

January 21 - 2

Theatrical

Miss Gertrude Coghlan, an exceedingly clever and versatile actress, and a company, whose strength was unquestionable, presented the dramatized version of Thackeray's immortal "Vanity Fair" at the Grand last evening.

The house was only a fair one and the audience was not very enthusiastic.

Miss Coghlan as Becky Sharp certainly deserves all that has been said of her. To successfully personate that unscrupulous but fascinating creature of fiction is a daring enterprise, in which Miss Coghlan leaves nothing to be desired.

That Miss Coghlan has not surrounded herself with a better support is very unfortunate. Much of the strength of the play is thus sacrificed—and disappointing.

DISTRICT DOINGS.
WALLACEBURG

Jan. 20.—Miss Dupuy entertained her friends to a progressive party Thursday evening.

Miss Glass, of Chatham, is visiting Miss Dupuy.

A very pleasant evening was spent by the friends of Miss Chubb, at her home last evening.

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THAMESVILLE

Jan. 21.—Miss Gertrude McKee is visiting in Windsor for a few days.

Miss Nellie Huffman, of Pontiac, Mich., is visiting friends here.

Jas. Galloway is suffering from a severe attack of rheumatism.

Will McGeechey, of Chatham, spent Sunday in town.

A number of local Oddfellows attended the funeral of the late Clarence McRitchie, of Bothwell.

Alex. Gregory and son, of Chatham, were in town yesterday.

Rev. A. H. Drummond conducted services in St. James' Church Sunday, owing to the absence of Mr. McInnis in Bothwell.

W. V. Cryderman left yesterday for Louisville.

There has been given the position of G. T. R. section foreman.

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DRESDEN

Jan. 21.—Judge Woods, of Chatham was in town yesterday.

C. F. Watson has sold his store on Main street, popularly known as "The Right House" to Norman G. Green, Esquire, Gilmore, Ontario, manager of the Anglo American Iron Co., the price, we understand being \$3,000.

A meeting is being held this evening at the residence of Rev. S. Bond, to decide upon the purchase of new books for the Methodist S. S. library.

Mrs. J. E. McGeechey and Mrs. A. V. Penfold entertained twenty young ladies at a thimble party yesterday afternoon.

The Best Sugar Co. has purchased the foundation sand for their factory from Samuel Sharpe at forty cents per yard. They expect to use 5,000 yards. The contractors commenced having the sand hauled yesterday.

The Misses Annie and Belle Mooney are to build a large brick building adjoining the Oddfellows Block.

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APPLETON

A couple of loads from here spent a very enjoyable evening on the 15th at the home of George Oliver on the Prince Albert, returning home in the wee sma hours of the morning.

Douglas McKerrall is spending a few weeks at Guelph visiting the Model Farm.

Mrs. H. W. Badger spent Wednesday and Thursday with friends in this vicinity.

John Barker, of Turnerville, called on friends here Friday evening.

Isaac Andrews left Friday to visit his parents at Kimbal.

AT THE BULLETIN.

B. Blackford.

It is amusing, and sometimes pitiful, to stand at a bulletin, and watch the different characters and the various expressions depicted on the faces of the people as they read the news. With what difference are the bulletins read by the aged mother, with lines of care on her face, who perhaps has a son at the seat of war, and the light-hearted youth endeavoring to enlist. While an item telling of a small engagement fills the heart of the youth with fire, it may cause the mother's heart to stop with fear for her enlisted son. The boy near the end of his

Exposure

To cold and stormy weather opens the way to an attack of bronchitis. The man or woman, who is farmer, milkman or truckman, needs to pay special heed to the first symptoms of weakness or disease of the organs of respiration.

The use of Dr. Pierce's Golden Medical Discovery will cure bronchitis, deep-seated coughs, bleeding of the lungs, and other conditions which if neglected or unskillfully treated, terminate fatally in consumption. There is no alcohol in the "Discovery" and it is entirely free from opium, cocaine and other narcotics.

For seven years I had been troubled with what the doctors call bronchitis," writes Mr. Arthur Maule (general merchant), of Siloam, Michigan, Ontario. "My wife and I began taking your 'Golden Medical Discovery' and I rapidly recovered from the attack and felt no more of it that fall. This season I began taking more of it and I can go out in all kinds of weather and not feel the bronchitis trouble at all. Let me say to all who are suffering from such complaints to give Dr. Pierce's Golden Medical Discovery a fair trial, and I am convinced that good results will be obtained."

Dr. Pierce's Common Sense Medical Adviser, paper-bound, is sent free on receipt of 31 one-cent stamps, to pay expense of customers and mailing only; or 50 stamps for the book in cloth binding. Address Dr. R. V. Pierce, Buffalo, N. Y.

teens hardly ever glance at the bulletin, he being too engrossed in the proximity of some girls of his age who are passing arm in arm up the street. Then along comes a group of young men who are settling down for life, and who have the serious expression in the eye which generally culminates in good citizenship. While they are reading, there appears that inevitable old gossip, who is found everywhere.

With unkempt beard, short and stubby, and with his shrewd eyes—he is a character to be found at street corners. Generally of a talkative nature, he accepts the bystanders, many of whom will not be bothered listening to him, while others, to humor him, pretend to be greatly interested in his story.

The laborer reads earnestly every item of news, and proceeds on his way. Then the sport, with light suit and overcoat flying open, saunters up, and greeting some comrade in a loud voice, scans the bulletin for sporting news. The proud, well-dressed young man reads the news, with face of stone, as not one emotion is there discernible. The honest, ruddy face of the farmer is turned full on the items, which he peruses carefully.

The business man walks briskly up and exchanging a nod of recognition with an acquaintance, continues his walk, after having read the news. Any person can see most of these characters, if he waits long enough, at almost any bulletin.

A SLAP AT TRADITION.

Dorothy—"What did you and your mother-in-law fall out about, Kitty?"

Kitty—"Oh, she never liked me after she heard me say that no husband of mine should ever wear home-made shirts."

True repentance is known by its fruits. Repentance and reparation are twins—and Siamese twins at that. God does not take possession of our wills. They are our own. He simply designs to make our purposes as well as our wills one with his own.

Farmer's Backache.

There is scarcely a farmer in this country but knows what backache is.

The hard work and heavy lifts, the constant grind of toil from early morning till late at night, frequently bring the stabbing pain in the back or the dull grinding ache that knows no let up. Then too there are often urinary troubles, swelling of the feet and ankles, puffiness under the eyes, rheumatic pains in the joints and muscles.

Dr. Pitcher ought to be held in high esteem by every farmer in the land on account of his Backache Kidney Tablets, which are doing such a grand and noble work in banishing backache, kidney and urinary troubles, which are such universal complaints on the farm.

Mr. C. E. Lane, King Street East, Ingersoll, Ont.: "I have been subject to attacks of backache and kidney trouble for some years, owing to heavy work on the farm in my early days. Every attack of cold aggravated it. I have tried other remedies in the past but with little effect, and decided to try a bottle of Dr. Pitcher's Backache Kidney Tablets. I got a bottle from A. E. Gayfer, druggist, using at first three and then two at a dose, as they proved a little too laxative. With the second bottle the pain and other trouble disappeared, and since then there has been no return. Consequently I am sure they are a good medicine."

Dr. Pitcher's Backache Kidney Tablets are 50c a box, as all druggists or by mail, The Dr. Zina Pitcher Co., Toronto, Ont.

ARTIFICIAL LIFE.

Effect of Certain Concomitants of Civilization in Cramping Bodies and Crippling Souls as Described by Mrs. Raff.

"The Artistic Treatment" of the Soul's Dwelling" was the title of a recent lecture delivered before the Toronto Woman's Art Association by Mrs. Enna Scott Raff. Mrs. Raff introduced her subject by saying that the poorest education that teaches self-control is better than the best education which neglects it. Man exists in three phases—the mental, the moral, and the physical, and she quoted Hegel's principle of making the body the expression of the mind and the soul. Mrs. Raff said that the Greeks have given us the ideal form, and that they aimed to secure the mastery of mind over body, so as to represent the inward harmony by the outward appearance. The fall of Greece, of Rome, and the degeneracy of the middle ages, followed a downward tendency in the athletics of these ages.

"It is not," said Mrs. Raff, "a soul, not a body, we educate, it is a man. Out of this one must not judge two. For years and years no special stress has been laid upon education for the body—physical arts for women have been neglected, and now, when vitality is low in our sex and the great cry is for health—how to keep it or how to get it—our eyes are turned toward the history of the nations, and we find that the Attic Greeks were the most genuinely cultivated people whom the world has yet known. The Greeks discerned and appropriated by a training which had come to them instinctively, the best in life."

Speaking of culture, and the methods by which it is attained, Mrs. Raff said: "It is possible to know a great deal and be wholly without culture. Some scholars are as free from all trace of it as some well-conditioned men are of the charm of good manners. Culture is not knowledge piled up like so many pieces of wood; it is knowledge transmuted by meditation into character."

"The culture of the Greeks gave them an ideal form, if the Venus de Milo is typical of the Greek woman, and we believe the Greeks first made themselves into beautiful forms before they expressed such objects in marble." At this juncture Mrs. Raff gave an analysis of the Venus supposed to have been sculptured by Praxiteles.

Mrs. Raff quoted a definition of health given her recently by a physician, as the equilibrium of the forces of nature working in the body, and continued: "Poise of body and mind, beauty of thought and movement, curve instead of angles, relaxation instead of rigidity—that is what we are working for. The artificial life of civilization is cramping women's bodies and crippling their souls."

A comparison was then instituted between the form of the Venus de Milo and the form of woman as she walks the streets to-day, and definite causes for the differences were stated. "A healthy body," Mrs. Raff said, "is one of the surest foundations of happiness. A well-born man or woman can be happy if he or she knows God's law and Nature's law, living free, unconstrained lives, recognizing the fact that the body is the servant of the soul. Every mother owes it to her child that her child be well-born—a child of loving thought, not a creature of accident."

"Let every woman who calls herself Christian wage a war against artificiality and ritualism."

"Complete mastery over the body is the special province offered to all, and can be obtained by all."

"Women with colorless cheeks and torpid lives sit for hours of each day in darkened rooms, at the everlasting embargo of this life, not necessary leave such work to those to whom it means bread and butter, and go to the daisy field for the love of the daisies. There you will get strength and sympathy for all toilers."

"The strength of the universe in that you are strong. Let your sympathy reach toward all the toilers of the universe in that they all need it."

"Artistic culture of the body descends into the realm of sanitation. With living, intelligent care must we determine the needs of our bodies, and by a constant and assiduous culture make them 'fit temples'."

"A breaking of Nature's laws has continued for generations, we, of the fourth or fifth, can by no possibility jump back to where law can work normally through us, but we can climb back to an arduous life, step by step."

In speaking of the misuse of nervous force Mrs. Raff drew attention to the example of relaxation afforded by the healthy child in sleep.

"This law," she said, "of rhythm, or of equilibrium in motion, and in rest, is the end, aim, and effect of all true physical training for the development and guidance of the body, giving poise of mind and body."

"Nervousness is selfishness born of a self-focusing thought. The power of repose is the stepping-stone to true equilibrium."

"After perceiving that a thing is beautiful, we should be eager to know why it is beautiful. A great deal of our wanted estheticism and over-refinement leads us to the worship of false gods. But when we get into the right atmosphere we will perceive the inherent beauty of things—stimulating whatever is calculated to refine and exalt."

Mrs. Raff concluded by practical illustrations of the meaning she assigns to the "artistic treatment of the soul's dwelling," giving hints on modes of dress calculated to express the soul in the body. "For," said Mrs. Raff, "life is God's best."

"The soul is not the body, and the body is not the life."

"Both together make the music. Either marred, and all is mute."

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LODGES.

WELLINGTON Lodge, No. 46, A. F. & A. M., G. R. C., meets on the first Monday of every month, in the Masonic Hall, Fifth St., at 7:30 p. m. Visiting brethren heartily welcomed.
J. S. BLACK, W. M.

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