season of the year, you will be wrong. It isn't.

As the name traces back to the twelfth and thirteenth centuries it is found in the spelling "Wyneter," "Vintours" and "Viners." Or does the modern word "vintner" make it clear? Those who first used the surname were wine merchants and the surname was at first descriptive of their calling. It was, of course, preceded by "le" (meaning "the" at that period. That is, it was when the speaker was using the Norman rather than the Saxon tongue. In the latter case he might simply neglect the prefix, adopting the Norman word in his Saxon speech, or else use the Saxon equivalent. But Norman-French was the predominant tongue in those days, and it was just about the time the bulk of surnames were becoming hereditary as indications of the people themselves rather than their callings or peculiarities, that the Normans in England began to regard themselves as Englishmen, and there occurred that peculiar blending of tongues which resulted in modern English, a language quite different from either the Saxon or the medieval French, its two component parts.

Winter and Winters appear to be the only form in which the surname has survived, though originally there were several variations.

**PULLINGER**  
Variations—Pollinger, Royinger, Bullinger, Ballinger.  
Racial Origin—Norman-French.  
Source—An Occupation.

The only difference between the original Pullingers and the original Baxters and Bakers was that of language.

Whereas the family name of Baxter is the outgrowth of the old Anglo-Saxon word for a woman baker, though even at that early period used almost indiscriminately for men and women, the names Pullinger, Pollinger, Bollinger and Ballinger are all developments of the Norman-French word for baker, "boulanger," or as it was spelled probably just as often in those days, "bulenger."

Such family names as these are purely a development from ancient custom among virtually all races of designating one individual from another of the same given name by mention of his occupation. Occupations in mediaeval times, of course, were more hereditary even than to-day as a result of the stabilizing and caste-forming tendencies of the feudal system. It was natural that the son of "Richard le Bulenger" should be known as "Herman le Bulenger," and thus the appellation would be passed down from one generation to another, for all practical purposes, constituting a family name long before it came to be adopted consciously as such.

The various occupations in the baking trade have furnished a wide range of modern names, though strangely enough you run across several.

## GENUINE ASPIRIN PROVED SAFE

Take without Fear as Told in "Bayer" Package



**BAYER**

Does not affect the Heart

Unless you see the "Bayer Cross" on package or on tablets you are not getting the genuine Bayer Tablets of Aspirin proved safe by millions and prescribed by physicians over twenty-five years for

Colds	Headache
Neuritis	Lumbago
Toothache	Rheumatism
Neuralgia	Pain, Pain

Each unbroken "Bayer" package contains proven directions. Handy boxes of twelve tablets cost few cents. Druggists also sell bottles of .24 and 100.

eral which must have been enough but which had little if any development into modern family names for instance, "Andrew la Prebake."

**A Costly Funeral.**  
One of the most showy of funerals in Westminster Abbey was that of David Garrick. It cost \$7,500. There were thirty-three mourning coaches and each was drawn by four horses.

**New Working Lights.**  
Rods of clear fused quartz being used to carry light scopes and to avoid heating the lenses by working too close to the source.

**Classified Advertisements**  
COMMERCIAL ART, DESIGNING, ILLUSTRATING, SHOW CARD WRITING, BUREAU WRITING, STUDENTS' WORK, LETTER WRITING, ART DEPARTMENT, SHOW CORRESPONDENCE SCHOOL, 44 MONTREAL STREET, TORONTO.

**MURINE EYES**  
IRRITATED BY SUN, WIND, DUST & COLD  
RECOMMENDED & SOLD BY DRUGGISTS & OPTICIANS FOR SPOTS, STY, CATARRH, ETC.

**BURNS**  
Mix Minard's with sweet oil and apply at once. Quick relief.

**MINARD'S "KING OF PAIN" LINIMENT**

## PAINS IN BACK AND SIDES

Ended by Taking Lydia E. Pinkham's Vegetable Compound

Fussler, Sask.—"For two or three days every so often I would have such pains in my back and sides that I could not do anything—could not even lie quietly in bed, and my head ached, too. I was this way about three years, but was worse after I was married. I was on a farm with not a house nearer than five miles and there was not a person to advise me, as my folks live in Manitoba. My sister-in-law told me about Lydia E. Pinkham's Vegetable Compound and told me to try it. I took her advice and have been thankful for it ever since. After taking the medicine for three months I can say it has helped me a lot and I am doing fine. I am glad to recommend the Vegetable Compound to others and you may publish my testimony."—Mrs. HELEN BALANOFF, Fussler, Saskatchewan.

Often some slight trouble will cause a general upset of the system. Such symptoms as nervousness, painful times, irregularity, backache and headache indicate some form of female weakness. Women so bothered should give Lydia E. Pinkham's Vegetable Compound a trial. This dependable medicine has helped thousands of women and it is reasonable to expect that it will help you. Try it today. Your druggist sells this medicine.

## That One Pimple May Become Many



Prevent More by Using Cuticura

Soap regularly and Cuticura Ointment when necessary. The Soap cleanses the clogged, irritated pores, the Ointment soothes and heals.

Sample Each Free by Mail. Address: Canadian Depot: "Bathhouse," 144, Montreal. Free Soap 25c. Ointment 25c and 50c. Talcum 25c. Cuticura Shaving Stick 25c.