

A. By being baptized, by professing the doctrine of Christ, and by the sign of the cross.

Q. How is the sign of the cross made?

A. By putting the right hand to the forehead, then under the breast, then to the left and right shoulders; saying, In the name of the Father, and of the Son, and of the Holy Ghost. Amen.

Q. Why do you make the sign of the cross?

A. To beg that Jesus Christ, by his cross and passion, may bless and protect me.

Q. Should we frequently make the sign of the cross?

A. Yes; particularly in all temptations and dangers, and before and after prayer; and always with great attention and devotion.

Q. What does the sign of the cross signify?

A. It signifies and brings to our minds the principal mysteries of religion.

Q. What mysteries of religion does the sign of the cross recall to our minds?

A. The blessed Trinity, and the incarnation and death of our Saviour.

Q. How does the sign of the cross remind us of the blessed Trinity?

A. Because in making the sign of the cross, we invoke the three divine persons; saying, In the name of the Father, and of the Son, and of the Holy Ghost.

Q. How does the sign of the cross bring to our minds the incarnation and death of our Saviour?

A. Because as he suffered death in human flesh on a cross, the sign of the cross must naturally remind all true Christians of his incarnation and death.

Q. Where are true Christians to be found?

A. In the true church.