

RADWAY'S READY RELIEF

FOR INTERNAL AND EXTERNAL USE.

Instantly stops the most excruciating pains, allays inflammation and cures congestions, whether of the Lungs, Stomach, Bowels, or other glands or mucous membranes.

ACHES AND PAINS.

For headache (whether sick or nervous), tooth-ache, neuralgia, rheumatism, lumbago, pains and weakness in the back, spine or kidneys, pains around the liver, pleurisy, swelling of the joints and pains of all kinds, the application of Radway's Ready Relief will afford immediate ease, and its continued use for a few days effect a permanent cure.

Strong Testimony of Emigrant Commissioner, the Hon. George Starr, as to the power of Radway's Ready Relief in a Case of Sciatica, Rheumatism.

VAN NESS PLACE, NEW YORK.

DR. RADWAY—With me your Relief has worked wonders. For the last three years I have had frequent and severe attacks of sciatica, sometimes extending from the lumbar regions to my ankles, and at times to both lower limbs.

During the time I have been afflicted I have tried almost all the remedies recommended by wise men and fools, hoping to find relief, but all proved to be failures.

I have tried various kinds of baths, manipulation, outward application of liniments too numerous to mention, and prescriptions of the most eminent physicians, all of which failed to give me relief.

Last September at the urgent request of a friend (who had been afflicted as myself), I was induced to try your remedy. I was then suffering fearfully with one of my old turns. To my surprise and delight the first application gave me ease, after bathing and rubbing the parts affected, leaving the limbs in a warm glow, created by the Relief. In a short time the pain passed entirely away. Although I have slight periodical attacks approaching a change of weather, I know now how to cure myself, and feel quite master of the situation. RADWAY'S READY RELIEF is my friend. I never travel without a bottle in my valise.

Yours truly, GEO STARR

INTERNALLY.—A half to a teaspoonful in half a tumbler of water will in a few minutes cure Cramps, Spasms, Sour Stomach, Nausea, Vomiting, Heartburn, Nervousness, Sleeplessness, Sick Headache, Diarrhoea, Colic, Flatulency and all internal pains.

Malaria Cured and Prevented.

There is not a remedial agent in the world that will cure fever and ague and all other malarious, bilious and other fevers, aided by RADWAY'S PILLS, so quickly as RADWAY'S READY RELIEF.

25 cents per bottle. Sold by all Druggists.

RADWAY & CO.,

419 St. James Street, Montreal.

FOR COMMUNION PURPOSES.



BRITISH DOMINION WINE.

Manufactured from the Best Canada Grapes without the use of either artificial coloring or distilled spirits in any form.

After repeated chemical analyses of the Wines made by Robert Bradford of No. 595 Parliament St., Toronto, I do not hesitate to pronounce them to be unsurpassed by any of the native Wines that have come under my observation.

Analyses show them to contain liberal amounts of the ethereal and saline elements, sugar and tannic acid etc., characteristic of true Wine and which modify materially the effects which would be produced by alcohol alone.

Resorting to a high degree the natural flavor of the grape, they serve the purpose of a pleasant table Wine as well as that of a most valuable medicinal Wine.

CHAS. F. HEBBURN, Ph. C., Phm. B. Doan and Professor of Pharmacy. Ontario College of Pharmacy.

R. BRADFORD,

595 PARLIAMENT ST., TORONTO, - ONT.

References by permission.—Mr. Jas. Allison Treasurer Cookes Church, Toronto; Mr. John Duncan Clerk of Sessions, Knox Church, Toronto.

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Is a Sweat or Excretory Gland. Its mouth is called a Pore. There are 7,000,000 in the human skin. Through them are discharged many impurities. To close them means death. Sluggish or clogged pores mean yellow, mothy skin, pimples, blotches, eczema. The blood becomes impure. Hence serious blood humors. Perfect action of the pores Means clear, wholesome skin, Means pure blood, Means beauty and health.

Cuticura Resolvent

Exerts a peculiar, purifying action upon the skin, and through it upon the blood. Hence its cures of distressing humors are speedy, permanent and economical. Like all of the CUTICURA, it is pure, sweet, gentle, and effective. Mothers are its warmest friends.

HAUNTIED. Sold everywhere. Price, \$1.50 POTTER DRUG & CHEM. CORP., Sole Props., Boston.

DO YOU WANT . . .

To invest a small sum every month where it will be safe and yield you in eight years

\$500 OR \$1000

Or more, according to amount saved per month. It is the DOLLARS SAVED, not those EARNED which measure the degree of our future wealth and prosperity.

CAN YOU AFFORD TO SAVE

2 Cents a day for 8 years and get \$100?
10 Cents a day for 8 years and get \$500?
20 Cents a day for 8 years and get \$1000?
You can if you will.

So long as the masses of the people do not save anything out of their earnings, just so long will their SPENDING go into the hands of those who do save, and THEY are the capitalists. This is why the few own the houses and the many pay the rent. Do you wish to remain one of the "masses," or do you wish to become a capitalist?

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HEALTH AND HOUSEHOLD HINTS.

Avoid bathing within two hours after a meal.

Never lean with the back on anything that is cold.

Avoid bathing when the body is cooling after perspiration.

Avoid bathing when exhausted by fatigue or from any other cause.

Ask your physician the best disinfectant, and he will tell you "fresh air."

Avoid chilling the body by sitting or standing undressed on the banks or in boats after having been in the water.

Avoid remaining too long in the water; leave the water immediately if there is the slightest feeling of chilliness.

Those who notice the rapid growth of their finger nails should be happy, for it is considered to indicate good health.

The wonderful growth made in surgery is shown by the fact that only nine per cent. of all operations in amputation are fatal.

Eggs contain the element of a perfect food. A laboring man can do as much work on a diet of eggs as he can if fed on pork or beef.

Avoid bathing altogether in the open air, if after having been a short time in the water it causes a sense of chilliness and numbness of the hands and feet.

Good care of the eyes should be taken in hot weather. It is injurious to the sight to read or sew when the body is hot or weakened by exertion in hot weather.

Those who are subject to attacks of giddiness or faintness, and those who suffer from palpitation and other sense of discomfort at the heart, should not bathe.

A quarter of each generation dies before attaining the age of seventeen, but a man at thirty-two in good health may expect to live for another thirty-two years.

The vigorous and strong may bathe early in the morning on an empty stomach. The young, and those who are weak, had better bathe two or three hours after breakfast.

Irish Potato Puff.—Stir two cupfuls of mashed potatoes, two tablespoonfuls of melted butter and some salt to a fine, light, creamy condition; then add two eggs well beaten, separately, and six tablespoonfuls of cream; beat the whole lightly together, then pile it in rocky form on a dish, and bake it in a quick oven until nicely browned. It will become quite light.

Remedy for Earache.—There is scarcely any ache to which children are subject so hard to bear and difficult to cure as earache. But there is a remedy never known to fail. Take a bit of cotton batting, put upon it a pinch of black pepper, gather it up and tie it, dip in sweet oil and insert into the ear. Put a flannel bandage over the head to keep it warm. It will give immediate relief.

Potato Snow.—Select large Irish potatoes of uniform size, and boil in their skins in salt water until perfectly done. The great art of boiling Irish potatoes is not to allow them to remain in the water a minute after they are done, and if they are not properly cooked this dish is a failure. When the potatoes are done, drain dry and peel them. Then rub them through a coarse sieve upon a hot dish on the stove. This must be the dish that goes to the table, as it will never do to touch them after the flakes fall into the dish. Let the cover of the dish be hot before it is put on. Serve immediately.

Baked Cabbage.—Cook a cabbage till perfectly done in salted water. Take it up with a skimmer so as to drain out the water as much as possible. Put it into a dish, cut it up fine, season to your taste with butter and pepper, adding a little more salt if necessary; then add a cup of rich, sweet milk—less if the cabbage is small. Put the whole in a baking-dish and cover the top a quarter of an inch thick with rolled cracker or fine bread crumbs, on which put minute pieces of butter here and there. As soon as it browns it is done. Serve in the same dish. This is the most delicious way cabbage was ever cooked. The rolled cracker is put over it to absorb the moisture.

Chicago, Ill., U. S. A., Oct. 13th. '93.

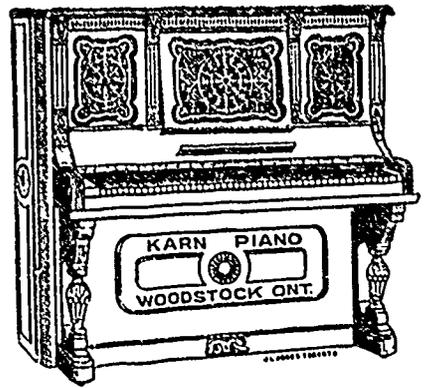
Gentlemen,—I find your Acid Cure, but I do not find your pamphlet. I expect to use your Acid Cure extensively this winter, in practice.

DR. R. O. SPEAR.

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The number of copies printed of THE WEEK represents but a small portion of the readers of the journal. The Public Libraries, Clubs, and Reading Rooms of Canada all have it on their tables. I. enters the homes of the intelligent and the well-to-do. It stands alone in Canada. THE WEEK has no competitor. Prominent Banks and financial houses and other high class advertisers of all kinds use its columns constantly.

Neukirch, a German engineer, proposes that in building foundations in quicksand, the sand itself should be turned into solid concrete by blowing into it through a tube, by air-pressure, powdered dry hydraulic cement. The air insures a thorough mixture, and the concrete formed in this way is very satisfactory, though taking several weeks to harden and requiring months to attain full strength. It is found that the mixture of the sand and cement occupies less space than the sand alone before the operation. This method has already been successful in cofferdam construction and sewer work in quicksand.

I was CURED of a severe cold by MINARD'S LINIMENT.

Oxford, N.S. R. F. HEWSON.

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