

3. A translation of an extract from the diary of Sham Singh, relating to British Honduras.

Yours faithfully,

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NAGAR SINGH'S DIARY.

Translation of the diary of Nagar Singh, from the copy duly signed by him, which he submitted to The Khalsa Diwan, Vancouver.

25-10-08. Reached British Honduras. The first city was Belize. Went into the Indian Hotel at about 11 a. m. Cooked some rice, and after partaking of them, went to see the city. We had just passed about twenty shops when the sea came in view. It appeared to be on all sides. Came back soon after seeing the city, which was rather small. Coolies are found in numbers, but they have no work, whosoever gets it has to content himself with 1s to 1s. 6d. per day. A shilling is worth 25 cents. I heard that many of these men were East Indians.

26-10-08. An East Indian came to see me, and I asked him, "Are you going on well?"
He replied, brother, I am living from hand to mouth (starving), and can not get work. I then asked him, Can't you cultivate land. He replied that some East Indians have been in Honduras from thirty to forty years. I again asked, but why don't you till land. He said that eight years ago I bought land for ten dollars. After clearing it I put in plantains, cocoanut, oranges and lemons. Now I want to sell it and cannot get more than five dollars for it. Hearing that cultivating land was so profitable I was very much surprised.

27-10-08. Next day I went to the house of the East Indians, found that they were really starving. Their children clasped round my neck and I felt that they were really starving.

After this I was told by Mr. Hopkinson, the interpreter, to attend the meeting. Reached there at 5.10 p. m. There were white people attending it. They asked us to sit down, and asked us what do you generally take in the way of food. We said wheat flour, rice, ghee dal (pulse), sugar, fresh milk, onions, potatoes, cauliflower, spices. They again asked, do you take meat. We said only ten of us out of a hundred take it at Vancouver. They again said do you get all these things at Vancouver. We replied yes. One of the