

it. I, too, was, at first led astray, but the suddenness of the seizure and the lack of consistency in the behavior of the symptoms, put me on my guard, and we soon found out the cause to be an acute attack of jealousy.

To this day a lady rallies me upon a wild-goose chase which I made after a uterine cause for her neurasthenic symptoms. Carefully overhauling her pelvic organs I discovered nothing but a torn perineum, and attributing to that lesion all her ills, which were legion, I restored it, making at the same time the rash but honest promise of her complete restoration to health. The rent was a bad one and needed repair, but it had existed for years without doing harm, and it had nothing to do with her symptoms, although they were largely uterine in expression, notably a bearing-down feeling. They became, in fact, worse after the operation than before, and it was only after recognizing the nerve element of her disease, that I was enabled to do her any good. Many such mistakes, of attributing too much to the reproductive apparatus, have I seen in the practice of other physicians; but my own blunders in the same direction have made me feel very charitable toward them. Out of many examples let me give a few:

Not many years ago I was asked by one of our best and most conscientious physicians, himself a gynecologist and a medical teacher, to see a very delicate and refined lady. She had passed through most of the trials which beset a clergyman's wife, and had borne two children, the younger one ten years before. Having for many years enjoyed fairly good health, she lately had suffered a great bereavement, and she was now prostrated by nerve-exhaustion. Her symptoms were markedly of a uterine character. These were pain in the back, an irritable bladder, a pelvic bearing-down, an inability to walk, aches in the left groin, menorrhagia and leucorrhœa. These uterine symptoms had led my friend astray, and finding an insignificant cervical tear, he attributed to it all his patient's ill-health, and, against my advice, operated upon it. The wound healed perfectly, excepting in one suture track on one side of the cervix, where a small fistula remained. His patient becoming none the better, and rather the worse, he laid the

blame on this fistula, and tried to close it. Not succeeding, he again called me in. Now, this small fistula had no more to do with the lady's general ill-health than the carring holes in her ears, and her disease was clearly a neurosis. Yet I could not bring my friend to my way of thinking—the uterine symptoms were too much for him, and he tinkered away at the fistula until it finally healed up, but the lady became no better. Finally, he adopted my theory of neurosis, put his patient upon an appropriate treatment, cured her, and then had the manliness to thank me for my advice. My friend is now, alas! no more, else I would not have told this story; and I have done so simply to show how hard it is for a bright and progressive mind, even for a gynecologist and a medical teacher at that, to free himself from the bias of tradition.

By breaking down the nervous system, the brain-cramming, the intellectual rivalry, the buckram proprieties, and the unwholesome confinement of our boarding-schools and public schools, breed a host of sickly girls, who swarm in every class of society. Manifold diseases, both functional and structural, date from the recitation room. They are mostly of a uterine complexion, for at that time of life the sexual sphere dominates, and the brunt of the nervous and of the vascular disturbances which form the essence of nerve-exhaustion, falls on the most exacting organs—the reproductive. Hence these suffer from neuralgic pains or from congestion and the lesions coming from prolonged congestion. Yet physicians, misled by the urgency and the number of the so-called uterine symptoms, mistake the effect, or more often the counterfeited effect, for the cause, and give a local treatment when it should be a constitutional one.

So common is it for girls in boarding-schools to suffer either from amenorrhœa or from irregular menstruation, as to create a general impression in the community that in these schools some drug is secretly given in the food in order to lessen the laundry work. In one school of great repute so many girls missed their monthly periods that the family physician of several of them wrote to me, asking whether it were possible, as his patients averred, "that as their clothes were laundried in the building, something was given in their food or their drink to