

It is prepared as follows: The whites of two or three eggs may be stirred in a pint of water with a teaspoonful of brandy and a little salt. It should be used when freshly made, and is more grateful to the little patient if kept cold.

After a day or two, if the child tires of this, other nourishment may be given. Some broths—as mutton or chicken prepared carefully, and all the fat extracted—or one of the variously prepared foods. I use and recommend “Carnrick’s Soluble Food,” for the reason it does not require to be mixed with cow’s milk. It is easily prepared, is very assimilable and highly nutritious. I have seen children thrive wonderfully on this food.

In regard to the medicinal treatment, I think it neither wise nor judicious to administer powerful astringents in cases where the disease is caused by irritation of the intestinal canal by nutriments.

The use of hydrargyrum cum creta in doses of one-sixth or one-half grain every hour for, say, six doses, then, when the bowels are well cleaned out a powder containing two and a half grains each (according to age) of bismuth salicylate and peptenzyme, given every half-hour, will be found to act well in most cases. As to the vomiting, in these cases there is nothing which acts like peptenzyme. It must be given with due care.

Usually, in these cases, we find that the child is vomiting incessantly, and the parents generally “stuff” the poor victim with *milk* and other indigestible food, which only make matters worse.

The food should be stopped, and small doses of one grain (according to age) of peptenzyme may be given dry and washed down with a teaspoonful of water every half-hour. Relief will come in an hour or two.

The above is the method in which I treat ordinary cases of intestinal catarrh, with very good success.

Resorcin, in three-grain doses, acts very well in some cases.

When there is straining with the motions, ice-cold injections of water with one per cent. creolin is satisfactory, and where the mucus is blood-stained, 1-100 hydr. bich. has always acted well.

Copper arsenite has been recommended, in small doses, but I have had no experience with it.