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An Open Letter From a Prominent Clergyman.

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DEAR SIR,—Please pardon my delay in answering yours of weeks ago. Yes I have no hesitation in recommending your

Invigorating Syrup.

During the fall and winter of '96 and '97 I was greatly distressed with indigestion. I tried several remedies, each of which gave me no relief. I was advised to try your Invigorating Syrup, which I readily did and have felt grateful ever since to the one who gave me such good advice. The very first dose helped me, and before half of the first bottle was used I was completely cured. I have not been troubled with the disease since. I have taken occasion to recommend your medicine publicly upon several occasions, and heartily do so now. You are at liberty to use this in any way you please.

Yours truly,
Rev. F. M. YOUNG,
Pastor Baptist Church, Bridgetown, N. S.

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Throughout the County of Leeds and the Town of Brockville there is no medicine spoken so highly of for all kinds of Kidney Diseases as Doan's Kidney Pills. As Canada's pioneer kidney pill, introduced by Mr. James Doan, of Kingsville, Ont., in 1885, they stand to-day far superior to all the imitations and substitutes that have been offered the public in their stead.

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Doan's Kidney Pills are sold by all dealers or sent by mail on receipt of price, 50 cents a box or 3 boxes for \$1.25. The Doan Kidney Pill Co., Toronto, Ont.

Some Beautiful Old People.

BY SALLIE VIRGINIA DU BOIS.

I saw a boy doff his hat as he ran past the window of his home, and looked in just in time to see an aged lady, with white hair, turn smilingly away. "That's Herbert's grandmother," said a friend by my side, who had also witnessed the scene; "it is beautiful to see the devotion which that boy lavishes upon her." "And why should he not?" I answered, as the recollection of that queenly face with its crown of white hair arose before me. "I doubt if he could find a more worthy object upon which to bestow his affections." "But you must know," continued my friend, "that such devotion is not the rule among our young people of to-day."

"Then there is a fault somewhere," I answered, "for there are none more worthy of reverence and respect than the aged, those who have braved life's battles, and have set their faces resolutely toward heaven, awaiting the end."

"I love grandma," said a little girl, she is never too busy to help me, and always tries to shield me from blame." Oh, dear grandma! God help us that we do not forget to lavish upon her the love and affection that is in our hearts. Let us see to it that she sits where the draft can not strike her, and that her chair is always a comfortable one. Her hearing is perhaps dull, and her eyes dim, so that she can not see as in former days, and we must do what we can to make her forget these defects, not to remind her of them.

"Let me do that for you, grandma, dear; I like to wait on you," said the dear little girl, as she took the needle from the trembling hand. "God bless you, my child," was the softly spoken answer; "you make me feel it is not so hard to be old after all."

"I don't think I shall ever grow old in feeling," said an aged lady recently, "my children and grand-children keep me young. Why, there isn't a social gathering within a radius of ten miles in which I am not interested. My taste is consulted about everything, and I am thinking almost as much about that base ball game to come off on Friday as either Will or Harry, who are to participate." And as I heard her words, I wondered no more that her face was serene in its beauty, and her voice soft and sweet as one who had gone through a training school of culture.

Oh, dear children, we are young now, the blood pulses through our veins, our laugh is clear and musical, and we thank God for the gift of life, as we gaze upon this world of beauty. But, by-and-by, if our lives are spared, we shall take the place of the aged and gaze on our former pleasures as something far from us. Try and imagine under such circumstances, if you can, how you should feel to be slighted or lightly treated. "Aunt Mary is only an old maid," said a boy, disdainfully, to a playmate. "Aunt Mary is more than an old maid," was the answer; "there is a beauty about her not to be pictured; she is a heroine." And the boy who had not meant ill hung his head in shame.—Christian Intelligencer.

A Picnic Luncheon.

The return of summer, and especially the return of the sultry month of July, brings back the season of picnics. It requires a peculiar talent to select a good picnic luncheon. There must be some beverage that shall be grateful to the lunchers under the forest trees, by the ocean or wherever the party is planned. Cold tea, if properly prepared and served ice cold, with a thin slice of lemon in each cup, is delicious. Cold coffee is also very good, but it should be actually frappe or iced, to be at its best. Prepare a quart of black coffee, allowing eight tablespoonfuls of coffee beans, measured before grinding, to a quart of water. Grind the coffee very fine, and let the quart of boiling water gradually percolate through it. Add a pint of hot milk and the same amount of hot cream, and when it has cooled ice it. If it is used for a picnic it should be iced just before it is

needed. It is an easy matter to do this if an ice of any kind has been taken in a freezer for luncheon. The freezing can should be removed and wrapped heavily in papers to keep in the effect of the ice. Set the coffee in a pail in the space left by the freezing can, and turn it around, backward and forward, there for five minutes. This will ice the coffee so that it can be taken out with a ladle and served in glasses, as it should be in perfection. Tea can be iced in the same way. The contents of the freezing can will not melt if it has been properly wrapped up.

Pressed meats properly seasoned with salad dressing, jellied chicken cut into waferlike slices, potted hams, as well as salads of fish or of meat or of poultry, are delicious at such a time, when the brisk air sharpens the appetite for substantial food. Let the sandwiches be cut in the thinnest slices, and everything in picnic luncheon will entice the appetite.

Baby Comforts.

It requires considerable experience to select a baby's dress. As a rule, plain clothing is not only more attractive, but much more comfortable for a little child to wear. So long as pins are superseded by tying strings the child will be much more comfortable, and the sizes of the bands can be regulated to the rapid growth of young children almost as easily by tying strings as by pins. Use narrow tapes of linen bobbin, and let them be long enough so they can be let out as the child grows. No trimming should be put around the neck and sleeves of little gowns and dresses except a mere edge of the finest and softest lace or a little ruffle of linen lawn as soft and fine as a handkerchief. It is not kindness to provide a little one with a down pillow, though the down be that which the elder duck pulls from its own breast to line its nest. No down pillow is so wholesome a headrest as a flat pillow of hair, which will raise the child's head but a mere trifle above the level of the rest of its body. Down or feather pillows are too heating for the head of an infant to rest upon. Keep the little one's feet warm, and keep on a warm bandage as well as a high-necked and long-sleeved shirt of light wool throughout the summer.

Freezing Ice Cream.

It is quite easy to freeze cream or any dish that is to be iced in an ordinary tin pail containing the cream inside the bucket with ice and rock salt. Turn it or swirl it repeatedly in the ice and salt. At the end of ten minutes open the pail, scrape the sides free from the frozen portion, and beat it in with the soft part in the centre. Pack away for two hours longer, repeating the scraping and beating every half hour. —(F. S. L.)

At a recent meeting of the Wolfville Art Association Mr. H. W. DeForest, who, according to the Orchardist, has been for some weeks past sketching throughout our charming valley and more charming villages, was present with twenty-two of his sketches done in oils, and so natural were they that as each one was presented it called forth exclamations of recognition.

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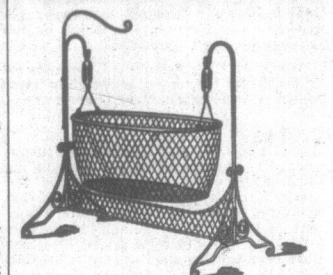
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