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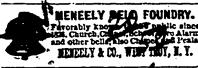
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Cut this out, take it to any dealer in medicines, and get at least one 75 cent bottle of Zopesa, and tell your neighbor how it acts. It is warranted to cure Dyspepsia and Biliousness.



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GRATED HAM.—The remains of cold ham grated finely on to buttered toast, or served in a glass dish by itself.

FEATHER CAKE PIES.—One teacup of sugar; one-half cup of butter; yolks of five eggs. Bake the same as custard pie. This will make three pies.

MUPPINS.—Three cups flour, one teacup-ful milk, one egg, one tablespoon sugar, two teaspoons cream tartar, one teaspoon soda dissolved in milk, one tablespoon butter.

Good Soda Biscuit.—To one pint of sour milk take one-half teaspoonful (level, not heaping) of soda; a teaspoonful of salt, and one-half teacupful lard. Mix rather

JELLY CAKE (which is splendid).—One and one-half cups of sugar; one-half cup of butter; three eggs; two-thirds cup of milk; three teacups of flour; two teaspoonfuls of baking powder; lemon to taste.

SNOW POTATOES.—Boll some potatoes until they are quite done, but not broken; let them stand a moment to flour, and then rub them quickly through a colander on to a very bot dish. Serve immediately.

DAMP CLOSETS.—For a damp closet or cupboard, which is liable to cause mildew, place in it a saucer full of quicklime, and it will not only absorb all apparent dampness, but sweeten and disinfect the place. Renew the lime once in a fertilish. the lime once in a fortnight, or as often as it becomes slaked.

DELICIOUS BREAKFAST DISH.—For any family of six take three cups of mashed potatoes, one-half cup of flour, and half a teacup of sweet inilk, two well-beaten eggs, and a little salt; mix well together, shape them small and drop them into hot lard, or roll them into little balls and fry them in a wire basket in boiling lard.

VELVET CREAK—Put into a page one

VELVET CREAY.—Put into a pan one ounce of ising has, half a pint of sherry, the juice of a lemon and half the rind, with two or three ounces of sugar. Let it boil gently until the isinglass is melted, then strain through a piece of muslin into a pint and a half of cream. Keep stirring until nearly cold, and then put into moulds, first wet with clear water. clear water.

SPRING CARROTS WITH CREAM. -- Choose very small carrots, scrape them well, cut them in halves, and blanch them for two them in halves, and blanch them for two minutes in saited water; put them into a stew-pan with some butter, add a little salt and sugar, let them fry gently until the moisture is reduced; sprinkle a little flour over them, add a small quantity of good white stock; let it boil, and remove it to the side of the fire. When the carrots are done, thicken them with the yolks of two eggs beaten smooth with milk or cream, and add a pinch of grated nutmeg and a piece of butter; as the butter dissolves, dish them up.

butter; as the butter dissolves, dish them up.

Doughnuts" are seldom seen now-a-days, but are easily made, after all: Make a sponge as for bread, using a quart of water and two-thirds of a cake of yeast, or a large half-cup of yeast; make this early in the afternoon; when the sponge is very light add a teacup of lard and half a cup of white sugar, two eggs, and enough grated nutmag to flavour the dough. In the morning this sponge will be light; add a little flour as you use the dough, then cut the doughnuts, put them in a floured plate, and keep warm until you are ready to fry them, drop in very hot lard, and cook longer than you do fried cakes made with baking powder; sift powdered sugar over them, and sent' to the breakfast-table warm. table warm.

MISERABLE FOR THIRTEEN YEARS.

In order to acquire the rights of full citizenship in the United States, the native-born must have reached the age of 21 years, and have gone through two full but short courses—of rheumatism, says a growler at our elboy. In Canada, however, the courses of rheumatism are not so short, running, it would seem, as long as thirteen years—at least is one instance, that of Mr. Jares Mahoney, sen., of Orillia, Ont., who says: "I have been a sufferer with rheumatism for the past thirteen years, and have tried, during that time, very many of the remedies advertised for it, but all without effect. Upon recommendation I was induced to buy a bottle of St. Jacobs Oil. The first application relieved me, and upon the second application the pain disappeared entirely and has not since returned. It affords me much pleasure to make this statement of my experience with St. Jacobs Oil, and I sincerely wish that every shifterer could know of its wonderful virtues."