

life studies, and, moreover, you must regard your studies as being undertaken not with the object of merely acquiring a store of facts, but as the means of training the powers of observation. "The habit of observation is the foundation of the art of medicine." And it is upon your own observations and experiences that you will have to depend, and not upon those of other people. Other people's experiences are like other people's clothes; they may keep off the cold, but they don't fit and are very unbecoming. All through life the primary subjects must be kept at your fingers ends. It is not an exaggeration to say that nearly all the errors in diagnosis commonly met with in practice can be traced to defective knowledge of anatomy and physiology. A good physiologist or a good anatomist does not necessarily make a good physician or a good surgeon, but no man can properly practice medicine without a sound working knowledge of the primary branches.

Do not be contented with a minimum of work, just enough to enable you to scrape through the examinations. In dealing out your share of work give good measure. Make it a rule to do always more than is asked. Don't stop working the minute the clock strikes. Remember the words George Eliot puts into the mouth of Adam Bede: "I hate to see a man's arms drop down as if he was shot before the clock's fairly struck, just as if he had never a bit of pride and delight in 's work. The very grindstone 'ill go on turning a bit after you loose it."

Use your text books more, and depend more upon them. Select a good one, and stick to it. Read over the subject of the lecture you have heard that day. Cultivate a spirit of enquiry. Think out the problems set before you, and try to find out the reason for everything. Do not be satisfied with what you hear your teachers say unless you perfectly understand what they mean. We are too apt to talk above the heads of our class, and a good deal of the subject matter of the lecture or demonstration is not quite taken in and understood. Always ask if you don't understand. We all like to have students point out to us their own difficulties, and thereby give a direction to our teaching.