

HUSBAND OBJECTS TO OPERATION

Wife Cured by Lydia E. Pinkham's Vegetable Compound

Des Moines, Iowa.—"Four years ago I was very sick and my life was nearly spent. The doctors stated that I would never get well without an operation and that without it I would not live one year. My husband objected to any operation and got me some of Lydia E. Pinkham's Vegetable Compound. I took it and commenced



to get better and am now well, am stout and able to do my own housework. I can recommend the Vegetable Compound to any woman who is sick and run down as a wonderful strength and health restorer. My husband says I would have been in my grave ere this if it had not been for your Vegetable Compound."—Mrs. BLANCHE JEFFERSON, 703 Lyon St., Des Moines, Iowa.

Before submitting to a surgical operation it is wise to try to build up the female system and cure its derangements with Lydia E. Pinkham's Vegetable Compound; it has saved many women from surgical operations.

Write to the Lydia E. Pinkham Medicine Co., Lynn, Mass., for advice—it will be confidential.

Guide-Advocate

Watford, Ont. PUBLISHED EVERY FRIDAY. Subscription \$1.50 per annum in advance. \$2.00 in advance to the United States.

ADVERTISING RATES.

YEARLY CONTRACT
1500 inches 8 cents per inch.
1000 inches 9 cents per inch.
500 inches 10 cents per inch.
Short periods 12 cents per running inch.

Advertisers will be allowed a change of matter every two weeks. Weekly changes can be had at a slight extra cost. Copy of change must be in printer's hands by Tuesday noon.

LEGAL ADVERTISING:—First insertion per line, 10 cents; subsequent insertions 5 cents each time per line. Advertisements 14 lines to the inch.

BUSINESS CARDS—One inch and under, per year \$5.00.

AUCTIONEER CARDS—\$5.00 a year.

LOCALS—10c. per line each insertion. Minimum charge 25 cents.

Advertisements without specific directions will be inserted till forbid and charged accordingly.

HARRIS & CO. PROPRIETORS

Guide-Advocate

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WATFORD, SEPTEMBER 7, 1917

NOTE AND COMMENT

The Military Service Act provisions against inciting to disobedience of its provisions are to be put into effect in Montreal. The irresponsible agitators may not now go beyond certain limits without incurring heavy penalties. Fortunately the great majority of Canadians can continue to express their opinion on the Military Service Law without being liable to arrest.

The most remarkable effect of the cold which a member of one of the Antarctic expeditions noticed was the loss of sense of touch in the fingers. It was almost complete. "Suppose you wanted to look for a knife in your kit-bag," he said, "you would get it in your hand and not know it. It was the same with everything we handled. We saw that when we picked it up, and saw that we held the article, we could not feel that we had it." He added that it was not possible to shave because the skin became irritated and sore, while if the beard grew too long it attracted moisture and then froze into a block. The only thing to do was to keep beard and moustache clipped close.—Family Herald.

For the woman whose chief business is housekeeping, the uncooked cereals will make the greatest return for the money spent. A cent's worth of oatmeal when cooked is as much as the very heartiest laboring man can eat. Two cents' worth of cornmeal makes a breakfast for him and there will be some left to warm over for supper. Two cents' worth of ready-to-eat cereals contains less nourishment. For uncooked cereals the housekeeper expends time in preparation, and for the ready-to-eat cereals she expends money. If one wants to be economical, use more bulk cereals.

Man Who Stole Blanket

An officer, writing on the British Tommy at the front, stirs some thought.

The modern soldier, who is just the ordinary Englishman in uniform, under discipline and living in the presence of death, is, of course, no plaster saint. One man stole a blanket without the slightest concern, but risked his life to save the owner of the blanket. Not in any spirit of remorse, but for the simple fact that whereas it would be unreasonable to suffer cold and discomfort instead of another man, it is necessary to risk wounds and death itself in order to save the same man's life. The willingness to give life itself appears greater than the willingness to live without those things commonly accounted to make life worth living.

What will be the lasting effect on those who pass through the furnace of war and survive? The sense of comradeship and fellowship that has grown up in the field will not vanish. But there may be trouble for profiteers at home.

There is no fear of any persistence of militarism. The soldier believes in discipline and recognizes its value, but he does not like it. He would hardly be human if he did.

When peace comes the man of the upper class and the working men, who have made equal sacrifices and have given alike so gloriously will unite in an effort for peace, and for a new and more blessed England. But there is a note of uncertainty and anxiety in their prognosis.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

Hall's Catarrh Cure has been taken by catarrh sufferers for the past thirty-five years and has become known as the most reliable remedy for Catarrh. Hall's Catarrh Cure acts through the Blood of the Mucous surfaces, expelling the Poison from the Blood and healing the diseased portions.

After you have taken Hall's Catarrh Cure for a short time you will see a great improvement in your general health. Start taking Hall's Catarrh Cure at once and get rid of catarrh. Send for testimonials, free. F. J. CHENEY & CO., Toledo, Ohio. Sold by all Druggists, 75c.

Heroic Deed of an Alberta Man

The Canadian Press correspondent, writing from the Canadian Headquarters in France, says: One of the most heroic deeds put on record in the Canadian corps since the war began is that of a runner of Colonel Ormonde's Alberta battalion. The company to which he was attached was hotly engaged near the chalk-pits, and he was given a message to take back to the battalion headquarters, over ground on which shells were falling continuously. He had not gone far when he was seen to fall, and another runner was at once sent out with a duplicate of the message. The second messenger was killed midway on his journey, but two hours afterwards the first one arrived at the battalion headquarters with his left arm blown off near the shoulder. His terrible wound had been roughly dressed in the field, and the messenger, far spent from loss of blood, had then staggered on to his duty. He was removed in a dying condition, but carried his message to its destination.

Heat is one of the greatest food wasters. Fruits are good stimulants to the digestion.

Dry cold will keep foods better than damp cold.

When you are out of tooth paste use salt instead.

Nutmegs grate best if started from the blossom end.

Allow the children to climb. It gives them nerve and courage.

Every well fed child should have one egg a day as part of its diet.

Apply salt and soda to a bee sting. Household ammonia will also do the trick.

To remove stains from a coat collar rub it gently with a cloth dipped in ammonia.

A fellow crazy with the heat pronounced this: Two Americans fell out of an airship; what nationality were they when they came down? We let the poor nut rave, and presently he gave us the answer. One came down a Russian, he said; the other landed on the telegraph wires and came down a Pole.

There is nothing repulsive in Miller's Worm Powders, and they are as pleasant to take as sugar, so that few children will refuse them. In some cases they cause vomiting through their action in an unsoftened stomach, but this is only a manifestation in their cleaning power no indication that they are hurtful. They can be thoroughly depended upon to clear all worms from the system. m

What "Boche" Means

The term "Boche" as applied to the German soldiers, isn't a complimentary one, nor anything new. It is an old term in France and means "thick-headed." It is about equivalent to our American term of "bone-head." In fact, the word comes from the Italian "boccia" and means a round ball of exceptionally hard wood used in playing ten pins. But just how it came to be applied to the German soldiers we do not know. As a general rule, nicknames given to soldiers are not unkindly. The French soldier is called "poilu," which means hairy, because in the early French wars, the soldiers had no opportunity to shave or have their hair cut, and when they returned from the army, they had a rough, hairy uncouth appearance. But there was nothing unkindly in calling them "poilu." The English are called "Tommys" because of a fictitious popular British soldier made immortal in verse and given the name of "Tommy Atkins." During the Civil War the Union troops were called "Yanks" as an abbreviation of the word "Yankee," and the Confederates were called "Johnny Rebs," from "rebel." But never was there bitterness of sarcasm in the terms. But now we have the German soldiers generally called "Boches," or "Boneheads," and certainly not as a term of endearment. The appellation "Hun," which one sees in print frequently, also is a term of reproach and means that the Germans' present warfare and tactics savor the barbarity of the Huns, who, under Attila, came near overrunning Europe and destroying civilization. There were many of the Huns left in the region that has since become Germany, but the German people, as a people, are not descendants of the Huns.—Columbus Dispatch.

Household Hints

Mica in stoves can be cleaned if taken out and thoroughly washed with vinegar, slightly diluted.

With a vegetable dinner it is permissible to serve a dessert rich in eggs and cream.

Unslacked lime, sprinkled on the cellar floor, will dispel any stale odors in the cellar.

Sunshine will work wonders with mattresses and pillows which have become musty.

Brush the rollers of your refrigerator with kerosene if you are troubled with ants.

Hard-boiled eggs, cut into fine pieces and put in the chicken soup, will make it rich.

There is nothing gained by planting vegetables before the ground is thoroughly ready.

White waxed paper and rubber bands make excellent covers for babies' milk bottles.

Rice and meat cooked together in any one of many ways make an excellent luncheon dish.

Some women are so busy trying to prepare their charms that they haven't time for anything else.

Some writers get a dollar a word—and some word-getters get more than that when they talk saucily to the judge.

"Economy puddings" and "economy meat pies" are the latest forms in which food is served in certain fashionable households. Plain foods are growing into favour again the world over since the war.

Vacant lot, back yard and school gardens have produced \$350,000,000 worth of vegetables this summer in the United States. In Canada, by the same proportion, the increased production of vegetables in cities and towns amounts to about \$28,000,000.

In part of the ground captured by the Canadians near Lens, there are many dugouts forty feet or more down in the chalk, where nothing short of an earthquake could disturb the occupants.

A 14-year-old youngster was being closely questioned by a United States immigration official when the train reached the International bridge. He said he was on his way to join an aunt in Chicago, but that his mother was in Cleveland. There was no one else who could travel with him. "Where is your father?" the suspicious official asked. "In France," replied the boy, and that put an end to the interrogation.

Speaking of advertising, here is what some publishers charge for space: Ladies' Home Journal, \$8 a line or \$104 per inch, and \$5,000 for a full page each issue; the back cover sells for \$10,000. A full page advertisement in the Saturday Evening Post sells for \$5,000, and the back cover sells for \$7,000, the centre page in colors is \$12,000. As this advertising space is always filled it is evident that advertising pays even at these prices.

CASTORIA

For Infants and Children

In Use For Over 30 Years

Always bears the Signature of J. C. Ayer & Co.

Signature of J. C. Ayer & Co.

Cuts Down Fuel Bills

The "Pandora" requires less fuel than other ranges because the McClary Flue System directs the heat twice Around the oven and stops the usual wastage. Send for illustrated descriptive booklet. We mail it free.

McClary's

PANDORA RANGE

LONDON TORONTO MONTREAL WINNIPEG VANCOUVER ST. JOHN, N.B. HAMILTON CALGARY SASKATOON EDMONTON

For Sale By T. DODDS & SON.

NOTHING BUT THE BEST

IN HOUSE FURNISHINGS we aim to keep the latest and most popular goods in our line. Everything for the Parlor, Bedroom, Dining Room or Kitchen. We are not after Big Profits but aim to supply goods of Elegance, Durability and Good Value. Let us show you our stock. Any article manufactured obtained on short notice.

Agents for MASON & RISCH PIANOS, GRAMAPHONES, STRING INSTRUMENTS, SHEET MUSIC, EDISON RECORDS, &C., AND ALL KINDS OF REPAIRS. NEW AND SECOND HAND SEWING MACHINES AND ALL SUPPLIES.

OUR PRICES ARE RIGHT, AS LOW AS IS CONSISTENT WITH RELIABLE GOODS

HARPER BROS.

PHONE 31.

FINE FURNITURE MUSICAL INSTRUMENTS UNDERFURNISHERS

Bankers' Competition for Boys and Girls

The Canadian Bankers' Association co-operating with the Department of Agriculture, will give liberal prizes for calves and pigs exhibited at the East Lambton Fair by girls and boys under 17 years of age.

The prizes are as follows:—
Class 1.—Calf, pure bred or grade—1st \$5.00, 2nd \$4.00, 3rd \$3.00, 4th \$2.00, 5th \$1.00, 6th ribbon.

Class 2.—Two pigs, bacon type, pure bred or grade—1st \$5.00, 2nd \$4.00, 3rd \$3.00, 4th \$2.00, 5th \$1.00, 6th ribbon.

Grade bull calves and grade boar pigs must not be shown. No entry fee will be charged. No exhibitor shall be allowed to make more than one entry in a class. Calves and pigs entered for competition must have been born on or after March 15th, 1917, and must be the property of the exhibitor, or the exhibitor's parents or guardian.

Further information or copy of rules and regulations and application forms can be had from the Managers of the Merchants or Sterling Bank, Watford.

MEN WHO ENLISTED IN

149 BATT. AT WATFORD

Lieut. W. H. Smyth, Headquarters

Ottawa.

Lieut. R. D. Swift, Scout Officer.

Sergt. W. D. Lamb

Sergt. M. W. Davies

Sergt. S. H. Hawkins

Sergt. E. A. Dodds

Sergt. W. C. McKinnon

Sergt. Geo. Gibbs

Sergt. H. Murphy

Sergt. C. F. Roche

Corp. W. M. Bruce

Corp. J. C. Anderson

Corp. J. Menzies

Corp. S. E. Dodds

Corp. H. Cooper

Corp. C. Skillen

Corp. C. E. Sisson

L. Corp. I. Small

B. Corp. B. C. Culley

C. Corp. S. C. McCormick

Pte. A. Banks

Pte. F. Collins

Pte. A. Dempsey

Pte. J. R. Garrett

Pte. H. Jamieson

Pte. G. Lawrence

Pte. R. J. Lawrence

Pte. C. F. Lang

Pte. W. C. Pearce

Pte. T. E. Stilwell

Pte. A. H. Lewis, Band

Pte. G. A. Parker

Pte. A. W. Stilwell

Pte. W. J. Saunders

Pte. A. Armond

Pte. W. C. Aylesworth, Band

Pte. R. Clark, Bugler

Pte. S. L. McClung

Pte. J. McClung

Pte. C. Atchison

Pte. H. J. McFoley

Pte. H. B. Hubbard

Pte. G. Young

Pte. T. A. Gilliland

Pte. D. Bennett

Pte. F. J. Russell

Pte. E. Mayes

Pte. C. Haskett

Pte. S. Graham

Pte. W. Palmer

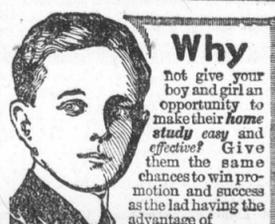
Pte. H. Thomas

Pte. F. Thomas

Pte. B. Trenouth

Pte. E. A. Shaunessy

Pte. W. Zavit



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400,000 Vocabulary Terms, 2700 Pages. Over 6000 Illustrations, Colored Plates. The only dictionary with the Divided Page. The type matter is equivalent to that of a 15-volume encyclopedia.

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HAS BEEN CANADA'S FAVORITE YEAST FOR MORE THAN 30 YEARS
MAKE PERFECT BREAD
MADE IN CANADA

Fall Term
Robt. D. McL.
COMMERCE
Departments courses, examinations and placements. Demand help in man graduating.
D. A. McL.

INSURANCE
J. H.
FIRE, ACCIDENT, LIFE, MARINE
Five Old and Five New
If you want you call on J. H. H.
—ALS
P. E. Telegraf Loan

Ticket Agent to all points and British Columbia
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