

YOUR AD. HERE WOULD PAY!

CANADIAN NATIONAL RAILWAYS

TIME TABLE

Trains leave Watford station as follows:

GOING WEST
Accommodation, 111.....8.42 a.m.
Chicago Express, 17.....12.09 p.m.
Detroit Express, 88.....6.51 p.m.
Chicago Express.....9.11 p.m.

GOING EAST
Ontario Limited, 80.....7.48 a.m.
Chicago Express, 6.....11.22 a.m.
Express.....2.50 p.m.
Accommodation, No. 112..6.08 p.m.
J. E. McTAGGART, Agent, Watford.

A. D. Hone

- PAINTER AND DECORATOR
PAPER HANGING
WATFORD - ONTARIO
GOOD WORK
PROMPT ATTENTION
REASONABLE PRICES
ESTIMATES FURNISHED
SATISFACTION GUARANTEED
RESIDENCE--ST. CLAIR ST.

A SUMMER SESSION is held in the ELLIOTT Business College
Yonge and Charles sts., Toronto.
From now until Sept. 2nd, when our Fall Term opens. Superior instruction in all Departments. Enter any time. Write for Catalogue.
W. J. ELLIOTT, Principal.

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JAMES NEWELL, PH.B., M.D., L.R.C.P. & S., M.B.M.A., England, Coroner County of Lambton, Watford, Ont. Office--Corner Main and Front Sts. Residence--Front st., one block east of Main st.

C. W. SAWERS, M.D., Phone 18, Watford, Ontario, Office--Main st. Residence--Ontario st. east. Office hours--8.30 to 9.30 a.m., 2 to 4 and 7 to 8 p.m. Sundays by appointment.

W. G. SIDDALL, M.D., Watford, Ontario, Office--Next to Public Library. Day and Night calls phone 26. Office hours--8.30 to 9.30 a.m., 2 to 4 and 7 to 8 p.m. Sundays by appointment.

DENTAL

GEORGE HICKS, D.D.S., Trinity University, L.D.S., Royal College of Dental Surgeons, Post graduate of Bridge and Crown work. Orthodontia and Porcelain work. The best methods employed to preserve the natural teeth. Office--Opposite Siddall's Drug Store, Main st.

G. N. HOWDEN, D.D.S., L.D.S., Graduate of the Royal College of Dental Surgeons of Ontario, and the University of Toronto. Only the Latest and Most Approved Appliances and Methods used. Special attention to Crown and Bridge work. Office--Over Dr. Sawers', Main st., Watford, Ont.

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J. F. ELLIOT, Licensed Auctioneer, for the County of Lambton. Prompt attention to all orders, reasonable terms. Orders may be left at the Guide-Advocate office.

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FARMERS' MUTUAL FIRE INSURANCE COMPANY

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JOHN PETER McVICAR, Director
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ROBERT J. WHITE, Fire Inspectors
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The Fine Qualities of "SALADA" GREEN TEA

cannot be adequately described but they can be appreciated in the teacup. FREE SAMPLE of GREEN TEA UPON REQUEST. "SALADA," TORONTO

A Lesson From The Past

Modern Business Methods Have Nothing on the Good Old Days

There is an old story the moral of which is applicable to many small communities such as Watford.

It is said that in a certain Old World village the inhabitants had a custom of meeting on the village bridge once a year. On the day of the meeting every person paid his debts to each and all of his fellow townsmen. The day closed with feasting, merry-making and good-will.

One year when all the villagers had assembled, it was found that each had come to pay his debts, but was depending on the payment of accounts to him to provide the necessary cash. Not one had brought any cash with him. Standing nearby was a traveller. He was curious enough to come to see this strange custom carried out. Seeing the bewildered looks of the villagers he enquired as to the cause. He provided the solution of the difficulty. Going to one man he said "Friend, what is thy debt?" "My debt," was the reply, "is fifty florins, but my neighbors altogether owe me a like amount and

I had hoped to get it and pay my debt." "Now," said the curious traveller, "I will lend thee fifty florins. Pay your debt." So this money began to circulate. Each return as he received money paid his own debt. In the end the first villager received the fifty florins due him. Turning to the traveller he said, "Here friend is thy money. All of us have paid our debts. We are no richer but wonderful to relate we are no poorer."

Is it possible that in this and other communities safety is lost, circulation is strangled and good-will be clouded because each looks to the other to perform a duty which he avoids carrying out himself?

What would have been the position of those villagers under a modern Bankruptcy Act? Each one owed a definite sum--each one had a collectable account due from a debtor who had nothing with which to pay. Each villager was apparently hopelessly bankrupt.

In all communities the Golden Rule when applied to financial obligations not only acts but also reacts to the benefit of each party. The fulfilment of such obligations is like the granting of mercy, which according to Shakespeare "Blesses him that gives and him that takes."

Took Father's Advice
An Irishman who was signing articles on board ship began to write his name with his right hand, then changing the pen to his left hand finished it.
"Sure, that's fair enough," observed Pat. "Put in a cork."

One Way Of Doing It
Pat went to a druggist to get an empty bottle. Selecting one that answered his purpose, he asked: "How much?"

"Well," said the clerk, "if you want the empty bottle it'll be five cents, but if you want something put in it we won't charge anything for the bottle."

"Sure, that's fair enough," observed Pat. "Put in a cork."

Doing His Duty
The Cathedral had been gayly decorated for the Christmas services and two Irishmen were visiting it. One was from the country, and had been taken there by his friend who wished him to be duly impressed by its grandeur. As they came out, the resident of the city said:

"Well Mike, and phwat do you think of it? Isn't it grand?"

"Pat," said the one from the country, "it bates the devil!"

"That," said his friend, "was the inclination."



A 1c stamp will bring you news items to The Guide-Advocate.

EXCRUCIATING PAINS, CRAMPS

Entirely Remedied by Lydia E. Pinkham's Vegetable Compound

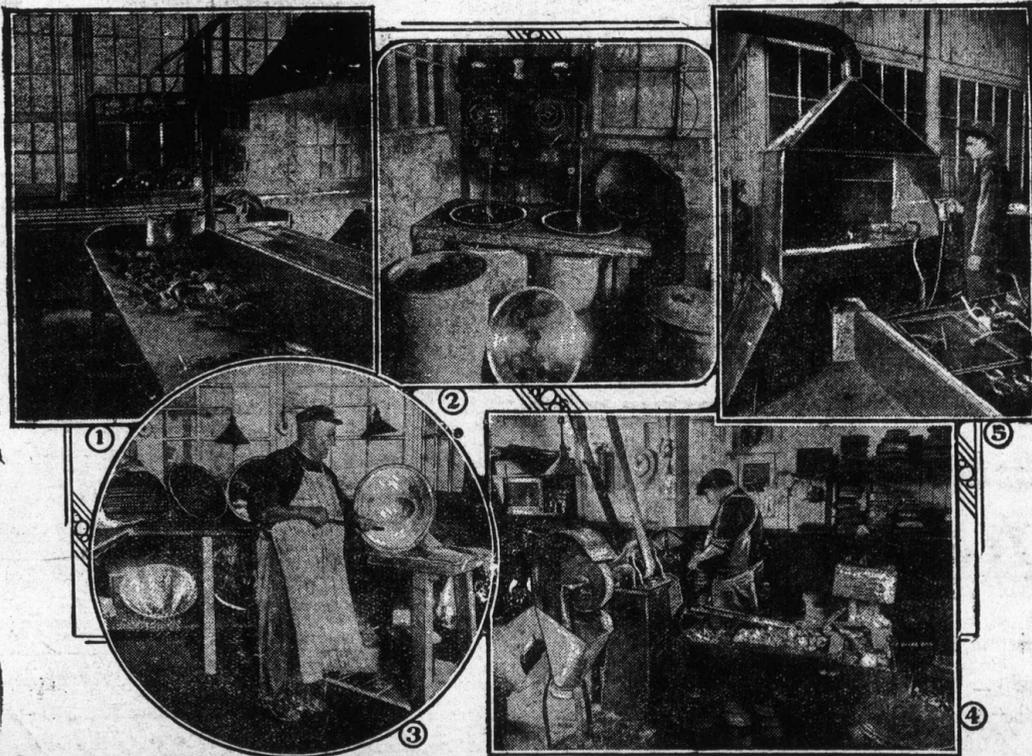
Eberts, Ont. -- "I started with cramps and bearing-down pains at the age of eleven years, and I would get so nervous I could hardly stay in bed, and I had such pains that I would scream, and my mother would call the doctor to give me something to take. At eighteen I married, and I have four healthy children, but I still have pains in my right side. I am a farmer's wife with more work than I am able to do. I have taken three bottles of Lydia E. Pinkham's Vegetable Compound and I feel that it is helping me every day. My sister-in-law, who has been taking your medicine for some time and uses your Sanative Wash, told me about it and I recommend it now, as I have received great relief from it."--Mrs. NELSON YOTT, R. R. 1, Eberts, Ont.

Lydia E. Pinkham's Vegetable Compound is a medicine for ailments common to women. It has been used for such troubles for nearly fifty years, and thousands of women have found relief as did Mrs. Yott, by taking this splendid medicine.

If you are suffering from irregularity, painful times, nervousness, headache, backache or melancholia, you should at once begin to take Lydia E. Pinkham's Vegetable Compound. It is excellent to strengthen the system and help to perform its functions with ease and regularity.

A Foe to Asthma. Give asthma half a chance and it gains ground rapidly. But give it repeated treatments of Dr. J. D. Kellogg's Asthma Remedy and it will fall back even faster. There is no half way measure about this remedy. It goes right to work and drives asthma out. It reaches the inmost breathing passages and leaves no place for the trouble to lurk. Have it by you for ready use.

Electro-plating a Canadian Railway Operation



Photographs showing electro-plating operations at the Angus Shops, Montreal. No. 1 shows the tanks in which small articles are hung for plating, and No. 5 the lacquering process. The text below explains the other photographs fully.

Passengers on the Trans-Canada and other Canadian trains have often admired the tableware with which the dining cars are equipped, but comparatively few of the travelling public appreciate the extent to which electro-plating enters into every day use on a Railway. As a matter of fact, practically all metal hardware parts of passenger equipment interiors are plated, many of the engine parts, including the copper reflector of the head-light are plated, and various platings are used on a thousand and one articles which enter daily into the life of a railroad.

The traveller notices the silver plate perhaps more than any other, but many metals are used by the railroad companies. Gold, for instance, is used by the Canadian Pacific for plating pepper caster tops and similar articles, copper is used on lighting and other metal car fixtures, zinc on refrigerator hardware, nickel on kitchen utensils, tin on rainmen's lanterns, mercury on telegraph elements and aluminum or lead on miscellaneous articles.

At the Angus Shops, Montreal, the Canadian Pacific Railway Company has quite an extensive plant where the most of its electro-plating is carried on. The method used by this Company is a simple one but none the less effective.

The articles to be plated are first chemically cleaned, after which they are usually hung from a metal bar into a long vat where they are immersed in a chemical solution which varies with the metal to be deposited. The electric current, which is of low voltage, is connected, the positive pole to the metal plate or plates, and the negative to the bar from which the articles to be plated are suspended. As the electric cur-

rent flows from the plating metal to the suspended articles, the metal is carried through the solution and deposited in the form of a thin coating over the entire surface of the required article.

This process is well illustrated in No. 2, which shows two electric headlight reflectors in the process of receiving silver plating. In this case the plate of silver is suspended in the centre of the reflector, which is filled with cyanide of potassium solution, and the electric current flows from the plate to the reflector which is, itself, the negative pole.

Illustration No. 3 shows the next step in the treatment of the headlight reflector, which, by the way, gives the highest concentration of light known. This is hand burnishing, the operator burnishing two reflectors in a working day. For articles which can be readily polished by a rotating buffing wheel, this is accomplished in the manner shown in No. 4.

Upon completion of the polishing operation, articles to be so treated are placed in a metal container and, by means of a small compressed air gun, sprayed with suitable lacquer. If it is desired to oxidize the plated article in order to make it harmonize with woodwork or other material, as is often the case with copper platings, it is exposed to heat or vapor, or immersed in some solution prior to the application of the finishing coat of lacquer.

The Canadian Pacific Railway Company was the first large corporation in Canada to install its own electro-plating plant, but during the last few years this method of protecting metal from oxidation has developed into quite an industry and one which employs a large number of Canadian workmen.