

MOOSEHEAD INTRAMURAL REPORT

Recreation Program says "thanks"

We could not have done it without you!

The Physical Recreation and Intramural Program extends heartfelt thanks to all the students who worked so faithfully in the past year. These individuals were largely responsible for the recreation program that was available for the UNB/STU students, faculty, staff, alumni, and their families. Our student staff served in many capacities including coordinators, referees-in-chief, officials, sports reps, instructors, lifeguards and supervisors. Their interest, enthusiasm, and dedication was invaluable.

In order for the Program to continue to grow and develop to serve the needs and interests of the university community we need student personnel for the coming year. This is your opportunity to get involved in a critical part of university life, to acquire some valuable practical experience, to improve your resume, to meet some new friends, to earn some spending money, and to have a good time while you are at it.

If you are interested in becoming involved in any aspect of the Physical Recreation and Intramural Program next year, you should complete an application form before you leave for the summer. Application forms are available from

the Recreation Office, Room A121, L.B. Gym. If you have any questions or concerns, please feel free to contact the Program Director, Shirley Cleave at 453-4579.

Co-Ed Volleyball

The Amino Acids were the victors of the Co-ed Volleyball Tournament held in the Main Gym on Saturday, March 12. There were six teams involved in the Round Robin tournament: Amino Acids, Hungovers, Freddy Beach Bums, MacKenzie, Tibbits, and the Rum Runners.

After the completion of the round robin schedule Tibbits was in the lead, Hungovers were second, Amino Acids were third, and MacKenzie was fourth. The Amino Acids became the victor beating Tibbits two games to none with scores of 15 - 6 and 15 - 11. The members of the Amino Acids include: Pat Hallihan, Drew Colpitts, Terry Todoschuk, Darren Hallihan, Christine Hallihan, Lisa Paleran, Julie Campbell, and Kim Henderson. Congratulations to the Amino Acids and to all the teams who participated making this a successful tournament.

Spring and Summer Recreation Programs

The popular Fitness Classes will recommence after the Spring Exam session. Classes will be held at Noon Hour and in the afternoon/evening in the Dance Studio at the L.B. Gym.

Further information will be available from the Recreation Office early in April.

Badminton

Attention all Badminton players. Looking for a match? Anyone interested in playing badminton during the spring and summer months is asked to contact Donna Kinney at 454-5521.

Backpacking & Canoe Camp

This spring the Recreation Program and the Extension Department are jointly sponsoring a number of backpacking and canoe camping trips. These expeditions will be held on various weekends in May and June in locations in New Brunswick and Maine. Further information is available from the Extension Department (453-4646) or the Recreation Office (453-4579). Take advantage of this opportunity to explore some of the great outdoors.

Women's Basketball

The Women's Intramural Basketball League ended on March 24/88. The final game was played by "Carleton" and the "Spikers". A victory was seen by the "Spikers" with a final score of 26-22. The members of this year's team who played the final game are: Carla Knol, Susan Evans, Charlene Wood, Wendy Smith, Christen Purdy, and Sheila Bell. Congratulations girls! Thanks to all of you who participated in this league.

UNB Diving Club

University of New Brunswick divers dominated the Royal Bank Junior Olympic provincial diving championships at the Canada Games Aquatic Centre in Saint John. The New Brunswick Diving Championships were held March 26-27, with approximately 35 divers taking part, including ten from Nova Scotia.

The meet began at 5:00 p.m. on Saturday with the five meter platform event, and winding up Sunday around 12:30 p.m. with the completion of the men's and women's open event on the one meter board.

The results are as follows:

Boys A2	1 meter	3rd place	Scott Morris
Boys A2	3 meter	3rd place	Scott Morris
Women's Open	1 meter	1st place	Sue McLean
Women's Open	3 meter	2nd place	Sue McLean
Women's Open	5 meter	2nd place	Vona MacMillan
Women's Open	5 meter	3rd place	Sue McLean
Men's Open	1 meter	2nd place	Keith Pickard
Men's Open	3 meter	3rd place	Keith Pickard

There were several other age-group UNB divers which made 1st place winnings.

The championships and a few other local meets will determine the Provincial Diving Team and the provincial development team. They will be training consistently throughout the summer and next year to make qualifications and be elected to the Canada Summer Games diving team. The Canada Games are being held in Saskatoon, Saskatchewan, August 1989.

Sue McLean of UNB has earned a spot on the national senior age group championships later this year. This was accomplished because of her ultimate performance at the provincials in Saint John.

UNB diving coach, Steven Power has been named Canada Games Coach in 1989, while Lorna Calder, coach of Saint John Fundy, was named co-coach and manager of the team.

Lastly, UNB's diving club has another chance to make qualifying standards at the Nova Scotia Provincial Championships April 16-17. Good luck team and congratulations Steven for your appointment.

NEW BRUNSWICK PROVINCIAL MARATHON CHAMPIONSHIP

FREDERICTON, NEW BRUNSWICK
SUNDAY, APRIL 10, 1988

EVENTS:

- 2 mi walk
- 1/4 Marathon (6.5 mi)
- 1/2 Marathon (13.1 mi)
- Full Marathon (26.2 mi)
- Competitive relay (co-ed, M or F)
- Recreational relay (co-ed, M or F)

STARTING TIMES

12:00 pm for the marathon and relay
1:00 pm for the remaining categories

ENTRY FEE:

Minimum - \$25 in donations or \$15 entry fee
Competitive relay - \$100 in donations or \$60 fee per team
Recreational relay - \$100 in donations or \$15 entry fee per runner

The New Brunswick Heart Marathon is sponsored by the New Brunswick heart and Stroke Foundation, in cooperation with the Faculty of Physical Education and Recreation, University of New Brunswick to promote cardiovascular fitness.

Net proceeds will help support the Heart and Stroke Foundation.

FOR MORE INFORMATION OR APPLICATIONS CONTACT:

N.B. Heart Marathon
c/o Susan Kelso
Bag Service 1988
Station "A"
Fredericton, N.B. E3B 5G4
Phone: 453-4579 OR
The Runners Line 450-7806

DEADLINE FOR ENTRY April 10, 1988

AGE DIVISIONS AWARDS:

- Under 20 Yrs.
- 20 - 29 Yrs.
- 30 - 39 Yrs.
- 40 - 49 Yrs.
- 50 & Up
Seniors

HOW MUCH DO YOU KNOW ABOUT YOUR HEART

1. Everyday, your heart pumps _____ times? (100,000)
2. It pumps _____ gallons of blood through the vessels each day? (4,300)
3. Your heart pumps about _____ litres of blood per minute to the body's circulatory system? (5 to 6)
4. Canada's number 1 killer is _____? (Heart Attack and Stroke)

5. Excess _____ and poor eating habits are bad for your heart. (weight)

6. To prevent heart disease, you should _____ regularly and learn to relax. (Exercise)

7. Don't _____, it is proven to cause serious health disorders - especially cardiovascular disease. (smoke)

8. Another name for "hardening of the arteries", which many heart attacks begin as, is _____ (atherosclerosis)

9. _____ are at greater risk of having a heart attack. (males)

10. Your _____ is the hardest working muscle in your body. (Heart)

11. The Tenth Annual New Brunswick Heart Marathon is being held on _____ (Sunday, April 10th, 1988)