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WHITE AND COLUMBIA WYAN-DOTTES, LIGHT BRAHMAS, S. C. WHITE LEGHORNS, Michael K. Boyer, Box 23, Hammonton, N.J.

arrange themselves naturally Sweet peas should be cut with the Sweet peas should be cut with the longest possible stems and no attempt made to arrange them before they are put into vase. Use only white, pink, pale yellow and avender together. The deep colored do not harmonize well with the delicately colored. Dana a handful intil many colored. colored. Drop a handful into a vase give it a shake and each flower m to settle into the place where it

Planning Meals in Advance.

With the Household Editor.

HAT kind of meat will I have for dinner to-day," or "What in the world will I have for ** in the world will I have for dessert," are questions the busy housewife often agks berself. It is such a difficult task to plan the meals so that there will be variety from day to day. How many plan their meals ahead for a work at a time? Some appreciated How many plan their meals ahead for a week at a mee's are? Some experienced houseskeeper and the some appreciation of the some and the

Would it not be possible to plan the noon day meal in such a way that left-overs could be tastefully utilized for tea, or probably in some cases in cool tea, or probably in some cases in cool weather, enough vegetables and meat could be cooked one day at noon to do for the next day also, and all that would be necessary the second day, would be necessary the second day, would be to add a few extra touches in order that there would be a slight In order that there would be a single variety from the previous day. What about the daughter, who is

being taught housekeeping by a care ful mother? Would she not find it interesting to make out a week's schedule of meals, then let her mother offer criticisms as to how it might be improved, or let her follow the schedule which she has drawn up and find out from consolers. find out from experience sometimes where it might have been planned to better advantage. For instance, she will learn that it is a good plan to have a roast for dinner on wash day and to leave the top of the stove as clear as possible on ironing day. Bread baking day is an excellent time to make good use of the top of the stove as well preparing appetizing dishes, and so forth. Of course, we can never hope to standardize housekeeping after the factory model,-in fact, we do not wish to overdo this systematizing, yet is there not an ever increasing need for there not an ever increasing need for forethought and systematic planning? And what duty requires more plan-ning than the preparation of meals day in and day out?

The case concerned a will, and an Irishman was a witness. "Was the de-ceased," asked the lawyer, "in the habit of talking to himself when

"I don't know," was the reply. "I don't know," was the reply.
"Come, come, you don't know, and
yet you pretend that you were intimately acquainted with him?"
"The fact is," said Pat dryly, "I
never happened to be with him when
he was alone."

Two British soldiers went into restaurant at Salonika and asked for Turkey and Greece. The waiter said, "I'm sorry, gentlemen, but I can't "I'm sorry, gentlemen, but I can't Servia," whereupon the Tommies cried, "Fetch the Bosphorus." When that gentleman arrived and heard the complaint, the manager said, "Well, compani, the manager said, wen, gentlemen, I don't want to Russia, but you can't Roumania." And so the poor Tommies had to go away Hun-

A Women's Institute That is Thriving

By Miss R. M. McKee, Household Editor Farm and Dairy

To attend a live Women's Institute Cross organization with which Mrs. meeting is certainly an inspira-Tomhinson is connected at Simcos, from Timent was brought Ont, turned out 13,500 and socks home to me did expected the second of the most possible which which would not had been attended a meeting on of the most possible without their knitting progressive institute one that I chine. Mrs. Tomhinson hoped that have ever had the pleasured wiseling the King branch was not forgetting it was the King branch will continue the continue of the second occasional sifts of money as Ont. I had a special inducement to well as socks, in order that drugs may O attend a live Women's Institute Cross organization with which Mrs. It was the King branch in York Co., to send occasional sifts of money as Ont. I had a special inducement to well as socks, in order that drugs may take a trip to King. Miss Alice A. be purchased. She pointed out that Perguson, one of our well-known conthe need for funds to purchase these tributors to Farm and Datry, had given drugs was great, and that if \$10 was me a standing invitation to go and sent for this purpose last year, almost wish ther at the first opportunity. This \$50 would be necessary this year to seemed to be my characteristics.

house in order to provide seating ac-commodation. About sixty were pres-ent, which was a splendid attendance. Miss Ferguson, who is secretary of the branch, informed me when we were driving over to Mrs. Stewart's that driving over to Mrs. Stewart's that using mean three times a day was about she did not know whether or not the denounced very strongly, as she conmembers would turn out in large siders that we should cut down our members would turn out in large aumbers as Mrs. Stewart's home was not very central. Quite a number present were visitors and the officers were not at all lax in endeavoring to persuade these visitors to become members of their organization.

Miss Bergine Stewart the canable

Meeting with a few items of dustness. While the minutes of the last meeting were being read, I noted that 784 pairs of socks had been turned out since June, 1916, and 1,542 pairs since hostilities began. Two papers were read on the subjects of "Tactless Peo-ple" and "True Sociability." We plan to publish at least a part of these at a later date.

a later date.

Mrs. M. A. Tomilisson, of Simcoe,
Ont. was the department delegate,
Ont. was the department delegate,
who addressed the gathering on the
subject of Tuntes and Opportunities
of Women in War Time. In opening
her ronaises, Mrs. Tomilisson spoke
about on the proper spirit. I do
not think we have fully realized our
great headings and privingee as a
nation," she said. "We have committed very many national sins. We
ted very many national sins. ted very many national sins. We have been over-prosperous and overhave been over-prosperous and the frivolous and have not realized the Giver of all as we should. Perhaps Giver or an as we should. Perhaps the unfavorable crop of last year and the present shortage of food has been sent as a lesson to help us get ready for this birthday of Canada and to turn over a new leaf. We should cele-brate Sunday. Ink 1st as a particular turn over a new near. We should cele-brate Sunday, July 1st, as a national "holy day," not a holiday, in humble confession of our national sins and asking for a speedy end to this con-

Mrs. Tomlinson complimented the Mrs. Tomilison compilimented the members of the King branch of the Women's Institute very heartily on Women's Institute very heartily on the great work they are doing and assured them that the Department was very proud of them. Their spiendid contribution of socks to the Red Cross work was also commenced. did contribution of socas to the Real Mineral matter.

One of the last points dealt with and she suggested that they night do by Mrs. Tomilison was that of "the well to purchase a knitting machine vote." "Men have this year realized."

visit her at the first opportunity. This sou would be necessary this year to seemed to be my chance to "kill two cover the same work, as the purchasbirds with one stone," and according price of one dollar is not nearly individually a sound of the prisoners of war for the prisoners of war for the prisoners of war Fund she was about my pleasant visit with of the Prisoners of War Fund she was a price of the prisoners of war Fund she was the date is and the state of the prisoners of war fund will keep one farm and Dairy, and will deal at the of the prisoners of war fund the prisoners of war fund will deal at the state of the prisoners of war fund will be and the state of the prisoners of war fund will be a fund the prisoners of the

time with the meeting of the Institute. In June 28th was the date, and the meeting was held in Denblem Farm, the home, of Mrs. James Stewart, who are not producing enough poultry is one of the live wines of the King Mrs. Tomilisson is a poultry woman, branch. This farm use of the King Mrs. Tomilisson is a poultry woman, commodious, yet the rooms is which seel her poultry in Toronto at top to meeting was held, were tabled as the poultry in Toronto at top capacity, couches and benches having County on taking advantage of the her bright from other parts of the this splendid market, which is right house in order to provide seating ac at their foor. "You would be doing County are not taking advantage of this splendia arried, which is right at their door. "You would be doing something very patriotic at the pres-ent time," she said, "If you raised the said, "If you raised the said, "The custom of cod for next winter." The custom of using meat three times a day was also danaunad very stranger, as the connumbers as Mrs. Stewart's home was meat supply in order that more may present very central. Quite a number be sent overseas. Fish should on the order of the sent overseas. Fish should be were not at all lax in endeavoring kindle of the sent overseas. Fish should be were not at all lax in endeavoring kindle or the sent overseas. Fish should be members of their organization.

Miss Portice Stewart, the capable could have 190 lbs. or dish shipped president of the branch, opened the formation of the sent overseas and the sent overseas which which the minutes of the last meeting the average fish dealed profit which were being read, I noted that 784 Mrs. Tominson some as each contract may be sent overseas. Fish should be se

at meeting the average fish dealer makes."

that 784 Mrs. Tomilinson spoke at some
urned out length regarding the seriousness of
airs since the food situation. "We are so terers were 7bly hard to scare about the food
diess Poc. question," she said, "as we have altwe plan ways had plenty and are not thinking
these at about it seriously enough. We are
rather selflah in looking after our own
Simcoe, Feeds." Raising and saving more rather selfish in looking after our own needs." Raising and saving more vegetables was also emphasized. It here was any surplus of vegetables or fruit our farms, Mrs. Tomilisson or fusion advised that it be sent to the Red Cross canning factory at Hamilton, which is carried on under the direct which is carried on under the direct of a sent of the sent which is carried on under the direction of expert dictitans. Here they take fruit even down to the third and fourth grades and it is canned for overseas. This method is now taking overseas. This method is now taking place of women canning jellies and fruit themselves and sending over-seas as was tried out the first year. seas as was tried out the first year.

Mrs. Tomlinson also pointed out that
\$18,000 worth of pickles from the
United States was sold in Toronto last
year and that \$10,000,000 worth of imported fruit came into Canada. Her plea was to produce more and lessen this importation.

Conserve potatoes by using other things, was another plea. A table giving the comparative nutritive value of potatoes and rice was given by Mrs. Tomlinson, which was as follows

Rice Potatoes. Amount of water, 12.4 78 9 Protein 7.4 2.2 Fat 18.4

well to purchase a knitting machine vote." "Men have this year realized." as much more work could be accome the said, "that our work in our own plished. With a machine ten pairs of departments has been supportant, legs of socks can be turned out in that they have asked our help and adta an afternoon. It is best to stop using vice in matters of the state we can the machine at the ankle and knit not go at these things blindly. We can the machine at the machine at the said as the socks have to read all the material we can will fit and wear better. The Red get our hands on, such as coltiorials in

our papers, speed etc., so that we ma tions you finally o opinion from that think he will still opinion.

July 12, 1917.

Before refreshm ed the president the household Dairy to make a my appreciation being branch and to ext of Farm and Dair

Let the Firele W HILE, like proven to be a kitchens when the upward, also a si saver of energy In summer, the di on' the range ear then placed in the left until dinner expected, the savi greatest in the p like stews which re cooking. The foo the cooker are ce vegetables, dried



and puddings. A be overlooked utilize cheaper cui cooking at a relat ture, such as is g cooker, improves th of these tougher cu bill in the majorit; a large item.

There are many the market, but it struct a homemade give satisfactory r cheaper. In a bul the United States riculture, a simply is described, a roug appears herewith container a tightle probably the m though an old tru or a large butter or used. Whatever ita size should be low for at least fe ing material all e which the kettle is

Pireless cookers much wider range are provided with heat, since a highe ture may thus be c water is depended source of heat. C duces a possible of