J This and That J

SHATTERED DIGNITY

The crude humor that makes the small boy want to throw a stone at a silk hat on a with young men, manifested a lack of faith. man bristling with dignity is not to be disposed of as a mere ill-conceived prank of they seemed, on the contrary, to be proud of youth, There is deep in most people a it. spring of unsubduable humor that leaps gleefully when conscious dignity gets a fair tumble. of the place, the soberist charity and the best-bred propriety in the world could not prevent a titter at a little farce that happen-ed once in a church in Brooklyn.

gentleman and his wife, who were A offended at something the preacher said, gravely rose and stalked towards the door, their heads held high in assertive disdain. The wife followed the husband.

17

Unfortunately, when they were half-way own the assle, the husband dropped his down the assle, the husband dropped his glove, and stooped to pick it up. Fate, the humorist, determined that the wife should keep her heads on high that she did not see her husband stood. She went sailing on and doubled over him in riotous confusion. The congregation held its breath and kept its composure. The two recovered them-selves and went on. Hoping to escape quickly, they turned to what looked like a side door. The husband pulled it open with an impressive swing. Before he could close it out tumbled the window-pole, a long duster and a step ladder. The congregation could hold its mirth no longer, and man and wife fled to the real exit in undignified haste, amid a general and pervasive snicker.—Ex. down dropped his up. Fate, the

Husband—'What! A hundred dollars for an opera c'oak? Why, it is perfectly ridiculous, my dear.' Wife—'Yes, I know it is; but you said you couldn't afford an ex-pensive one.'—Chicago:'Daily News.'

CONVICTED BY HIS OWN FOLLY, 11 Dr. Washington Gladden was once discussing Christian evidence with a number,

THE OLD PLEA

He "Didn't Know It Was Loaded." The coffee drinker seldom realizes that coffee contains the drug Caffeine, a serious poison to the heart and nerves thereby causing many other forms of disease noticeably dyspepsia

"I was a lover of coffee' and 'used it for many years and did not realize the bad effects I was suffering from its use. "At first I was troubled with indigestion

but did not attribute the' trouble to the use of coffee but thought it arose from other causes. With these attacks I had sick headache, nausea and vomiting. Finally my stomach was in such a condition I could scarcely retain any food.

'I consulted a physician : was told all my troubles came from indigestion but was not informed what caused the indigestion, so I kept on with the coffee and kept on with the troubles too and my case continued to grow worse from year to year until it developed into chronic diarrhea, nausea and severe attacks of vomiting so I could keep nothing on my stomach and became a mere shadow

reduced from 159 to 128 pounds. "A specialist informed me I had a case of catarrh of the stomach which had got so bad that he could do nothing for me and I became convinced my days were number ed.

forth the good qualities of Postum and explaining how coffee injures people so. I con-cluded to give Postum a trial. I soon saw cluded to give Postum a trial. I soon as the good effects—my headaches were less frequent, nausea, vomiting only came at long Smith's family ?' asked Jones 'You don't man be a soon a changed man, say so !' exclaimed his wife. 'Where ?'

'Then I thought I could stand coffee again but as soon as I tried it my old troubles returned and I again turned to Postum. Would you believe it I did this three times before I had sense enough to quit coffee for good and keep on with Postum; the result is I am now a well man with no more headaches, sick stomach or vomiting and have already gained back 147 pounds." Nam Postum Co., Bat'le Creek, Mich. Name given by

Look in each pkg. for the famous little book, "The Road to Wellville."

of students

The students, as is sometimes the v They were not ashamed of this lack either ;

of unsubduable humor that leaps "l," said a lad of eighteen years, a fresh, when conscious dignity gets a fair man—"l am an agnostic." He spoke That is why, for all the solemnity pompously, his hands in his pockets. "He He regarded narrowly the effect on Dr. Gladden of his bold words.

'You are an agnostic ?" said they clergy-

man. ** "I am an agnostic." "What is an agnostic?" Dr. Glad.len asked. "Tell me, won't you, just what meaning you attribute to that word?" The lad swaggered about the room. He still kept his hands in his pockets. "An agnostic, "he said, frowning--"why, an agnostic is-ah-a fellow-a fellow who isn't sure of anything." "How does it hapen, then," asked the clergyman--"that you're sure you're an agnostic?"-Ex.

READABLE PARAGRAPHS.

READABLE PARAGRAPHS. When the English tongue we speak Why is break not rhyme with 'freak?' Will you tell me why it's true We say 'sew,' but likewise 'few.' And the maker of a verse Cannot cap his 'horse' with worse?' 'Beard' sounds not the same as 'heard, 'Cord' is different from word.' 'Cow' is cow, but 'low' is 'low.' 'Shoe' is never rhymed with 'foe.' Think of 'hose' and 'dose' and 'lose,' And of 'goose'—and yet of 'choose.'' Think of 'comb' and 'tomb' and 'boom' 'Doll' and 'roll.' and 'home' and 'some.' And since 'pay is rhymed with 'say,' Why not 'paid' with 'said,' I pray?' We have 'blood' and 'food' and 'good; 'Mould' is not pronounced like 'could.' Wherefore 'done,' but 'gone' and 'lone?' And, in short, it seems to me Sound and letters disagree.'—'Bangler's Magazine.'

Lever's Y-Z (Wise Head) Disinfectant Soap Powder dusted in the bath, softens the water and disinfects.

HAD FOLLOWED DIRECTIONS

A little black boy sat on the soap box which served as a front step to the tumbledown shanty. His skin was more than black. Here and there it looked as though it had been varnished. His fingers clung together when he attempted to open his hands, and films of silkly 'sweetness was spun about him as he threw back his head and opened his mouth in epicurean ecstasy 'Household Words' explains his bappy condition

"Goodness, law!" exclaimed the old mam-my, who came suddenly round the corner. "What you sitting that a-way for when I jes been trying ter clean yo'up." Ef you ain went an molassed yo'self from head to foot !

went an 'molassed yo'self from head to foot !' 'Dat ain' lasses, mammy.' 'Whut's de use o' me trying ter.make yo' 'spectable, I'd like to know? I wash yo', an' 1 dress yo', an' den I tells yo' ter go an use the comb, didn't I ?' 'Yes'm: An' I look aroun' an' all de comb 1 could fin' was dis yer honeycomb. But done use dat, mammy, I sho'ly did.'-Ex.

-Your dog was trying to bite me sir !' He (raising his hat)—'Yes, madam he has a sweet tooth !'—Ex.

I. Doctor—'And you have been suffering "Then I chanced to see an article setting from insomnia, eh?" Maginnis—'Thot Oi hev. Sometimes it wor so bad Oi couldn't shlape for it.-Ex.

Inside of Smith,' replied Jones .- Ex.

Dear Sirs,-I was for seven years a suffer er from Bronchial trouble, and would be so hoarse at times that I could scarcely speak above a whisper. I got no relief from any-thing till I tried your MINARD'S HONEY BALSAM. Two bottles gave relief and six bottles made many a complete cure. I would heartil recommend it for anyone suffering from threat or lung trouble.

J. F. VANBUSKIRK. Fredericton.



Start Right To-day

and you will find the world very much brighter to-morrow. A good complexion—the bloom of perfect health—bright eyes, clear brain— these are within the reach of all who take care of their digestive organs. Take a teaspoonful of



in a glass of water every morning and you will find that blotches.and eruptions will give place to clear clean skin. Throw away the powder puff and rouge-pot--they are counter-feits of nature. Abbey's will cure constipation, the enemy of a clear complexion. complexion

At all Druggists asc. and 6oc



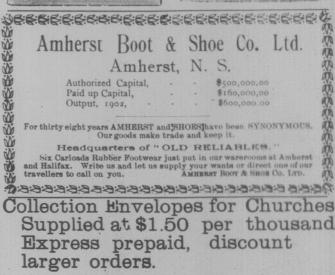
In the Blood brings Humors and Boils, Salt Rheum, Eczema and Scrofula.



Will cure them permanently by purifying the



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HOMESTEAD

REGULATIONS

Any even numbered sections of Dominion Lands in Manitoba or the Northwest Terri-tories, excepting 8 and 26, which has not been homestenaed or reserved to provide wood lots for settlers, or for other pur-poses, may be homestenaed upon by any person who is the sole kend of a insuity, er any male over 1s years of age, to the extent of oue quarter section of 160 acres, more or less. MNTEY.

Entry may be made personally at the isore or less. Entry may be made personally at the local land office for the district in which the land to be taken is situate, or if the homesteader desires he may, on application to the Minister of the interior, Uttawa, the Commissioner of immigration, Winal-peg, or the local agent for the district in which the land is situate, receive author-ly for some one to make entry for hing. A fee of \$10.00 is charged for a homestead entry. Interiment, a situate, the situate

HOMESTEAD DUTIES.
A settler who has been granted an entry fulcions of the Dominion Lands Act and the amendments thereto to by the previous settles and the amendment of the previous of the following plants:

a. An team is a thereto to be perform the conditions connected therewith, under one of the following plants:
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b. At team is a the thereto to be perform the conditions connected therewith, under one of the following plants:
c. At team is a the there year.
c. At team is a the there year is deceased of the gravity of the second who is eligible to make a komestead entry under the provisions of this Act, resulted to provide the perform the deceased of the second homestead is to result the father of more years.
(3) If a settler has obtained a patent for his to the second homestead is to result the father of the father of the second homestead is to result the father of the f



