## POOR DOCUMENT



schools and institutions discard their The government will keep its pledge German teachers and when our young men and young women obtain their edu-side of Quebec, will virtually go dry on

cation under Americanism and guide the young by references to our own great

"WOMAN'S SPHERE."

bec pro. May, 1919. • • • The story that graft is rampant in

Capt. Best has been reminding St. Germany will readily be believed. The John people of the part the women of people who have looted Belgium and tre France take in war-work-and the wo- trying to loot the world can have no nice men of England. It has been suggested scruples of conscience regarding such

that young women from the urban cen- matters.

tres of this province organize to help the farmers, and the Young Women's Pa- Old Boreas had a few remarks to triotic Association of this city already make on Sunday and the orators of the has a group of volunteers who hope to legislature had to give him right of way see such an arrangement made as will until this afternoon. Even a premier enable them to prove their usefulness on must exercise patience when the weather

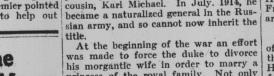
chable them to prove their userulness on must exercise patience where  $f_{\rm are}$  weather the farm this spring and summer. In Ontario the young women did a great deal last year to help the farmers and fruit-growers, and they will do much more in the present year. In the present year. more in the present year. Of course women are taking the places of men in many lines of business, in  $\otimes \otimes \otimes \otimes$ 

order that the young men may be set The New Brunswick Power Company

order that the young men may be set free to enter the army or engage in other warlike service. We hear much less tak nowadays about "woman's sphere." Her relating to the change of ownership of

sphere is widening so rapidly that all the plant it now controls. our theories of social reconstruction must

be revised to give her place and honor There is a growing demand on both where in old times it was never dreamed sides of the Atlantic that shipbuilding she would enter to challenge the su- be speeded up to cope with the submarpremacy of the male sex. The Toronto ine menace. There is need of it.

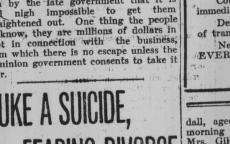


A Barrie Man Tells of Persistent Headaches and Indigestion - Finally Found His Way to Good Health For two long years the writer of this,

For two long years the writer of this letter was subject to severe headaches. The nervous system got run down, di-gestion failed, and there was continued loss of weight. The use of Dr. Chase's Nerve Food changed all this, and now with scores of other Barrie people Mr. Nader is the best means of building up the exhausted nervous system and curring headaches, indigestion and all the an-noying symptoms of a run-down condi-tion.

noying symptoms of a run-down condi-tion. Mr. John Nades, 38 Penetang street, Barrie, Ont., writes: "During the last two years I had an attack of indiges-tion, accompanied by severe headaches. I suffered from loss of appetite, and my system became run down. I also lost considerably in weight. I began using Dr. Chase's Nerve Food, and as they helped me I continued this treat-ment for some time. My condition is now greatly improved, my headaches are gone and my health in general is much better. I can cheerfully recom-mend the use of Dr. Chase's Nerve Food to those suffering from nervousness of

mend the use of Dr. Chase's Nerve Food to those suffering from nervousness of any kind." The reason Dr. Chase's Nerve Food is so effective in cases of this kind is be-cause of its extraordinary blood-forming influence. By creating an abundance of rich, red blood it strengthens the action of the heart, revitalizes the exhausted nerves and builds up the system in every way. The appetite is restored direction im-





The Best Habit

In The World is the habit of health. The way to get it is to train your bowels, through the liver, to act

naturally, at a fixed time, every day. Take one pill regularly (more only if necessary)

until you succeed. Then you can stop taking them, without trouble or

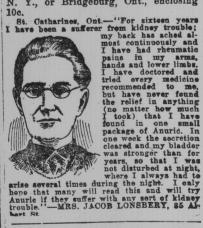
annoyance. This has been the good-health-rule for 50 years.

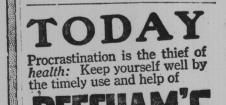
CARTER'S ITTLE IVER PILLS

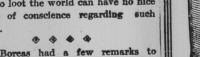
line bears Signature Ger

sian army, and so cannot now inherit the title.
At the beginning of the war an effort wande to force the duke to divore his morgantic wife in order to marry a princess of the royal family. Not only did the duke, who was devoted to his wife, refuse to divore her, but she herst eff strenuously opposed the project, alt hough, as German papers assert, the state demanded it, and the situation aparently preved on the duke's mind, alt hough, according to reports, he continued to appear before the public as a gr, debonair man of the world. Latter ly, however, he had led a more and more lools of his estate at night, until finally he lost his reason and committed.
A small Mecklenburg parts out the situation apart of the world. Latter ly, however, he had led a more and the woods of his estate at night, until finally he lost his reason and committed.
A small Mecklenburg parts out the situation apart of his more world. Latter ly, however, he had led a more and the woods of his estate at night, until finally he lost his reason and committed.
A small Mecklenburg parts out the situation apart of his world. Latter ly, however, he had led a more and the woods of his cetate at night, until finally he lost his reason and committed.
A small Mecklenburg parts out the situation apart of his world.
A small Mecklenburg parts out the situation apart of his world.
A small Mecklenburg parts out the situation apart of his world.
A small Mecklenburg parts out the situation apart of his world.
A small Mecklenburg parts out the situation apart of his world.
A small Mecklenburg parts out the situation apart of his world.
A small Mecklenburg parts out the situation apart of his world.
A small Mecklenburg parts out the situation apart of his world.
A small Mecklenburg parts out the situation aparts of his world.
A small Mecklenburg parts out the situation aparts out the situation aparts out the situation aparts o

Anuric drives the uric acid out. Scien-tific men have learned that in gout also rheumatism, poisonous uric arith-crystals are deposited in or about the joints, in the muscles-where inflamma-tion is set up. If we wish to keep our kidneys in the best condition a diet of milk and vege-tables, with only a little meat once a day, is the most suitable. Drink plenty of pure water, take Anuric three times a day for a month. You can obtain a trial pkg. of Anurie by writing Dr. V. M. Pierce, Buffalo, N. Y., or Bridgeburg, Ont., enclosing 10c.







For Bread, Biscuits, Pastry

LaTcur Flour IS EQUALLY GOOD

From Wheat. PRICES:

Fowler Milling Co., Ltd.

ER MILLINGED T TOR E MANITOBA HARD WHEAT NO REST. NO RES MADE IN ST. JOHN

Cake

Milled to Government Standard From Best Manitoba Spring

Phone West &

For Two Years

way. The appetite is restored, digestion im-proves, you rest and sleep well, and the new vigor and energy is felt in every or-gan of the human body. Dr. Chase's Nerve Food is doing wonders for men, women and children whose systems have become weak and run-down. 50 cents a box, 6 boxes for \$2.75, all dealers or Edmanson, Bates & Co., Limited, To-ront Brentwood Globe gives one interesting illustration The New Brunswick Power Company of the enlarged sphere of women in the should be asked to give full information Colorless faces often show the absence of Iron in the blood. Foley's Stove Linings business world. It relates to the bankregarding the actual cost of the gas it ing business. The Gobe says: THAT LAST **Carter's Iron Pills** "A silent revolution is proceeding in produces. There's a story in that. TELEPHONE MAIN 1601 the business life of Canada which in-\* \* \* \* will help this condition. Den't Let The Fire Burn Thru te The the Oven volves the emergence of women into a The British have regained supremacy much wider sphere than that formerly of the air on the western front. That is Moncton, March 11-David H. Cran occupied by them. How great its effect an immense advantage. . .