

ONE WOMAN'S EXPERIENCE

Of Interest to Childless Women.

Toronto, Ontario.—"I suffered for a long time from a female weakness, inflammation, and a terrible backache caused by that condition. One day one of your booklets was left at my door, and I read how other women with troubles like mine had been made well, so I got a bottle of Lydia E. Pinkham's Vegetable Compound and a package of Sanative Wash, and it helped me wonderfully, and I now have the finest little baby boy that any mother could want. I want to recommend Lydia E. Pinkham's Vegetable Compound to any woman who has female troubles."—Mrs. JOSEPH L. BELLA, 773 Shaw Street, Toronto, Ontario, Canada.

The experience of Motherhood is a trying one to most women and marks distinctly an epoch in their lives. Not one woman in a hundred is prepared or understands how to properly care for herself. Every woman at this time should rely upon Lydia E. Pinkham's Vegetable Compound, a most valuable tonic and invigorator of the female organism.

In many homes once childless there are now children because of the fact that Lydia E. Pinkham's Vegetable Compound makes women normal, healthy and strong, and this good old fashioned root and herb remedy contains no narcotics or harmful drugs.

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Worms sap the strength and undermine the vitality of children. Strengthen them by using Mother Graves' Worm Exterminator to drive out the parasites.

Read the Guide-Advocate "Wants."

DO NOT LEAVE CURRENT ON

Electrically-heated appliances suffer most from frequently being left with current on when actually not in use. This may be avoided for three good reasons: (1) It wastes current. (2) Excessive heat impairs the finish. (3) It is apt to injure the heating elements, which will reach a much higher temperature than the regular working temperature and damage is done.

So that to leave your electric iron without being in use and with current on all the time means a heat that burns off the nickel, burns off the soleplate and does the heating element no good. The best way to make sure that the current is off is to pull out the switch-plug at the appliance; never turns off the current at the lamp socket unless the switch-plug is out.

THOSE GOOD OLD DAYS

In announcing an increase in subscription to \$2 per year, the Kincardine Review thus goes into relative values: "When the present publisher of The Review bought the business, a year's subscription would buy a cord of wood two feet long. Now we have to give the paper for three years for a cord of wood sixteen inches long. Since then all the products such as we buy directly or indirectly from hundreds of our subscribers have increased in the same ratio. The \$1 we got from the farmer for The Review would buy 8 to 12 dozens of eggs, from 6½ to 8 pounds of butter, from 15 to 20 pounds of fresh beef or pork, 2 to 3 bushels of potatoes, 18 to 20 pounds of fowl, while now a year's subscription will only buy us a peck of potatoes, less than two dozen eggs, 3 or 4 pounds of beef or pork and about two pounds of bacon. Flour was, in those days, only \$2 to \$2.25 per 100 pounds; today it is \$7.00. We could add more to this list to make the comparison complete but these are sufficient to show any reader that he or she is still getting the best of the deal in an exchange of commodities. A newspaper at the new price is still the cheapest article that can be purchased today."

PREPARED TO MARRY

A certain clergyman always felt it his duty to give each couple a little serious advice before he performed the marriage ceremony. He usually took them aside one at a time, and talked very soberly to each regarding the great importance of the step they were about to take and the new responsibilities they were to assume. One day he talked in his most earnest manner for several minutes to a young woman who had come to be married. "And now," he said, in closing, "I hope you fully realize the extreme importance of the step you are taking and that you are prepared for it." "Prepared!" replied the bride, innocently. "Well, if I ain't prepared, I don't know who is. I've got four common quilts and two nice ones, and four brand new feather beds, ten sheets and twelve pairs of pillow slips, four linen table cloths, a dozen spoons and a new six-quart kettle, and lots of other things."

FATHER GNAM ABSOLVED BY POPE

Rome, March 17.—Bishop Fallon of London, Ont., has been authorized by the Holy See to absolve Rev. Philip Gnam, a priest who was excommunicated by a Consistorial decree in May, 1914.

This is the sequel to a quarrel between Bishop Fallon and Father Gnam over the French language and school question.

The case arose when Father Gnam who was in charge of the parish at Wyoming, Ont., questioned the right of Bishop Fallon to remove him to another parish. The case dragged through the civil courts and was carried to Rome, when Father Gnam committed a breach of Church law in calling the Papal Delegate before a civil court as a witness. Father Gnam was excommunicated. Later he admitted that he was in the wrong, and made a public apology recently, and has been reinstated, and is now in charge of the parish at Aylmer, Ont.

Wedding Announcements and invitations of the finest quality at The Guide-Advocate.

"THEM WERE THE HAPPY DAYS"

I'm thinking now to-day about, the days of long ago, When winds and sun began to melt the deep Canadian snow, As father then would smile and say, I guess we'd better tap The maple trees back in the bush, and get a run of sap.

We kept a few score buckets then, stored somewhere in a loft, And when the sun was getting warm and snow was melting soft, We'd get them down and scrub them out 'till all were clean and sweet, And get the spiles and boiling pan all ready and complete.

Then if Old Sol kept on the job, we'd find a brace and bit, And hitch the team up to the sleigh and take the whole outfit Back to the lot where maples grew, stored with their sweetened sap, Just waiting for the spring to come when Dad would start to tap.

What sport it used to be just then, when days were bright and fair, To gather in the sparkling sap and watch the fire's glare, And see the sap within the pan boil to an amber glow, As hour by hour the boiling mass would sweet and sweeter grow.

And if the run was good and long we'd boil far in the night, And set and watch the shadows dance around the fire light, 'Till Dad would say—I guess she'll do, we'll draw her off right now, For mother will be waiting home to warm us up some chow.

And when the sugaring-off day came, O how we youngsters then Would beg to stay at home from school and work like little men, So we could have a chance to pour hot taffy—don't you know, Out in a pan to cool awhile on freshly gathered snow.

Ah yes, "Them were the happy days," my memory's calling yet, If I could just go back again, I'd surely go, you bet, And gather sap and cut the wood to keep the fire aglow, And eat my fill of taffy hot, poured on a pan of snow.

Reminiscence of forty-five years ago.

—GEO. D. LEE, Yucaipa, Calif.

Valley View Apple Ranch.



THE TOONERVILLE TROLLEY
A Fontaine Fox Comedy
(The Skipper extracts a bad molar with the trolley rope)

AT THE LYCEUM, TO-NIGHT (GOOD FRIDAY)

THE RAILROAD CLASSIC—FINNIGIN TO FLANNIGAN

(Published by request.)

Superintendent was Flannigan;
Boss av the siction was Finnigin;
Whiniver the kyars got offen the thrack
An' muddled up things t' th' devil and back,
Finnigin writ it to Flannigan.
After the wreck was all on agin;
That is this Finnigin
Reported to Flannigan.

When Finnigin first writ to Flannigan,
He writen tin pages, did Finnigin,
And he told just how the smash occurred;
Full minny a tejus blunderin' wurr
Did Finnigin write to Flannigan
After the kyars had gone on agin.
That was how Finnigin
Reported to Flannigan.

Now Flannigan knowed more than Finnigin—
He'd more education—had Flannigan,
An' it were'm elane and completely out
To tell what Finnigin writ about
In his writin' to Mister Flannigan.
So he writed back to Finnigin;
"Don't do such a sin agin;
Make 'em brief, Finnigin!"

When Finnigin got this from Flannigan,
He blushed rosy rid—did Finnigin;
An' he said; "I'll gamble a whole month's pay
That it will be minny an' minny a day
Before Superintindint that's Flannigan,
Gi' a whack at this very same sin agin,
From Finnigin to Flannigan
Reports won't be long agin."

Wan da-day on the siction of Finnigin.
On the road sup'rintindint by Flannigan.
A rail gave way on a bit of av a curve
An' some kyars went off as they made the swerve.
"There's nobody hurted," sez Finnigin,
"But reports must be made to Flannigan,"
An' he winked at McGorrigan,
As married a Finnigin.

He was shantyin' thin weiz Finnigin,
As minny a railroader's been agin,
An' th' shmoky ol' lamp wuz burnin' bright
In Finnigin's shanty all that night—
Bilin' down his repoot, was Finnigin!
An' he writed this here; "Muster Flannigan:
Off agin, on agin,
Gone agin.—Finnigin."

Rheumatism

Neuritis, Sciatica, Neuralgia.

Templeton's Rheumatic Capsules

Have brought good health to half-a-million sufferers.

A healthful, money-saving remedy, well known for fifteen years, prescribed by doctors, sold by druggists, \$1.00 a box. Ask our agents or write for a free trial package. Templetons, 142 King W., Toronto. J. W. McLaren, Local Agent.

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TIME TABLE
Trains leave Watford station as follows:—

GOING WEST
Accommodation, 11.11... 8.44 a.m.
Chicago Express, 17.11... 12.47 p.m.
Detroit Express, 8.31... 6.48 p.m.
(a) Express, 5.11... 9.11 p.m.
(c) Express, 15.11... 10.10 p.m.

GOING EAST
Ontario Limited, 8.01... 7.38 a.m.
Chicago Express, 6.11... 11.16 a.m.
Accommodation, 11.01... 2.28 p.m.
Accommodation, 11.21... 5.45 p.m.
(a)—Stops to let off passengers from Toronto.
(c)—Stops to let off passengers.

C. W. VAIL, Agent, Watford.

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the Stomach
and
Intestines
Thereby Promoting
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Rhubarb
or other
Purgative
Drugs
Aids the
Digestion
and
Prevents
Constipation
and
Loss
resulting therefrom
At 60¢
35 Dose

FALL FAIR D.

Strathroy	19
Watford	19
Petrolia	19
Sarnia	20
Glencoe	20
Forest	20
Brigden	20
Wyoming	20
Florence	20
Wilkesport	21
Alvinston	21

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