

NEWS OF SPECIAL INTEREST TO WOMEN

TEACHERS OF U.S. HOTLY CENSURED

School System Said to Be Ruinous to Welfare of Children.

Canadian Press Despatch. ST. PAUL, Minn., July 10.—Denunciation of the present school system, uttered by Dr. J. H. Francis, superintendent of schools, Los Angeles, Calif., caused a stir among delegates present at today's session of the National Education Association.

"God bless the girl who refuses to study algebra, a study which causes many girls to lose their souls," was one of Dr. Francis' statements. "The average literature teacher has no soul and little brain," he continued. "It is a wicked waste of a child's life to compel him to study with her."

"Most of our teachers are selfish egotists, would-be scholars, hiding behind the word 'conservatism' afraid of any new method because it would show her ignorance."

"Progress, too, is blocked by the great civic, religious and political interests. I would rather send my child to a teacher with a soul than one with brains whose only object is to have the child reach the answer in the back of the book."

"Nine-tenths of our immorality is due to damage done by teachers to boys and girls before they reach high schools."



NURSERY

CONDUCTED BY
Elinor Murray
Traveling With Children

Older children will need some diversions planned for them if the journey is a long one and the mother wants to enjoy it as much as possible. Let these surprises wait until the novelty of the trip has partly worn off, then they will be of greater value than they would be at first. All children like to cut out pictures, and these, with a pair of blunt scissors for each child, will furnish entertainment for a long time. Advertising sections of old magazines will furnish lots of pictures to be cut out and are easy to get. Cardboard stencils, pencils and a pad of paper will afford great pleasure, especially if the children have never played with them at home. Making pictures with these or drawing them on a frosted glass plate over an outline is a favorite diversion. Colored pencils are also entertaining and easy to carry.

When you take children away, you must go prepared for accidents to clothing, and a spool each of black and white cotton thread, a needle and some pins should be kept in your hand-bag. Some old soft cloths that can be thrown away when soiled, should be put in for washing dirty hands and faces. If before you go you prepare a flat bottle of soft water in which a very small piece of white soap has been dissolved, it will make it possible to procure a healthy and reliable supply, or by the purchasing of roots from nurseries, or by propagation from cuttings, or by a very careful root-division. The first is by far the best and quickest way if working up a varied and satisfactory stock.

Ordinary young amateurs will have no difficulty in obtaining splendid blossoms from second-year seedlings. Care should be taken to prevent too many branches forming. These cuttings removed should be utilized for propagation.

After bloom has departed cut down the flower stems and top-dress the exhausted root with manure to encourage fresh root shoots.

Magnificent beds of penstemons can be made by setting out the transplantings two feet apart; clumps form easily from three or four roots placed together. Water well, not too well all thru the dry time.

Penstemon barbatus torreyi—the scarlet beard tongue—is a splendid, sturdy sort, tall and luxuriant. Choose this as a lead.

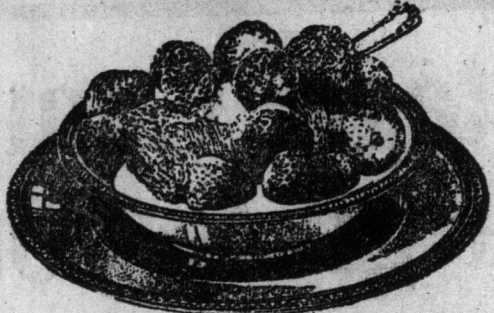
P. digitalis sends up flower spikes two and three feet high.

Pasareus is a lovely blue thing for the rocky, white E. peninsulae, a visitor from Mexico, is exotic in its dark purples.

Seeds may be sown from next August, but do not delay later. Sow year's blossoms, now thru July and the seeds in the Sweet William bed, as the two do well together before the need for transplanting arrives.

But this latter plan only if you are pressed for room.

All the Sunshine of Summer



may be found in this wholesome, nourishing combination—the choicest product of the Northern fields and the most luscious-fruit of the Canadian garden,

SHREDDED WHEAT

With Strawberries or Other Fruits

an ideal dish for the warm days when the body craves relief from heavy foods. All the body-building elements in the whole wheat made digestible by steam-cooking, shredding and baking. The only cereal breakfast food that combines naturally and deliciously with fruits, fresh or preserved. Try this delicious dish to-morrow morning for breakfast.

Heat one or more Biscuits in the oven to restore crispness; then cover with berries or other fresh fruit; serve with milk or cream and sweeten to suit the taste. Better than soggy white flour "short-cake"; contains no yeast, no baking powder, no fats, no chemicals of any kind—just the meat of the golden wheat, steam-cooked, shredded and baked.

The Canadian Shredded Wheat Company, Limited
Niagara Falls, Ontario
Toronto Office: 49 Wellington Street East 70-E

The Only News of Summer Resorts

The Toronto Sunday World is the only newspaper that tells you what your friends in the Muskoka and Georgian Bay resorts, at Cobourg and Thousand Islands, are doing.

The Sunday World is on Sale Saturday Evenings, at 5c.

able for you to wash the little ones easily and quickly without leaving your seat.

It is advisable to include some favorite toy among the necessities when one travels with children. Provide new playthings for their diversion if you want to, but do not forget some of the treasured old ones; they are sometimes as necessary as food and clothing.

I hope these talks have been of some benefit to mothers, who are to take journeys this summer. And whether you go far away for your vacation or whether you stay at home picnicking in parks and holidaying in the back yard, may the summer bring health, peace and happiness to you all.

MONCTON, N.B., BEATS LAST YEAR'S BUILDING OPERATIONS.

(Special Correspondence.)
MONCTON, N.B., July 10.—From present indications building operations in Moncton this year promise to be considerably in excess of last year. Up to the present \$1 permits have been issued as against a total of 30 permits this year is \$22,685, while last year's record for the entire year was \$188,000. When permits are issued for the buildings that are slated for erection Moncton's building boom will beat past records, it is expected, by a comfortable margin.

Your Summer Vacation.
The Grand Trunk Railway offers unexcelled train service to various summer resorts, leaving Toronto as follows:

For Muskoka Lakes leave 2:05 a.m. daily and 12:01 noon, daily, except Sunday.

For Lake of Bays leave 2:05 a.m., 10:15 a.m. and 12:01 noon daily except Sunday.

For Algonquin Park leave 2:05 a.m. and 12:01 noon daily except Sunday.

For Georgian Bay leave 10:15 a.m. daily except Sunday.

For Kawartha Lakes leave 9 a.m. and 1:50 p.m. daily except Sunday.

For Timagami Lake leave 2:05 a.m. and 8:30 p.m. daily.

Direct connections are made with steamers for points on the above lakes.

Write for free copy of the "Play-grounds of Canada" folder to C. E. Hornings, District Passenger Agent, Toronto, Ont., giving full information.

THE NEW HOUSEKEEPING

BY MRS. CHRISTINE FREDERICK

The Mechanical Servant in the House

SOME of us are fortunate enough to have maids or butlers, and thus have our daily meals served to us smoothly and silently by their human hands. But there are also many of us whose pocketbooks, circumstances or choice have eliminated the human servant, and hence we have to rely more on mechanical servants who shall help serve our meals. I know from experience that it is one of the hardest details of woman's work to serve a dinner on which she has just spent energy and time in cooking. When she has finished cooking she feels like sitting down to enjoy her food and not "getting up" to serve other members of the family. More and more are mechanical servants being put at the disposal of this woman.

First of these in importance is the tray or trays on wheels. Several styles of this device come—one with two trays about thirty inches oval, fitted in a well-made steel stand, which has three legs fitted to rubber tired wheels. Such a tray can be used near the stove while cooking, and used to carry in both hot dishes and the regular table service to the dining table. For many meals also it can be used right by the hostess' side at the table. The soiled plates of one course, say soup, are then placed on the upper tray, and the hostess, without rising, can then serve meat and vegetables which have been kept these few moments on the lower tray; or the lower tray can be used to hold the salad and dessert, and the change from the soiled dishes of one course to serving the food of the following course can easily be made. By careful planning and the use of various dishes with aluminum covers or hot water basins to retain the heat of the food, it is possible to serve an entire dinner to three or four people without rising.

Another silent servant is what is often called the "lazy Susan." This device is a revolving stand made in either wood to match the dining table or of glass on a similar base or pedestal. This permits the hostess to place a plate on the "Susan," which is then revolved gently so that the plate with its portion comes opposite to the person for whom it is intended, who removes it and swings the "Susan" back to the hostess, who serves others in the same way. It can also be used to hold smaller needs of table service, such as a plate of sliced lemon, a dish of mayonnaise, condiments, etc. Some of the wooden "Susans" are now being seen for the first time fitted with special china sections, which permit four or five dishes to rest in the "Susan" at once, so that it can be revolved slowly and the guests may help themselves to mashed potatoes, lima beans, etc., as they wish—from the dishes before them.

The so-called muffin stands are also being used extensively in connection with simple table service by a woman who must serve her own meals. These will hold a percolator, cups and saucers and other tea adjuncts—plates of sandwiches and hotbreads.

Then in the matter of individual dishes we are finding it is more efficient to have one dish with three or four partitions than to have four separate dishes on the table. So there are various forms of the partitioned dish with the silver outer cover and inner partitions of china or glass. With this dish it is possible to serve potato, two vegetables and a glass. With this dish it is possible to serve potato, two vegetables and a glass. With this dish it is possible to serve potato, two vegetables and a glass.

We have been familiar for some time with the merits of casseroles, but I mention them in this connection because the casserole is of such value in serving, permitting the food to be cooked and served in the same dish, which means a great saving of time and unpleasant changing of dishes from one cooking utensil to another and then into another for the table. It is possible to use casseroles in the oven, and to cook vegetables in them as well as meat; to use them for such desserts as souffles and custards, so that the food can be served at the moment it is cooked.

If a woman must serve her own meals it would pay her to look into this question of wheeling serving trays, revolving servette or "Susan," the new apparatus of the muffin stand, the compartment dishes and try to use casseroles more extensively in her cooking.

way to procure a healthy and reliable supply, or by the purchasing of roots from nurseries, or by propagation from cuttings, or by a very careful root-division. The first is by far the best and quickest way if working up a varied and satisfactory stock.

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Amateur Dancing Cup Contests.
Dancers are coming from far and near to participate in the big amateur cup contests held at the Palais de Danse, Hanlan's Point, and the talent displayed is so exceptionally good that it is very hard for the judges to arrive at a decision. On the 11th of July there will be a one-step contest, and the cup is a very handsome one.

IMPERIAL SUFFRAGE UNION.
LONDON, July 10.—The British Dominion's Women's Suffrage Union has been formed here. Mrs. Leathes, of Toronto, Canada, at the inaugural meeting, protested against the treatment of women in the new naturalization bill.

(ADVERTISEMENT.)
How English Beauties Keep Faces Youthful

Christian Miller, F.C.I., noted English health expert, attributes the early aging of American women mainly to the "national nervousness." The women of England, she says, can teach us the inestimable lesson of repose.

Another valuable lesson to be learned from the English woman is that she does not go in much for cosmetics, the continual use of which must ruin any complexion. The beauty devotees of King George's realm have the mercurized wax habit; a more wholesome method of keeping the face bright-looking and healthy. Ordinary mercurized wax, used as cold cream, rejuvenates the worst complexion. Women here may easily acquire the habit, this wax being obtainable at drug stores generally in the United States and Canada. It is applied at night and washed off in the morning. The skin is sufficiently clean to completely renovate a bad complexion. It has a peculiar action in keeping the face free from the particles of dead and devitalized scarf skin which are constantly appearing.

The pentstemons are cosmopolitan in every respect. From the canons of the Colorado to the ridges of the Rockies these plants are entirely at home. Thruout the eastern and central states they run riot, wild, but take kindly to native gardens. Here in Canada our gardeners must guard, not so much against the extreme frost as against the possibility of too much moisture collecting beneath an unjudicious mulch, of too-rich manure.

The stock may be obtained either from seed-sowing, always the best

The GARDEN
CONDUCTED BY
R. TODD

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WOMAN SPRANG ON KING'S AUTOMOBILE

Militant Had Petition Against Forcible Feeding—Mob Tried to Lynch Her.

Canadian Press Despatch. PERTH, Scotland, July 10.—A militant suffragette, uttering an exultant yell, sprang upon the footboard of an automobile in which King George and Queen Mary were driving thru the streets of Perth today.

The woman, who was identified as Rhoda Fleming, from Glasgow, in making her attempt to reach the king

seized the handle of the door of the royal automobile before the momentarily paralyzed police were able to act. She was then seized by two policemen, and it required a score of mounted soldiers to hold at bay the angry mob bent on lynching Miss Fleming, who turned out to be armed only with a petition against the forcible feeding of imprisoned suffragettes. A large force of troops was requisitioned to protect her from the populace as she was conveyed to the police station.

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Earlier in the day, while in Dundee,

Your order is given as careful attention as our biggest and our smallest customer.



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VACATION

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LADIES

Have your Panama, Straw, Taper and Leghorn Hats cleaned, dyed, bleached and remodeled at

NEW YORK HAT WORKS,
360 Yonge Street. Phone N. 2111

the king and queen had received suggestions from another suffragette who pitched a bundle of papers into their motor car.

Useful

If you want to use it and put the crust will be wiggling to retain the fat, let the fat cutting away.

A very convenient house is a small one long, and with the wire replaced, let the fat cutting away.

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