

**Regina Notes.**

Gratton School is flourishing. That fact was well demonstrated on Friday afternoon, Feb. 23. Your correspondent received an invitation to be present at a presentation to Mr. Kramer, the worthy Principal, it being the eve of his birthday. The pupils of the four classrooms with the teachers were assembled in Mr. Kramer's room, and a most interesting entertainment was given. Quite a few visitors were present, among others, Rev. Father Hilland O.M.I. The children were all in holiday attire and one seldom meets a brighter and happier lot of faces. But most noticeable of all was the mastery of the English language shown by these children ranging from tots of five and six to the ages of twelve and fourteen.

Too much cannot be said of the patience, kindness and great zeal shown by Mr. Kramer, Miss Lenhard, Miss Mahar and Miss Fodey in the discharge of those duties, far from easy, yet so faithfully accomplished by them. It is most edifying to see these children during class. The attention and devotion shown by them during the service proves that the earnest and persevering labors of their teachers have not been in vain.

Gratton McCarthy was chairman and announced the following programme, each number being well rendered and heartily applauded:

Song, "O Sacred Heart," by School; Recitation, "My Guardian," by Adolphe Ehman; Recitation, "Why I am sad," by Miss Mahar's pupils; Song, "Snow Stars," by 12 girls; Recitation, "Foolish little maiden," by Irene Canty; Song, "Blacksmith," by Miss Fodey's pupils; Recitation, "Voice of Night," by Miss Lenhard's pupils; Recitation, "My Dolly," by Clara Kuhn; Song, "O Purest of Creatures," by Annie Reinlander and Sophie Kuhn; Selection, Gramophone; Dialogue, "Lazy and Busy Boys," by 10 boys; Recitation, "The Difference," by Lynam Canty; Song, "The Golden Boat," by Miss Fodey's pupils; Recitation, "Making Dolly's Dress," by Eva De Forge; Selection Gramophone; Song, "Killarney," by John Keenan; Recitation, "Such a Naughty Girl," by Florence De Forge; Dialogue, "Boys' Rights," by four boys; Song, "Zufriedenheit," by the School.

The Address and presentation to Mr. Kramer was as follows:

Dear Teacher,—Having learned that this is the Eve of the Feast of your Patron Saint, we take the opportunity of expressing to you our heartiest congratulations and best wishes. We pray that the good saint may protect and keep you through the year upon which you are now entering.

Permit us to ask the acceptance of this chair as a token of our love for you and veneration for the good Saint under whose patronage you have been placed. Signed on behalf of Gratton School,

MAY CANTY,  
LORENZ LOOS,  
DANIEL EHMANN,  
HELEN LEYDA,  
REGINA FRETTER,  
WALTER SPIELER,  
BROWNICK GERLICK,  
MADELINE GELSINGER.

The address was read by Miss Annie Reinlander, and the presentation made by Master Joseph Ehmann.

Mr. Kramer feelingly thanked his pupils for their token of love, he evidently having been taken by surprise. He spoke very kindly of his co-workers in the school and thanked them for their kindness in getting up such an excellent programme. Father Hilland, O.M.I., spoke at length and encouraged the children to greater diligence, commending them for the strides already taken. John McCarthy, always the true friend of Gratton School, found time from business to be present and encourage the little ones to keep at work. In the course of his remarks he promised the children to agitate the question of an Assembly Hall, wherein to comfortably hold such entertainments, as no one room in the building can now hold the pupils with any ease.

After some more songs, requested by some present, "God Save the King," was sung by all and a most pleasant afternoon closed. May Gratton School continue the good work.

Miss Nettie McCusker and Mr. J. Whelan were married on Wednesday morning. Rev. Father Suffa performed the ceremony and celebrated the Nuptial Mass. The choir did their part in good style, some excellent solos being rendered. We tender congratulations and best wishes for a very bright and prosperous journey on the matrimonial sea.

A social for to-night and sale of fancy work was announced at High Mass yesterday, as also a Mission to be

**USED MEN AT THE OFFICE  
UP WOMEN IN THE HOME  
AND CHILDREN AT SCHOOL  
AND TIRED EVERY DAY IN THE WEEK  
OUT EVERY WEEK IN THE YEAR MEN,  
WOMEN AND CHILDREN FEEL ALL  
USED UP AND TIRED OUT.**

The strain of business, the cares of home and social life and the task of study cause terrible suffering from heart and nerve troubles. The efforts put forth to keep up to the modern "high pressure" mode of life in this age soon wears out the strongest system, shatters the nerves and weakens the heart. Thousands find life a burden and others an early grave. The strain on the system causes nervousness, palpitation of the heart, nervous prostration, sleeplessness, faint and dizzy spells, skip beats, weak and irregular pulse, smothering and sinking spells, etc. The blood becomes weak and watery and eventually causes decline.

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are indicated for all diseases arising from a weak and debilitated condition of the heart or of the nerve centres. Mrs. Thos. Hall, Keldon, Ont., writes: "For the past two or three years I have been troubled with nervousness and heart failure, and the doctors failed to give me any relief. I decided at last to give Milburn's Heart and Nerve Pills a trial, and I will not now be without them if they cost twice as much. I have recommended them to my neighbors and friends."

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commenced next Monday by a Missionary Father from Winnipeg. We trust that the time of grace may be a very fruitful one for Regina, and ask the prayers of our readers that the kindness and zeal of our parish priest may meet its just reward and that much good may be accomplished.

GENA MACFARLANE.  
Monday, Feb. 26.

**Strained Back and Side**

"While working in a saw mill" writes C. E. Kenney, from Ottawa, "I strained my back and side so severely I had to go to bed. Every moment caused me torture; I tried different oils and liniments, but wasn't helped till I used Nerviline. Even the first application gave considerable relief. In three days I was again at work. Other men in the mill used Nerviline with tremendous benefit too." An honest record of nearly fifty years has established the value of Polson's Nerviline.

**IN MOTHER'S PLACE**

"In mother's place,"—so father said, His kind hand resting on my head, While all the burden of the day, The care and trouble, fell away! New purpose seemed to grow in me To struggle for the victory, And by the fireside's happy light I breathed a silent prayer tonight!

I never guessed in times gone by How much there was to fret and try The sweetest temper all day long! Was it today when things went wrong, I checked the hasty, angry word, Hearing the tones my childhood heard, Seeing, in memory, the smile The vision of a vanished smile?

The children, crowding at my side, Need me, and will not be denied! The home her presence made so bright Needs me, and I must be its light! The girls and boys too soon will go From sheltering arms of love, I know— May the sweet influence of home Be theirs wherever they may roam!

Yes, it is little I can do; Yet faith in God will bear me through, And give me wisdom to fulfil My duty, since it is his will That these who need a mother's care Should find in me—bereft of her, And longing for her loving face— A guide and friend in mother's place! —Pittsburg Observer.

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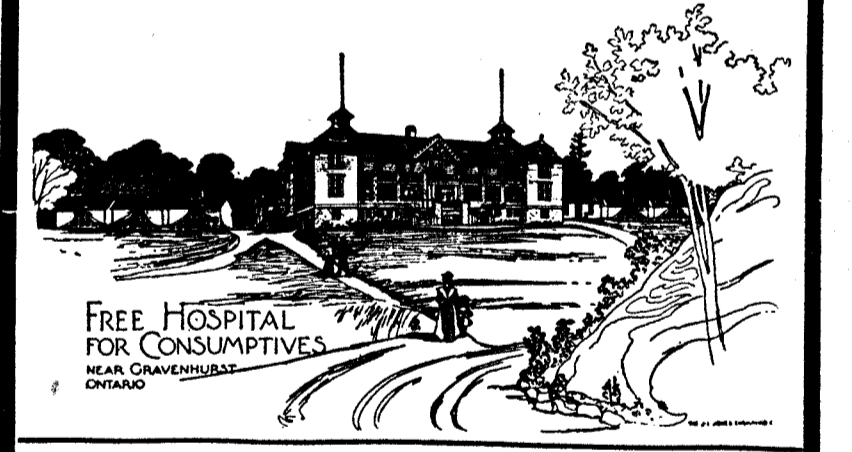
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The institutions of the National Sanitarium Association, including the Muskoka Cottage Sanatorium and the Muskoka Free Hospital for Consumptives, are under the distinguished patronage of His Excellency Earl Grey, Governor-General of Canada, and Countess Grey.

Readers of this announcement will be glad to know that there has been an encouraging response to our request for help for the

**Muskoka Free Hospital  
for Consumptives**



Since this institution was opened, a little more than three years ago, 560 patients have been cared for. Over 2,000 patients have been treated in our two Muskoka homes within the past seven years.

—Not a single applicant has ever  
—been refused admission to the  
—Muskoka Free Hospital for Consumptives because of his or  
—her poverty.

Our plea for help is that the Muskoka Free Hospital for Consumptives cares for patients that all other hospitals refuse. If the needed money is forthcoming, this dread disease might be stamped out.

—Dr. T. G. RODDICK, an eminent physician of Montreal, ex-president of the Canadian Medical Association, and ex-president of the British Medical Association, stated at a meeting of the Montreal League for the Prevention of Tuberculosis, his firm belief that in twenty-five years, provided proper means are adopted, a case of consumption would be a curiosity.

Within the month the accommodation has been increased by twenty-five beds, adding to the burdens of maintenance, but in the faith that a generous public will come to the aid of the trustees.

Contributions may be sent to SIR WM. R. MEREDITH, Kt., Osgoode Hall, Toronto, or W. J. GAGE, Esq., 54 Front St. W.

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"Go, my son and shut the shutter"—  
This I heard a mother utter.  
"Shutter's shut," the boy did mutter;  
"I can't shut it any shutter."