

The Recruit is next to be instructed in the method of preserving his seat and balance on horseback, and of applying the aids of his hands and legs in the several turnings and paces of the horse.

Great care should be taken to avoid the risk of his being unhorsed or alarmed; and every means must be used to give him confidence.

For a few days he should ride quietly at a walk, in order to get the habit of extending his limbs; of becoming accustomed to the movements of the horse, and of preserving the proper position and balance while in motion.

*March*—In moving forward, the hands are to be eased by turning the little fingers towards the head of the horse; when in motion the hands resume their position.

*Halt*—A steady feeling of both reins by bringing the little fingers towards the breast, nails turned upwards; both legs closed for a moment to keep the horse up to the hand; hands eased as soon as halted.

*Rein Back—March*—A light feeling of both reins; little fingers towards the breast; and pressure of both legs to raise the forehead, and keep the haunches under the horse; ease the reins after every step, and feel them again.

*Right or Left Turn*—A double feeling of the inward rein, the outward retaining a steady feeling.

The horse kept up to the hand, by a pressure of both legs, the outward leg the strongest, to keep the haunches from being thrown too much out.

*Right or Left About*—A double feeling of the inward rein, and stronger pressure of the inward leg, supported by the outward leg and rein, the horse turning on his centre.

*OBS.*—By a turn-about the dressing is changed.

In turning to the right or right-about, the little finger of the right hand is to work towards the right shoulder; in turning left or left-about, the left little finger towards the left shoulder, upwards in both cases, to raise the fore hand.

In working to the right, the thumb of the inward (right) hand to be on a level with the little finger of the left; the inward rein one inch shorter, so as to let the rider see the horse's inward eye, and *vice versa*.

*Bend your Horses*—Play lightly with the inward rein, supporting with the outward leg and rein. The bend should be from the poll of the neck. Bending and unbending should be gradual.