



CASCARETS 10¢

For Constipated Bowels—Bilious Liver

The most cathartic-laxative to physically empty your bowels when you have

Headache	Biliousness
Cold	Indigestion
Business	Stomach
Headache	Constipation

tonight will empty your bowels completely by morning and you will feel splendid. They work while you sleep." Cascarets have stirred you up or gripe like Salia, Phis, Calomel, or Oil and they cost only ten cents a box.

Orange street, and Miss Frances Campbell, daughter of Mrs. A. H. Campbell, Coburg street, left on Monday evening for Toronto to resume their studies at the Conservatory of Music.

Mr. and Mrs. George Frederick McLean announce the engagement of their daughter, Irene, to Mr. William Edmund Bacon Reed, son of Mr. and Mrs. William Reed of Quebec City, the marriage to take place in February.

How a sick child loves the "taste of California Fruit Syrup." It is little green, so good for you.

Mr. and Mrs. H. M. Wood, Scrabble, were the guests of Mr. and Mrs. R. Samner this week.

Rev. Father Sullivan, rector of St. Bernard's Church, left this week for the West Indies, where he will spend a few months.

Miss Nora Shannon is the niece of Mrs. Erol Mitchell, Halifax, for a few weeks.

The Wednesday afternoon bridge party at the residence of Mrs. Frank Mitchell, Princeton, was

"Then I read about people being restored by Dr. Chase's Medicine and after three months' use of Dr. Chase's Nerve Food and Kidney-Liver Pills I found that my bowels were restored to normal movement each day and the constipation was no more. I had a good appetite, had gained 20 pounds and could not feel better. I shall always be grateful for these benefits."

Dr. Chase's Nerve Food, 50c a box; Dr. Chase's Kidney-Liver Pills, 75c.

LEGAL
FLOUR

Wonderful
Bread™

A black and white illustration of a man in a suit and tie, smiling and standing behind a counter. On the counter are several loaves of bread and a flour sifter. The man's hands are resting on the bread. The background is dark and textured.