May 12, 1922

FLIES SPREAD DISEASE

THEY ALL ADVERTISE

bacteria. Flies have been repeatedly She cack'es forth the fact. found to carry the germs of typhoid fever, tuberculosis and other infectious diseases. Of intellect to show, They unquestionably are accountable for But none the less most roosters have much spread of infection.

in April or May, may breed millions be-fore the epd of the summer. Of letting folks know he's around By his insistent bray.

feed upon the most disgusting materials,

The most enective means of suppressing files is to prevent them from breeding. The favorite breeding places are manure heaps, garbage pails and privy vaults. Manure ahould not be premitted to remain longer than four days in any place within a half Before he'll advertise. mile of a house, except in a concrete pit which is fly tight. Garbage should be

kept in tightly covered pails, which should be emptied frequently—the con-tents being either burned or buried. Privy vaults should be fly and vermin proof

The most rational time to begin the good work of ridding a community of flies is when they make their appearance with the advent of warm weather. Every fly killed in April or May means many thousands less in August or September. All through the fly season, no manure, garbage or rubbish of any kind should be allowed to remain where flies may gain access to it and breed.

Kitchens, dining rooms and sick chambers should be screened and any flies which enter should be immediately killed.

The importance of such measures, from the standpoint of health, can scarcely be of vegetable soup. overestimated.

RELATION OF CARDS AND TIME

Present-day playing cards-at least a close resemblance to them were designed in 1392 by Jack Gringonneur, court painter to Charles VI of France, who had the four social classes of Gringonneur's time: Spades for the pikemen or soldiery; clubs were designed as a clover leaf, the emblem of husbandry; diamonds repre-sented the diamond-shaped hat of the artisan, and hearts come from the French word "coeur", an evolution of chorûr, were diegen. The first cards actually meaning clergy. The first cards actually in use in the United States were brought In day in the United States were constructed at a dinner party. In Santa Fe and St. Augustine, Fla. Every nation on the globe has some kind of card game, although the pack is not 'affectation.' The best writers have no at a dinner party. "This high brow talk about 'style'," he said, "amuses me, 'Style' usually means 'affectation.' The best writers have no to you have been been the party of th

popular game today is auction bridge. Keep Minard's Liniment in the

(Issued by the Department of the Public Health, Nova Scotia.)
A single fly may carry thousands of Yet every time she lays an egg. Enough good sense to crow.

Flies multiply at an enormous rate. A The mule, the most despised of beasts single female fly, making its appearance Has a persistent way

The presence of flies means the presence of filth in the near neighborhood. They Bulls bellow and cows moo. The watchdogs bark, the ganders quack, carrying filth from the most nauseous and dangerous sources to deposit it upon our food. The most effective means of suppressing And even serpents know enough

A bean pot can easily be washed if it is put to soak on the stove with a tea-spoon of soda in cold water. Let it come to a boil for five minutes, being sure it is full of water. This plan works quicker

if a cover is placed over the top. If copper or brass is very dirty don' dip it into a cut lemon and rub on the metal. The strong acid will remove the worst stain

Don't allow graniteware to dry over a hot fire, as the heat in expanding may ause the outside to scale. Never use water which has been stand-

ing overnight in the teakettle. In the morning fill it with fresh water, boil and use at once.

Remove mud from black clothing by rubbing with raw potato. Add a pinch of salt to eggs when whip-ping. It will hasten the process.

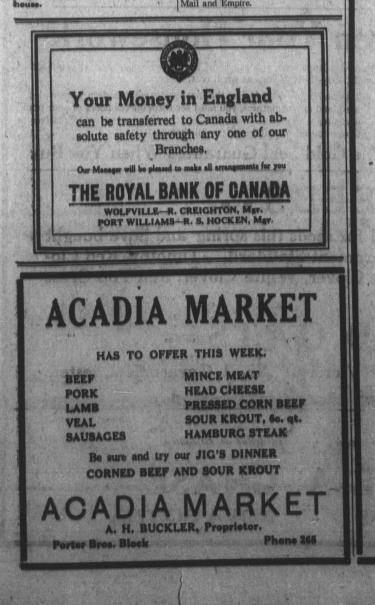
IT HAS ITS USES

An old Scotchwoman, much against her lost his reason. He founded his pack on a regular system. For instance a pack the first she had taken since she was a a regular system. For instance of pace the max are had taken and taken are to a set of a consisted of 52 cards—the number of gird in her teens. When the photograph weeks in the year, 365 dots correspond to was handed to her she failed to recognize herself. She thought there must be some are 13 cards to a suit, the number of lunar months. The four suits represent matched, "Is this me?" she said. "Yes, madam," said the photographer, "and the four suits represent mistake. "Is this me?" and the photographer, "and the four suits represent matching like a sensible descent of concentration like as the said. "Yes, madam," said the photographer, "and the four suits represent mistake. "Is the said the photographer, "and the four suits represent mistake." The old lady

Chief Justice Taft was discussing books

card game, although the pack is not always the same in style or number. The French national game is picquet, one of the oldest games known. The Germans play skaat. Spain, the greatest card playing nation, favors pedro. It goes without saying that the most universally corrules games today is aution bridge. "Do you want a narrow man's comb?" said the attendant.

"The stylist gave a disgusted laugh. "No'' he said, 'I want a comb for a stout man with rubber teeth.""—The Mail and Empire.



FOR SUCCESS Don't assume the loser's attitude to-Don't go about with an exwards Life. pression of failure on your face. The world very quickly detects the signs of success or failure, and will help you the way you are going. Keep your courage up and your temper

The best way out of a difficulty is through it.

A man's hardest competitor ought to be himself. Waiting to be somebody will make you

nobody. Courtesy is to business and society

what oil is to machinery. The art of pleasing is the art of rising

the world.

Do not turn your back on troubles;

The barriers are not yet erected which

shut out aspiring talent. Your heart must inspire what your hands execute, or the work will be poorly

Many a man thinks he is a shining light when he is only a flash in the pan.



A"is good tea

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- -that Dr. B. J. Palmer, President of the Palmer School of Chiropractic, is the son of the late Dr. D. D. Palmer, discoverer of Chiropractic;
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Investigate for yourself. Be open to reason and conviction. Don't say: "I can't be helped." "I've had my troubles too long." "I'm too old."

While you are guessing about yourself, I can be busy restoring you to Health with the aid of CHIROPRACTIC. Kindly call and let me explain fully the merits of Chiro-practic, its possibilities and the work I have mapped out for myself in this community.

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