

II

AUTOMATIC WRITING

THIS form of mediumship gives the very highest results, and yet in its very nature is liable to self-deception. Are we using our own hand or is an outside power directing it? It is only by the information received that we can tell, and even then we have to make broad allowance for the action of our own subconscious knowledge. It is worth while perhaps to quote what appears to me to be a thoroughly critic-proof case, so that the inquirer may see how strong the evidence is that these messages are not self-evolved. This case is quoted in Mr. Arthur Hill's recent book *Man Is a Spirit* (Cassell & Co.) and is contributed by a gentleman who takes the name of Captain James Burton. He is, I understand, the same medium (amateur) through whose communications the position of the buried ruins at Glastonbury have re-