

salvation; I will feed him with the bread of heaven. I will satisfy the empty soul, and fill the hungry with good things.

Draw me after thee, O Lord; I will run in the odour of thy perfumes.—Cant. i. 3.

Eternal hunger and thirst after the Holy Eucharist.

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My delight is to be with the children of men.—Prov. viii. 31.

Although I met with nothing but cruelty, ingratitude and contempt, my love for men overpowered all this. I dwelt with men during a long and painful life. When I was about to pass out of this world to my Father, I, by a singular disposition of my wisdom, left that body to my Church, concealed under the sacramental symbols, which I raised glorious and immortal from the dead, and which I placed at the right hand of my Father at my return to his kingdom. My wisdom invented this mode of testifying my delight to dwell for ever with mankind. Will it not be thy delight to dwell with me in the temples where I reside?

In thy tabernacle, O Lord, I shall dwell forever.

Frequent visits to Jesus in the Holy Sacrament.

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Come over to me all ye that desire me, and be filled with my fruits; come eat my bread and drink the wine I have mingled for you.—Prov. ix. v.

In the Eucharist I distribute the fruits

of life and grace, and salvation. I have prepared this bread of life, and mingled this wine of salvation for all, without exception. As I have given my body to be broken on the cross for all, so I have given it in the feast of my love, to be distributed to all. Woe to him that neglects to partake of this life giving banquet; his soul shall perish with hunger. Eat, therefore, and drink, and be inebriated my dearly beloved.

I will go into the altar of God, to God, who rejoiceth my youth.—Ps. xlii. 4.

Frequent and devout reception of Jesus, both Sacramentally and by Spiritual Communions.

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I have come to cast fire upon the earth, and what will I, but that it be kindled.—Luke xxii. 49.

I came into the world to enkindle in all hearts the fire of divine love. By means of the Eucharist I have cast fire upon the earth. It is a great fire, a burning furnace. It burns at all times and in all places, with equal ardour, and equal intensity. If thou art cold, approach this fire and thou wilt receive a vivifying warmth; if thy heart burn with profane desires, enkindle in it but one spark of this divine flame and it will consume them. Since thou knowest that I have cast this fire upon the earth, and that it is my ardent desire that it should be kindled, wilt thou not assist me in enkindling it in the hearts of men, and in thine own?

Come and hear all ye that fear God, and I will tell you what great things he hath done for my soul! O magnify the Lord with me, and let us extol his name together.—Ps. lxxv. 36.