CHATS WITH YOUNG MEN

WISHING

Do you wish the world were better ' Let me tell you what to do Set a watch upon your actions Keep them always straight and true, Rid your mind of selfish motives, Let your thoughts be clean and high You can make a little Eden Of the sphere you occupy.

Do you wish the world were wiser Well, suppose you make a start By accumulating wisdom In the scrap book of your heart. Do not waste one page in folly; Live to learn and learn to live; If you want to give men knowl-

edge, You must get it ere you give.

Do you wish the world were happy Then remember day by day, Just to scatter seeds of kindness As you pass along the way. For the pleasures of the many May be often traced to one, As the hand that plants the acorn As the hand that plants the Shelters armies from the sun.

—The Tablet

WELL-PLACED CONFIDENCE At the immigrant station on Ellis Island, N. Y., the officers send back to their own country all paupers who would need to be supported by our government. A contemporary describes an incident occurring there which shows the benefit of being what to do one thing well.

able to do one thing well.

Among others seeking examination was a tall young Pole, about twenty years old, who carried a black bag under his arm. When the young man's turn came

to answer the inevitable question, "How much money have you?" he smiled and answered, "None, But don't you know you can't

come in here if you have no money and no friend to speak for you Where are you going?"
"To Fall River first. I have a

friend there. Then I shall see the whole country. I shall make money. You will hear of me."

The inspector proceeded rather sharply:
"How will you get to Fall River? Where will you eat and sleep to-

"I shall be all right," replied the young fellow, confidently. "With this"—tapping the black bay—"!

can go anywhere."
"What is it?"
The Pole laughed, and opening the bag, took out a cornet. It was a fine instrument, and gave evidence

'Can you play it well?" asked the officer more kindly.

In answer the young Pole stepped out into an open space, and lifting the horn to his lips began the beautiful intermezzo from "Cavaleria Rustigene". Rusticana." At the first note every-one in the great building stood still and listened. The long lines of immigrants became motionless. The forlorn waiters in the pits looked up and their faces became tender. Even the meanest among them seemed to feel the charm of the pleading notes.

When the music ceased there was a burst of applause. Shouts of "Bravo!" "Good Boy!" "Give us some more," came from every side. The physician who had a few minutes before made a hurried and not over-gentle examination joined in the applause. The officer who had questioned him so sharply slapped him on the back. The com-missioner himself had come up from his office at the sound of the horn and asked for the particulars.

turned to the agent of the Fall River boats and said, "Give this fellow a passage including meals, and charge it to me."
"I will charge it to myself," said

the agent, and he took the young Pole by the arm and led him away."

THE IMMACULATE CONCEPTION

December 8, the Catholic Church celebrates the dogma promulgated celebrates the dogma promulgated in 1854, by Pope Pius the Ninth, of the Immaculate Conception of the Mother of God. The Holy Father pronounced and defined that the Blessed Virgin Mary "in the first instant of her conception, by a singular privilege and grace granted by God, in view of the merits of Jesus Christ, the Saviour of the human race, was preserved exempt from all stain of original sin."

sin."

This dogma is often confusing not only to non-Catbolics, but too often to poor Catholics, but too often to poor Catholics, who think it applies to the incarnation of Christ Himself. It means that Mary was preserved exempt from all stain of original sin at the first moment of her animation and sanctifying grace was given her before sin could have taken effect in her soul. But she was not made exempt from the temporal penalties of Adam, that is, from sorrows, bodily infirmities and death. Her redemption (as it is said) was the vary mesternies of her sublime dignity as Mother of the since of the sublime dignity as Mother of the since of the sublime dignity as Mother of the since of the sublime dignity as Mother of the since of the since of the sublime dignity as Mother of the since o God was born into the world free from original sin. And this unique prerogative she alone of the whole human race possesses. Immaculate than he who pays it after it has fallen on the debtor. Such is the meaning of the term "Immaculate through life, without the least through life, witho

It is fortunate for us Catholics that so many years of study, con-templation and even controversy

The various aspects that do not and can not concern the layman, were examined under the mental microscopes of the greatest theologians the Church has produced. In the testimony of the Fathers two points were insisted upon: her absolute purity and her position as the second Eve. They call her the tabernacle exempt from defilement and corruption. Of her St. Augustine says:

"All the just have truly known of sign of the Church of Christ the scene is one of desolation and confusion. Here and there a personal following is grouped about some leader, but group is clashing with group, and for the most part individuals wander about, blindly, like soldiers after a rout. In the soul of each is dismay or deadly indifference.

The various aspects that do not and a Catholic, once wrote the following of the Church of Christ the scene is one of desolation and confusion. Here and there a personal following is grouped about some leader, but group is clashing with group, and for the most part individuals wander about, blindly, like soldiers after a rout. In the soul of each is dismay or deadly indifference.

The real various approach to the church of Christ the scene is one of desolation and confusion. Here and there a personal following is grouped about some leader, but group is clashing with group, and for the most part individuals wander about, blindly, like soldiers after a rout. In the soul of each is dismay or deadly indifference. tion. Of her St. Augustine says:
"All the just have truly known of
sin except the Holy Virgin Mary, of

whom, for the honor of the Lord, I
will have no question whatever
where sin is concerned."
In the Western Church the doctrine of the Immaculate Conception was thoroughly discussed and fought over for centuries, gaining in strength all the time. Finally, to put an end to all further cavilling, Alexander VII., December 8, 1661, promulgated the constitution in which he forbade all further discussion, against the common and cussion against the common and pious sentiment of the Church. He declared that the immunity of Mary from original sin in the first moment of the creation of her soul and its infusion into the body was the object of the feast.
Since his time there was no doubt

Since his time there was no doubt on the part of theologians that the privilege was amongst the truths revealed by God. Thus it was, that Pius IX., surrounded by a splendid throng of Cardinals and Bishops, on December 8th, 1854, promulgated the dogma. The decree of the first Council of Baltimore, 1846, electing Mary in her Immaculate Conception principal patron of the United States, was confirmed February 7, 1847.—Catholic Columbian.

OUR BOYS AND GIRLS

THE IMMACULATE CONCEPTION Fell the snow on the festival's vigil And surpliced the city in white; I wonder who wove the pure flake-

Ask the Virgin, or God, or the night.

It fitted the Feast: 'twas a symbol, And earth wore the surplice at morn, As pure as the vale's stainless lily

For Mary, the sinlessly born; For Mary, conceived in all sinless-

And the sun, thro' the clouds of the East, With the brightest and fairest of Fringed the surplice of white for

the Feast. And round the horizon hung cloud-

lets, Pure stoles to be worn by the Feast; While the earth and the heavens were waiting For the beautiful Mass of the

priest. I opened my window, half dream-My soul went away from my eyes, heart began saying "Hail

And my hear Marys Somewhere up in the beautiful skies. Where the shadows of sin never

And

Father. And keeps hearts and the heavens so near. And all the day long - can you

blame me? "Hail Mary," "Our Father," I

Were glad of the way that I prayed.

And I think that the great, bright Archangel Was listening all the day long For the echo of every "Hail Mary" That soared thro' the skies like a

song. From the hearts of the true and the faithful,

In accents of joy or of woe, Who kissed in their faith and their

fervor, The Festival's surplice of snow.

THE IMMACULATE CONCEPTION The Feast of the Immaculate Conception comes again freighted with the sweet fragrance of Mary's unique prerogative, and instilling wholesome lessons of faith and devotion. The Immaculate Concep-

and death. Her redemption (as it is her sublime dignity as Mother of said) was the very masterpiece of God was born into the world free

tainted nature's solitary boast.'
Pope Pius IX. declared in his Bull
"Ineffabilis" promulgating the that so many years of study, con-templation and even controversy are devoted to the things on which the Church wishes us to be right and certain. Through the centurand certain. Through the centuries this matter of the sinlessness of Mary was debated and about it the older Fathers were very cautious. Heaven a Father, whom the Seraphim extol three times as holy—so He has on earth a Mother who was never without the brilliancy of holiness."

good, So patient, peaceful, loyal, loving pure

This were enough to prove it higher and truer,
Than all the creeds the world had known before."

We read a great deal today of the mission of woman in the world. The noblest mission that a woman can have is to model herself upon the pattern of the Blessed Virgin. She is the ideal which the Church has ever held up to womankind. Her purity, her faith, her devotion, her gentleness, her obedience, her goodness are qualities that can be copied by women in all ranks of life.

Today when the sacred cornerstones of the social structure, mar-riage and the family, are being undermined, by false theories of feminism, true women must fly to the defence of these higher sancti-ties of life. Mary our Mother, the guardian of purity, the champion of family life, must be the frequent recourse of true womenhood.

Like Mary, though in a restricted sense, the Catholic Women of the world have the privilege of bringing Christ to the world, and of becoming modern Marys to their time and to their people. Let us not forget that Mary, under the title of her Immaculate Conception, is inextricably intertwined with the exploration development of our country. Early pioneers named settlements and rivers in her honor. Bands of holy women came here and labored in her name. The Church has named her the Patroness of this land. And in her honor a magnificent national shrine to the Immaculate Conception is being raised in our capitol

Through long years she has guarded the Catholic family, watched over the education of our little ones, preserved unsullied the purity of the faith, and enabled Catholic organizations laboring under her auspices to write into the annals of our progress a golden record of Catholic achievement. May Mary Immaculate, our Patroness, protect us and guide us, and lead the world through her glorious army of de-vout clients, the Catholic women of the world, back to the appreciation of spiritual values, to the glory and triumph of right family ideals, straight to the heart of Her Divine Son.—The Pilot.

ROUTED ARMIES

One of the tragedies of the modern world has been played out on the stage of personal religion. Wars, revolutions, famines, pestilences, earthquakes have all stricken one or more of the nations of the earth in the last decade. rested;
the angels were waiting to the angels were waiting to really tragic as the overturning of hear
The prayer that ascends with "Our the individuals of these nations.

The real reason for the tragic disorder outside the Catholic Church is the same as for the disorder in any routed army. Authority has lost its hold on the minds and wills of all the unsettled Christians. Listening to a seductive propaganda for a false liberty of conscience, they have forgotten the voice of their commanding officers, and the gates of hell have prevailed against them. In less figurative language, the fact is that all non-Catholic religions have no longer a sound basis for religious conviction, the first requisite for a true personal service of God. An apt confirma-tion of this was furnished by Bishop Manning of New York at the consecration of another Episcopalian prelate, in a sermon which was a stirring and earnest appeal for belief in the Divinity of Christ and allied dogmas of Faith. Hesitating between the appearants including between the apparently rival claims of the authority of Church and of Scripture, the "spirit guided consensus of the Catholic (sic) Church," and human reason naturally gifted for truth, the Bishop seeks to reconcile, and only succeeds in weaken-ing them all. In the building up of religious conviction, each of these means to truth has its orderly and appointed place; displace any one of them, and the structure falls. It is certain that the religion of Christ is the truth, but our final assent to it is given to it as the revealed truth, not as a scientific truth or any other kind of truth. The whole problem of modern minds lies here. How can we be sure that the religion of Christ is revealed? The only solution is the one furnished by Christ Himself, an infallible Church witnessing to the Revelation delivered to it from the beginning.-America-

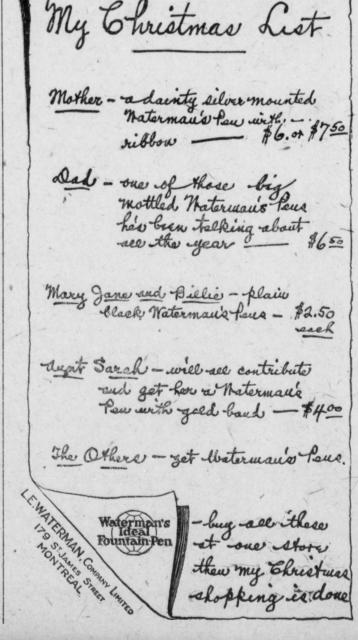
BRUSH YOUR TEETH ON BOTH SIDES

Care and cleanliness of the teeth is absolutely essential, therefore secure a perfect tooth brush marked "Nobility."

Each brush is guaranteed to last at least six months and is manufac-tured of the finest bristles possible to secure. No matter how severe you use the "Nobility" Tooth Brush it will not injure the teeth in any way. Not one case of pyorrhea has ever been reported when the "Nobility" Tooth Brush is used.

Ask for the "Nobility" Tooth Brush which are guaranteed at all drug stores.





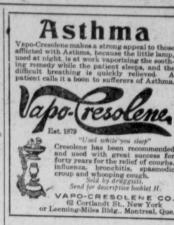




Louis Sandy HABIT MATERIALS ly Produced for the Use of

Religious Communities Black, White, and Coloured Serges and Cloths, Veilings Cashmeres, Etc. Stocked in a large variety of widths and qualities, Samples forwarded

LOUIS SANDY STAFFORD, ENGLAND ms-Louisandi, Sta PHONE No. 104



Holy Name Society Badges and Buttons





Any color

wording.

Delivery

Quick

Ribbon.

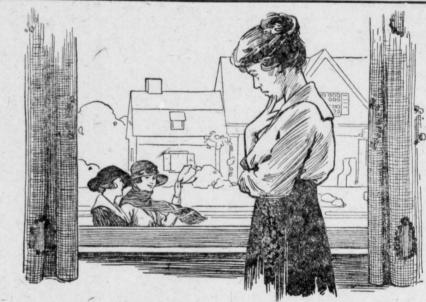
Regulation 25c. Each

BADGES and BUTTONS

FOR CHRISTMAS

Infant Jesus Buttons 50c. Dozen; \$2.50 per 100; \$20.00 per 1000.

T. P. TANSEY 329 Craig St. West Montreal



Health Rundown

Health Restored

Mrs. F. F. Malcolm, Luck-ow, Ont., writes:—

Mrs. F. F. Malcolm, Lucknow, Ont., writes:—

"My system became run down and I was very nervous. I was easily irritated and any trivial matter or noise from the children would upset my nerves. I also suffered from indigestion, and often gas would accumulate in my stomach, causing great distress. For about a year I was unable to attend any kind of gathering or be in a crowd, my nerves were so bad. In fact, it would be difficult to outline fully just how I felt. I called on the Doctor, and took the medicine-he gave me, but did not seem to improve. One day I read of Dr. Chase's Nerve Food, and what it was doing for other people suffering from nervousness. I resolved to try it, and by the time I had taken three boxes, I could notice an improvement. I continued this treatment until I had taken three boxes, I could notice an improvement. I continued this treatment until I had taken three boxes, I sy this time I felt real well and strong again. All my old troubles and symptoms had been removed, and I felt like my old self once more. Since then, I usually keep Dr. Chase's Nerve Food in the house, and when I feel the least bit run down or fagged out, I take a few more. By following this plan I keep strong and healthy."

OTHING SERIOUS," you say, "guess I will soon be all right." And yet you do not feel well, are easily tired and irritated, have some digestive troubles and headaches perhaps, and have spells of depression and discouragement.

You know that you are not getting the most out of life, but do you realize that you are drifting into a condition of chronic ill-health.

Perhaps you are already familiar with Dr. Chase's Nerve Food and need only a reminder of what you may expect from the use of this great restorative

There is scarcely a community in this great country but can produce evidence to the unique quality of Dr. Chase's Nerve Food as a means of forming new, rich blood, strengthening the nerves, and building up the system generally.

Try it when you are tired out and discouraged. Try it for sleeplessness and irritability. Try it for nervous headaches and indigestion.

It is not a mere relief, and for this reason you must persevere in its use until the lost vigor is restored to the nerves. The fact that the results are thorough and lasting will encourage you to keep up the use of the Nerve Food until you feel strong and well.

You are not experimenting when you employ this great reconstructive agent, but can turn to it with confidence that what has restored the health and vigor of many thousands of men and women will not fail

Dr. Chase's Nerve Food