

Track season opens

Western Invitational preps 'em

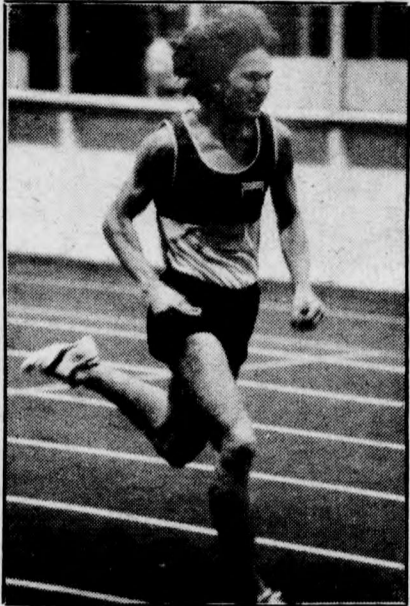


Photo: Eric Spence

Eric Spence

Runners take your mark... set...CRACK. The race is under way, the crowd roars, and another track season has begun.

Friday's "low key" Western Invitational meet was the York Track Team's first competition of the season, and several Yeomen placed well.

Mark McCoy finished first in the 60m hurdles with a time of 8:31. Camille Cato, a former A. Y. Jackson grad, placed second in the 600m at 1:33.6. Recent "Athlete of the Week" Dave Reid came in second in the 1000m with a time of 2:27.37. Randy Sealy and Val Grose placed third and fifth in the 60m with times of 7:11 and 7:18 respectively. Jamie Black came in seventh in 1500m,

clocking a 4:04.2.

The meet provided the York club with the exposure it needs to get into shape for the upcoming season; the team is "just getting ready," says Coach John Millar. "If last season was any indication of things to come this year, then we should have another successful season."

RED AND WHITE TRACKS: Seven students returning to the team helped represent Canada at the Commonwealth Games. According to Millar, the majority of the 60 students who could compete for York this season are track performers, and there is a definite need for field competitors. Any interested athletes (long jump, triple jump, shot put, pole vault) should contact John Millar.

Dave Reid paces himself to a second place finish in the 1000m

Big Improvement

Fencers taste Gold

Chris Dodd

The Brock Invitational fencing tournament held this past weekend proved to be a very successful event for the up and coming York varsity fencing team.

Leading the way was the Sabre team of Mourad Mardikian, Chris Thomas, Adam Bryant and Michel Derikx, which captured the gold medal.

The epee team of Steve Wowk, Pat Legris, Reya Ali, Raymond Au and the foil team of Scott Mitchell, Rex Lo, Benson Lam and Andy Ng both won bronze medals as all three weapons earned medals at the tournament.

Comparatively, the Yeomen fen-

cers were only able to muster a 7th place finish in the foil competition at a previous tourney held last November at RMC. With many players competing in their first event at RMC, improvement has come quickly for the team and the future looks promising. Needless to say, coach Richard Polatynski was impressed with the results, but adds that there is still plenty of room for improvement.

This coming weekend, York will host their own Invitational tournament with approximately twelve universities from across Canada expected to compete.

The tournament will begin at 9:30 a.m. on Saturday and Sunday at Tait McKenzie.

Sportlite

Elissa S. Freeman

The York University Sports Administration Certificate Programme and Sports In Perspective Inc., are sponsoring a three day seminar, called "A Practical Approach to the Psychology of Sport". The guest lecturer will be Dr. Brent Rushall, who is a Professor of Coaching Theory at Lakehead University in Thunder Bay. Rushall is a recognized world authority in psychology, particularly as it applies to sports and coaching.

The programme begins Friday, January 28 and runs through the weekend to Sunday, January 30. Presentations over the three day programme include, Applied Psychology for Coaches, How to Motivate the Sports Performer, Psychological Procedures for Competitive Preparation and Psychological Control and Content in Competition Performances.

The fee for those who register prior to January 15th is \$60.00, after January 15th or at the door it is \$75.00 and for groups of 10 or more from one organization the fee is \$45.00 per person.

The seminar will take place at York's Ross Building, 9th floor, Senate Chamber. For more information call 967-7550.

Jo Ann Beckwith number one

York's number one women's squash player, Jo Ann Beckwith, is now the top player in all of Canada.

Last weekend, Beckwith and eight of Canada's top ten players participated in a round-robin tournament that would determine the members of the National Team.

During the course of play, Beckwith went undefeated and emerged as the team's top player. Beckwith also won last month's Ontario Closed Squash Meet, where she defeated many professionally ranked players.

Forty footer ices it

Mark Zwol and Gail Stewart

Having come off a second place finish at the McMaster Winter Rose Invitational Tournament, the Yeowomen travelled to McGill this past weekend to capture the consolation title at the Martlet Invitational.

York defeated Lakehead University in the consolation final by a score of 91-84. Top scorers for the Yeowomen were Senka Komsic with 20 points.

The Yeowomen lost their opening game to McGill University in a closely-fought match, 85-70.

In round two of the tournament, York played their most exciting match in an 81-79 squeaker over Winnipeg. With four seconds remaining, the score deadlocked at 79, York's Paula Lockyer sank a Hail Mary 40 foot jump shot to ice the game. It was an appropriate ending for Lockyer, who was the games high scorer with 28 points.

Winnipeg had soundly defeated the Yeowomen by 23 points in their previous meeting this season. The Yeowomen's next league game is January 21, at Laurentian.

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CYSF PRESENTS

WOMEN & POLITICS

JAN. 17-21

Sponsored by CYSFA Director of Women's Affairs, Judith Pilowsky Santos; Science Christian Movement; All Student Union Movement; Women's Centre.

Monday, Jan. 17

Films-"Lady from Grey County" and "Campaign"

Speaker-Prof. Naomi Black on "History of Canadian Women and Politics"

Tuesday, Jan. 18

Films-on abused women

Wednesday Jan. 19

Films- "Women's Place" and "Women in Two Cultures"

Speakers- Pat Hacker and Sonia York on "Women and the Constitution"

Thursday Jan. 20

Films-Double Day(Latin American Women) and Some Black Women

Speakers- Panel discussion on women and the third world with Constanza Alleviso (from Centre for Immigrant Women-Italy) accompanied by women speakers from El Salvador and South Africa

Friday Jan. 21

Films-Donna Rosanna and La Quebecoise

PLEASE NOTE

All films will be shown in the large Bear Pit from 11:00 a.m. to 12 noon

All speakers will appear in the Faculty Lounge (S869 Ross) 12 to 2 p.m.

with exception of Wednesday's speakers who will be the Women's Centre (S102 BSB)

FOR FURTHER INFORMATION CALL: 667-3484 or 667- 2515