GUIDE-ADVOCATE, WATFORD, JANUARY 9, 1920

ATTENTION! Sick Women

To do your duty during these trying times your health should be your first consideration. These two women tell how they found health.

Hellam, Pa.—"I took Lydia E. Pinkham's Veg-etable Compound for female troubles and a dis-placement. I felt all run down and was very weak.

placement. I felt all run down and was very weak. I had been treated by a physician without results, so decided to give Lydia E. Pinkham's Vegetable Compound a trial, and felt better right away. I am keeping house since last April and doing all my housework, where before I was unable to do any work. Lydia E. Pinkham's Vege-table Compound is certainly the best medicine a woman can take when in this condition. I give you permission to publish this letter."—Mrs. E. R. CRUMLING, R. No. 1, Hellam, Pa.

Lowell, Mich.--"I suffered from cramps and dragging lown pains, was irregular and had female weakness and displacement. I began to take Lydia E. Pinkham's Vega-table Compound which gave me relief at once and restored my health. I should like to recommend Lydia E. Pinkham's remedies to all suffering women who are troubled in a similar way."-Mrs. ELISE HEIM, R. No. 6, Box 88, Lowell, Mich.

Why Not Try

CALL FOR BLOUSES Latest Models for Dress Show-

ing Much Embroidery.

Two Types in the Limelight-"Dressy"

and "Tallored"-Skirts to Match and Colors.

There are two sorts of blouses for fall: "Dressy" blouses — so-called — and tailored blouses. Wonderful has

been the rise and success of the

"dressy" blouse, which is almost in-

variably made of chiffon and elaborate-

One sees a few beaded blouses, but their day is almost over. It is the

handsomely-embroidered blouse that is

distinguished this season and the more

embroidery the flimsy georgette gar-

ment will sustain the smarter the ef-

One of the amazing things about

ly garnished with silk embroidery,

VEGETABLE COMPONE

LYDIA E. PINKHAM'S

FIRE Just think! That is the time through which Mr. H. C. Buckley endured all the flery torture of itching, burning eczema. His life was a perfect misory until Zam-

YEARS'

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C.K.

Balc-the great herbal skin cure-brought complete relief. Mr. Buckley, who lives at 461 East Broadway, Portland, Oregon, writes:--'For fifteen years I suf-fered with eczema, and although I fried may so-called 'eczema cures' tried many so-called 'eczema cures. mothing seemed capable of dealing with a case like mine. It was not until I had Zam-Buk recommended to me that I began to have hope This wonderful skin healer soon brought about a change for the bet As I persevered with Zam-Buk ter. the burning sensation got less. I found Zam-Buk wonderfully sooth-ing. Gradually the patches of soreand the inflammation were re duced, and complete and perman

aside to dry. After this treatment a nice polish may be secured with little effort.

LYDIA E. PINKHAM MEDICINE CO. LYNN. MASS

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On the first few occasions of polishing new brown shoes apply the polish very liberally. This will secure a handsomely deep tone that will make

the shoes very attractive throughout the rest of their "young lives." It goes without saying that shoe trees should always be used. It pays these days to use a bit of care in preserving the good looks and good shape of one's shoes. A shoe really never is well taken care of if shoe trees are not used. Tissue paper may be used for the same purpose if stuffed tightly into the she es.

If a boot or shoe pinches, try this: While the shoe is on the foot or on a tree, take a small piece of cloth wrung out of very hot water and put this over the part that is giving trouble. The pinching will disappear entirely after this treatment.

SPLENDID GIFT FOR BABY

FOR STOUT FIGURE Accordion Pleating Treatment or Silk and Wool Effective.

Important Feature to Be Avoided Is a Waistline Too Pronounced or Extremely Fitted.

Accordion pleating is used more this season than at any time in recent years. This treatment is given to silk and wool materials of all kinds, and and wool materials of all kinds, and unquestionably it is very effective. Unfertunately, accordion pleating is not especially serviceable for an en-tire skirt, but when front and sides only are pleated, or when, as in the dress shown in the sketch, a long tunic protects the pleating at the back of the skirt, it is very satisfactory. The dress sketched is a model that

may be used for a stout figure. It is of dark brown satin trimmed in gold embroidery and with tunic and sleeves faced with tan-colored satin. The tunic is long at sides and back and the waistline is merely indicated by the loosely draped girdle of self fabric. In developing garments for the stout figure the important thing to be considered is avoidance of a too-pro-nounced waistline. Extremely fitted effects are never good, and success in designing clothes for the stout figure has been arrived at by a recognition of this fact.

The frock sketched requires merely a fur neckpiece and a smart hat to complete a modish street oufit for the autumn days.

The style range in furs is quite as elastic as in other items of apparel. While large animal and shaped scarfs



tha's Narrow Es

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The steamer sailed from Beira on August 4, and was never afterwards heard of in South Africa. But for the almost accidental and wholly un-official telegram from Sir David Graaff, Botha would either have dis-appeared, or, if the steamer ever reached Germany, would certainly have been interned. It is needless to sugrest what a siniter internet. tation might have been placed on such an incident in South Africa, or what untoward political consequen might have ensued.

First Actor to Play Hamlet.

A tercentenary of the year that is no less interesting in America than no less interesting in America than in England, although it might have passed unnoted and few would have known the difference, recalls Rich-ard Burbage, the first actor to play Hamlet. The tradition comes down, although not unanimously accepted as reliable by Shakespearean schol-ars, that the description of the prince as "fat and scant of breath" was was "fat and scant of breath" was written in because Burbage himself was short and stout. The shortness and stoutness, however, are accepted; but despite the apparent handicap Burbage seems, so far as one can judge by surviving report, to have been an excellent actor. Ben Jonson referred to him as "your best actor"; and another describes him, when not vocally holding the attention of the audience, as "never falling in his part when he had done speaking; but with his looks and gesture maintain-ing it still unto the height." In a modern performance of "Hamlet" there are probably details which could be traced back player by play-

ent cure finally resulted. I would strongly advise all afficied with eczema to give Zam-Buk a trial. It will give them satisfaction. They will not be disappointed."

No skin disease can resist the po-tent healing forces stored up in Zam-Buk, which is unequalled for old wounds, ulcers, abscesses, båd legs, scalp sores, blood-poisoning, piles, scalds, burns, cuts and all skin injuries. All drugeists and stores or injuries. All druggists and stores, or Zam-Buk Co., Toronto. 50c. box.



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WHEN CHOCOLATES are mentioned, why do you think of NEILSON'S? Because they are made by a firm that make chocolates a specialty, every piece is high grade. Remember we are the only place in town that can sell you NELLSON'S. All prices w BOX Coope. and prices in Box Goods and HARD CENTERS, FRUIT and CREAM CENTERS, CARMELS, MAPLE, MAPLE BUTTER, CHERRY FRUIT, or any vari-ety that you may ask for, always fresh. We buy all our confectionery from the best firms in Ontario. Therefore you are bound to get the best at

F. H. Lovell's

Bread and Cakes always good. Wedding Cakes our specialty.



Trains leave Watford Station as follows

GOING WEST commodation, 75..... 75 8 44 a.m. Chicago Express.13.....12 34 p.m. Accommodation, 6 44 p.m. GOING EAST

lecommodation, 30..... 7 38 a.m. lew York Express, 6...11 16 a.m. lecommodation, 112... 4 20 p.m. C. Vail, Agent, Watford

feminine dress, to the masculine mind, is the mere nothingness of one of these expensive waists in its tissue-packed delivery box and the extreme gorgeousness of it when a feminine person has put it on.

One buys a skirt to match her blouse -or at least to harmonize with it-or else the skirt is purchased first and then "matched" with a blouse. In this way the desirable whole-costume effect is achieved. 'And it is difficult to tell the difference these days between a whole frock in one piece and a skirt and blouse combination of superior design, so successfully do the two separate garments blend into each other. The skirt has a decorative sash or

belt that matches the blouse or else the blouse descends and incorporates itself with the skirt. Of this type are the panel blouses which drape over the top of the skirt in front, a belt or sash finishing the waistline at the back. One of these blouses is of mahogany-colored georgette with a front panel that droops nine or ten inches below the waistline. This panel is slaborately embroidered in navy blue silk, the embroidered design in wide looped bands filled in with triangular motifs and bordered with a heavy rope stitch outlining the lower edge of the drooping panel. There is no other embroidery on the blouse except for a narrow wristband which holds the slashed sleeve in at the wrist.

ribbon.

casing.

move them.

No one need endure the agony of corns with Holloway's Corn Cure at hand to re-

SOME BOOT AND SHOE LORE

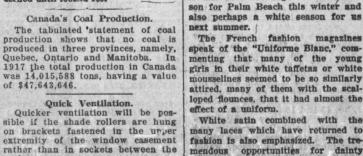
How to Pelish Footgear When Damp; Trees Should Be Used to Relieve the Pinch.

It sometimes happens that one wishes to polish one's shoes when they are damp. It is impossible then to get a good polish and yet you have not the time to wait until they are thoroughly, If a few drops of parafin are dry. placed on a cloth and this is then rubbed over the leather there will be no trouble. Apply the polish in the usual way thereafter, and the result will be

way increation, and the result will be most satisfactory. If new shoes do not naturally take to polish simply take half a lemon, rub the leather with it, and then stand

Read Guide-Advocate Want Ads.

Street Frock for Stout Woman. and clever little coatees and dolmans are good, the small neckpieces brought 5 CAR BAD out in the spring have not lost caste. Sable, mink and marten collars of one, two or three skins are decidedly chic A little sleeveless coat and a bonnet and for fall and early winter will be to match, decked out with crocheted much worn. lace and narrow ribbons, make a spien did gift for a baby. They are st WHITE WINTER IS FORECAST here with a silk-covered hanger finished off with a pretty bow of satin Palm Beach Likely to See Preponder - Weekhit ance of Snowy Attire; May Be Summer Fashion. Dry Cleaning. In sending the kimono to the dry, White has been continually emphacleaner or in trusting it to the unsized from the French summer re-sorts. The vogue for white frocks certain care of the laundress, all that is necessary is to rip out a few stitch-es on the upper side of the hem dicommenced with the models shown at the races, and has been so much rectly in front, this move to be preceded by the pulling out of the bastreiterated from the fashionable villes d'eaux, at Deauville, at Vichy, and Aix ing thread originally inserted by the maker, and which is hardly to be disles Bains, that the question is asked if this does not augur a white seacerned until looked for. Canada's Coal Production. The tabulated 'statement of coal production shows that no coal is next summer. produced in three provinces, namely,



mendous opportunities for dainty treatment in the sheer white fabrics combined with face gives opportunity for the designer which it is quite cer-tain will not be neglected here in



Dry Cleaning and Pressing

Agents for the Aylmer Steam Laundry at North End Barber Shop

LORNE JOHNSTON

Quick Ventilation. Quicker ventilation will be pos-sible if the shade rollers are hung on brackets fastened in the upper

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