

has taken place in that city during the interval, in many directions. Many of the London hospitals have been transformed during this time.

The *Journal* thinks that in Mr. Butland, the President-elect of the Association, the members have an ideal chief, whose infectious enthusiasm will permeate the numerous bands of workers which have already been organized to secure the success of the meeting.

In addition to the meeting of 1895, the Association held its annual meeting in London on two occasions. The first was in 1862, when Dr. Geo. Burrows was President. The second was in 1873, when Sir Wm. Ferguson was President. It is expected that invitations will be given to the Association to hold the annual meeting in Birmingham in 1911, and in Liverpool in 1912.

THE DANGERS OF FOOTBALL.

We have lately received considerable information respecting the dangers of football from prominent athletes and trainers of athletes in the universities of the United States. We are told that the question of condition is a very important one in estimating the dangers connected with the game.

We are told that, in football, if a man is in perfect physical condition, he rarely gets seriously hurt. He may be bruised, or "laid out" for a short time, but nine times out of ten he will feel ready for another game the next day. It has been noted that three-quarters of the bad football accidents occur early in the season, the assumed reasons being that the players have not toughened up. We find this statement in an article which recently appeared in the *Toronto Mail and Empire*. The article goes on to state that most of the remaining accidents happen in the last game or two; that the players have been weakened by the hard season's play, and are stale from too much practice.

We are also told, on the other hand, that over-training involves about as many dangers as under-training. An example of over-training is found in two places, West Point and