## * This and That *

SHATTERED DIGNITY: The crude humor that makes the small man bristling with dignity is not to be disposed of as a mere il'-conceived prank of youth, There is deep in most people a gleefully when conscious dignity gets a fair gleefully when conscious dignity gets a fair
tumble. That is why, for all the solemnity of the place, the soberist charity and the best-bred propriety in the world could not prevent a titter at a little farce that happened once in a church in Brooklyn.
gentleman and his wife, who were offended at something the preacher said, gravely rose and stalked towards the door, with their heads held high in assertive disdain. The wife followed the husband. Unfortunately, when they were half-way Unfortunately, when the asle, the husband dropped his
glove, and stoopet to pick it up. Fate, the glove, and stoopef to pick it up. Fate, the
humorist, determined that the wife should keep her head so high that she did not see
her husband stoov. She went sailing on her husband stoon. She went sailing on
and doubled over him in riotous confusion. The congregation held its breath and kept its composure. The two recovered themselves and went on. Hoping to escape
quickly, they turned to what looked like a side door. The husband pulled it open with an impressive swing. Before he cuuld close it out tumbled the window-pole, a long duster and a step-ladder. The congregation
could hold its mirth no longer, and man and wife fled to the real exit in undignified haste amid a generat and pervasive snicker.-Ex

Husband-What! A hundred dollars for an opera c'oak? Why, it is perfectly ridiculous, my dear.' Wife - 'Yes, I know it pensive one "- Chicago"Daily News:

CONVICTED BY HIS OWN FOILI. 1 Dr. Washington Gladden was once dis cussing Christian

## THE OLD PLEA. t Know It Was L.oaded.

He "Didn"t know It Was Loaded" The coffee drinker seldon realizes that
coffee contains the drug Caffeine, a seriou poison to the heart and netles thereby cansing gany
dyspepsia
dyspepsia.
II was a
an many yeai ffects l was sutfering trom i's use. but did not attribute the trouble to the use of coffee bnt thought it arose from other cause. With thrse attacks 1 had sick headache, nausea and voniting tinally $m y$ stomach was in such
scarcely retain any food
Icossulted a physician: was told all my
roublos came from indigestion but informed what caysed the indigestion, so kept on with the coffee and kept on with the troubles too and my case continued lo grow worse from year to year until it developed nto chronic diarthea, nausea and severe attacks of vomiting so $I$ could keep nothing on my stomach and becanve a mere shadow reduced from 159 to 128 pounds.
A specialist informed me I had a severe so bad that he could do nothing for me and
"Then I chanced to see an article setting forth the good qualities of Postum and ex.
flaining how coffee iniures people so. I con cluded to give Posturn a trial. 1 soon saw the good effects-my headaches were less frequent, nausea, vomiting only came at long feeling much bette
"Then I thought I could stand coffee again but as soon as 1 tried it my old troubles re-
turned and $I$ again tufned to Postum. Would you believe it I did this three times before had sense enough to quit coffee for good and keep on with Postum; the result is I am now a well man with no more headaches sick stomach or vomiting and have already gained back 147 pounds." Name given by
Postum Co Postum Co., Bat lle Creek, Mich.
Look in each pkg. for the famous little book, "The Road to Wellville."
students.
The students, as is sometimes the way with young men, manifested a lack of faith. They were not ashamed of this lack oither : they seemed, on the contrary, to be proud of
"said a lad of eighteen years, a fresh. man-"I am an agnostic." He spoke pompously, his hands in his pockets. "He regarded narrowly the effect on Dr. Glaadden of his bold words.

You are an agnostic ?" said they clergyman.

## "I am an agnostic

What is an agnostic? Dr. GladJen asked. Tell me, won't you, just what The lad swaggered about the room. still kept his hands in his pockets. "An agnostic," he said, frowning-"why, an agnostic is-ah-a fellow-a fellow who isn t sure of anything.
"How does it happ
elergyman - "that you're sure" asked 'the agnostic ?"-Ex.

READABLE PARAGRAPHS. When the English tongue we speak Why is break not rhyme with 'freal We say 'sew,' Dut likewise 'few
And the maker of a verse
Cannot cap his 'horse' with worse 'Beard' sounds not the same as 'heard 'Cord' is different from word; 'Cow' is cow, but 'low' is 'low ; Think of 'hose' and 'dose' and 'lose And of 'goose-and yet of 'choose.'
Think of 'comb' and 'tomb' and 'boo Doll' and 'roll;' and 'home' and 'some And since 'pay' is rhymed with 'say,'
Why not 'paid' with 'said,' I pray? Why not 'paid' with 'said,' I pray ?
We haye 'blood' and 'food' and 'good We haye 'blood' and 'food' and 'good;
'Mould' is not pronounced like 'could Mould' is not pronounced like 'could
Wherefore 'done,' but 'gone' and 'lone Wherefore 'done, but 'gone
Is their any reason known ? And, in short, it seems to me Jagazine.'

Lever's Y-Z. (Wise Head) Disinfectan Soap Powder dusted in the bath, softens the water and disinfects.

HAD FOLLOWED DIRECTIONS A little black boy sat on the soap box which served as a front step to the tumble down shanty. His skin was more than lack. Here and there it looked at though t had been varnished. His fingers clung together when he attempted to open his fiands, and films of silkly sweetness was spun about him as he threw back his head apened his mouth in epicurean ecstasy Houschold Words' explains his bappy con ition
ioodness, law ! exclaimed the old mam ny, who came suddenly round the corner been trying ter clean youp. Ef you ain been trying ter clean yo up. Ef you ain
vent an molassed yo'self from head to foot ! Dat ain' lasses, mammy
'Whut's de use o' me trying ter, make yo
spectable, I'd like to know? I wash yo spectable, I'd like to know? I wash yo
$\mathbf{n}^{\prime}$ I dress yo, an' den I tells yo' ter go an an' 1 dress yo, an den
use the comb, didn't I ? 'Yes'm. An' I look aroun' an' all de comb
could fin' was dis yer honeycomb. But done use dat, mammy, I sho'ly did.-Ex

## She-'Your dog was trying to bite me

 he has (raising his hat)-'Yes, madam Doctor-And you have been suffering from insomnia, eh?' Maginnis-'Thot Oihev. Sometimes it wor so bad Oi couldn't shlape for it.-Ez

Did you hear that there was a skeleton in Smith's family ?' asked Jones 'You don' say so!' exclaimed his wife. 'Where 'Inside of Smith,' replied Jones.-Ex.

Dear Sirs,-I was for seven years a suffe er from Bronchial trouble, and would be so hoarse at times that I could scarcely speak above a whisper. I got no relief from any BALSAM tried your MINARD'S HONEY bottles frade many a complete cure. I would heartil recommend it for anyone suffering from throst or lung trouble.

Frederietoa.


Start Right To-day and you will find the world very
much brighter to-morrow. A good complexion-the bloom of perfect health-bright cyes, clear brain-
these are within the reach of all who take care of their digestive oigans.


Effervescent Salt
in a glass of water every morning
and you will find that blotches and and you will find that blotches and eruptions will give place to clear
clean skin. Throw away the powder puff and rouge-pot-they are counterpuff and rouge-pot-they are counter-
feits of nature. Abbey's will cure constipation, the enemy of a clear complexion.

## Poison

In the Blood brings Humors and Boils, Salt Rheum, Eczema and Scrofula,

## WEAVER'S SYRUP

 Will cure them permi: nently by purifying theBlood.

Davis \& Lawrence Co., Ltd., Montrealo Proprietors, New York.

HOMESTEAD
REGULATIONS

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