EXAMINE YOUR DENTIFRICE Acid and grit, descriest enemies of the seth, abound in cheap dentifrices. Fine per-turnes do not make fine dentifrices. Your seth deserve better of you than to be offered a sacrifice to your pocketbook.

SOZODONT

sof proven value. Sixty years is a pretty rood test. No acid, no grit in Sozodont. The Liquid penetrates the little crevices and orifies them; the Powder gives a bright and polished surface.

S FORMS: LIQUID, POWDER, PASTE.

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Unable to Say That G.T.R. is Discriminating or to Make a

Canadian Associated Press Cable.)
London, Dec. 4.—The Standard, referring to the postponement of the colonial conference, says Canada is doing in the empire, and her methods will be along lines which make for still greater powers of self-government and not less, as would be the case if any recognized permanent imperial council were established in London. Such a council would either be harmless, useless or mischievous.

Join."

Why He Wouldn't Join.

"I was never a member of the Plumbers' Association," said Thomas G. Barrington. He is a member of the Plymbers' Association, and refused to make the calcaration requisite. He had, however, a working agreement with the association, and attended all meetings called for the purpose of submitting tenders.

Clty vs Varsity.

The opening up of Anderson-street into University-avenue a year ago is the subject of a dispute between the this agreement?" asked Mr. DuVernet.

the development of trade between Canada and Mexico, and capitalists are looking towards that country and its resources and development with greater interest each year. Not only is Mexico attractive to the Canadian from a trade standpoint, but as is well-known, it is one of the most interesting countries in the world to visit during the winter months. To give all those who contemplate a trip to this wonderful southern country, (which any one who can afford the time and expense should do), the Grand Trunk Railway System are organizing a special excursion that will give the Yest opportunity to tourist and business men to cover the whole of Mexico.

This tour will leave Montreal in special excursion to the world to visit one of the men and expense should do), the Grand Trunk Railway System are organizing a special excursion that will give the Yest opportunity to tourist and business men to cover the whole of Mexico.

This tour will leave Montreal in special excursion that will eleave Montreal in special excursion that will eleave Montreal in special excursion to the firm, the rest to the association.

The lawest was \$1200." he said. "We by Judge Anglin on March 25 on the ground that the city had no right to open up the street, as it was bound by the strict terms upon which the land was transferred to its control.

Trying to Collect.

H. W. Petrie has issued a writ for the collection of \$300 from A. A. Nelson for light and power supplied to the latter by P. H. Patriarche. G. O. Gouinlock, architect of Toronto, claims \$437 from the Rolph-Clark Company.

ABUSES IN U. S. CHURCH.

Pope Deprecates Practice of Charging Admission to Mass

"The lowest was \$1200." he said. "We

Rogers, the murderess, next Friday, whether w He added that the execution would sociation."

The Discember meeting of the Toronto Discesan Board of the Woman's Auxiliary, will be held in the school house of Holy Trinity Church, Trinity-square, on Thursday, at 10,30 a.m.

THAT OVER WORKED, PLAYED OUT FEEL-ING AMONG WOMEN

complexion, hollow, sunken eyes, with a lifeless look; the face has a pinched and lifees look; the face has a pinched and hargard appearance; they are weak, weary and trembling, often extremely nervous, starting at every little noise. Many are low-spirited, and some are fretful. Some are apparently bloodless, with cold hands and feet, while others are flushed by an unequal circulation of the blood, dizziness, and sometimes dimness of vision, loss of memory, and often loss of appetite and sleep, and are wearied with terrible dreams. Palpitation of the heart, nervous prostra-Palpitation of the heart, nervous prostra-tion, smothering and sinking spells, short-ness of breath and the sensation of pins and needles are all indications of a weakened condition of the heart or nervous system, and should any of them be present we would strongly advise the use of

Plumbers Threatened to Cut Off Supplies Unless They Were Forewarned.

Additional evidence was produced in they didn't come of and tell me what they meant by refusing me. They resumption of the trial of the Master lock." Plumbers' and the Central Supply Associations for conspiracy. The system of espionage worked by the master plumbers in conjunction with the dif-

ferent associations in the United States give evidence. in order to prevent them tendering below the figures submitted by the To-The one time when this failed was

when Faith and Co. of Philadelphia tendered for the E. and S Currie building at \$6000 less than the figures given thing," remarked Chief Justice Mereby Toronto master plumbers. Secretary Meredith told the court yesterday that he visited Philadelphia and was given indigenent on complaint of A. Wright, Toronto, alleging insufficient of railway facilities for forwarding ciercy of railway facilities for forwarding association in Toronto. This was done association in Toronto. This was done brunet, a stage-driver between Sudrain from ports on the Georgian Bay and the more readily when Faith learned bury and Copper Cliff. Altho he descripting along the that unless he did so he would be unclaimed that he was carrying the stuff

this agreement?" asked Mr. Du Vernet,
"I would not agree to employ nonunion men exclusively."

"After that how did you get your
"After that how did you get your

"Why can't you supply me?" asked Society. He denied that he intended to prolong his absence from his state "All you have to blame is the plumbto prolong his absence from his state it opolong his absence from his state until after the execution of Mrs. Mary ers," was the reply. It's a case of Rogers, the murderess, next Friday. whether we sell to you or to the as-

me." urged the witness.

"It's the same with me," answered the vice-president of the James Roberts aid to Judge Morgan, when his honor said to Judge Morgan, when his honor Previous to this conversation the wit-

There are thousands of females all over our land who are broken down in health and dragging out a miserable existence, overburdened with diseases peculiar to their sex, apparently growing old while yet young. Often they have pale or sallow complexion, hollow, sunker ever with a said he went to James Morrison's brass works for goods, but they said they did not have any of the articles he asked for.

John Kilgour explained that in addition to the regular work in connection with his business he was also a said he went to James Morrison's brass works for goods, but they said they did not have any of the articles he asked for.

son he could not become a member of the association.
Up till April 29, 1904, he secured his goods without a great deal of trouble. On that date he went to the Toronto Hardware Company for a couple of range boilers. To his surprise he was told that he would be forced to pay \$6 apiece for them. "That was more than the point at which there are the commissioners, is not fully aware of the commissioners which his office provides

the James Morrison, James Robertson and Toronto Hardware companies refused to sell to him.

"They said they did not have them in stock," he continued, "but I went into their stock room, found what I wanted and piled it up on the counter. Then they said I couldn't have them unless I paid 60 per cent, more. I didn't take them."

"Yes," said the witness, who continued to say that he was refused point blank by the Robertson Co. "I asked the Toronto Hardware Co. why

JUDGE MAKES A JOKE.

What Does an Empty Bottle Coatain? and Everybody Laughed.

"Empty bottles don't contain any

discrimination in favor of Depot Harbor, that unless he did so he would be unsa sgalast other ports in the allotment of
cars for carriage of grain; also that the C.

PR and G.T.R. "virtually refused," except of their own discretion, to receive
from lake vessels export grain from Fort
william unless to be forwarded from the
Georgian Bay elevators at the close of
navigation.

The board finds that it is not in a posiThe board finds that it is not in a posiThe board finds that it is not in a posiThe board finds that it is not in a posiThe board finds that it is not in a posiThe board finds that it is not in a posiThe board finds that it is not in a posiThe board finds that it is not in a posiThe board finds that it is not in a posiThe board finds that it is not in a posiThe board finds that it is not in a posiThe board finds that it is not in a posiThe board finds that it is not in a posiThe board finds that it is not in a posiThe board finds that the was carrying the stuff for a customer and had been unable to obtain supplies in Toronto.

Mr. Meredith said that his association to deliver it the same day it was consigned to him, he was fined \$20 for selling liquor on unlicensed premises.

J. B. Mackenzie contended that the was carrying the stuff for a customer and had been unable to obtain supplies in Toronto.

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The board finds that the contended that he had informed Local 46 of the trouble with the contended that he had informed Local 46 of the trouble with the contended that he had informed Local 46 of the trouble with the contended that he had informed Lo

Webb, a contractor, into partnership.

The board finds that it is not in a position to determine whether there has been discrimination by the Grand Trunk Railway Company in favor of Depot Harbor and against Midland or other ports in the cert cannot undertake to do as Mr. Wright asks—make a peremptory order requiring the G.T.B. Company to move Canadian fain to the extent of at least 180,000 busington to the cannot undertake to do as Mr. Wright asks—make a peremptory order requiring the G.T.B. Company to move Canadian fain to the extent of at least 180,000 busington to move Canadian as a letter from the letter book written to Daniel Lund, president of the Railway company would be obligated to take cars used for other traffic or upon other portions of its system and thus probably occasion great loss and injury to other parties and other interests."

USELESS OR MISCHIEVOUS.

Imperial Council Not in Canada's Plans of Empire.

(Canadian Associated Press Cable.)

London, Dec. 4.—The Standard, re
The matter interesting the determines whether there has been distributed the contractor, into partnership.

Webb, a contractor, into partnership.

"How do you account for Local 46

knowing it was not your duty?"

"It was not my duty."

"Webb, a contractor, into partnership.

"Thow do you account for Local 46

knowing it was not your duty?"

"It was not my duty."

"The was not my duty."

"The matter in-chambers yesterday could not see that any effective order could be made. This had reference to the case of Clark v. Cameron. The local provide the partnership.

Mr. DuVernet asked him whether he ever made an attempt to keep competition out, and the witness replied that he had not. Mr. DuVernet thereupon read a letter from the letter book written to Daniel Lund, president of the Buffalo Association,

BLAME EACH OTHER.

"You are sentencing an innocent gave him seven months in the Central. Astridge was arrested by Detective

A REMINDER FOR THE MAYOR AS TO LICENSE VIGILANCE

The West End Gospel Temperance the price at which they are sold at the retail stores, and I refused to purchase, the continued council to the license act which makes retail stores, and I refused to purchase." he continued.

This difficulty was removed a short time later, and he said that he could get his supplies at the present time indirectly.

J. C. Park of London said he did not belong to the chosen "twelve" master plumbers of that city, altho he was a tinsmith and plumber. He was

COFFEEWAR

The Goffee Importers and Roasters are Attacking

POSTUM FOOD COFFEE

All Along the Line.

"THERE'S A REASON."

Many people have found out the truth about old-fashioned coffee.

They have overcome disease caused by it.

The plan was easy and sure.

Quit Coffee and use Postum.

Proof with one's self is stronger than any theory.

The Postum army grows by hundreds of thousands yearly.

The old-fashioned Coffee Magnates are now deriding Postum through the

Because their pocketbooks are hurt, they would drive the people back to

One coffee prevaricator says: "It (Postum) has lately been exposed an found to contain an excess of very ordinary coffee."

Another that "it (Postum) is made from a small amount of parched peas beans, wheat, dried sweet potatoes and paste of wheat middlings."

Here's to you, oh faithful followers of the tribe of Ananias.

\$100,000.00 GASH

will be deposited with any reputable trust company (or a less amount if sired) against a like amount by any coffee roaster or dealer. If the charges prove true we lose, if not we take the money as partial liquidation for the infamous insult to our business.

responding to tourist and business me to cover the whole of Mexico. This tour will leave there at 10,00 a.m., and tempt to secure a more reasonable easiering of Jan. 28, connecting at Chiscophic and the special Pullman tring that will leave there at 10,00 a.m., rate I had a talk with a side of the new York Dec. 4—A cable despatch the special Pullman tring that will leave there at 10,00 a.m., rate I had a talk with a side of the world at the will leave there at 10,00 a.m., rate I had a talk with a side of the world at th

But, if coffee overtaxes and weakens the heart (and it does with some)

Or if it sets up disease of the stomach and bowels (and it does with some)

Or if it causes weak eyes (and it does with some)

Or if it causes nervous prostration (and it does with many),

Coffee as a factor in the Production of Gastrio a cure which seemed hopeless before has been made possible. and Cardiac Disorders.

BY B. F. UNDERWOOD, M.D.

any other single substance, coffee is responsible for the great prevalence of with great reluctance, it has been attended with but little difficulty when a nervous, gastric and cardiac diseases at the present time, and that the great palatable and satisfactory substitute was provided. In my own case and in increase in sudden deaths from heart affection in recent years may be justly

MILBURN'S HEART

AND NERVE PILLS

They bring health to the broken down, supplies in London, and the Ontario Lead Co. They said his name was not on the list.

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They bring health to the broken down, supplies from and the Ontario Lead Co. They said his name was not on the list.

There is a field marshal in London, he continued. "They call him dound the supplies from a number of places. Among lies from a number of p

effects of coffee and its potency as a factor in the production of disease. This has been so strongly impressed upon me the past winter that I am impelled to make a contribution to the subject, by reporting a few cases in which coffee was so manifestly causing or continuing the disease that it could not

Case 1. In the latter part of December, 1903, I had under treatment an old lady, 74 years, who was convalescing from an attack of pneumonia. She had responded favorably to the treatment and was doing nicely except for a peculiar rise and fall of the temperature and an irregular action of the heart. time its action was giving me a good deal of concern, its beat being irregular and feeble, at times much more so than at others. A study of conditions and causes threw no light on the case until I found that the irregularity was more marked on the mornings when she had coffee, which she did not have every morning. As I could not discover any other cause I advised that she should not take coffee. After some demur on the part of the patient she acceded and Postum Cereal was substituted for the coffee. A favorable effect was almost immediately apparent; the irregular action gave place to a steady, regular beat, the pulse became fuller and stronger, the temperature became normal and the case went on to uninterrupted recovery.

Case II. The result in case one set me thinking. For some years I had been troubled with nervous dyspepsia, with cardiac irritability, and at times, great irregularity in the action of the heart, intermittent beat of the pulse and much nervous depression, all of which, in spite of treatment, was steadily getting worse. I had had light enough thrown on the cause, if I had not been so blinded by prejudice that I could not see. As, for instance, on one occasion when the cook, who did not believe that coffee was any good unless it rivaled in color her ebony face, gave me a cup of coffee one morning that was fully up to her ideal, and which, although I noticed that it possessed nearly the strength of Samson, I drank without consideration.

I had been feeling rather better than usual for a day or two, but soon after breakfast I was attacked with such peculiar sensations that I was unable to go out, and I was obliged to call upon a colleague for treatment. Singularly enough, although I had the feeling that I was under the influence of some drug, it was not until some time afterward that I realized that I had been poisoned by the coffee. Under strong tonic treatment I grew better for a time, but in December, 1903, I began to grow worse again, and treatment failing to effect any improvement, it began to look as if I was in danger of a complete

The colleague who was treating me was suspicious of kidney disease, but urinary analysis cleared up that point, but I did not improve. It was at this time, as I have said, the result in Case No. 1 set me thinking, and I found from a study of the modalities that I was worse and more depressed after taking coffee, and it finally penetrated into my inner consciousness that possibly coffee was the cause of my condition. I took my own prescription and gave up coffee, with the result of an almost immediate change for the better. The depression disappeared, the cardiac disturbance ceased and the dyspeptic symptoms lessened and a steady improvement set in.

Case III. About the same time I had under treatment a young lady suffering from chronic nephritis, who presented an almost endless variety of aggravated form. Among the more persistent and annoying of these was a gastric irritability with an absolute refusal of the stomach to digest or absorb any food, progressive emaciation with great weakness, and a constant sensation of hunger with nausea and frequent spells of vomiting, when the

Frevious to this conversation the witness had received an intimation that theness had received an intimation that then had there was to be trouble by a salesment who told him that he could not belong to the master plumbers?"

"I suppose so," was the reply.

Again in August, 1905, the witness said he went to James Morrison's brass works for goods, but they said they did not have any of the articles he asked for.

Another Victim.

John Kilgour explained that in addition to the regular work in connection with his business he was also a building contractor, and for that reason he could not become a member of some properties of the confess importers and roasters cannot refute. Take time to read the following from the famous Dr. B. F. Underwood in The American Physician:

Another Victim.

John Kilgour explained that in addition to the regular work in connection with his business he was also a building contractor, and for that reason he could not become a member of some properties and reason." He will unearly served three months to study into the reason and the confect was injurious and should be given up, but the happiest sort of wealth.

Then if one's own best interest urges him to study into the reason and the confect was injurious and should be given up, but the happiest sort of wealth.

Then if one's own best interest urges him to study into the reason and to follow my advice and refrain from coffee. The beneficial effect of

As a result of these experiences, to which more could be added, in all cases of intractable nervous or gastric diseases I have come to regard coffee as an incitant, and an important, if not the chief, factor in the production of the disease, and to insist upon its discontinuance as a part of the treatment. The pathogenetic properties of coffee have received but scant attention and, I may add, with uniformly good effect. I have found also that, although from medical authors, although it is not doubtful, I think, that, more than the giving up of coffee has been in many cases done only under protest and that of the others described I used the Postum Cereal and found it entirely satisfactory. Even the most inveterate coffee drinkers after a short use of the Postum seem to lose all desire for coffee and to be perfectly satisfied with

Study the subject and apply the facts to yourself.

POSTUM