

Hot to Cool

A person can keep the body several degrees cooler in hot weather by a sensible breakfast.

Try this one—

Some fruit
A saucer of

Grape-Nuts

and cream.

Some crisp toast

A cup of Postum.

On such a breakfast one can enjoy any kind of weather and feel well nourished.

"There's a Reason."

Postum Cereal Co., Ltd., Battle Creek, Mich., U.S.A.
Canadian Postum Cereal Co., Ltd., Windsor, Ont.

It's Baker's and It's Delicious



Made by a perfect mechanical process from high grade cocoa beans, scientifically blended, it is of the

finest quality, full strength and absolutely pure and healthful.

Sold in 1/5 lb., 1/4 lb., 1/2 lb. and 1 lb. cans, net weight.

Booklet of Choice Recipes Sent Free
WALTER BAKER & CO. LIMITED
ESTABLISHED 1780
MONTREAL, CAN. DORCHESTER, MASS.



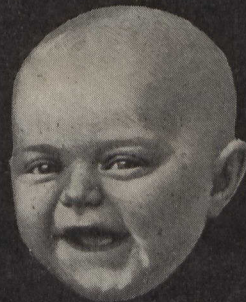
A PURE
HARD

Makes
Child's
Play of
Wash
Day



MENNEN'S

Borated Talcum
FOR MINE



For Prickly Heat and Sunburn
Relieves all Skin Irritations

Sample Box for 4c stamp

GERHARD MENNEN CO.
Newark, N. J.



Trade-Mark